

H5NY 04 (SCDHS0224) — Monitor the Condition of Individuals

Overview

This standard identifies the requirements when you monitor the health and wellbeing of individuals with specific health conditions. This includes observing the condition of individuals over time, completing records and reports on changes observed and adjusting monitoring and reporting processes to take account of changes.

Additional Information

Scope/range related to Performance Criteria

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

NOTE: Where an individual finds it difficult or impossible to express their own preferences and make decisions about their life, achievement of this standard may require the involvement of advocates or others who are able to represent the views and best interests of the individual.

Where there are language differences within the work setting, achievement of this standard may require the involvement of interpreters or translation services.

A **care or support plan** is a formal plan that must be developed and agreed with the individual and/or those who are able to represent the individual's best interests. It addresses the holistic needs of the individual and contains information on all aspects of that person's care requirements. The care or support plan must underpin the individual's care and support within any health or social care setting.

The **individual** is the person you support or care for in your work.

Observation procedures will include the timing and type of observations to be carried out.

To **report** may include making verbal reports or completing written records and must follow work setting requirements.

Scope/range related to Knowledge and Understanding

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

All knowledge statements must be applied in the context of this standard.

Factors that may affect the health, wellbeing and development of individuals

may include: adverse circumstances or trauma before or during birth; autistic spectrum conditions; dementia; family circumstances; frailty; harm or abuse; injury; learning disability; medical conditions (chronic or acute); mental health; physical disability; physical ill health; poverty; profound or complex needs; sensory needs; social deprivation; substance misuse.

Values

Adherence to codes of practice or conduct where applicable to your role and the principles and values that underpin your work setting, including the rights of children, young people and adults. These include the rights:

- ◆ to be treated as an individual
- ◆ to be treated equally and not be discriminated against
- ◆ to be respected
- ◆ to have privacy
- ◆ to be treated in a dignified way
- ◆ to be protected from danger and harm
- ◆ to be supported and cared for in a way that meets their needs, takes account of their choices and also protects them
- ◆ to communicate using their preferred methods of communication and language
- ◆ to access information about themselves

Performance Criteria — What you do in your job

You must provide evidence to meet all the 19 Performance Criteria for this Unit. The Performance Criteria are grouped under headings to assist you with planning how best to meet these points.

Place the number of the piece of work where this Performance Criteria has been met in the evidence box after each criteria.

Monitor individuals' conditions through observation

	Performance Criteria	Evidence Number where this criteria has been met
1	Examine relevant records about the individual's condition to ensure that you understand how this may affect their physical and emotional state and their behavior.	
2	Check with appropriate people, records and documents what observations you are required to make to monitor the individual's condition and wellbeing.	
3	Support the individual to understand the reasons for and importance of particular monitoring processes.	
4	Follow monitoring and observation procedures as required by the work setting and the individual's care or support plan .	
5	Ensure that you observe and monitor the individual in a way that avoids causing them concern.	
6	Observe the individual's condition to identify whether their condition is as identified within the care or support plan.	
7	Use your observations to identify any serious, sudden or unexpected changes in the individual's condition.	

Complete records and reports on changes in the condition of individuals

	Performance Criteria	Evidence Number where this criteria has been met
8	Identify requirements for recording and reporting on changes in the individual's condition and wellbeing.	
9	Follow precisely any instructions for recording the individual's condition that deviate from normal procedures.	
10	Clarify with the appropriate people any issues with or changes in recording requirements that you are not sure about.	
11	Record changes ensuring that all required details are completed accurately, according to work setting requirements and specific requirements within the individual's care or support plan.	
12	Report immediately and to the appropriate people any changes that raise concerns about the individual's health and wellbeing.	

Adjust monitoring processes to address individuals' changing conditions

13	Discuss the outcomes from observations, monitoring and recording with appropriate people.	
14	Work with appropriate people to identify any changes in the care and support of the individual that might be required in the light of observations.	
15	Work with appropriate people to identify how monitoring processes may need to be adjusted to take account of changes in the individual's condition, care and support.	
16	Take careful note of any instructions you are given for adjustments in observing, monitoring and reporting to address the individual's changing needs and condition.	
17	Clarify and check your understanding of the instructions you have been given.	

