

# SKAGH10 (SQA Unit Code F7BL 04)

## Style and finish hair



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### Overview

This unit is about styling hair using blow drying and finger drying techniques. Finishing hair using heated styling equipment is also required. A high degree of manual dexterity will be required.

The outcomes of this unit are:

1. maintain effective and safe methods of working when styling and finishing hair
2. blow dry hair into shape
3. finger dry hair into shape
4. finish hair
5. provide aftercare advice

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### Performance criteria

*You must be able to:*

- P1 **maintain effective and safe methods of working when styling and finishing hair by**
- P1.1 ensuring your client's clothing is effectively protected throughout the service
  - P1.2 wearing personal protective equipment, if required
  - P1.3 positioning your client to meet the needs of the service without causing them discomfort
  - P1.4 ensuring your own posture and position whilst working minimises fatigue and the risk of injury
  - P1.5 keeping your work area clean and tidy throughout the service
  - P1.6 using working methods that
    - minimise the wastage of **products**
    - minimise the risk of damage to tools, equipment and heated styling equipment
    - minimise the risk of cross-infection
    - make effective use of your working time
    - ensure the use of clean resources
    - minimise the risk of harm or injury to yourself and others
  - P1.7 ensuring your personal standards of health and hygiene
    - minimise the risk of cross- infection, infestation and offence to your clients and colleagues
  - P1.8 using styling products, methods and equipment identified as a result of consultation with your client
  - P1.9 using equipment that is safe and fit for purpose
  - P1.10 testing the temperature of **heated styling equipment** prior to use and continually throughout the service
  - P1.11 keeping your tools and **heated styling equipment** free of product build up
  - P1.12 completing your styling and finishing services within a commercially viable time
- P2 **blow dry hair into shape by**
- P2.1 confirming with your client the look agreed at consultation prior to and during styling
  - P2.2 applying suitable **products**, when used, following manufacturers' instructions
  - P2.3 controlling your styling tools to minimise the risk of damage to the **hair**, client discomfort and to achieve the desired look
  - P2.4 taking meshes of hair which suit the size of the styling tools
  - P2.5 maintaining an even tension throughout the styling process
  - P2.6 keeping the **hair** damp throughout the styling process
  - P2.7 effectively controlling the **hair** during the styling process taking

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- account of factors influencing the service
    - P2.8 using **blow drying tools and equipment** in a way that achieves the desired blow dry finish
  - P3 **finger dry hair into shape by**
    - P3.1 confirming with your client the look agreed at consultation prior to and during styling
    - P3.2 applying suitable **products**, when used, following manufacturers' instructions
    - P3.3 keeping the **hair** damp throughout the styling process
    - P3.4 effectively controlling the **hair** during the styling process taking account of factors influencing the service
    - P3.5 ensuring that finger drying achieves the direction, balance and volume for the desired look
  - P4 **finish hair by**
    - P4.1 using **heated styling equipment**, when necessary, that is at the correct temperature for your client's **hair** and the desired look
    - P4.2 controlling your use of **heated styling equipment**, when used, to minimise the risk of damage to the hair and scalp, client discomfort and to achieve the desired look
    - P4.3 using back combing and back brushing techniques, when required, to achieve the desired look
    - P4.4 effectively applying and using suitable **products**, when required, to meet manufacturers' instructions
    - P4.5 ensuring the finished look takes into account relevant **factors** influencing the service
    - P4.6 ensuring the finished look meets the intended shape, direction, balance and volume agreed with your client
    - P4.7 confirming your client's satisfaction with the finished look
  - P5 **provide aftercare advice by**
    - P5.1 giving **advice** and recommendations accurately and constructively
    - P5.2 giving your client suitable **advice** on the maintenance of their style and hair condition

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### Knowledge and understanding

*You need to know and understand:*

#### **Salon and legal requirements**

- K1 your salon's requirements for client preparation
- K2 your salon's expected service times for styling and finishing
- K3 your own responsibilities under the current Control of Substances Hazardous to Health Regulations in relation to the use of styling and finishing products
- K4 your responsibilities under the current Electricity at Work Regulations

