

LSI YW19(SQA Unit Code-HD9F 04)

Work with young people to safeguard their own welfare



Overview

This standard is about working with young people towards understanding their own environment and lifestyle choices, and safeguarding their own welfare.

It includes assisting young people to identify, assess and address hazards in their environment and risks associated with their lifestyle, as well as encouraging and enabling young people to take responsibility for addressing those risks.

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Performance criteria

- You must be able to:*
- P1 work with young people to identify potential hazards associated with their environment, and establish the associated risks to their own welfare associated with lifestyle
 - P2 work with young people to identify sources of support, and actions which they can take, to address the risks identified
 - P3 assist young people to develop practices designed to safeguard their own welfare and which are in line with their abilities and organisational procedures
 - P4 agree with young people clear and concise ground rules for youth work designed to maintain their physical and emotional safety, in line with own organisation's procedures and own responsibilities
 - P5 encourage young people to be responsible for their own safety and that of others
 - P6 identify signs of distress in young people, and respond to these promptly, sensitively, in line with applicable legal and own organisational procedures
 - P7 ensure that own personal conduct promotes the physical and emotional welfare of self and other people
 - P8 report promptly any hazards and practices that present a high risk to the relevant person
 - P9 work in accordance with legal and organisational requirements and procedures

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Knowledge and understanding

You need to know and understand:

- K1 legal and organisation's requirements and practices relating to duty of care, health, safety and protection of individuals and communities
- K2 definition of a hazard to individual welfare, and the typical types of hazards affecting young people, including those associated with the environment, activities, practices and behaviour
- K3 the principal types of risks affecting young people's physical health and safety, and their emotional welfare within the local community
- K4 risks and hazards that may occur when young people access new forms of media, such as cyber-bullying and online harassment
- K5 own scope and responsibility for identifying and managing risks, and to whom to refer any risks outside own area of responsibility
- K6 the importance of self-worth and self-esteem to young people in managing risks within their lives
- K7 the importance of encouraging young people to take responsibility for their own safety
- K8 how to negotiate and agree safety ground rules for youth work with young people
- K9 sources of advice and guidance on risks to young people
- K10 signs that indicate distress in young people
- K11 active comprehension techniques, including summarising and clarifying
- K12 own organisation's and legal procedures regarding confidentiality and reportable disclosures
- K13 the values and principles underpinning youth work

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Additional Information

Values

Working with representatives of the sectors within youth work, LSIS has agreed a suite of values and principles which distinguish youth work from other, sometimes related, activities involving young people. These values and principles are at the core of the work undertaken within youth work and underpin this standard. The behaviours required within this standard include those which reflect particular values and principles.

Behaviours

1. Treat young people with respect
2. Use appropriate forms and styles of communication, suited to the needs and abilities of young people
3. Actively comprehend, reflect and respond constructively, and sensitively, to any concerns
4. Promote openness and trust
5. Encourage questions, and answer these fully and honestly
6. Respect the need for confidentiality
7. Provide young people with a safe environment in which to explore their beliefs, ideas and issues

Glossary

Lifestyle choices in this standard refers to choices which affect well-being, such as diet, level of physical activity, substance abuse, social and personal interactions

Well-being includes general health, as well as personal, social mental and physical health, sexual health and substance misuse

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