

SKABT09B10 (SQA Unit Code - F9L0 04)

Enhance appearance using skin camouflage



Overview

This unit is about providing simple skin camouflage applications. This unit covers the use of a variety of specialist camouflage products designed to restore the skin colouration to the surrounding skin tone.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

The main outcomes of the unit are:

1. maintain safe and effective methods of working when providing skin camouflage
2. consult, plan and prepare for skin camouflage
3. carry out skin camouflage
4. provide aftercare advice

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Performance criteria

You must be able to:

- P1 **maintain safe and effective methods of working when providing skin camouflage** by
- P1.1 setting up and monitoring the treatment area to meet organisation procedures and manufacturer's instructions
 - P1.2 making sure that environmental conditions are suitable for the client and the skin camouflage
 - P1.3 ensuring your personal hygiene, protection and appearance meets accepted industry and organisational requirements
 - P1.4 effectively disinfecting your hands prior to treatment
 - P1.5 ensuring your own posture and position minimises fatigue and risk of injury whilst working
 - P1.6 ensuring all tools are cleaned using the correct methods
 - P1.7 positioning skin **camouflage products** and **application tools** for ease and safety of use
 - P1.8 ensuring the client is in a comfortable and relaxed position suitable for the skin camouflage
 - P1.9 maintaining accepted industry hygiene and safety practices throughout the skin camouflage application
 - P1.10 adopting a positive, polite and reassuring manner towards the client throughout the treatment
 - P1.11 respecting the client's modesty, privacy and any sensitivities to their personal appearance
 - P1.12 checking the client's wellbeing at regular intervals according to organisational policy
 - P1.13 disposing of waste materials safely and correctly
 - P1.14 ensuring the skin camouflage is cost effective and is carried out within a commercially viable time
 - P1.15 ensuring client record cards are up-to-date, accurate, complete, legible and signed by the client and practitioner
 - P1.16 leaving the treatment area in a condition suitable for future treatments
- P2 **consult, plan and prepare for skin camouflage** by
- P2.1 using **consultation methods** in a polite and friendly manner to determine the client's treatment needs
 - P2.2 ensuring that informed and signed parent or guardian consent is obtained for minors prior to any treatment
 - P2.3 ensuring that a parent or guardian is present throughout the treatment for minors under the age of 16
 - P2.4 obtaining signed, written informed consent from the client prior to carrying out the service
 - P2.5 clearly explaining to the client what the skin camouflage entails

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Knowledge and understanding

You need to know and understand:

Organisational and legal requirements

- K1 your responsibilities under relevant health and safety legislation
- K2 the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)
- K3 why minors should not be given skin camouflage without informed and signed parental or guardian consent
- K4 why it is important when treating minors under 16 years of age to have a parent or guardian present
- K5 the legal significance of gaining signed, informed client consent to treatment
- K6 your responsibilities and reasons for maintaining your own personal hygiene, protection and appearance according to accepted industry and organisational requirements
- K7 how to complete the client records and the importance and reasons for keeping records and gaining client signatures
- K8 the importance of the correct storage of client records in relation to the Data Protection Act
- K9 services times for completing skin camouflage and the importance of completing the application in a commercially viable time
- K10 the pricing structures for skin camouflage
- K11 how to avoid potential discomfort and injury to yourself and the risks of poor positioning of clients

You need to know and understand:

How to work safely and effectively when providing skin camouflage

- K12 how to effectively set up the work area and safely position equipment and materials for skin camouflage
- K13 the necessary environmental conditions for skin camouflage application (including natural or simulated daylight conditions, heating, ventilation and general comfort) and why these are important
- K14 the different types of disinfecting and chemical cleaners for skin camouflage tools
- K15 how to disinfect tools for skin camouflage application
- K16 how to prepare yourself for carrying out skin camouflage application
- K17 the importance of and reasons for disinfecting hands and how to do this effectively
- K18 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
- K19 how to prepare and correctly position the client for optimum skin camouflage application and the importance of using seating at the correct height
- K20 how to avoid potential discomfort and injury to yourself and the risks of

