

SKAGB1 (SQA Unit Code F7BG 04)

Assist with shaving services



Overview

This unit is about the basic skills of assisting with shaving services. The work will be carried out under the direction of the stylist.

The main outcomes of this unit are:

1. maintain effective and safe methods of working when assisting with shaving services
2. prepare facial hair and skin for shaving services

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Performance criteria

You must be able to:

- P1 maintain effective and safe methods of working when assisting with shaving services by**
- P1.1. ensuring your client's clothing is effectively protected throughout the service
 - P1.2. wearing personal protective equipment when assisting with shaving
 - P1.3. positioning your client to meet the needs of the service without causing them discomfort
 - P1.4. ensuring your own posture and position whilst working minimises fatigue and the risk of injury
 - P1.5. keeping your work area clean and tidy throughout the service
 - P1.6. using working methods that
 - minimise the wastage of **lathering products**
 - minimise the risk of cross-infection
 - make effective use of your working time
 - ensure the use of clean resources
 - minimise the risk of harm or injury to yourself and clients
 - P1.7. cleaning, disinfecting and/or sterilising all tools and equipment immediately after the shaving service
 - P1.8. ensuring that hazardous waste is disposed of to meet legal and salon
 - P1.9. ensuring your personal standards of health and hygiene
 - minimise the risk of cross-infection, infestation and offence to your clients and colleagues
 - P1.10. identifying and promptly reporting any shaving items in need of reordering to the relevant person
- P2 prepare facial hair and skin for shaving services**
- P2.1. preparing hot and cold towels, following instructions of the stylist
 - P2.2. applying hot towels to suit the needs of the service and the comfort of your client, following the instructions from the stylist
 - P2.3. preparing **lathering products** so they are fit for use in time for the shaving service
 - P2.4. applying **lathering products** in a way that takes account of factors identified by the stylist
 - P2.5. applying **lathering products** in a way that minimises the risk of the product being spread to your client's eyes, clothes and surround area
 - P2.6. using **lathering techniques** which achieve an even coverage of product to the areas to be shaved
 - P2.7. promptly informing the stylist when the client is ready for

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- P2.8. promptly referring any problems to the relevant person for action
- P2.9. leaving your client's skin free from **lathering products** after the shaving service
- P2.10. cooling your client's skin after shaving when face massage is not required
- P2.11. leaving your client's skin free from excess moisture at the end of the service

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Knowledge and understanding

You need to know and understand:

Salon and legal requirements

- K1 your salon's requirements for client preparation
- K2 your salon's and legal requirements for disposal of hazardous waste
- K3 the person to whom you should report problems
- K4 your own responsibilities under the current Control of Substances Hazardous to Health Regulations in relation to the use of shaving products

You need to know and understand:

How to work safely, effectively and hygienically when assisting with shaving services

- K5 what is contact dermatitis and how to avoid developing it whilst assisting with shaving services
- K6 the range of protective equipment that should be available for clients
- K7 the type of personal protective equipment available
- K8 why it is important to use personal protective equipment
- K9 how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury
- K10 why it is important to position your tools, products and materials for ease of use
- K11 the importance of using the correct type of barber's chair for shaving services
- K12 the safety considerations which must be taken into account when using lathering products and hot towels
- K13 why it is important to keep your work area clean and tidy
- K14 methods of working safely and hygienically and which minimise the risk of cross- infection and cross-infestation
- K15 the importance of personal hygiene
- K16 methods of cleaning, disinfecting and/or sterilisation used in salons

You need to know and understand:

Basic science

- K17 the effect of hot and cold towels on the skin and hair
- K18 the importance of lathering and its effect on skin and hair
- K19 the function of effleurage and petrissage massage techniques when lathering

You need to know and understand:

Products, equipment and their use

- K20 how to prepare and use hot and cold towels
- K21 how to prepare and use lathering products correctly
- K22 the manufacturers' instructions for the use of lathering products and why it is important they are followed
- K23 why timing is critical to the shaving service

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K24 the types and causes of problems that may occur when assisting with shaving services

You need to know and understand:

Lathering techniques

K25 when, why and how to use brush and massage techniques when applying lathering products

K26 how to remove lathering products effectively and why this is important

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Additional Information

Links to other NOS

1. Lathering products are
 - 1.1. creams
 - 1.2. oils

2. Lathering techniques are
 - 2.1. application by brush
 - 2.2. application by massage

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Developed by SkillsActive

Version number 1

Date approved September 2008

Indicative review date September 2010

Validity Current

Status Original

Originating organisation Habia

Original URN B 2008

Relevant occupations Retail and commercial enterprise; Service enterprises; Personal Service Occupations; Hairdressers and Related Occupations

Suite Barbering 2008

Key words barbering, shaving, assisting