## Plan and create nail art designs



#### **Overview**

This unit is about planning and creating individual nail art designs to suit the client and occasion. It covers consulting with the client, recognising any contraindications, preparing for the service and creating a nail art design using a range of nail art products. The nail art designs and techniques covered by this unit include 3D, embedding, colour blending, marbling, painting and alternative tip shapes.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

The main outcomes of the unit are:

- maintain safe and effective methods of working when providing art designs
- 2. consult, plan and prepare for the nail art design
- 3. apply nail art design
- 4. provide aftercare service

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# Performance criteria

#### You must be able to:

# P1 maintain safe and effective methods of working when providing nail art designs by

- P1.1. preparing the work area and environment to meet legal, hygiene and industry Code of Practice for Nail Services requirements
- P1.2. ensuring your personal appearance meets accepted industry Code of Practice for Nail Services and organisational requirements
- P1.3. wearing suitable personal protective equipment for the service that conforms to the industry Code of Practice for Nail Services
- P1.4. ensuring all tools and equipment are cleaned using the correct methods
- P1.5. effectively disinfecting your hands prior to nail art services
- P1.6. selecting and correctly positioning suitable equipment, materials and products for the nail art services
- P1.7. ensuring your own posture and position minimises fatigue and the risk of injury whilst working
- P1.8. ensuring the client is in a comfortable and relaxed position that permits access and minimises the risk of injury to you and the client
- P1.9. using chemicals in a safe manner without risk of overexposure to self and clients
- P1.10. taking appropriate and prompt remedial action where contraactions occur during the course of the nail art service
- P1.11. disposing of waste correctly to meet local authority requirements and the industry Code of Practice for Nail Services
- P1.12. ensuring that the nail art service is cost effective and is carried out within a commercially viable time
- P1.13. leaving the work area and equipment in a condition suitable for further nail services
- P1.14. ensuring the client's records are up-to-date, accurate, easy to read and signed by the client and technician

#### P2 consult, plan and prepare for the nail art design by

- P2.1. using **consultation techniques** in a polite and friendly manner to record the design plan
- P2.2. obtaining signed, written informed consent from the client prior to carrying out the service
- P2.3. ensuring that informed and signed parental or guardian consent is obtained for minors prior to any service
- P2.4. ensuring that a parent or guardian is present throughout the service for minors under the age of 16

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- P2.5. asking your client appropriate questions to identify if they have any contra-indications to nail services
- P2.6. taking the **necessary action** in response to any identified contra-indications
- P2.7. accurately recording your client's responses to questioning
- P2.8. encouraging clients to ask questions to clarify any points
- P2.9. ensuring client advice is given without reference to a specific medical condition and without causing undue alarm and concern
- P2.10. effectively disinfecting the area to be treated
- P2.11. effectively removing any existing nail polish or nail enhancements to restore the nails to a natural condition, if required
- P2.12. accurately identifying the condition of the nails and skin
- P2.13. identifying any corrective work to suit the client's natural nail shape and condition
- P2.14. explaining your assessment of the client's nail and skin condition and any limitations to the nail art design
- P2.15. recommending **nail art designs and techniques** to suit the client's nail shape and condition
- P2.16. agreeing the service and outcomes that are acceptable to your client and meet their needs

#### P3 provide nail art services by

- P3.1. ensuring the nail is left clean, free of debris and the cuticle is left neat and undamaged prior to starting nail art work
- P3.2. using **nail art products** according to manufacturers' instructions
- P3.3. using suitable tools for the agreed **nail art designs and techniques**
- P3.4. applying the required nail art base relevant to the client's needs
- P3.5. applying **nail art techniques** and **products** accurately and in the correct sequence to achieve the required design
- P3.6. effectively sealing the nail art design, leaving the cuticle and side walls free from any product
- P3.7. ensuring the finished nail art design is to the client's satisfaction and meets the agreed design plan

## P4 provide aftercare advice by

- P4.1. giving **advice** and recommendations accurately and constructively
- P4.2. giving your clients suitable **advice** specific to their individual needs

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# Knowledge and understanding

