

# SKAGH20 (SQA Unit Code F7AL 04)

## Creatively dress long hair



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### Overview

This unit is about using a variety of conventional and non-conventional dressing techniques to produce innovative, fashionable, creative and personalised looks for long hair. The ability to combine and adapt a variety of dressing techniques incorporating accessories and/or added hair is required in this unit.

The main outcomes of this unit are:

1. maintain effective and safe methods of working when dressing long hair
2. creatively dress long hair
3. provide aftercare advice

# SKAGH20 (SQA Unit Code F7AL 04)

## Creatively dress long hair

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### Performance criteria

*You must be able to:*

- P1 **maintain effective and safe methods of working when dressing long hair by**
- P1.1. ensuring your client's clothing is effectively protected throughout the service
  - P1.2. positioning your client to meet the needs of the service without causing them discomfort
  - P1.3. ensuring your own posture and position whilst working minimises fatigue and the risk of injury
  - P1.4. keeping your work area clean and tidy throughout the service
  - P1.5. using working methods that
    - minimise the wastage of products
    - minimise the risk of damage to tools and equipment
    - minimise the risk of cross-infection
    - make effective use of your working time
    - ensure the use of clean resources
    - minimise the risk of harm or injury to yourself and others
  - P1.6. ensuring your personal standards of health and hygiene
    - minimise the risk of cross-infection, infestation and offence to your clients and colleagues
  - P1.7. using finishing products, methods and equipment identified as a result of consultation with your client
  - P1.8. using equipment that is safe and fit for purpose
  - P1.9. completing the service within a commercially viable time
- P2 **creatively dress long hair by**
- P2.1. confirming with your client the look agreed at consultation prior to and during dressing the hair
  - P2.2. preparing your client's hair in a way which is suitable for the look agreed
  - P2.3. effectively incorporating and securing added hair, when used, into the desired look
  - P2.4. blending the client's own hair and added hair effectively, when required
  - P2.5. ensuring the availability of assistance, when required
  - P2.6. combining and adapting your **dressing techniques and effects** in an innovative way to achieve the desired look
  - P2.7. securing the hair so that any pins, grips or bands are hidden unless part of the style requirements
  - P2.8. personalising your **dressing techniques and effects** to take account of the **factors** which influence the achievement of the desired look
  - P2.9. using **dressing techniques and effects** in a way that avoids

## SKAGH20 (SQA Unit Code F7AL 04)

### Creatively dress long hair

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- damage to the hair, skin and scalp
- P2.10. effectively incorporating and securing accessories, when used, to complement and enhance the desired look
- P2.11. ensuring the finished look meets the intended shape, direction, balance and volume agreed with your client
- P2.12. applying suitable finishing products that complement and enhance the desired look
- P2.13. ensuring the finished look complements your client's features and enhances their personal image and that of the salon
- P2.14. confirming your client's satisfaction with the finished look
- P3 **provide aftercare advice**
  - P3.1. giving **advice** and recommendations accurately and constructively
  - P3.2. giving your client suitable advice on the maintenance of their style

# SKAGH20 (SQA Unit Code F7AL 04)

## Creatively dress long hair

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### Knowledge and understanding

*You need to know and understand:*

#### **Salon and legal requirements**

- K1 your salon's requirements for client preparation
- K2 your salon's expected service times for dressing hair
- K3 your own responsibilities under the current Control of Substances Hazardous to Health Regulations in relation to the use of finishing products
- K4 your responsibilities under the current Electricity at Work Regulations
- K5 your salon's image and expected standards of service

*You need to know and understand:*

#### **How to work safely, effectively and hygienically when dressing long hair**

- K6 the range of protective clothing that should be available for clients
- K7 how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury
- K8 the safety considerations which must be taken into account when dressing long hair
- K9 the importance of positioning equipment for ease of use
- K10 why it is important to keep your work area clean and tidy
- K11 methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation
- K12 the importance of personal hygiene
- K13 why it is important to check electrical equipment used to aid the dressing process
- K14 methods of cleaning, disinfection and/or sterilisation used in salons
- K15 the importance of using products economically
- K16 the health and safety factors to consider when making choices of ornamentation
- K17 the reasons why tools and heated styling equipment should be kept free from product build up

*You need to know and understand:*

#### **Hairdressing science**

- K18 the effects of humidity on hair
- K19 how the incorrect application of heat can affect the hair and scalp
- K20 why hair should be allowed to cool prior to dressing out
- K21 the effects of backcombing and back brushing on the hair structure
- K22 the physical effects of finishing products on the hair and how they work to maintain the style
- K23 the potential effects on the hair structure of using and securing added hair and accessories
- K24 the potential consequences of excessive tension on the hair and scalp
- K25 how to identify the first signs of traction alopecia

# SKAGH20 (SQA Unit Code F7AL 04)

## Creatively dress long hair

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*You need to know and understand:*

### **Products, equipment and their use**

- K26 the range of products, tools and equipment available for dressing long hair and how to use them
- K27 the suitability of specific products and equipment for use with different hair types and for achieving different effects
- K28 the types of non-conventional items that may be used as accessories when dressing long hair
- K29 the manufacturers' instructions on the use of the finishing products in your salon

*You need to know and understand:*

### **Preparation activities**

- K30 the importance of preparing the hair correctly prior to dressing
- K31 the preparation procedures required for the different dressing techniques in the range

*You need to know and understand:*

### **Dressing techniques and methods**

- K32 current fashion long hair looks
- K33 sources of creative information and inspiration (eg historical, cultural and fashion)
- K34 when, why and how to use the different types of
  - K34.1 securing equipment
  - K34.2 accessories
  - K34.3 added hair
- K35 how the factors in the range affect the dressing process and the finished look
- K36 the sequence of working necessary to create the dressing techniques and effects listed in the range (ie rolls, pleats, knots, twists, plaits, curls, woven effects)
- K37 methods of handling, controlling and securing long hair during the dressing process
- K38 the type of checks needed during long hair dressing services to ensure the intended shape, direction, balance and volume is achieved
- K39 the importance of maintaining correct tension when dressing up long hair

*You need to know and understand:*

### **Aftercare advice for clients**

- K40 products for home use that will benefit the client and those to avoid and why
- K41 how to maintain their style
- K42 how to remove pins, accessories, any added hair and any backcombing and or back brushing

*You need to know and understand:*

### **Communication**

- K43 how to give effective advice and recommendations to clients

# SKAGH20 (SQA Unit Code F7AL 04)

## Creatively dress long hair

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### Additional Information

#### Scope/range related to performance criteria

1. **Dressing techniques and effects** are
  - 1.1. rolls
  - 1.2. pleats
  - 1.3. knots
  - 1.4. twists
  - 1.5. plaits
  - 1.6. curls
  - 1.7. woven effects
  - 1.8. backcombing
  - 1.9. back brushing
  
2. **Factors** are
  - 2.1. desired look
  - 2.2. the occasion for which the style is required
  - 2.3. hair growth patterns
  - 2.4. hair elasticity
  - 2.5. head and face shape and features
  - 2.6. hair texture
  - 2.7. hair length
  - 2.8. hair density
  
3. **Advice** covers
  - 3.1. suitable aftercare products and their use
  - 3.2. maintenance of the style

## SKAGH20 (SQA Unit Code F7AL 04)

### Creatively dress long hair

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**Relevant occupations** Retail and commercial enterprise; Service enterprises; Personal Service Occupations; Hairdressers and Related Occupations

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**Suite** Hairdressing 2008

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