

## Provide specialist skin camouflage services

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### Overview

This standard is about providing specialist skin camouflage services to address a wide range of conditions, to restore the skin's colouring to match the unaffected skin tone. It also covers the use of a variety of specialist camouflage products, together with client instruction in the application, maintenance and removal of their own skin camouflage.

To carry out this standard you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and demonstrate effective communication and consultation skills.

The main outcomes of this standard are:

1. maintain safe and effective methods of working when providing specialist skin camouflage
2. consult, plan and prepare for specialist skin camouflage
3. carry out specialist skin camouflage
4. instruct and advise the client on skin camouflage techniques
5. evaluate the success of instruction

Provide specialist skin camouflage services

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## Performance criteria

You must be able to:

### **Maintain safe and effective methods of working when providing specialist skin camouflage**

1. maintain your responsibilities for health and safety throughout the service
2. prepare your client and yourself to meet legal and organisational requirements
3. respect your client's modesty, privacy and any sensitivities to their personal appearance
4. position your client to meet the needs of the service without causing them discomfort
5. ensure your own posture and working methods minimise fatigue and the risk of injury to yourself and others
6. ensure environmental conditions are suitable for the client and the service
7. keep your work area clean and tidy throughout the service
8. use working methods that minimise the risk of cross-infection
9. ensure the use of clean equipment and materials
10. promote environmental and sustainable working practices
11. follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
12. dispose of waste materials to meet legal requirements
13. complete the service within a commercially viable time

### **Consult, plan and prepare for specialist skin camouflage**

14. use **consultation techniques** to determine the client's service plan
15. ensure that informed and signed parent or guardian consent is obtained for minors prior to any service
16. ensure that a parent or guardian is present throughout the service for minors under the age of 16
17. recognise any contra-indications and take the **necessary action**
18. identify and agree the skin **camouflage needs** and the **area to be camouflaged** with the client
19. obtain signed, informed consent from the client prior to carrying out the service
20. ensure the client understands the limitations of skin camouflage

### **Carry out specialist skin camouflage**

21. apply compatible skin care products and a complementary colour before the

Provide specialist skin camouflage services

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skin camouflage application

22. use **application tools**, techniques and **camouflage products** which are best suited to the client and their skin **camouflage needs**
23. establish an acceptable colour match on the **area to be camouflaged** to restore the skin colouration to the surrounding skin tone
24. ensure **camouflage products** are applied to achieve the required density, colour and effect
25. apply compatible cosmetic and skin care products after the skin camouflage application
26. give your client **advice and recommendations** on the service provided
27. ensure the client's records are completed and signed by you and the client

**Instruct and advise the client on skin camouflage techniques**

28. discuss and recommend **camouflage products** and application tools and techniques to meet the client's skin **camouflage needs**
29. demonstrate application on the **area to be camouflaged** and check the client's understanding
30. use **instructional techniques** which are delivered at a pace suitable for the client
31. guide the client through self-application and removal of the skin **camouflage product**
32. guide the client on how to select and apply compatible cosmetic and skin care products, for use under or over their camouflage
33. allow the client time to practise skin camouflage techniques on themselves
34. provide the client with opportunities to give feedback, ask questions and seek clarification
35. remind the client on the need to seek medical opinion if any lesions, moles, or conditions change
36. remind the client that they should discontinue the use of **camouflage product** until medical opinion is sought

**Evaluate the success of instruction**

37. ask your client to make an evaluation of their own learning and provide any additional instructions to meet their needs
38. ask your client questions on the delivery of the instruction process and record their feedback
39. use client feedback to make improvements to your own skin camouflage **instructional techniques** and delivery

Provide specialist skin camouflage services

## Knowledge and understanding

You need to know and understand:

### Maintain safe and effective methods of working when providing specialist skin camouflage

1. your responsibilities for **health and safety** as defined by any specific legislation covering your job role
2. the legal and organisational requirements for client preparation
3. the legal and organisational requirements for your own personal hygiene, protection and appearance
4. safe positioning techniques for yourself and your client for optimum skin camouflage application
5. the necessary environmental conditions for services, such as heating and ventilation and why these are important
6. why it is important to keep your work area clean and tidy
7. methods of cleaning, disinfection and sterilisation
8. methods of working safely and hygienically and which minimise the risk of cross-infection
9. the different types of working methods that promote **environmental and sustainable working practices**
10. the hazards and risks which exist in your workplace and the safe working practices which you must follow
11. suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow
12. the legal requirements for waste disposal
13. the reasons for completing the service in a commercially viable time

