

## **H5VN 04 (SFH AH7) — Support Individuals Through Detoxification Programmes**

### **Overview**

For this standard you need to work with individuals to achieve stabilisation and/or withdrawal from substance use through a planned programme of treatment and care. Detoxification programmes involve a range of interventions to address individuals' physical, psychological, emotional, social and legal problems and in many cases include the prescribing of substitute medication.

Users of this standard will need to ensure that practice reflects up to date information and policies.

## **Additional Information**

### **External Links**

This standard has indicative links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

## Performance Criteria — What you do in your job

You must provide evidence to meet all the 21 Performance Criteria for this Unit. The Performance Criteria are grouped under headings to assist you with planning how best to meet these points.

Place the number of the piece of work where this Performance Criteria has been met in the evidence box after each criteria.

	<b>Performance Criteria</b>	<b>Evidence Number where this criteria has been met</b>
1	Confirm the eligibility of the individual for admission to the detoxification programme in line with locally agreed criteria.	
2	Arrange for individuals to undertake a comprehensive assessment to evaluate their substance misuse problems and potential risks to the individual and others.	
3	Arrange the start of the detoxification programme with the level of urgency appropriate to the individual's needs and circumstances.	
4	Provide the individual with advice and information about the detoxification programme prior to commencement.	
5	Assess whether the individual's carers or significant others have a role to play in the detoxification programme and if so, include them in the planning and induction.	
6	Agree a contract of care outlining behaviours which are unacceptable during the detoxification programme and your organisation's commitment to provision of non-discriminatory and supportive service in line with your organisation's policies and procedures.	
7	Support the individual to maintain realistic expectations of the detoxification programme.	

	<b>Performance Criteria</b>	<b>Evidence Number where this criteria has been met</b>
8	Formulate a treatment and care plan with the individual, involving relevant members of other service teams.	
9	When appropriate, refer the individual to a prescribing service for prescribing of substitute medication.	
10	Maintain accurate and complete records of referrals to other services in line with locally agreed protocols.	
11	Arrange for provision of appropriate services according to the individuals identified needs.	
12	Provide harm minimisation advice appropriate to the individuals' needs.	
13	Offer the individual tests for HIV and hepatitis B and C.	
14	Regularly review the treatment and care plan with the individual and others involved in service delivery.	
15	Screen the individual for substance use to monitor compliance according to your organisations protocols.	
16	Review expectations and plans with individuals who are not yet able complete the detoxification programme.	
17	Arrange a discharge planning meeting with attendance by other service provider team members in order to formalise an ongoing care plan.	
18	Ensure individuals who have achieved abstinence are referred to sources of further appropriate support.	

	<b>Performance Criteria</b>	<b>Evidence Number where this criteria has been met</b>
19	Maintain active co-ordination between detoxification services and subsequent rehabilitative care.	
20	Encourage individuals who have achieved abstinence to be assessed for suitable rehabilitation.	
21	Complete case closure documentation promptly and accurately for individuals who have achieved abstinence or left the programme.	

## Knowledge and Understanding — Why and how you do what you do in your job

You must provide evidence of your knowledge and understanding to meet all the 29 knowledge points for this Unit. The knowledge points are grouped under headings to assist you with planning how best to meet them.

Place the number of the piece of work where each knowledge point has been met in the 'evidence number' box after each point.

	<b>Knowledge and Understanding</b> <i>You need to know and understand:</i>	<b>Evidence Number</b> <b>where this knowledge point has been met</b>
1	How to pass information obtained during assessment or treatment to another agency in line with local protocols.	
2	How to prioritise requests for assessment according to their priority in line with your organisations criteria.	
3	How to involve individuals in the assessment of their needs.	
4	How to assess an individual's motivation and readiness to engage in a treatment programme.	
5	How to review assessments at appropriate intervals once an individual has commenced a programme of care.	
6	The importance of keeping full and accurate records, and how to do so.	
7	The principle of confidentiality: what information may be given to whom.	
8	Locally agreed criteria for admission of individuals to a detoxification programme.	
9	How to arrange for completion of comprehensive substance misuse and risk assessments.	
10	How to establish the appropriate level of urgency for admission to a detoxification programme.	

	<b>Knowledge and Understanding</b> <i>You need to know and understand:</i>	<b>Evidence Number</b> <b>where this knowledge</b> <b>point has been met</b>
11	Advice and information required by individuals prior to a detoxification programme.	
12	How to agree a contract of care, outlining the responsibilities of your organisation and the responsibilities of the individual during the detoxification programme.	
13	How to involve significant others and carers in an individuals detoxification programme.	
14	How to manage individuals' expectations of a detoxification programme.	
15	How to formulate a treatment and care plan for an individual.	
16	How to involve members of other service teams in planning and reviewing an individual's care plan.	
17	How to actively involve an individual in formulating and reviewing a care plan.	
18	Harm minimisation good practice including overdose prevention, safer injecting, contraception and safer sex.	
19	How to arrange for an individual to be tested for substance use, HIV and hepatitis.	
20	How to review expectations and plans with individuals who are not yet able to complete the detoxification programme.	
21	The available detoxification options, including substitute medications and regimes.	
22	Locally agreed criteria for selecting specific detoxification options.	
23	The evidence base for detoxification programmes and realistic expectations of outcomes.	

	<b>Knowledge and Understanding</b> <i>You need to know and understand:</i>	<b>Evidence Number where this knowledge point has been met</b>
24	How to deal with challenging, abusive, aggressive or chaotic behaviour.	
25	How to assess the risk to individuals and to others from their substance misuse and/or co-existent problems.	
26	The importance of regularly reviewing risk assessments.	
27	The signs and implications of a range of substance misuse related problems including drug use, alcohol use, psychological problems, physical problems, social problems and legal problems.	
28	Ways of keeping your knowledge about substances and indications of substance misuse up to date.	
29	How to understand the jargon used by substance misusers in your locality.	



The candidate and assessor must only sign below when all Performance Criteria and knowledge points have been met.

**Unit assessed as being complete**

<b>Candidate's name</b>	
<b>Candidate's signature</b>	
<b>Date submitted to Assessor as complete</b>	

<b>Assessor's name</b>	
<b>Assessor's signature</b>	
<b>Date assessed complete</b>	

**Internal Verification**

To be completed in accordance with centre's internal verifier (IV) strategy.

<b>Evidence for this Unit was sampled on the following date/s</b>	<b>Internal verifier's signature</b>	<b>Internal verifier's name</b>

This Unit has been subject to an admin check in keeping with the centre's IV strategy.

<b>Date of admin check</b>	<b>Internal verifier's signature</b>	<b>Internal verifier's name</b>

**Unit completion confirmed**

<b>Internal verifier's name</b>	
<b>Internal verifier's signature</b>	
<b>Date completed</b>	