

SKANSN7 (SQA Unit Code - F9KY 04)

Enhance and maintain nails using liquid and powder



Overview

This unit is providing services to enhance, maintain, repair and remove nails on the hands and feet, using liquid and powder. It covers consulting with the client to establish their requirements and recognising any contra-indications that may affect the service. It also covers preparing and applying nail enhancements to cosmetically improve or camouflage nails using sculpting techniques, tip application and coloured powders. The ability to tailor the service and aftercare advice to suit individual client needs is also required.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

The main outcomes of the unit are:

1. maintain safe and effective methods of working when enhancing, maintaining and removing liquid and powder nail enhancements
2. consult, plan and prepare for the liquid and powder nail enhancement services
3. sculpt and apply liquid and powder overlays
4. apply tips and liquid and powder overlays
5. maintain liquid and powder enhancements
6. remove liquid and powder enhancements
7. provide aftercare advice

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Performance criteria

You must be able to:

- P1 maintain safe and effective methods of working when enhancing, maintaining and removing liquid and powder nail enhancements by**
- P1.1. preparing the work area and environment to meet legal, hygiene and industry Code of Practice for Nail Services requirements
 - P1.2. ensuring your personal appearance meets accepted industry Code of Practice for Nail Services and organisational requirements
 - P1.3. wearing suitable personal protective equipment for the service that conforms to the industry Code of Practice for Nail Services
 - P1.4. ensuring all tools and equipment are cleaned using the correct methods
 - P1.5. effectively disinfecting your hands prior to nail services
 - P1.6. selecting and correctly positioning suitable equipment, materials and products for the nail services
 - P1.7. ensuring your own posture and position minimises fatigue and the risk of injury whilst working
 - P1.8. ensuring the client is in a comfortable and relaxed position that permits access and minimises the risk of injury to you and the client
 - P1.9. using chemicals in a safe manner without risk of overexposure to self and clients
 - P1.10. taking appropriate and prompt remedial action where contractions occur during the course of the nail service
 - P1.11. disposing of waste correctly to meet local authority requirements and the industry Code of Practice for Nail Services
 - P1.12. ensuring that the service is cost effective and is carried out within a commercially viable time
 - P1.13. leaving the work area and equipment in a condition suitable for further nail services
 - P1.14. ensuring the client's records are up-to-date, accurate, easy to read and signed by the client and technician
- P2 consult, plan and prepare for the liquid and powder nail enhancement services by**
- P2.1. using **consultation techniques** in a polite and friendly manner to record the service plan
 - P2.2. obtaining signed, written informed consent from the client prior to carrying out the service
 - P2.3. ensuring that informed and signed parental or guardian consent is obtained for minors prior to any service

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- P2.4. ensuring that a parent or guardian is present throughout the service for minors under the age of 16
 - P2.5. asking your client appropriate questions to identify if they have any contra-indications to nail services
 - P2.6. accurately recording your client's responses to questioning
 - P2.7. taking the **necessary action** in response to any identified contra-indications
 - P2.8. encouraging clients to ask questions to clarify any points
 - P2.9. ensuring client advice is given without reference to a specific medical condition and without causing undue alarm and concern
 - P2.10. effectively disinfecting the area to be treated
 - P2.11. effectively removing any existing nail polish or nail enhancements to restore the nails to a natural condition, if required
 - P2.12. accurately identifying the condition of the nails and skin
 - P2.13. identifying any corrective work to suit the client's natural **nail shape and condition**
 - P2.14. explaining your assessment of the client's nail and skin condition in a clear way to help their understanding
 - P2.15. recommending nail enhancements to suit the client's **nail shape and condition**
 - P2.16. agreeing the service and outcomes that are acceptable to your client and meet their needs
- P3 sculpt and apply liquid and powder overlays by**
- P3.1. removing skin debris to leave the cuticle neat and undamaged
 - P3.2. filing the free edge to achieve the required shape and length
 - P3.3. removing surface shine and dehydrating the natural nail to ensure maximum adhesion of overlay
 - P3.4. effectively customising and fitting the sculpting form to ensure correct shape and product placement
 - P3.5. ensuring that the liquid and powder ratio is in accordance with manufacturer's instructions
 - P3.6. adapting and combining **liquid and powder** colours and techniques to effectively cosmetically enhance **nail shapes and conditions**
 - P3.7. applying the product leaving a free margin around the cuticle and side wall area of the nail in accordance with manufacturer's instructions
 - P3.8. using filing techniques to leave the nail balanced to the required shape and length
 - P3.9. using buffing techniques correctly to create a high shine finish
 - P3.10. ensuring the finished nail enhancements are to the client's satisfaction and meet the agreed service plan
- P4 apply tip and liquid and powder overlays by**

