

SKAGH9 (SQA Unit Code F7BK 04)

Change hair colour



Overview

This unit is about changing hair colour using semi-permanent, quasi-permanent, permanent and lightening products. This unit covers the ability to colour a full head, regrowth and the creation of highlight and lowlight effects. The ability to take into account a variety of factors and any contra-indications is required.

The main outcomes of this unit are:

1. maintain effective and safe methods of working when colouring and lightening hair
2. prepare for colouring and lightening hair
3. colour and lighten hair
4. provide aftercare advice

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Performance criteria

You must be able to:

- P1 **maintain effective and safe methods of working when colouring and lightening hair by**
- P1.1. ensuring your client's clothing is effectively protected throughout the service
 - P1.2. wearing personal protective equipment when using colouring and/or lightening chemicals
 - P1.3. positioning your client to meet the needs of the service without causing them discomfort
 - P1.4. ensuring your own posture and position whilst working minimises fatigue and the risk of injury
 - P1.5. ensuring the health and safety of your client and yourself
 - P1.6. keeping your work area clean and tidy throughout the service
 - P1.7. removing waste immediately at the end of the service
 - P1.8. using working methods that
 - minimise the wastage of **products**
 - minimise the risk of cross-infection
 - make effective use of your working time
 - ensure the use of clean resources
 - minimise the risk of harm or injury to yourself and others
 - P1.9. ensuring your personal standards of health and hygiene
 - minimise the risk of cross- infection, infestation and offence to your clients and colleagues
 - P1.10. using **products** and equipment identified as a result of consultation with the client
 - P1.11. using equipment that is safe and fit for purpose
 - P1.12. promptly identifying and reporting any **products** that need ordering to the relevant person
 - P1.13. completing the service within a commercially viable time
 - P1.14. completing the client records so that they are accurate, easy to read and up-to-date
- P2 **prepare for colouring and lightening by**
- P2.1. asking your client appropriate questions to identify if they have any contra-indications to colouring and/or lightening services
 - P2.2. accurately recording your client's responses to questioning
 - P2.3. conducting all necessary tests following manufacturers' instructions and recognised industry procedures
 - P2.4. recording the outcomes of tests accurately on the client's record card
 - P2.5. seeking assistance from the relevant person when contra-indications and/or reactions to tests cause doubts as to the suitability of the service for your client

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- P2.6. basing your recommendations on an accurate evaluation of your client's hair and its potential to achieve the effect required
- P2.7. informing your client of the likely cost, duration and expected outcome of the service
- P2.8. choosing products, tools and equipment based on the results of necessary tests, consultation with your client and relevant factors influencing the service
- P2.9. preparing materials to meet the application requirements, when necessary
- P2.10. preparing **products** to meet manufacturers' instructions
- P2.11. effectively preparing your client's hair and protecting their skin, where necessary, prior to the service
- P3 **colour and lighten hair by**
 - P3.1. confirming the desired effect with your client prior to the application of **products**
 - P3.2. sectioning the hair cleanly and evenly to assist the accurate application of products
 - P3.3. applying products accurately taking into account relevant factors influencing the service
 - P3.4. using colour application techniques suitable for achieving the desired look and following manufacturers' instructions
 - P3.5. applying products in a way that minimises the risk of the product being spread to your client's skin, clothes and surrounding area
 - P3.6. accurately timing the development of products following manufacturers' instructions
 - P3.7. confirming the required result has been achieved by taking strand tests at suitable times throughout the process
 - P3.8. correctly massaging the hair and scalp to emulsify the colour, when used, prior to removal following manufacturers' instructions
 - P3.9. removing from the hair products that have developed, avoiding disturbance to areas still processing
 - P3.10. removing colouring and/or lightening materials from hair to minimise discomfort to your client
 - P3.11. leaving the hair and scalp free of products after the desired effect is achieved
 - P3.12. identifying any problems during the service and resolving them within the limits of your own authority to do so
 - P3.13. promptly referring problems which cannot be resolved to the relevant person
 - P3.14. achieving the desired effect to the satisfaction of your client
- P4 **provide aftercare advice by**
 - P4.1. giving advice and recommendations accurately and constructively
 - P4.2. giving your client suitable advice on the maintenance of their hair colour

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Knowledge and understanding

You need to know and understand:

Salon and legal requirements

- K1 your salon's requirements for client preparation
- K2 your salon's expected service times for basic colouring work
- K3 how to complete client records effectively
- K4 your salon's and legal requirements for disposal of waste materials
- K5 the limits of your authority for resolving colouring and lightening problems
- K6 the person to whom you should report problems you cannot resolve
- K7 your responsibilities under current Data Protection legislation
- K8 your own responsibilities under the current Control of Substances Hazardous to Health Regulations in relation to the use of products used for colouring and lightening
- K9 your responsibilities under the current Electricity at Work Regulations

You need to know and understand:

