
Overview

This standard is about designing and creating individual nail art to suit the client and occasion. It covers consulting with the client, recognising any contra-indications, preparing for the service and creating a nail art design using a range of nail art products and techniques.

To carry out this standard you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and demonstrate effective communication and consultation skills.

The main outcomes of this standard are:

1. maintain safe and effective methods of working when providing nail art designs
2. consult, plan and prepare for the nail art
3. apply nail art design

Design and create nail art

Performance criteria

You must be able to:

Maintain safe and effective methods of working when providing nail art designs

1. maintain your responsibilities for health and safety throughout the service
2. prepare your client and yourself to meet legal and organisational requirements
3. position your client to meet the needs of the service
4. ensure your own posture and working methods minimise fatigue and the risk of injury to yourself and others
5. ensure environmental conditions are suitable for the client and the service
6. keep your work area clean and tidy throughout the service
7. use working methods that minimise the risk of cross-infection
8. ensure the use of clean equipment and materials
9. promote environmental and sustainable working practices
10. follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
11. dispose of waste materials to meet legal requirements
12. complete the service within a commercially viable time

Consult, plan and prepare for the nail art

13. use **consultation techniques** to determine the client's service plan
14. ensure that informed and signed parent or guardian consent is obtained for minors prior to any service
15. ensure that a parent or guardian is present throughout the service for minors under the age of 16
16. recognise any contra-indications and take the **necessary action**
17. agree the nail service and outcomes that meet the client's needs
18. obtain signed, informed consent from the client prior to carrying out the service
19. identify the condition of the nails and skin
20. select and agree with the client nail art **design** and **techniques** to suit their nail shape and condition

Apply nail art design

21. use tools and **products** to prepare the nail for nail art design
22. select nail art **products** and tools required for the agreed nail art **design** and **techniques**

Design and create nail art

23. apply nail art base to suit the **design** requirements
24. apply nail art **techniques** and **products** in the required sequence to achieve the nail art **design**
25. seal the nail art **design**, leaving the cuticle and nail wall free from product
26. ensure the finished **design** is to the client's satisfaction and meets the agreed design plan
27. give your client **advice and recommendations** on products and services
28. ensure the client's records are completed and signed by you and the client

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Knowledge and understanding

You need to know and understand:

Maintain safe and effective methods of working when providing nail art designs

1. your responsibilities for **health and safety** as defined by any specific legislation covering your job role
2. the legal and organisational requirements for client protection and preparation
3. the legal and organisational requirements for your own personal hygiene, protection and appearance
4. safe positioning techniques for yourself and your client and why using these are important
5. the necessary environmental conditions for services, such as heating and ventilation and why these are important
6. why it is important to keep your work area clean and tidy
7. methods of cleaning, disinfection and sterilisation
8. methods of working safely and hygienically and which minimise the risk of cross-infection
9. the different types of working methods that promote **environmental and sustainable working practices**
10. the contra-actions that may occur, how to deal with them and what advice to give to clients
11. the hazards and risks which exist in your workplace and the safe working practices which you must follow
12. suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow
13. the legal requirements for waste disposal
14. the reasons for completing a service in a commercially viable time

Consult, plan and prepare for the nail art

15. the importance of communicating with clients in a professional manner
16. how to complete a consultation taking into account client's **diverse needs**
17. the legal requirements for providing treatment to minors under 16 years of age
18. the age at which an individual is classed as a minor and how this differs nationally
19. the reasons for agreeing a service that meets the client's needs

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20. the legal significance of gaining signed, informed client consent to service
21. the legislative requirements for storing and protecting client data
22. how to recognise **contra-indications** that would prevent or restrict the service
23. the contra-indications requiring medical referral and why
24. the reasons for not naming specific contra-indications when referring clients
25. how to conduct a nail and skin analysis

Apply nail art design

26. the different methods used to prepare the nails for nail art application
27. the different types of techniques used within nail art services and how to carry them out
28. the range and use of nail art products and tools
29. the importance of understanding colour theory
30. how to select and combine colours to complement the design
31. the reasons and benefits of applying a nail art base prior to particular nail art designs
32. the range of creative nail designs available to clients
33. how the client's **nail shape** and condition of the client's nails can limit the design choice
34. how to select, blend and mix products and colours
35. how to select, adapt and create nail art designs to suit different occasions
36. the adaptations that can be used to make nail art designs and techniques more commercial
37. the reasons for sealing the final nail art design
38. the benefits of creating a design portfolio to promote nail art designs
39. how current fashion trends can impact on nail art designs
40. the **structure of the nail**
41. the process of **nail growth**
42. the structure and function of the skin
43. possible **contra-actions** that could occur how to deal with them and what advice to give to clients
44. the **advice and recommendations** on products and service