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- P4.1. removing skin debris to leave the cuticle neat and undamaged
- P4.2. filing the free edge to achieve the required shape and length
- P4.3. removing surface shine and dehydrating the natural nail to ensure maximum adhesion of overlay
- P4.4. selecting the correct tip size and customising it to suit the client's natural nail
- P4.5. correctly adhering tip to the natural nail to ensure longevity
- P4.6. ensuring the cutting, shaping and position of unblended tips suits the client's natural nail shape, if required
- P4.7. ensuring the cutting, shaping and blending of tips causes no damage to the natural nail and is undetectable, if required
- P4.8. preparing the natural nail surface, prior to liquid and powder application
- P4.9. applying the product leaving a free margin around the cuticle and side wall area of the nail in accordance with manufacturer's instructions
- P4.10. adapting and combining **liquid and powder** colours and techniques to effectively cosmetically enhance **nail shapes and conditions**
- P4.11. using filing techniques to leave the nail balanced to the required shape and length
- P4.12. using buffing techniques correctly to create a high shine finish
- P4.13. ensuring the finished nail enhancements are to the client's satisfaction and meet the agreed service plan
- P5 maintain liquid and powder enhancements by**
 - P5.1. accurately identifying and resolving any **problems** with the nail enhancements
 - P5.2. removing skin debris to leave the cuticle neat and undamaged
 - P5.3. filing the free edge to achieve the required shape and length
 - P5.4. removing surface shine and dehydrating the natural nail to ensure maximum adhesion of overlay
 - P5.5. ensuring the exposed natural **nail** is cleaned and dehydrated prior to **nail maintenance**
 - P5.6. correctly using **nail maintenance** techniques to restore the nail enhancement to its original condition, following manufacturer's instructions
 - P5.7. leaving the finished nails with an even and clearly defined smile line, if required
 - P5.8. ensuring the finished nail enhancements are to the client's satisfaction and meet the agreed service plan
- P6 remove liquid and powder enhancements by**
 - P6.1. using liquid and powder **removal** techniques safely and effectively, following manufacturer's instructions
 - P6.2. ensuring the natural nail plate and surrounding skin is undamaged and free from product

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P6.3. ensuring the finished result is to the client's satisfaction and meets the agreed service plan

P7 provide advice by

P7.1. giving **advice** and recommendations accurately and constructively

P7.2. giving your clients suitable **advice** specific to their individual needs

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Knowledge and understanding

You need to know and understand:

Organisational and legal requirements

- K1 your responsibilities under relevant health and safety legislation and the industry Code of Practice for Nail Services
- K2 the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)
- K3 why it is important, when treating minors under 16 years of age, to have a parent or guardian present
- K4 why minors should not be given services without informed and signed parental or guardian consent
- K5 the legal significance of gaining signed, informed client consent to treatment
- K6 the importance and reasons for keeping records of clients, their services and gaining client signatures
- K7 the importance of the correct storage of client records in relation to the Data Protection Act
- K8 the possible risks to yourself of ineffective positioning of clients and how to avoid potential discomfort and injury to yourself
- K9 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
- K10 how to minimise and dispose of waste from liquid and powder nail enhancement services
- K11 your salon services times and the importance of completing nail services in a commercially viable time
- K12 the salon pricing structures for liquid and powder enhancements

You need to know and understand:

How to work safely and effectively when providing enhancements, maintenance and removal of liquid and powder nail enhancements

- K13 the type of personal protective equipment that should be available and used by yourself
- K14 why it is important to use personal protective equipment
- K15 what is contact dermatitis and how to avoid developing it when carrying out enhancement, maintenance and removal of liquid and powder
- K16 how to prepare, use and maintain tools, equipment and materials for the liquid and powder nail enhancements
- K17 methods of disinfecting and sterilising tools and equipment
- K18 the importance of and reasons for disinfecting hands and how to do this effectively
- K19 the necessary environmental conditions for nail services (including lighting, heating, ventilation and general comfort) and why these are important
- K20 why it is important to maintain standards of hygiene and the principles for

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avoiding cross-infection

- K21 how to effectively and safely position tools and materials for the nail service
- K22 how to avoid potential discomfort and injury to yourself and the risks of poor positioning to clients
- K23 the condition in which the work area should be left and why this is important

You need to know and understand:

Consult, plan and prepare for the treatment with clients

- K24 how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment
- K25 how to give effective advice and recommendations to clients
- K26 the questioning and listening skills you need in order to find out information
- K27 how to conduct a nail and skin analysis
- K28 the importance of questioning clients to establish any contra-indications to liquid and powder enhancements
- K29 why it is important to record client responses to questioning
- K30 the legal significance of client questioning and of recording the client's responses
- K31 how to prepare service plans
- K32 encouraging clients to ask questions to clarify any points
- K33 ensuring client advice is given without reference to a specific medical condition and without causing undue alarm and concern

You need to know and understand:

