

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel



Overview

This unit is providing services to enhance, maintain, repair and remove nails using UV gel, on the hands and feet. It covers consulting with the client to establish their requirements and recognising any contra-indications that may affect the service. It also covers preparing and applying nail enhancements to cosmetically improve or camouflage nails using sculpting techniques, tip application and coloured UV gels. The ability to tailor the service and aftercare advice to suit individual client needs is also required.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

The main outcomes of the unit are:

1. maintain safe and effective methods of working when enhancing, maintaining and removing UV gel nail enhancements
2. consult, plan and prepare for the UV gel nail enhancement services
3. sculpt and apply UV gel overlays
4. apply tips and UV gel overlays
5. maintain UV gel enhancements
6. remove UV gel enhancements
7. provide aftercare advice

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

Performance criteria

You must be able to:

- P1 **maintain safe and effective methods of working when enhancing, maintaining and removing UV gel nail enhancements by**
- P1.1. preparing the work area and environment to meet legal, hygiene and industry Code of Practice for Nail Services requirements
 - P1.2. ensuring your personal appearance meets accepted industry Code of Practice for Nail Services and organisational requirements
 - P1.3. wearing suitable personal protective equipment for the service that conforms to the industry Code of Practice for Nail Services
 - P1.4. ensuring all tools and equipments are cleaned using the correct methods
 - P1.5. effectively disinfecting your hands prior to nail services
 - P1.6. selecting and correctly positioning suitable equipment, materials and products for the nail services
 - P1.7. ensuring your own posture and position minimises fatigue and the risk of injury whilst working
 - P1.8. ensuring the client is in a comfortable and relaxed position that permits access and minimises the risk of injury to you and the client
 - P1.9. using chemicals in a safe manner without risk of overexposure to self and clients
 - P1.10. taking appropriate and prompt remedial action where contractions occur during the course of the nail service
 - P1.11. disposing of waste correctly to meet local authority requirements and the industry Code of Practice for Nail Services
 - P1.12. ensuring that the service is cost effective and is carried out within a commercially viable time
 - P1.13. leaving the work area and equipment in a condition suitable for further nail services
 - P1.14. ensuring the client's records are up-to-date, accurate, easy to read and signed by the client and technician
- P2 **consult, plan and prepare for the UV gel nail enhancements by**
- P2.1. using **consultation techniques** in a polite and friendly manner to record the service plan
 - P2.2. obtaining signed, written informed consent from the client prior to carrying out the service
 - P2.3. ensuring that informed and signed parental or guardian consent is obtained for minors under the age of 16
 - P2.4. ensuring that a parent or guardian is present throughout the service for minors under the age of 16

SKANSN6

Enhance and maintain nails using UV gel

- P2.5. asking your client appropriate questions to identify if they have any contra-indications to nail services
 - P2.6. accurately recording your client's responses to questioning
 - P2.7. taking the **necessary action** in response to any identified contra-indications
 - P2.8. encouraging clients to ask questions to clarify any points
 - P2.9. ensuring client advice is given without reference to a specific medical condition and without causing undue alarm and concern
 - P2.10. effectively disinfecting the area to be treated
 - P2.11. effectively removing any existing nail polish or nail enhancements to restore the nails to a natural condition, if required
 - P2.12. accurately identifying the condition of the nails and skin
 - P2.13. accurately identifying any corrective work to suit the client's natural **nail shape and condition**
 - P2.14. explaining your assessment of the client's nail and skin condition in a clear way to help their understanding
 - P2.15. recommending nail enhancements to suit the client's **nail shape and condition**
 - P2.16. agreeing the service and outcomes that are acceptable to your client and meet their needs
- P3 **sculpt and apply UV gel overlays by**
- P3.1. removing skin debris to leave the cuticle neat and undamaged
 - P3.2. filing the free edge to achieve the required shape and length
 - P3.3. removing surface shine and dehydrating the natural nail to ensure maximum adhesion of overlay
 - P3.4. effectively customising and fitting the sculpting form to ensure correct shape and product placement, if required
 - P3.5. adapting and combining **UV gel colours** and techniques to effectively cosmetically enhance **nail shapes and conditions**
 - P3.6. applying UV gel layers in the correct sequence, leaving a free margin around the cuticle and side wall area of the nail in accordance with manufacturer's instructions
 - P3.7. ensuring that the timing of the UV curing meets manufacturer's instructions
 - P3.8. removing surface residue using manufacturer's recommended materials, at the correct stage in the process
 - P3.9. using buffing and filing techniques effectively to leave the nail balanced to the required shape and length
 - P3.10. ensuring the enhancement is effectively sealed following the manufacturer's instructions
 - P3.11. ensuring the finished nail enhancements are to the client's satisfaction and meet the agreed service plan
- P4 **apply tip and UV gel overlays by**

