

LSI YW14(SQA Unit Code-HE01 04)

Facilitate young people's exploration of their values and beliefs



Overview

This standard is about working with young people to facilitate the exploration of their values and beliefs, in relation to themselves and others.

The exploration of values and beliefs can cover a broad spectrum of topics such as: community, cultural values, discrimination, environment, ethics, faith, global issues, health, ideological beliefs, inter- and intra- group or community conflict, morality, philosophical beliefs, political views, relationships, religious beliefs and spirituality, including convictions of non-belief.

The standard includes enabling young people to increase the sense of their own value through self-awareness and to build their self-esteem. It facilitates young people to think critically about the values and beliefs they hold, how they have acquired these and to understand the positive and negative effects these may have on their lives and the lives of others.

As youth work strives to make an active contribution to the development of a society with different characteristics and diverse views, the exploration of values and beliefs must be conducted within the context of promoting good relations and equality of opportunity for all.

This standard is for all youth workers. It can be interpreted and applied as appropriate to the context in which youth workers operate and it is not intended to be restrictive or exclusive.

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Performance criteria

- You must be able to:*
- P1 explore with young people what is meant by 'values' and 'beliefs' and the connections and differences between them
 - P2 help young people understand the place of nature, nurture, context and community in the development of 'values' and 'beliefs'
 - P3 ensure that the environment within which the exploration takes place is safe and appropriate for self and the young people
 - P4 enable young people to explore values and beliefs different from their own
 - P5 enable young people to understand how values and beliefs impact issues of 'right' and 'wrong'
 - P6 recognise how own values and beliefs may influence interactions with young people
 - P7 enable young people to explore their values and beliefs, without imposing own values upon them
 - P8 explore with young people the choices they can make regarding their values and beliefs
 - P9 build trust with young people to enable them to explore the implications of their values and beliefs upon themselves, their behaviour and how others may respond to them
 - P10 enable young people to share understandings of values and beliefs without imposing these upon others
 - P11 explore with young people how values and beliefs contribute to positive or negative self-confidence, self-image and self-esteem
 - P12 encourage young people to celebrate success, congratulate each other and to build others' self-esteem
 - P13 encourage young people to shape their values and beliefs to reflect how and who they want to be
 - P14 meet the values and principles underpinning youth work when working with young people to explore and develop their values and beliefs.

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Knowledge and understanding

You need to know and understand:

- K1 what is meant by 'values and beliefs', and why it is important to encourage young people to explore their own values and beliefs
- K2 why it is important to be aware of own values and beliefs, and to be prepared to discuss them
- K3 the relationship of values to issues of 'right' and 'wrong'
- K4 the importance of building trust with young people in order to have conversations about values and beliefs, and how to establish trust
- K5 values and beliefs that young people may encounter that can influence their own values and beliefs, including ethnic and social cultures, ideological, spiritual, philosophical, political beliefs and convictions of non-belief
- K6 differing contexts, cultures and perspectives regarding values operating within young people's communities, in wider society and nationally
- K7 the relationship between values, beliefs and behaviour
- K8 techniques and activities which encourage young people to become more self-aware and recognise their self-image
- K9 the potential effects and consequences of positive or negative self-confidence, self-image, and self-esteem
- K10 the importance of respecting the right of a young person to hold a view of the world and themselves
- K11 activities and techniques that can provide young people with a sense of success and self-worth
- K12 the values and principles which underpin youth work

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Additional Information

Values

Working with representatives of the sectors within youth work, LSIS has agreed a suite of values and principles which distinguish youth work from other, sometimes related, activities involving young people. These values and principles are at the core of the work undertaken within youth work and underpin this standard. The behaviours required within this standard include those which reflect particular values and principles.

Behaviours

1. Treat young people with respect
2. Recognise the young person as a partner in the learning process, acknowledging their insights and input
3. Encourage young people to express how they feel, and accept their view of themselves
4. Value young people for what they are, and what they can offer
5. Respect and value individual differences
6. Work according to the values and principles which underpin youth work

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Suite Youth Work

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