How to work safely, effectively and hygienically when colouring hair

- K10 what is contact dermatitis and how to avoid developing it whilst carrying out colouring services
- K11 the range of protective clothing and products that should be available for clients
- K12 the type of personal protective equipment available
- K13 why it is important to use personal protective equipment
- K14 how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury
- K15 why it is important to position your tools and equipment for ease of use
- K16 the safety considerations which must be taken into account when colouring hair
- K17 the types of lighteners and toners available
- K18 the dangers associated with the inhalation of powder lighteners
- K19 the precautions that must be taken when using powder and other lighteners
- K20 why it is important to keep your work area clean and tidy
- K21 methods of working safely and hygienically and which minimise the risk of cross- infection and cross-infestation
- K22 the importance of personal hygiene
- K23 why it is important to check electrical equipment used to aid the colouring and lightening process
- K24 methods of cleaning, disinfecting and or sterilisation used in salons
- K25 the importance of questioning clients to establish any contra-indications to colouring and or lightening services
- K26 why it is important to record client responses to questioning
- K27 the legal significance of client questioning and the recording of client's responses to questioning

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You need to know and understand:

Tests and testing

- K28 the types and purposes of tests
- K29 the importance of following manufacturers' instructions for skin testing
- K30 when and how tests should be carried out and the expected results
- K31 how the results of tests can influence the colouring and lightening service
- K32 potential consequences of failing to carry out tests
- K33 the courses of action to take in the event of adverse reactions to tests (eg what type of reactions you must report to other, more senior people)
- K34 why it is important to record test results

You need to know and understand:

Basic science

- K35 the principles of colour selection, including the International Colour Chart (ICC)
- K36 how the natural pigment within hair affects the choice of colour and colouring products and the possible need to pre-lighten
- K37 the effect of different colouring and lightening products on the hair structure
- K38 how the different strengths of hydrogen peroxide influence colouring and lightening
- K39 how porosity levels can affect the choice and application of products and the results of the colouring process
- K40 how the factors in the range can affect your choice of colouring and lightening products and application techniques
- K41 effects of temperature on the application and development of colouring and lightening products
- K42 how to dilute hydrogen peroxide to form different strengths of solutions
- K43 the importance of restoring the hair's pH balance after the colouring and lightening process
- K44 why it is important to avoid disturbing areas still processing when removing products from developed areas
- K45 why it is important to emulsify colour prior to removal
- K46 why it is important to leave the hair and scalp free of colouring and lightening products
- K47 how and why the contra-indications in the range can affect the delivery of colouring services to clients

You need to know and understand:

Products, equipment and their use

- K48 the types of colouring and lightening products available, including temporary colours
- K49 the manufacturers' instructions for the use of the specific colouring and lightening products in your salon
- K50 the importance of following manufacturers' instructions when measuring and mixing colouring and lightening products

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- K51 how to accurately measure and mix colour and lightening products to manufacturers' instructions
- K52 the types of tools, materials and equipment used for highlighting and lowlighting hair
- K53 when and how shampoos and conditioners should be used when colouring and lightening hair
- K54 the importance of using products economically

You need to know and understand:

Colouring techniques and problems

- K55 the importance of sectioning hair accurately when colouring and lightening
- K56 methods of applying and removing colouring and lightening products
- K57 techniques for highlighting and lowlighting hair
- K58 when to use the different types of lighteners and toners available
- K59 the factors that must be taken into account to judge the quantity of hair to be woven to achieve a balanced look
- K60 how to handle the hair when weaving to maintain an even tension and to secure the
- K61 the types and causes of colouring and lightening problems that may occur during
- K62 ways of resolving simple colouring and lightening problems that may occur during processing
- K63 the potential risks of using lightening products on previously chemically treated hair

You need to know and understand:

Aftercare advice for clients

- K64 products for home use that will benefit the client and those to avoid and why
- K65 how the continual use of heated equipment can affect the hair colour
- K66 recommended time intervals between colouring and other services
- K67 how lifestyle can affect colour choice and the maintenance of colour

You need to know and understand:

Communication

- K68 how to give effective advice and recommendations to clients

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Additional Information

Scope/range related to performance criteria

1. **Products** are
 - 1.1. semi-permanent
 - 1.2. quasi-permanent
 - 1.3. permanent
 - 1.4. lighteners
2. **Contra-indications** are
 - 2.1. history of previous allergic reaction to colouring products
 - 2.2. other known allergies
 - 2.3. skin disorders
 - 2.4. incompatible products
 - 2.5. medical advice or instructions
 - 2.6. evident hair damage
3. **Tests** are
 - 3.1. skin
 - 3.2. incompatibility
 - 3.3. porosity
 - 3.4. elasticity
 - 3.5. colour test
4. **Factors** are
 - 4.1. temperature
 - 4.2. existing colour of hair
 - 4.3. percentage of white hair
 - 4.4. test results
 - 4.5. strength of hydrogen peroxide
 - 4.6. hair porosity
 - 4.7. hair length
 - 4.8. hair density
 - 4.9. skin tone
5. **Colour application techniques** are
 - 5.1. full head application of quasi-permanent
 - 5.2. regrowth application of permanent colour
 - 5.3. full head application of permanent colour
 - 5.4. pulled through highlights and/or lowlights covering at least 20% of the head
 - 5.5. woven highlights and/or lowlights
6. **Advice** covers
 - 6.1. suitable aftercare products and their use
 - 6.2. how lifestyle can affect durability of colour
 - 6.3. use of heated styling equipment
 - 6.4. time interval between services

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