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

- P4.1. removing skin debris to leave the cuticle neat and undamaged
- P4.2. filing the free edge to achieve the required shape and length
- P4.3. removing surface shine and dehydrating the natural nail to ensure maximum adhesion of overlay
- P4.4. selecting the correct tip size and customising it to suit the client's natural nail
- P4.5. correctly adhering tip to the natural nail to ensure longevity
- P4.6. ensuring the cutting, shaping and position of unblended tips suits the client's natural nail shape, if required
- P4.7. ensuring the cutting, shaping and blending of tips causes no damage to the natural nail and is undetectable, if required
- P4.8. dehydrating the natural nail to ensure maximum adhesion of overlay
- P4.9. applying gel layers in the correct sequence, leaving a free margin around the cuticle and side wall area of the nail in accordance with manufacturer's instructions
- P4.10. adapting and combining **UV gel colours** and techniques to effectively cosmetically enhance **nail shapes and conditions**
- P4.11. ensuring that timing of UV curing meets with manufacturer's instructions
- P4.12. removing surface residue using manufacturer's recommended materials, at the correct stage in the process
- P4.13. using buffing and filing techniques effectively to leave the nail balanced to the required shape and length
- P4.14. ensuring enhancement is sealed according to manufacturer's instructions
- P4.15. ensuring the finished nail enhancements are to the client's satisfaction and meet the agreed service plan
- P5 **maintain UV gel enhancements by**
 - P5.1. accurately identifying and resolving any **problems** with the nail enhancements
 - P5.2. removing skin debris to leave the cuticle neat and undamaged
 - P5.3. filing the free edge to achieve the required shape and length
 - P5.4. ensuring the exposed natural <nail is cleaned and dehydrated prior to **nail maintenance**
 - P5.5. correctly using **nail maintenance techniques** to restore the nail enhancement to its original condition, following manufacturer's instructions
 - P5.6. leaving the finished nails with an even and clearly defined smile line, if required
 - P5.7. ensuring the finished nail enhancements are to the client's satisfaction and meet the agreed service plan
- P6 **remove UV gel enhancements by**
 - P6.1. using UV gel **removal** techniques safely and effectively, following manufacturer's instructions

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

- P6.2. ensuring the natural nail plate and surrounding skin is undamaged and free from product
- P6.3. ensuring the finished result is to the client's satisfaction and meets the agreed service plan
- P7 **provide advice by**
 - P7.1. giving **advice** and recommendations accurately and constructively
 - P7.2. giving your clients suitable **advice** specific to their individual needs

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

Knowledge and understanding

You need to know and understand:

Organisational and legal requirements

- K1 your responsibilities under relevant health and safety legislation and the industry Code of Practice for Nail Services
- K2 the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)
- K3 why it is important, when treating minors under 16 years of age, to have a parent or guardian present
- K4 why minors should not be given services without informed and signed parental or guardian consent
- K5 the legal significance of gaining signed, informed client consent to treatment
- K6 the importance and reasons for keeping records of clients, their services and gaining client signatures
- K7 the importance of the correct storage of client records in relation to the Data Protection Act
- K8 the possible risks to yourself of ineffective positioning of clients and how to avoid potential discomfort and injury to yourself
- K9 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
- K10 how to minimise and dispose of waste from UV gel nail enhancement services
- K11 your salon services times and the importance of completing nail services in a commercially viable time
- K12 the salon pricing structure for UV gel enhancements

You need to know and understand:

How to work safely and effectively when providing enhancements, maintenance and removal of UV gel nail enhancements

- K13 the type of personal protective equipment that should be available and used by yourself
- K14 why it is important to use personal protective equipment
- K15 what is contact dermatitis and how to avoid developing it when carrying out enhancement, maintenance and removal of UV gel
- K16 how to prepare, use and maintain tools, equipment and materials for the UV gel nail enhancements
- K17 methods of disinfecting and sterilising tools and equipment
- K18 the importance and reasons for using the correct UV wattage and curing times
- K19 the importance of and reasons for disinfecting hands and how to do this effectively
- K20 the necessary environmental conditions for nail services (including lighting, heating, ventilation and general comfort) and why these are

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

important

- K21 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
- K22 how to effectively and safely position tools and materials for the nail service
- K23 how to avoid potential discomfort and injury to yourself and the risks of poor positioning to clients
- K24 the condition in which the work area should be left and why this is important

You need to know and understand:

Consult, plan and prepare for the treatment with clients

- K25 how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment
- K26 how to give effective advice and recommendations to clients
- K27 the questioning and listening skills you need in order to find out information
- K28 how to conduct a nail and skin analysis
- K29 the importance of questioning clients to establish any contra-indications to UV gel enhancements
- K30 why it is important to record client responses to questioning
- K31 the legal significance of client questioning and of recording the client's responses
- K32 how to prepare service plans
- K33 why it is important to encourage and allow time for clients to ask questions

You need to know and understand:

