

H5SA 04 (SCDHSC0343) — Support Individuals To Live At Home

Overview

This standard identifies the requirements when you support individuals to continue living in their own home. This includes supporting individuals to develop their own personal resources and working with them to access additional resources, services and facilities. It also includes supporting individuals to review the support and services they use and to identify changes needed to enable them to continue to live at home.

Additional Information

Scope/range related to Performance Criteria

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

NOTE: Where an individual finds it difficult or impossible to express their own preferences and make decisions about their life, achievement of this standard may require the involvement of advocates or others who are able to represent the views and best interests of the individual.

Where there are language differences within the work setting, achievement of this standard may require the involvement of interpreters or translation services.

Active participation is a way of working that regards individuals as active partners in their own support or support rather than passive recipients. Active participation recognises each individual's right to participate in the activities and relationships of everyday life as independently as possible.

Aspects of their life may include those relating to personal, physical, emotional, financial, social, spiritual, environmental and health and safety needs.

Communication may include using the individual's preferred spoken language, the use of signs, symbols, pictures, writing, objects of reference, communication passports, other non-verbal forms of communication, human and technological aids to communication.

The **individual** is the adult, child or young person you support or care for in your work.

Key people are those who are important to an individual and who can make a difference to his or her wellbeing. Key people may include family, friends, carers and others with whom the individual has a supportive relationship.

Others are your colleagues and other professionals whose work contributes to the individual's wellbeing and who enable you to carry out your role.

Resources could be financial, physical (including materials and equipment) or human resources to make changes to the environment.

A **risk** takes account of the likelihood of a hazard occurring and may include the possibility of danger, damage and destruction to the environment and goods; the possibility of injury and harm to people.

Services and facilities could include services provided to individuals' homes such as meals on wheels; services to meet individuals' personal care needs; therapeutic services; services provided to enable individuals to meet their social care needs; transport; amenities outside the individual's place of residence such as day care provision; support groups.

Scope/range related to Knowledge and Understanding

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

All knowledge statements must be applied in the context of this standard.

Factors that may affect the health, wellbeing and development of individuals may include: adverse circumstances or trauma before or during birth; autistic spectrum conditions; dementia; family circumstances; frailty; harm or abuse; injury; learning disability; medical conditions (chronic or acute); mental health; physical disability; physical ill health; poverty; profound or complex needs; sensory needs; social deprivation; substance misuse.

Performance Criteria — What you do in your job

You must provide evidence to meet all the 23 Performance Criteria for this Unit. The Performance Criteria are grouped under headings to assist you with planning how best to meet these points.

Place the number of the piece of work where this Performance Criteria has been met in the evidence box after each criteria.

Support individuals to develop their personal resources for living at home

	Performance Criteria	Evidence Number where this criteria has been met
1	Work with the individual to identify aspects of their lives and risks that need to be considered in relation to them living at home.	
2	Support the individual to identify strengths and skills they have which can enable them to live at home.	
3	Work with the individual and key people to identify the support that is available within their personal networks.	
4	Access information and support that will help the individual to meet their own needs and manage risks.	
5	Pass on information to the individual and key people using their preferred forms of communication .	
6	Identify resources that could help the individual to develop skills to manage their domestic, personal, social and financial affairs, including any risks identified.	
7	Support the individual to select their preferred resources for developing their skills.	
8	Work in ways that promote active participation to help the individual access the resources they select.	

Support individuals to develop their personal resources for living at home (cont)

	Performance Criteria	Evidence Number where this criteria has been met
9	Work with the individual, key people and others to adapt to changes in the individual's health or their financial, social or legal position.	

Work with individuals to access additional support and resources

10	Review with the individual and key people information about the range of resources, services and facilities available to support the individual to live at home.	
11	Work with the individual to select their preferred options for resources, services and facilities.	
12	Support the individual and key people to identify who will be responsible for accessing the selected options.	
13	Work in ways that promote active participation to help the individual and key people complete paperwork to access resources, services and facilities.	
14	Gain permission from the individual and key people to provide relevant information about the individual where needed to secure resources, services and facilities.	
15	Introduce the individual to new resources, services and facilities.	

Work with individuals to review support enabling them to live at home

	Performance Criteria	Evidence Number where this criteria has been met
16	Agree with the individual, key people and others the methods and timescales for review and evaluation of support to enable the individual to live at home.	
17	Encourage the individual and key people to give feedback on support, resources, services and facilities.	
18	Support the individual and key people to identify any changes that could improve their wellbeing and enable them to continue living at home.	
19	Access further information likely to be useful when reviewing possible changes to enable individuals to continue living at home.	
20	Work with the individual and key people to evaluate the strengths and limitations of the changes proposed.	
21	Work with the individual and key people to evaluate any risks that need to be managed.	
22	Work with the individual, key people and others to agree changes to support, resources, services and facilities.	
23	Complete records and reports about the review process in accordance with legal and work setting requirements.	

