

SFHCHS160 - SQA Code HC73 04

Assist others to monitor individuals' attempts at managing dysphagia



Overview

This standard covers working under the direction of an appropriate specialist, to support individuals participating in therapy programmes to restore or maintain optimum independence in the management of dysphagia.

Users of this standard will need to ensure that practice reflects up to date information and policies.

SFHCHS160 - SQA Code HC73 04

Assist others to monitor individuals' attempts at managing dysphagia

Performance criteria

You must be able to:

- P1 ensure the environment is suitable for open, confidential discussion and where the individual's progress can be evaluated
- P2 give the individual relevant information, support and reassurance in a manner which is sensitive to their needs and concerns
- P3 gain valid consent to carry out the planned activity
- P4 assist others in the care team to review with the individual the progress made since the previous monitoring session
- P5 work with the care team and the individual to identify and record:
 - P5.1 areas of positive progress and success
 - P5.2 specific difficulties arising
- P6 reinforce constructive feedback and advice provided by the care team in relation to the individual's approach/ability to manage their dysphagia
- P7 support and encourage the individual to maintain and enhance their efforts at managing dysphagia
- P8 reinforce the benefits of continuing to practice and develop their skills and knowledge of dysphagia
- P9 keep accurate, complete and legible records of the review in line with organisational policy and provide regular feedback to the individual's care team
- P10 promptly alert the care team to any issue or risks arising

SFHCHS160 - SQA Code HC73 04

Assist others to monitor individuals' attempts at managing dysphagia

Knowledge and understanding

You need to know and understand:

- K1 the current European and National legislation, national guidelines, organisational policies and protocols in accordance with Clinical/Corporate Governance which affect your work practice in relation to assisting others to monitor individuals' attempts at managing dysphagia
- K2 your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance
- K3 the duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer
- K4 why it is necessary to obtain informed consent prior to working with an individual and the methods used to achieve this where the individual is not able to give their informed consent directly
- K5 the actions you should take if adverse issues and risks emerge as a result of the monitoring and evaluation you undertake
- K6 the importance of regularly monitoring the individual's progress in relation to managing dysphagia
- K7 what is involved in assisting others to monitor an individual's progress and why it is important that this is carried out constructively and in a way that encourages the individual to continue
- K8 why you should seek to support and encourage the individual to promote their own health and wellbeing and how this might be achieved
- K9 the sorts of secondary difficulties that can arise in individuals suffering from dysphagia, how to recognise their emergence and what action you should take to deal with them
- K10 the importance of communication that is responsive to the needs of the individual
- K11 how to create a suitable environment for open and confidential discussion
- K12 the types of information that should be fed back to the individual's therapist and/or the rest of the care team, and when and how you should do this
- K13 your role in reviewing the individual's progress and the type of support the practitioner requires during this activity
- K14 the information that should be recorded and the importance of doing this contemporaneously
- K15 record keeping practices and procedures in relation to diagnostic and therapeutic programmes/treatments
- K16 anatomy and physiology relevant to maintaining a safe swallow
- K17 the main clinical causes of dysphagia
- K18 why the environment and support required by the individual is important

SFHCHS160 - SQA Code HC73 04

Assist others to monitor individuals' attempts at managing dysphagia

including:

K18.1 lighting

K18.2 heating

K18.3 environmental stimulus (i.e. distractions)

K18.4 posture and mechanical supports (i.e. pillows, standing frames, specialist seating)

K18.5 utensils, cutlery and feeding aids

K18.6 sensory aids (i.e. glasses, dentures, hearing aids)

K18.7 verbal and physical prompts

K18.8 rate of presentation of oral intake

K18.9 verbal and non-verbal cues from individual

K19 how an individual's medical and physical state may impact on their ability to swallow:

K19.1 sensory impairment

K19.2 loss of bodily function

K19.3 loss of cognition

K20 the sorts of issues and risks that can arise with dysphagia

K21 the main types of dysphagia and their presentation/identification

SFHCHS160 - SQA Code HC73 04

Assist others to monitor individuals' attempts at managing dysphagia

Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

The candidate and assessor must only sign below when all Performance Criteria and Knowledge points have been met.

Unit assessed as being complete

Candidate's Name:	
Candidate's Signature:	
Date submitted to assessor as complete:	

Assessor's Name:	
Assessor's Signature:	
Date assessed as complete:	

Internal Verification —

to be completed in accordance with centre's IV strategy

Evidence for this Unit was sampled on the following date/s:	IV's Signature	IV's Name

This Unit has been subject to an admin check in keeping with the centre's IV strategy.

Date of admin check	IV's Signature	IV's Name

Unit completion confirmed

IV's Name:	
IV's Signature:	
Date complete:	