Contra-indications and contra-actions

- K34 the types of conditions and disorders that may contra-indicate the service and why (eg fungal, bacterial, viral and parasitic infections to the skin and nails, severe nail separation or damage, severe eczema, psoriasis and dermatitis)
- K35 the types of conditions and disorders that may restrict the service and why (eg minor nail separation, minor eczema, psoriasis and dermatitis, severely bitten or damaged nails, unknown swelling and redness)
- K36 the importance of questioning clients to establish any contra-indications to nail services
- K37 the importance of and reasons for not naming specific contra-indications when referring clients to a general practitioner
- K38 the contra-actions which may occur during or after the service and how to deal with them (eg allergic reactions, overexposure and exo-thermic reaction, bacterial infections, nail separation, lifting of product, premature loss of extension)

You need to know and understand:

Anatomy and physiology

- K39 the structure of the nail unit (ie the nail plate, nail bed, matrix, cuticle,

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lunula, hyponychium, eponychium, perionychium, free edge, the lateral nail fold)

- K40 the process of nail growth (ie nail formation, growth rate, factors affecting growth, the effects of damage on growth, nail thickness)
- K41 the structure and function of the skin (ie dermis, epidermis, subcutaneous layer, appendages)
- K42 the different natural nail shapes you are likely to come across during liquid and powder services and how this can affect your service plan (eg hook, spoon, fan and bitten)

You need to know and understand:

Liquid and powder nail service

- K43 the chemical composition of liquid and powder
- K44 the chemical reaction that takes place during the curing process for liquid and powder
- K45 the importance of using the correct methods and techniques to avoid overexposure
- K46 the critical differences in application and process for gel, wraps, liquid and powder
- K47 the importance of knowing what type of primer to use and when
- K48 how to adapt liquid and powder application techniques to meet the nail shapes and conditions on the hands and feet in the range
- K49 the different liquid and powder products and techniques to cosmetically enhance nail shapes and conditions in the range
- K50 the range and use of overlay systems available (ie gel, wrap, powder and liquid)
- K51 the importance of natural nail preparation prior to nail enhancement services
- K52 the importance of preparation and safe use of files and buffers to prevent nail and skin damage (eg grit, grip and pressure)
- K53 how to select and use files and buffers for nail enhancement services
- K54 the action of nail enhancement products on nails, cuticle and skin
- K55 how the incorrect application and removal of nail enhancements can damage the natural nails and surrounding soft tissue
- K56 the action of nail enhancement products on nails, cuticle and skin
- K57 the importance of selecting coloured powders that complement the client's skin tones
- K58 why it is important to leave a free margin around the cuticle and side wall area
- K59 the importance of achieving maximum strength, appearance and longevity by use of correct nail balance and shaping
- K60 the importance of choosing the correct size and type of tip
- K61 the advantages and disadvantages of using blended and unblended tips
- K62 the different types of sculpting forms available and how to use them
- K63 the importance of correct tip application and blending

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You need to know and understand:

Maintenance and repair

- K64 the techniques for repairing natural nails including splits, cracks, flaking and breakages
- K65 the techniques for repairing nail enhancements including lifting, cracking, premature loss and discolouration
- K66 the factors that influence maintenance requirements for the liquid and powder system
- K67 the importance of selecting and carrying out the correct removal techniques for the liquid and powder system

You need to know and understand:

Aftercare advice for clients

- K68 aftercare, maintenance and removal requirements for liquid and powder nail enhancements
- K69 recommended intervals between liquid and powder nail enhancement services
- K70 the contra-actions that could occur after nail services and what advice to give to clients
- K71 suitable home care products and how to apply them
- K72 how to deal with accidental damage

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Additional Information

Scope/range related to performance criteria

1. **Consultation techniques** include:
 - 1.1. questioning
 - 1.2. visual
 - 1.3. manual
 - 1.4. reference to client records

2. **Necessary action** includes:
 - 2.1. encouraging the client to seek medical advice
 - 2.2. explaining why the treatment cannot be carried out
 - 2.3. modifying the treatment

3. **Nail shapes and conditions** include:
 - 3.1. bitten
 - 3.2. hook
 - 3.3. ski jump
 - 3.4. discoloured, eg yellowing, stained, bruising and white spots
 - 3.5. fan
 - 3.6. misshapen
 - 3.7. split

4. **Problems with enhancements** are:
 - 4.1. lifting of product
 - 4.2. cracking and splitting of product
 - 4.3. loss of artificial nail structure
 - 4.4. discolouration of product
 - 4.5. damage of natural nails

5. **Liquid and powder colours** are:
 - 5.1. opaque
 - 5.2. pink and white (French finish)
 - 5.3. colour

6. **Nail maintenance techniques** are:
 - 6.1. infill
 - 6.2. rebalance
 - 6.3. reposition of white tip product
 - 6.4. replacement of overlay
 - 6.5. repair of overlay

7. **Removal** covers:
 - 7.1. chemical
 - 7.2. manual

8. **Advice** covers:

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- 8.1. suitable aftercare products and their use
- 8.2. avoidance of activities which may cause contra-actions
- 8.3. recommended time intervals in-between liquid and powder nail enhancements

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