Knowledge and Understanding — Why and how you do what you do in your job

You must provide evidence of your knowledge and understanding to meet all the 42 knowledge points for this Unit. The knowledge points are grouped under headings to assist you with planning how best to meet them.

Place the number of the piece of work where each knowledge point has been met in the 'evidence number' box after each point.

Rights

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
1	Legal and work setting requirements on equality, diversity, discrimination and human rights.	
2	Your role in promoting individuals' rights, choices, wellbeing and active participation.	
3	Your duty to report any acts or omissions that could infringe the rights of individuals.	
4	How to deal with and challenge discrimination.	
5	The rights that individuals have to make complaints and be supported to do so.	

Your practice

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
6	Legislation, statutory codes, standards, frameworks and guidance relevant to your work, your work setting and the content of this standard.	
7	Your own background, experiences and beliefs that may have an impact on your practice.	
8	Your own roles, responsibilities and accountabilities with their limits and boundaries.	
9	The roles, responsibilities and accountabilities of others with whom you work.	
10	How to access and work to procedures and agreed ways of working.	
11	The meaning of person-centred/child centred working and the importance of knowing and respecting each person as an individual.	
12	The prime importance of the interests and wellbeing of the individual.	
13	The individual's cultural and language context.	
14	How to build trust and rapport in a relationship.	
15	How your power and influence as a worker can impact on relationships.	
16	How to work in ways that promote active participation and maintain individuals' dignity, respect, personal beliefs and preferences.	
17	How to work in partnership with individuals, key people and others.	
18	How to manage ethical conflicts and dilemmas in your work.	
19	How to challenge poor practice.	

Your practice (cont)

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
20	How and when to seek support in situations beyond your experience and expertise.	

Theory

21	The nature and impact of factors that may affect the health, wellbeing and development of individuals you care for or support.	
22	Theories underpinning our understanding of human development and factors that affect it.	

Personal and professional development

23	Principles of reflective practice and why it is important.	
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Communication

24	Factors that can affect communication and language skills and their development in children, young people adults.	
25	Methods to promote effective communication and enable individuals to communicate their needs, views and preferences.	

Health and Safety

26	Your work setting policies and practices for monitoring and maintaining health, safety and security in the work environment.	
27	Practices for the prevention and control of infection.	

Safe-guarding

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
28	The responsibility that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices.	
29	Indicators of potential harm or abuse.	
30	How and when to report any concerns about abuse, poor or discriminatory practice, resources or operational difficulties.	
31	What to do if you have reported concerns but no action is taken to address them.	

Handling information

32	Legal requirements, policies and procedures for the security and confidentiality of information.	
33	Legal and work setting requirements for recording information and producing reports.	
34	Principles of confidentiality and when to pass on otherwise confidential information.	

Knowledge that is Specific to this NOS

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
35	How and where to access information and support that can inform your practice when supporting individuals to live at home.	
36	The range of resources, services and facilities available to meet the needs and preferences of the individuals you support.	
37	How you can access, review and evaluate information about resources, services and facilities relevant to the needs and preferences of individuals.	
38	Theories relevant to the individuals with whom you work about how living at home can affect individuals' sense of identity, their self- esteem and their self-image.	
39	How power and influence can be used and abused when supporting individuals live at home and accessing resources, services and facilities	
40	The role of relationships and support networks in promoting the wellbeing of the individuals and enabling them to live at home.	
41	How to access information about benefits and allowances that you can provide to individuals and key people.	
42	Where to access advice on financial planning.	

The candidate and assessor must only sign below when all Performance Criteria and knowledge points have been met.

Unit assessed as being complete

Candidate's name	
Candidate's signature	
Date submitted to Assessor as complete	

Assessor's name	
Assessor's signature	
Date assessed complete	

Internal Verification

To be completed in accordance with centre's internal verifier (IV) strategy.

Evidence for this Unit was sampled on the following date/s	Internal verifier's signature	Internal verifier's name

This Unit has been subject to an admin check in keeping with the centre's IV strategy.

Date of admin check	Internal verifier's signature	Internal verifier's name

Unit completion confirmed

Internal verifier's name	
Internal verifier's signature	
Date completed	