Contra-indications and contra-actions

- K34 the types of conditions and disorders that may contra-indicate the service and why (eg fungal, bacterial, viral and parasitic infections to the skin and nails, severe nail separation or damage, severe eczema, psoriasis and dermatitis)
- K35 the types of conditions and disorders that may restrict the service and why (eg minor nail separation, minor eczema, psoriasis and dermatitis, severely bitten or damaged nails, unknown swelling and redness)
- K36 the importance of questioning clients to establish any contra-indications to nail services
- K37 the importance of and reasons for not naming specific contra-indications when referring clients to a general practitioner
- K38 the contra-actions which may occur during or after the service and how to deal with them (eg allergic reactions, overexposure and exo-thermic reaction, bacterial infections, nail separation, lifting of product, premature loss of extension)

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

You need to know and understand:

Anatomy and physiology

- K39 the structure of the nail unit (ie the nail plate, nail bed, matrix, cuticle, lunula, hyponychium, eponychium, perionychium, free edge, the lateral nail fold)
- K40 the process of nail growth (ie nail formation, growth rate, factors affecting growth, the effects of damage on growth, nail thickness) These standards are available for use in the UK only. If you wish to use them internationally please contact Habia for licensing availability. Unauthorised use may result in legal proceedings
- K41 the structure and function of the skin (ie dermis, epidermis, subcutaneous layer, appendages)
- K42 the different natural nail shapes you are likely to come across during UV gel services and how this can affect your service plan (eg hook, spoon, fan and bitten)

You need to know and understand:

UV gel nail service

- K43 the chemical composition of UV gel
- K44 the chemical reaction that takes place during the curing process for UV gel
- K45 the different types of gel products available and their uses (eg top coats, sealers, builders)
- K46 the importance of using the correct methods and techniques to avoid overexposure
- K47 the critical differences in application and process for gel, wraps, liquid and powder
- K48 the importance of knowing what type of primer or bonding agent to use and when
- K49 how to adapt UV gel application techniques to meet the nail shapes and conditions on the hands and feet in the range
- K50 the different UV gel products and techniques to cosmetically enhance nail shapes and conditions in the range
- K51 the range and use of overlay systems available (ie gel, wrap, powder and liquid)
- K52 the importance of natural nail preparation prior to nail enhancement services
- K53 the importance of preparation and safe use of files and buffers to prevent nail and skin damage (eg grit, grip and pressure)
- K54 how to select and use files and buffers for nail enhancement services
- K55 the action of nail enhancement products on nails, cuticles and skin
- K56 how the incorrect application and removal of nail enhancements can damage the natural nails and surrounding soft tissue
- K57 why it is important to leave a free margin around the cuticle and side wall area
- K58 the importance of achieving maximum strength, appearance and

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

- longevity by use of correct nail balance and shaping
- K59 the importance of choosing the correct size and type of tip
- K60 the advantages and disadvantages of using blended and unblended tips
- K61 the different types of sculpting forms available and how to use them
- K62 the importance of correct tip application and blending

You need to know and understand:

Maintenance and repair

- K63 the techniques for repairing natural nails including splits, cracks, flaking and breakages
- K64 the techniques for repairing nail enhancements including lifting, cracking, premature loss and discolouration
- K65 the factors that influence maintenance requirements for the UV gel system
- K66 the importance of selecting and carrying out the correct removal techniques for the UV gel system

You need to know and understand:

Aftercare advice for clients

- K67 aftercare, maintenance and removal requirements for UV gel nail enhancements
- K68 recommended intervals between UV gel nail enhancement services
- K69 the contra-actions that could occur after nail services and what advice to give to clients
- K70 suitable home care products and how to apply them
- K71 how to deal with accidental damage

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

Additional Information

Scope/range related to performance criteria

1. **Consultation techniques** include:
 - 1.1. questioning
 - 1.2. visual
 - 1.3. manual
 - 1.4. reference to client records

2. **Necessary action** includes:
 - 2.1. encouraging the client to seek medical advice
 - 2.2. explaining why the treatment cannot be carried out
 - 2.3. modifying the treatment

3. **Nail shapes and conditions** include:
 - 3.1. bitten
 - 3.2. hook
 - 3.3. ski jump
 - 3.4. discoloured, eg yellowing, stained, bruising and white spots
 - 3.5. fan
 - 3.6. misshapen
 - 3.7. split

4. **Problems with enhancements** are:
 - 4.1. lifting of product
 - 4.2. cracking and splitting of product
 - 4.3. loss of artificial nail structure
 - 4.4. discolouration of product
 - 4.5. damage of natural nails

5. **UV gel colours** are:
 - 5.1. opaque
 - 5.2. pink and white (French finish)
 - 5.3. colour

6. **Nail maintenance techniques** are:
 - 6.1. infill
 - 6.2. rebalance
 - 6.3. reposition of white tip product
 - 6.4. replacement of overlay
 - 6.5. repair of overlay

7. **Removal** covers:
 - 7.1. chemical
 - 7.2. manual

8. **Advice** covers:

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

- 8.1. suitable aftercare products and their use
- 8.2. avoidance of activities which may cause contra-actions
- 8.3. recommended time intervals in-between UV gel nail enhancements

SKANSN6 (SQA Unit Code - F9KV 04)

Enhance and maintain nails using UV gel

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