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poor positioning of clients

K21 how to minimise and dispose of waste from services

K22 the condition in which the work area should be left and why this is important

You need to know and understand:

Client consultation, planning and preparation

K23 how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment

K24 the importance of allowing the client to indicate the area requiring skin camouflage

K25 why it is important never to assume the area to be camouflaged

K26 the questioning and listening skills you need in order to find out information

K27 the importance of avoiding intrusive questioning techniques

K28 how to give effective advice and recommendations to clients

K29 how to interpret negative and positive body language

K30 why it is important to encourage and allow time for clients to ask questions

K31 the importance of questioning the client about known contra-indications

K32 why it is important to record client responses to questions about contra-indications

K33 the legal significance of client questioning concerning contra-indications and the recording of client responses to questioning

K34 the reasons why it is important to encourage clients with contra-indications to seek medical advice

K35 the importance of and reasons for not naming specific contra-indications when encouraging clients to seek medical advice

K36 why it is important to respect the clients' modesty, privacy and sensitivities relating to their own appearance

You need to know and understand:

Anatomy and physiology

K37 the structure and function of the skin

K38 the importance of recognising different skin types and characteristics

K39 the photosensitivity of skin and how it differs in different skin groups (ie the Fitzpatrick Classification System)

K40 the causes and appearance of skin conditions likely to need skin camouflage (eg hypo-pigmentation such as vitiligo, stretch marks; hyper-pigmentation such as melasma, age spots; and erythema such as rosacea and thread veins)

You need to know and understand:

Contra-indications and contra-actions

K41 how to recognise those contra-indications requiring medical referral and why (eg structural changes in the area to be camouflaged, suspicious moles, infections)

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- K42 how to recognise those contra-indications which restrict camouflage application and why (ie conditions adjacent to the camouflage area which are sore or tender)
- K43 possible contra-actions which may occur during the camouflage application and how to deal with them (eg allergic reactions)

You need to know and understand:

Skin camouflage

- K44 principles of colour theory (eg complementary colours)
- K45 the importance of understanding when it may be necessary to apply a complementary colour prior to the skin match
- K46 the importance of testing for a skin colour match on a small area
- K47 the range and availability of skin camouflage products
- K48 how to select and apply the products stated in the range to meet the needs of individual conditions
- K49 attributes and limitations of products (eg appearance of applied products under different circumstances such as titanium dioxide and iron oxide in flash photography and on skin)
- K50 where and how to obtain skin camouflage resources
- K51 the importance of understanding the different properties in skin camouflage products
- K52 the compatibility and limitation of other cosmetic and skin care products used in conjunction with skin camouflage

You need to know and understand:

Aftercare advice for clients

- K53 products for home use that will benefit the client and those to avoid and why
- K54 how to advise client on preservation and maintenance of skin camouflage
- K55 how to advise the client on removal of skin camouflage

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Additional Information

Scope/range related to performance criteria

1. **Camouflage products** are
 - 1.1. camouflage creams
 - 1.2. camouflage powders
 - 1.3. setting products

2. **Application tools** include
 - 2.1. brushes
 - 2.2. fingers
 - 2.3. sponges
 - 2.4. velour puffs

3. **Consultation methods** are
 - 3.1. questioning
 - 3.2. visual
 - 3.3. manual
 - 3.4. reference to client records

4. **Camouflage needs** include
 - 4.1. tattoos
 - 4.2. hyper-pigmentation
 - 4.3. hypo-pigmentation
 - 4.4. erythema

5. **Necessary action** should be
 - 5.1. encouraging the client to seek medical advice
 - 5.2. explaining why the camouflage application cannot be carried out
 - 5.3. modification of camouflage application

6. **Areas to be camouflaged** are
 - 6.1. head or neck
 - 6.2. chest or shoulders
 - 6.3. limbs
 - 6.4. back

7. **Aftercare advice** includes
 - 7.1. other products which can be used in conjunction with skin camouflage
 - 7.2. products/substances/environments which should be avoided
 - 7.3. durability and removal of skin camouflage products

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