*You need to know and understand:*

#### **How to work safely, effectively and hygienically when styling**

- K5 what is contact dermatitis and how to avoid developing it whilst carrying out styling and finishing services
- K6 the range of protective clothing that should be available for clients
- K7 why it is important to use personal protective equipment
- K8 the type of personal protective equipment available
- K9 how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury
- K10 the safety considerations which must be taken into account when styling and finishing hair
- K11 the importance of positioning equipment for ease of use
- K12 why it is important to keep your work area clean and tidy
- K13 methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation
- K14 the importance of personal hygiene
- K15 why it is important to check electrical equipment used to aid the styling and finishing processes
- K16 methods of cleaning, disinfecting and/or sterilisation used in salons
- K17 the importance of using products economically
- K18 the reasons why tools and heated styling equipment should be kept free from excess oils and product build up

*You need to know and understand:*

#### **Basic science**

- K19 the effects of humidity on hair
- K20 the physical effects of the blow drying, finger drying and heated styling processes on the hair structure
- K21 how the incorrect application of heat can affect the hair and scalp
- K22 why hair should be allowed to cool prior to finishing
- K23 why hair should be kept damp during the blow drying and finger drying processes
- K24 how heat protectors act to protect the hair

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*You need to know and understand:*

### **Products, equipment and their use**

- K25 the range of products and equipment available for styling and finishing hair
- K26 the manufacturers' instructions on the use of the specific styling and finishing products in your salon
- K27 why and how to use the different types of
  - K27.1 styling brushes when blow drying
  - K27.2 attachments when blow drying
  - K27.3 heated styling equipment when styling and finishing
  - K27.4 products and when to apply them

*You need to know and understand:*

### **Blow drying and styling techniques and methods**

- K28 current techniques for blow drying, finger drying and finishing hair
- K29 how the factors in the range affect the styling process and the finished look
- K30 how the finished result of blow drying is affected by:
  - K30.1 tension
  - K30.2 size of hair mesh
  - K30.3 size of brush
  - K30.4 the angle at which the brush is held
  - K30.5 not allowing the hair to cool before removing the hair mesh from the brush
- K31 why the direction of the air flow when drying is important to achieve the desired look
- K32 why hair needs to be sectioned for styling
- K33 how the size of the section and the angle at which the hair is held during drying influences the volume and direction of the hair movement
- K34 how to carry out the styling techniques in the range
- K35 the effects that can be achieved by curling on and off base
- K36 the advice to give to clients prior to the use of heated styling equipment (eg the use of heat protectors, the need to avoid sudden movement etc.)

*You need to know and understand:*

### **Aftercare advice for clients**

- K37 products for home use that will benefit the client and those to avoid and why
- K38 how the continual use of heated equipment can affect the hair
- K39 how to recreate and maintain the agreed style
- K40 how lifestyle can influence their choice of style (eg active sports, career and job requirements)

*You need to know and understand:*

### **Communication**

- K41 how to give effective advice and recommendations to clients

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### Additional Information

#### Scope/range related to performance criteria

1. **Products** are
  - 1.1. heat protectors
  - 1.2. sprays
  - 1.3. mousse
  - 1.4. creams
  - 1.5. gels
  - 1.6. lotions
  - 1.7. serums
  
2. **Heated styling equipment** is
  - 2.1. straighteners
  - 2.2. tongs
  
3. **Hair** is
  - 3.1. curly
  - 3.2. straight
  - 3.3. above shoulder length
  - 3.4. below shoulder length
  - 3.5. one length
  - 3.6. layered
  
4. **Factors** are
  - 4.1. hair cut
  - 4.2. hair growth patterns
  - 4.3. hair elasticity
  - 4.4. head and face shape
  - 4.5. hair texture
  - 4.6. hair length
  - 4.7. hair density
  
5. **Blow drying tools and equipment** are
  - 5.1. hand dryer
  - 5.2. round brush
  - 5.3. flat brush
  - 5.4. diffuser
  - 5.5. nozzle
  
6. **Blow dry finishes** are
  - 6.1. straightening
  - 6.2. smoothing
  - 6.3. creating volume
  - 6.4. creating movement
  - 6.5. creating curl

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### 7. Advice covers

- 7.1 suitable aftercare products and their use
- 7.2 safe use of heated styling equipment and hand dryers
- 7.3 how to recreate and maintain the style.

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