# You need to know and understand:

#### Organisational and legal requirements

- K1 your responsibilities under relevant health and safety legislation and the industry Code of Practice for Nail Services
- K2 the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)
- K3 why it is important, when treating minors under 16 years of age, to have a parent or guardian present
- K4 why minors should not be given services without informed and signed parental or guardian consent
- K5 the legal significance of gaining signed, informed client consent to treatment
- K6 the importance and reasons for keeping records of clients, their services and gaining client signatures
- K7 the importance of the correct storage of client records in relation to the Data Protection Act
- K8 the possible risks to yourself of ineffective positioning of clients and how to avoid potential discomfort and injury to yourself
- K9 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
- K10 how to minimise and dispose of waste from nail art services
- K11 your salon services times and the importance of completing nail art services in a commercially viable time
- K12 the salon pricing structure for nail art services

# You need to know and understand:

## How to work safely and effectively when providing nail art services

- K13 the type of personal protective equipment that should be available and used by yourself
- K14 why it is important to use personal protective equipment
- K15 what is contact dermatitis and how to avoid developing it when carrying out nail art design, maintenance and removal
- K16 how to prepare, use and maintain tools, equipment and materials for the nail art service
- K17 methods of disinfecting and sterilising tools and equipment
- K18 the importance of and reasons for disinfecting hands and how to do this effectively
- K19 the necessary environmental conditions for nail art services (including lighting, heating, ventilation and general comfort) and why these are important
- K20 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
- K21 how to effectively and safely position tools and materials for nail art

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- designs
- K22 how to avoid potential discomfort and injury to yourself and the risks of poor positioning to clients
- K23 the condition in which the work area should be left and why this is important

# You need to know and understand:

#### Consult, plan and prepare for the nail art service with clients

- K24 how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment
- K25 how to give effective advice and recommendations to clients
- K26 the questioning and listening skills you need in order to find out information
- K27 how to conduct a nail and skin analysis
- K28 the importance of explaining the limitations of nail art designs due to the shape and condition of clients' nails
- K29 why it is important to record client responses to questioning
- K30 why it is important to encourage and allow time for clients to ask questions
- K31 how to prepare nail art design plans

# You need to know and understand:

#### **Contra-indications and contra-actions**

- K32 the types of conditions and disorders that may contra-indicate the service and why (eg fungal, bacterial, viral and parasitic infections to the skin and nails, severely damaged nails, severe eczema, psoriasis and dermatitis)
- K33 the types of conditions and disorders that may restrict the service and why (eg minor eczema, psoriasis and dermatitis, severely bitten or damaged nails, unknown swelling and redness)
- K34 the importance of questioning clients to establish any contra-indications to nail art service
- K35 the importance of and reasons for not naming specific contra-indications when encouraging the client to seek medical advice
- K36 the contra-actions which may occur during and after nail art services and how to deal with them (allergic reactions, premature loss of nail art design, damage to the nail art design)

# You need to know and understand:

#### **Nail art services**

- K37 the importance of understanding colour theory
- K38 the different types of techniques used within nail art services and how to carry them out
- K39 the different types of designs available to clients
- K40 how to select, blend and mix products and colours
- K41 how current fashion trends can impact on nail art designs
- K42 how to select, adapt and create nail art designs to suit different

K43

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occasions	
how to adapt nail art designs and techni	ques to make them commercial

K44 the different types of nail art products and tools and how to use them

K45 the importance of creating a design portfolio to promote nail art designs

# You need to know and understand:

#### Aftercare advice for clients

- K46 aftercare, maintenance and removal requirements for specific nail art designs and why these are important
- K47 recommended intervals between nail art services
- K48 the contra-actions that could occur after nail services and what advice to give to clients
- K49 suitable home care products and how to apply them
- K50 how to deal with accidental damage

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## **Additional Information**

# Scope/range related to performance criteria

## 1. **Consultation techniques** are:

- 1.1. questioning
- 1.2. visual
- 1.3. manual
- 1.4. reference to client records

#### 2. **Necessary action** should be:

- 2.1. encouraging the client to seek medical advice
- 2.2. explaining why the service cannot be carried out
- 2.3. modifying the service

## 3. **Nail art designs** are:

- 3.1. 3D
- 3.2. embedding
- 3.3. alternative tip shapes

## 4. Nail art techniques are:

- 4.1. colour blending
- 4.2. marbelling
- 4.3. painting

#### 5. **Nail art products** are:

- 5.1. shells
- 5.2. lace
- 5.3. flowers
- 5.4. glitters
- 5.5. jewels
- 5.6. decals
- 5.7. liquid and coloured powders
- 5.8. coloured UV gels

#### 6. **Advice** covers:

- 6.1. suitable aftercare products and their use
- 6.2. avoidance of activities which may cause contra-actions
- 6.3. recommended time intervals in-between nail services

# Plan and create nail art designs

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