

SFHCHS136 - SQA Code HC9G 04

Assist in the implementation of programmes and treatments with individuals who have severely restricted movement / mobility



Overview

This standard applies to anyone whose role requires them to assist the practitioner to support individuals who need significant assistance and who are unable to undertake the activities for themselves, for example as a result of a long term neurological or debilitating condition. Typical programmes and treatments could include 24-hour posture management, passive movement, respiratory care and control of oedema.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 obtain valid consent from the individual before working with them
- P2 correctly carry out the specified activities as directed and detailed within the individual's treatment plan
- P3 effectively monitor the individual's condition during and after the programme/treatment
- P4 seek prompt advice and assistance from a relevant contact where a programme activity or treatment called for is beyond the limits of your role
- P5 take appropriate and prompt action, in line with relevant protocols and guidelines, in response to any condition or behaviour which indicate adverse reaction to the programme/treatment, reporting this promptly to the appropriate member of the individual's care team
- P6 support and encourage the individual to promote their own health and wellbeing throughout the programme/treatment
- P7 keep accurate, complete and legible records of the programme activities undertaken and the individual's condition, in accordance with local policies and procedures
- P8 ensure that the individual is correctly positioned, taking into account the individual's condition, modesty and the treatment/programme to be carried out
- P9 feed back to the practitioner regularly or when there is a change in the individuals condition

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Knowledge and understanding

You need to know and understand:

- K1 the current European and National legislation, national guidelines, organisational policies and protocols in accordance with Clinical/Corporate Governance which affect your work practice in relation to assisting in the implementation of programmes and treatments with individuals who have severely restricted movement/mobility
- K2 your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance
- K3 the duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer
- K4 why it is necessary to obtain consent prior to working with an individual and the methods used to achieve this where the individual is not able to give their consent directly
- K5 the reasons why it is important to report signs of adverse reaction and the potential consequences of not doing so promptly
- K6 the policies and guidance which clarify your scope of practice and the relationship between yourself and the practitioner in terms of delegation and supervision
- K7 policies and guidance relating to the moving and positioning of individuals and the impact they have upon your work
- K8 the main types of programmes and treatments carried out with people who have restricted mobility and movement and the reasons for using them
- K9 why you should seek to support and encourage the individual to promote their own health and wellbeing and how this might be achieved
- K10 the factors that facilitate an effective and collaborative working relationship
- K11 the signs of adverse reaction to different programmes and treatment
- K12 the equipment and materials which can be used in relation to different programmes and treatments and the uses of each
- K13 the potential dangers associated with programmes, equipment and materials and the actions you should take to avoid them
- K14 what is involved in monitoring an individual's condition and why it is important that this is carried out accurately
- K15 the actions you should take if adverse reactions are shown
- K16 the information that should be recorded and the importance of doing this as near contemporaneously as possible
- K17 record keeping practices and procedures in relation to diagnostic and therapeutic programmes/treatments

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- K18 the sort of information that might be needed by the practitioner prior to or during the course of a programme or treatment
- K19 the physiological benefits of movement
- K20 the basic anatomy and physiology of the skin and the principles of pressure area care
- K21 the principles of 24-hour posture management
- K22 the basic anatomy and physiology of the lungs
- K23 the basic reaction to pain within the body
- K24 what types of information it is appropriate to give others about an individual's programme and treatment

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

The candidate and assessor must only sign below when all Performance Criteria and Knowledge points have been met.

Unit assessed as being complete

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|--|--|
| Candidate's Name: | |
| Candidate's Signature: | |
| Date submitted to assessor as complete: | |

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|-----------------------------------|--|
| Assessor's Name: | |
| Assessor's Signature: | |
| Date assessed as complete: | |

Internal Verification —

to be completed in accordance with centre's IV strategy

| Evidence for this Unit was sampled on the following date/s: | IV's Signature | IV's Name |
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This Unit has been subject to an admin check in keeping with the centre's IV strategy.

| Date of admin check | IV's Signature | IV's Name |
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Unit completion confirmed

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| IV's Name: | |
| IV's Signature: | |
| Date complete: | |