### Consult, plan and prepare for specialist skin camouflage

14. why it is important to communicate with clients in a professional manner
15. how to complete a consultation taking into account the client's **diverse needs**
16. the legal requirements for providing treatment to minors under 16 years of age
17. the age at which an individual is classed as a minor and how this differs nationally
18. the importance of agreeing the service that meets the client's needs
19. the legal significance of gaining signed, informed client consent to carry out the service
20. the legislative requirements for storing and protecting client data

Provide specialist skin camouflage services

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21. how to recognise **contra-indications that would prevent or restrict** the service
22. the **contra-indications requiring medical referral** and why
23. the necessary action to take in relation to specific contra- indications when referring clients
24. the reasons for not naming specific contra-indications when referring clients
25. why it is important to avoid intrusive questioning techniques
26. why it is important to respect the client's modesty, privacy and any sensitivities relating to their own appearance
27. your own limitations when dealing with clients requiring specialist skin camouflage services
28. why clients must appreciate the limitations of skin camouflage and have realistic expectations of the camouflage result

**Carry out skin specialist skin camouflage**

29. why it is important to test for a skin colour match on a small area
30. the reasons for applying a complementary colour prior to the skin match
31. the range and availability of skin camouflage products and where they can be sourced
32. the selection and application of products to meet the needs of individual conditions
33. the principles of colour theory
34. the attributes and limitations of skin camouflage products
35. the different properties in skin camouflage products
36. the compatibility and limitations of other cosmetic and skin care products used in conjunction with skin camouflage
37. the compatibility and limitations of **other treatments** used in conjunction skin camouflage
38. the different skin types and skin characteristics
39. the structure and functions of the skin
40. the causes and appearance of **skin conditions likely to need camouflage**
41. the photosensitivity of skin and how it differs in different skin groups such as the Fitzpatrick Classification System
42. the characteristics of different types of scar tissue
43. the importance of understanding such conditions as body dysmorphia
44. the psychological effects of a changed image on the client
45. the correct psychological approach when working with people requiring skin camouflage
46. possible contra-actions which may occur, how to deal with them and what

Provide specialist skin camouflage services

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advice to give to clients

47. the benefits of keeping your own reference materials on camouflage applications and conditions

**Instruct, advise and evaluate the service**

48. how to plan skin camouflage instruction sessions

49. methods of **presenting information and instructions**

50. methods of demonstrating skin camouflage application techniques and use of tools and equipment

51. how to match instruction with individual clients' learning needs when applying skin camouflage

52. ways of checking the clients' understanding and their ability to carry out skin camouflage application on themselves

53. how to adapt and tailor your skin camouflage instruction to meet individual needs

54. aftercare advice on preservation, maintenance and removal of skin camouflage

55. the **advice and recommendations** on products and services

56. different methods of evaluating the success of skin camouflage instructional activities

57. the most suitable methods of gaining and recording feedback from skin camouflage instructional activities

Provide specialist skin camouflage services

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**Scope/range related to performance criteria**      **Consultation techniques**

1. questioning
2. listening
3. visual
4. manual
5. written

**Necessary action**

1. encouraging the client to seek medical advice
2. explaining why the camouflage application cannot be carried out
3. modification of the camouflage service

**Camouflage needs**

1. tattoos
2. atrophic scar tissue
3. hypertrophic scar tissue
4. keloid scar tissue
5. hyperpigmentation
6. hypopigmentation
7. erythema
8. bruising

**Area to be camouflaged**

1. head or neck
2. chest or shoulders
3. limbs
4. back
5. abdomen

**Application tools**

1. brushes
2. fingers
3. sponges

Provide specialist skin camouflage services

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3. velour puffs

### **Camouflage products**

1. camouflage creams
2. camouflage powders
3. setting products
4. skin stains

### **Advice and recommendations**

1. suitable aftercare products and their uses
2. avoidance of activities which may cause contra-actions
3. durability and removal of camouflage products
4. future treatment needs

### **Instructional techniques**

1. skills demonstration
2. verbal explanation
3. use of written instructions



Provide specialist skin camouflage services

**Scope/range related to knowledge and understanding** **Health and safety**

1. Health and Safety at Work Act
2. The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)
3. The Health and Safety (First Aid) Regulations
4. The Regulatory Reform (Fire Safety) Order
5. The Manual Handling Operations Regulations
6. The Control of Substances Hazardous to Health Regulations (COSHH)
7. The Electricity at Work Regulations
8. The Environmental Protection Act
9. The Management of Health and Safety at Work Regulations
10. The Health and Safety (Information for Employees) Regulations

