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## Overview

This unit is about designing outdoor programmes which meet individual and group recreational needs, such as fun and enjoyment, new experiences and adventure and challenge.

The unit is divided into parts.

The first part describes the two things you have to do. These are:

1. identify the recreational needs and aspirations of participants
2. design an outdoor recreation programme

The second part describes the knowledge and understanding you must have.

This unit is for experienced staff working in the outdoors who are capable of working without direct supervision. Typical contexts will be working, directly or through colleagues, with adults and young people for example in an activity holiday centre or during a travelling holiday in the UK or abroad to provide recreational outcomes.

# SKAB24 (SQA Unit Code - F1HC 04)

## Design outdoor recreation programmes

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### Performance criteria

*You must be able to:*

#### **Identify the recreational needs and aspirations of participants**

- P1 gather information about the needs and aspirations of the participants using organisational methods in advance of designing the programme
- P2 make sure the recreational needs and aspirations of the participants are in line with organisational, legal and governing body requirements
- P3 clarify any specific and unusual requests with the participants
- P4 identify potential difficulties with meeting expressed needs and aspirations, and follow organisational procedures to resolve these issues

*You must be able to:*

#### **Design an outdoor recreation programme**

- P5 design the programme so that it meets agreed participants' needs and aspirations and organisational, legal and relevant governing body requirements
- P6 plan for likely contingencies
- P7 check the programme with key staff to make sure it is consistent with client requirements and other planned activities
- P8 talk the participants through the programme, and give them opportunities for questioning and clarification
- P9 deal with any requested changes to the programme in a spirit of quality customer care

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### Knowledge and understanding

*You need to know and understand:*

#### **Health and safety**

- K1 relevant health and safety legislation, including that covering activity centres
- K2 organisational procedures and requirements
- K3 principles of the duty of care
- K4 definition of 'health' as it covers emotional/psychological health
- K5 Activity Centre Licensing Regulations and equipment manufacturers' guidelines
- K6 technical knowledge, e.g. National Governing Body guidance relating to activities
- K7 knowledge of relevant operating procedures regarding safety
- K8 the types of contingencies which are likely to occur: weather, accident and emergency, forced changes and how to plan for these
- K9 knowledge of incidence and the effect of adverse meteorological conditions

*You need to know and understand:*

#### **Identifying recreational needs and aspirations**

- K10 the importance of gathering information on the recreational needs and aspirations of the participants in advance of the programme
- K11 the usual recreational needs and aspirations which participants have
- K12 relevant organisational, legal and governing body standards and procedures and how to access these
- K13 types of specific and unusual requests which would need to be checked with the participants and why
- K14 types of potential difficulties which may arise when seeking to meet participants' aspirations and needs
- K15 procedures to follow to resolve potential difficulties of this kind

*You need to know and understand:*

#### **Planning programmes**

- K16 published programmes, brochures, codes of practice and operating procedures
- K17 how to design a range of activity programmes so that they meet the participants' needs and aspirations
- K18 the importance of checking the accuracy and compatibility of the proposed programme with other related areas of the organisation
- K19 the importance of talking the participants through the programme and giving them opportunities for questioning and clarification
- K20 the types of issues which participants may raise during briefings and how to deal with these
- K21 the principles of customer care when negotiating programmes with participants

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### Additional Information

#### Scope/range related to performance criteria

1. **needs and aspirations**
  - 1.1. fun and enjoyment
  - 1.2. new experiences
  - 1.3. adventure and challenge
  
2. **participants**
  - 2.1. adults
  - 2.2. children and young people
  - 2.3. groups whose members do not know each other
  - 2.4. participants with particular needs in relation to the programme

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<b>Developed by</b>	SkillsActive
<b>Version number</b>	1
<b>Date approved</b>	May 2006
<b>Indicative review date</b>	May 2012
<b>Validity</b>	Current
<b>Status</b>	Original
<b>Originating organisation</b>	SkillsActive
<b>Original URN</b>	SA44NB24
<b>Relevant occupations</b>	Associate Professionals and Technical Occupations; Leisure, travel and tourism; Sport, leisure and recreation; Sports and Fitness Occupations
<b>Suite</b>	Outdoor Programmes; Expedition Leadership and Management
<b>Key words</b>	outdoors, design, recreational, programmes, challenges, participants, identify needs