

# SKAGH12 (SQA Unit Code - F7BM 04)

## Cut hair using basic techniques



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### Overview

This unit is about creating a variety of basic looks for women using club cutting, freehand and scissors-over-comb techniques. You are required to use these techniques to produce one length above the shoulder, uniform layer, short graduation and long graduation looks on straight and curly hair.

The main outcomes of this unit are:

1. maintain effective and safe methods of working when cutting hair
2. cut hair to achieve a variety of looks
3. provide aftercare service

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### Performance criteria

*You must be able to:*

- P1 **maintain effective and safe methods of working when cutting hair by**
- P1.1. ensuring your client's clothing is effectively protected throughout the service
  - P1.2. ensuring your client's skin is kept free of excess hair cuttings throughout the service
  - P1.3. positioning your client to meet the needs of the service without causing them discomfort
  - P1.4. ensuring your own posture and position whilst working minimises fatigue and the risk of injury
  - P1.5. keeping your work area clean and tidy throughout the service
  - P1.6. removing waste immediately at the end of the service
  - P1.7. using working methods that
    - minimise the risk of damage to tools
    - minimise the risk of cross-infection
    - make effective use of your working time
    - ensure the use of clean resources
    - minimise the risk of harm or injury to yourself and others
  - P1.8. ensuring your personal standards of health and hygiene minimise the risk of cross-infection, infestation and offence to your clients and colleagues
  - P1.9. using tools that are safe and fit for purpose
  - P1.10. completing the service within a commercially viable time
- P2 **cut hair to achieve a variety of looks by**
- P2.1. correctly establishing the **factors** likely to influence the service
  - P2.2. confirming with your client the **look** agreed at consultation prior to commencing the cut
  - P2.3. accurately establishing and following the cutting guideline(s) to achieve the **look**
  - P2.4. controlling your tools to minimise the risk of damage to the hair and scalp, client discomfort and to achieve the desired **look**
  - P2.5. using cutting techniques suitable for your client's hair type and to achieve the desired **look**
  - P2.6. adapting your cutting techniques to take account of the factors that influence the service
  - P2.7. changing your position around your client in a way to help you to ensure the accuracy of the cut
  - P2.8. establishing accurate distribution of weight, balance and shape by regularly crosschecking the cut
  - P2.9. removing any unwanted hair outside the desired outline shape

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- P2.10. consulting with your client during the cutting process to confirm the desired look
- P2.11. making a final visual check of the hair to ensure the finished cut is accurate
- P2.12. confirming your client's satisfaction with the finished cut
- P3 **provide aftercare advice by**
  - P3.1. giving **advice** and recommendations accurately and constructively
  - P3.2. giving your client suitable **advice** on the maintenance of their cut

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### Knowledge and understanding

*You need to know and understand:*

#### **Salon and legal requirements**

- K1 your salon's requirements for client preparation
- K2 your salon's expected service times for the looks in the range
- K3 your salon's and legal requirements for disposal of waste materials

*You need to know and understand:*

#### **How to work safely, effectively and hygienically when cutting hair**

- K4 the range of protective clothing that should be available for clients
- K5 why it is important to protect clients from hair clippings
- K6 how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury
- K7 the safety considerations which must be taken into account when cutting hair
- K8 why it is important to avoid cross-infection and infestation
- K9 why it is important to keep your work area clean and tidy
- K10 why it is important to position your cutting tools for ease of use
- K11 methods of cleaning, disinfecting and/or sterilisation used in salons
- K12 methods of working safely and hygienically and which minimise the risk of cross- infection and cross-infestation
- K13 the correct use and maintenance of cutting tools
- K14 the importance of personal hygiene

*You need to know and understand:*

#### **Hair**

- K15 the factors that must be taken into consideration prior to and during cutting (eg hair types, hair density, hair growth patterns etc.) and how these affect the service
- K16 the factors which should be considered when cutting wet hair and dry hair
- K17 the average rate of hair growth

*You need to know and understand:*

#### **Cutting techniques**

- K18 how the factors in the range can affect the way the hair is cut
- K19 why it is important to check the hair before and after shampooing prior to cutting
- K20 the importance of consulting with clients throughout the cutting process
- K21 the importance of applying the correct degree of tension to the hair when cutting
- K22 how and why to use club, freehand and scissors-over-comb cutting techniques
- K23 the reasons for establishing and following guidelines
- K24 how to create and follow a guideline for one length, uniform layer, short graduation and long graduation looks

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K25 how the angle at which the hair is held will affect the weight distribution, balance and degree of graduation of the cut

K26 how to create the looks in the range

K27 the importance of working with the natural fall of the hair when considering the weight distribution within a haircut

K28 the importance of crosschecking the cut

K29 how to crosscheck and balance the cut

*You need to know and understand:*

### **Aftercare advice for clients**

K30 the importance of having regular cuts

K31 the recommended time interval between cuts

*You need to know and understand:*

### **Communication**

K32 how to give effective advice and recommendations to clients

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### Additional Information

#### Scope-/ange related to performance criteria

1. **The factors** are
  - 1.1. hair density
  - 1.2. hair texture
  - 1.3. head and face shape
  - 1.4. hair growth patterns
  - 1.5. hair elasticity
  
2. **Looks** are
  - 2.1. one length
  - 2.2. uniform layer
  - 2.3. short graduation
  - 2.4. long graduation
  - 2.5. with a fringe
  
3. **Techniques** are
  - 3.1. club cutting
  - 3.2. freehand
  - 3.3. scissors-over-comb
  
4. **Hair types** are
  - 4.1. curly
  - 4.2. straight
  
5. **Advice** covers
  - 5.1. how to maintain their look
  - 5.2. time interval between services

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**Relevant occupations** Retail and commercial enterprise; Service enterprises; Personal Service Occupations; Hairdressers and Related Occupations

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**Suite** Hairdressing 2008

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