**Adjust monitoring processes to address individuals' changing conditions
(cont)**

	Performance Criteria	Evidence Number where this criteria has been met
18	Follow the instructions you have been given precisely.	
19	Report on processes and outcomes from changes made within confidentiality agreements, according to legal and work setting requirements and as required by any specific instructions given.	

Knowledge and Understanding — Why and how you do what you do in your job

You must provide evidence of your knowledge and understanding to meet all the 46 knowledge points for this Unit. The knowledge points are grouped under headings to assist you with planning how best to meet them.

Place the number of the piece of work where each knowledge point has been met in the 'evidence number' box after each point.

Rights

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
1	Work setting requirements on equality, diversity, discrimination and human rights.	
2	Your role supporting rights, choices, wellbeing and active participation.	
3	Your duty to report anything you notice people do, or anything they fail to do, that could obstruct individuals' rights.	
4	The actions to take if you have concerns about discrimination.	
5	The rights that individuals have to make complaints and be supported to do so.	

How you carry out your work

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
6	Codes of practice, standards, frameworks and guidance relevant to your work and the content of this standard.	
7	The main items of legislation that relate to the content of this standard within your work role.	
8	Your own background, experiences and beliefs that may affect the way you work.	
9	Your own roles and responsibilities with their limits and boundaries.	
10	Who you must report to at work.	
11	The roles and responsibilities of other people with whom you work.	
12	How to find out about procedures and agreed ways of working in your work setting.	
13	How to make sure you follow procedures and agreed ways of working.	
14	The meaning of person centred/child centred working and the importance of knowing and respecting each child or young person as an individual.	
15	The prime importance of the interests and wellbeing of children and young people.	
16	The individual's cultural and language context.	
17	How to work in ways that build trust with people.	
18	How to work in ways that support the active participation of individuals in their own care and support.	
19	How to work in ways that respect individuals' dignity, personal beliefs and preferences.	

How you carry out your work (cont)

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
20	How to work in partnership with people.	
21	What you should do when there are conflicts and dilemmas in your work.	
22	How and when you should seek support in situations beyond your experience and expertise.	

Theory for practice

23	The factors that may affect the health, wellbeing and development of individuals you care for or support.	
24	How these affect individuals and how they may affect different individuals differently.	
25	The main stages of human development.	

Communication

26	Factors that can have a positive or negative effect on the way people communicate.	
27	Different methods of communicating.	

Personal and professional development

28	Why it is important to reflect on how you do your work.	
29	How to use your reflections to improve the way you work.	

Health and Safety

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
30	Your work setting policies and practices for health, safety and security.	
31	Practices that help to prevent and control infection in the context of this standard.	

Safe-guarding

32	The duty that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices.	
33	Signs and symptoms of harm or abuse.	
34	How and when to report any concerns about abuse, poor or discriminatory practice, resources or operational difficulties.	
35	What to do if you have reported concerns but no action is taken to address them.	

Handling information

36	Legal requirements, policies and procedures for the security and confidentiality of information.	
37	Work setting requirements for recording information and producing reports including the use of electronic communication.	
38	What confidentiality means.	
39	How to maintain confidentiality in your work.	
40	When and how to pass on information.	

Knowledge that is Specific to this NOS

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
41	The reasons for observing, monitoring and recording the conditions of individuals and the possible consequences for the individual, yourself and others if you do not carry out these activities according to instructions.	
42	Different methods of observing and monitoring individuals and recording the results.	
43	Why individuals with particular conditions need to be observed and their observations recorded at specific time and in particular ways.	
44	Actions to take and who to contact if there are key changes in the conditions of individuals.	
45	The type of changes in individuals that would give rise for concern.	
46	How to respond to the preferences of individuals if they are in conflict with the activities for which you are responsible.	

The candidate and assessor must only sign below when all Performance Criteria and knowledge points have been met.

Unit assessed as being complete

Candidate's name	
Candidate's signature	
Date submitted to Assessor as complete	

Assessor's name	
Assessor's signature	
Date assessed complete	

Internal Verification

To be completed in accordance with centre's internal verifier (IV) strategy.

Evidence for this Unit was sampled on the following date/s	Internal verifier's signature	Internal verifier's name

This Unit has been subject to an admin check in keeping with the centre's IV strategy.

Date of admin check	Internal verifier's signature	Internal verifier's name

Unit completion confirmed

Internal verifier's name	
Internal verifier's signature	
Date completed	