**Environmental and sustainable working practices**

1. reducing waste and managing waste (recycle, reuse, safe disposal)
2. reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)
3. reducing water usage and other resources
4. preventing pollution
5. using disposable items
6. using recycled, eco-friendly furniture
7. using low chemical paint
8. using environmentally friendly product packaging
9. choosing responsible domestic products (Fairtrade tea and coffee)
10. encouraging carbon reducing journeys to work

**Diverse needs**

1. cultural
2. religious
3. age
4. disability
5. gender

**Contra-indications that would prevent or restrict**

Provide specialist skin camouflage services

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1. abrasions
2. open wounds
3. rashes
4. sutures

**Contra-indications requiring medical referral**

1. structural changes in the area to be camouflaged
2. suspicious lesions, including moles
3. infections
4. clinically undiagnosed skin conditions

**Other treatments**

1. topical treatment
2. medical treatments
3. beauty therapy treatment
4. holistic therapy treatment

**Skin conditions likely to need camouflage**

1. hypopigmentation such as vitiligo
2. stretch marks
3. hyperpigmentation such as melasma
4. age spots
5. erythema such as acne rosacea
6. thread veins
7. scarring

**Presenting information and instructions**

1. pictorially
2. verbally
3. logical sequencing
4. presenting small amounts of information at a time

**Advice and recommendations**

Provide specialist skin camouflage services

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1. additional services
2. additional products
3. other products which can be used in conjunction with skin camouflage
4. products/substances/environments which should be avoided
5. camouflage product maintenance
6. camouflage product removal
7. products for home use

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### Values

The following key values underpin the delivery of services in the beauty, nails and spa sectors

1. a willingness to learn
2. a flexible working attitude
3. a team worker
4. a positive attitude
5. personal and professional ethics

### Behaviours

The following behaviours underpin the delivery of services in the beauty, nails and spa sectors. These behaviours ensure that clients receive a positive impression of both the organisation and the individual

1. meeting the organisation's standards of behaviour
2. greeting the client respectfully and in a friendly manner
3. communicating with the client in a way that makes them feel valued and respected
4. treating the client courteously and helpfully at all times
5. adapting behaviour to respond effectively to different client behaviour
6. checking with the client that you have fully understood their expectations
7. responding promptly and positively to the client's questions and comments
8. recognising information that the client might find complicated and checking whether they fully understood
9. meeting both organisational and industry standards of appearance.

### Skills

The following key skills underpin the delivery of services in the beauty, nails and spa sectors

1. the ability to self-manage
2. excellent verbal and non-verbal communication
3. using the most appropriate ways of communicating with a client
4. responding promptly to a client seeking assistance
5. quickly locating information that will help the client
6. providing the client with information they need about services and products offered by the organisation

### Glossary

#### **Atrophic scar tissue**

Scar tissue that is lower than the surrounding skin; an indented scar.

#### **Attributes of skin camouflage products**

The positive effects of using camouflage products, such as being waterproof and providing a sunblock.

### **Erythema**

Redness to the skin caused by irritation, or injury to the tissue.

### **Fitzpatrick Classification System**

Devised in 1975 at Harvard University, this is a skin classification system, measured on a scale of 1 to 6, based on photosensitivity reaction to ultra violet radiation.

### **Hypertrophic scar tissue**

Scar tissue that is higher than the surrounding skin; a protruding scar.

### **Hyperpigmentation**

Excessive colouration in comparison to the surrounding skin due to excess melanin (for example age spots, freckles, stretch marks, sun tan, melasma and chloasma).

### **Hypopigmentation**

Loss of colouration in comparison to the surrounding skin area (for example leucoderma, stretch marks, scarring, vitiligo).

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<b>Developed by</b>	SkillsActive
<b>Version Number</b>	2
<b>Date Approved</b>	April 2015
<b>Indicative Review Date</b>	June 2020
<b>Validity</b>	Current
<b>Status</b>	Original
<b>Originating Organisation</b>	SkillsActive
<b>Original URN</b>	SKAB22
<b>Relevant Occupations</b>	Make-up artists; make-up specialist; skin camouflage specialist
<b>Suite</b>	Beauty Therapy
<b>Keywords</b>	specialist; skin camouflage