

## **FP8D 04 (SFHC HS8) — Insert and Secure Urethral Catheters and Monitor and Respond to the Effects of Urethral Catheterisation**

### **Overview**

This standard covers the insertion of urethral catheters, including re-catheterisation, following agreed protocols and procedures. It also covers regular monitoring and care of the urethral catheter after insertion.

It does not include suprapubic catheterisation.

Users of this standard will need to ensure that practice reflects up to date information and policies.

## **Additional Information**

### **External Links**

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5 Provision of care to meet health and wellbeing needs

## Performance Criteria — What you do in your job

You must provide evidence to meet all the 13 Performance Criteria for this Unit. The Performance Criteria are grouped under headings to assist you with planning how best to meet these points.

Place the number of the piece of work where this Performance Criteria has been met in the evidence box after each criteria.

	<b>Performance Criteria</b>	<b>Evidence Number where this criteria has been met</b>
1	Apply standard precautions for infection control and take other appropriate health and safety measures.	
2	Comply with the correct protocols and procedures relating to urinary catheterisation.	
3	Insert the catheter safely and correctly, according to manufacturer's instructions and with minimal trauma to the individual.	
4	Secure the catheter after insertion according to instructions and adjust it correctly.	
5	Attach the catheter correctly to the appropriate drainage system, confirm it is functioning correctly and measure and record the amount of urine collected immediately after insertion.	
6	Make the individual as comfortable as possible following the procedure.	
7	Monitor the individual's condition, promptly recognise any adverse effects and take the appropriate action.	
8	Seek assistance promptly from an appropriate person should it be required.	
9	Record clearly, accurately, and correctly any relevant information in the necessary records.	

	<b>Performance Criteria</b>	<b>Evidence Number where this criteria has been met</b>
10	Check that all catheterisation equipment and materials are functioning correctly and take appropriate action to remedy any problems.	
11	Maintain cleanliness of the catheter and surrounding area through regular hygiene care.	
12	Empty drainage bags and measure and record urinary output whenever necessary and as instructed by the professional involved.	
13	Educate the individual as far as possible on the care of the catheter and attachments.	

## Knowledge and Understanding — Why and how you do what you do in your job

You must provide evidence of your knowledge and understanding to meet all the 18 knowledge points for this Unit. The knowledge points are grouped under headings to assist you with planning how best to meet them.

Place the number of the piece of work where each knowledge point has been met in the 'evidence number' box after each point.

	<b>Knowledge and Understanding</b> <i>You need to know and understand:</i>	<b>Evidence Number</b> <b>where this knowledge</b> <b>point has been met</b>
1	The current European and national legislation, national guidelines and local policies and protocols which affect your work practice in relation to carrying out urethral catheterisation.	
2	Your responsibilities and accountability in relation to the current European and national legislation and local policies and protocols.	
3	The importance of working within your own sphere of competence when and seeking advice when faced with situations outside your sphere of competence.	
4	The importance of applying standard precautions and the potential consequences of poor practice.	
5	The conditions and constraints which might denote who undertakes this procedure and why.	
6	The anatomy of the male and/or female genito-urinary system.	
7	The physiology of the genito-urinary system.	
8	Adapting communication to meet individual's needs.	
9	The effects of catheterisation on the individual's comfort and dignity, and ways of minimising any adverse effects.	

	<b>Knowledge and Understanding</b> <i>You need to know and understand:</i>	<b>Evidence Number where this knowledge point has been met</b>
10	The ethical issues surrounding catheterisation, as applied to males and females.	
11	The need for chaperones, individual awareness and consent.	
12	Potential adverse effects and appropriate actions.	
13	The importance of offering effective verbal and non-verbal support and reassurance to patients when you perform urethral catheterisation.	
14	The effective methods of providing verbal and non-verbal support and reassurance to patients.	
15	The types of catheters that can be used and why you should select the appropriate catheter.	
16	The local anaesthetic agents available.	
17	The importance of keeping accurate and up to date records.	
18	The importance of immediately reporting any issues which are outside your own sphere of competence without delay to the relevant member of staff.	

The candidate and assessor must only sign below when all Performance Criteria and knowledge points have been met.

### Unit assessed as being complete

<b>Candidate's name</b>	
<b>Candidate's signature</b>	
<b>Date submitted to Assessor as complete</b>	

<b>Assessor's name</b>	
<b>Assessor's signature</b>	
<b>Date assessed complete</b>	

### Internal Verification

To be completed in accordance with centre's internal verifier (IV) strategy.

<b>Evidence for this Unit was sampled on the following date/s</b>	<b>Internal verifier's signature</b>	<b>Internal verifier's name</b>

This Unit has been subject to an admin check in keeping with the centre's IV strategy.

<b>Date of admin check</b>	<b>Internal verifier's signature</b>	<b>Internal verifier's name</b>

### Unit completion confirmed

<b>Internal verifier's name</b>	
<b>Internal verifier's signature</b>	
<b>Date completed</b>	