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Scope/range related to performance criteria

Consultation techniques

1. questioning
2. listening
3. visual
4. manual
5. written

Necessary action

1. encouraging the client to seek medical advice
2. explaining why the service cannot be carried out
3. modifying the service

Design

1. 3D
2. 2D
3. embedding
4. alternative tip shapes

Techniques

1. custom blending
2. colour fading
3. marbling
4. painting
5. imprinting

Products

1. fabrics
2. glitters
3. jewels
4. decals
5. embellishments
6. coloured powders
7. coloured UV gels

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Advice and recommendations

1. suitable aftercare products and their uses
2. avoidance of activities which may cause contra-actions
3. time intervals between services
4. present and future products and services

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Scope/range related to knowledge and understanding **Health and safety**

1. Health and Safety at Work Act
2. The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)
3. The Health and Safety (First Aid) Regulations
4. The Regulatory Reform (Fire Safety) Order
5. The Manual Handling Operations Regulations
6. The Control of Substances Hazardous to Health Regulations (COSHH)
7. The Electricity at Work Regulations
8. The Environmental Protection Act
9. The Management of Health and Safety at Work Regulations
10. The Health and Safety (Information for Employees) Regulations

Environmental and sustainable working practices

1. reducing waste and managing waste (recycle, reuse, safe disposal)
2. reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)
3. reducing water usage and other resources
4. preventing pollution
5. using disposable items
6. using recycled eco-friendly furniture
7. using low chemical paint
8. using environmentally friendly product packaging
9. choosing responsible domestic products (Fairtrade tea and coffee)
10. encouraging carbon reducing journeys to work

Diverse needs

1. cultural
2. religious
3. age
4. disability
5. gender

Contra-indications which prevent

1. fungal infections
2. viral infections

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3. parasitic infections
4. severe skin conditions
5. severely bitten nails

Contra-indications which restrict

1. bacterial infections
2. psoriasis
3. dermatitis
4. severe nail separation
5. broken bones
6. unknown redness or swelling
7. damaged nails

Nail shape

1. fan
2. hook
3. spoon
4. oval
5. square

Structure of the nail

1. nail plate
2. nail bed
3. matrix
4. cuticle
5. lunula
6. hyponychium
7. eponychium
8. nail wall
9. free edge
10. lateral nail fold

Nail growth

1. nail formation
2. growth rate
3. factors affecting growth

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4. the effects of damage on growth
5. nail thickness

Contra-actions

1. allergic reactions
2. premature loss of nail art design
3. damage to the nail art design

Advice and recommendations

1. additional services
2. additional products
3. the aftercare and maintenance requirements to ensure longevity of the design

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Values

The following key values underpin the delivery of services in the beauty, nails and spa sectors

1. a willingness to learn
2. a flexible working attitude
3. a team worker
4. a positive attitude
5. personal and professional ethics

Behaviours

The following behaviours underpin the delivery of services in the beauty, nails and spa sectors. These behaviours ensure that clients receive a positive impression of both the organisation and the individual

1. meeting the organisation's standards of behaviour
2. greeting the client respectfully and in a friendly manner
3. communicating with the client in a way that makes them feel valued and respected
4. treating the client courteously and helpfully at all times
5. adapting behaviour to respond effectively to different client behaviour
6. checking with the client that you have fully understood their expectations
7. responding promptly and positively to the client's questions and comments
8. recognising information that the client might find complicated and checking whether they fully understood
9. explaining clearly to the client any reasons why their needs or expectations cannot be met
10. maintaining effective, hygienic and safe working methods
11. adhering to workplace, suppliers' and manufacturers' instructions for the safe use of equipment materials and products
12. meeting both organisational and industry standards of appearance.

Skills

The following key skills underpin the delivery of services in the beauty, nails and spa sectors

1. the ability to self-manage
2. excellent verbal and non-verbal communication
3. using the most appropriate ways of communicating with a client
4. responding promptly to a client seeking assistance
5. quickly locating information that will help the client
6. providing the client with information they need about services and products offered by the organisation

Glossary

Custom blending

A mix of products to create a unique colour or effect.

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Colour fading

A blend of two or more colours to create a gradient colour effect.

Embellishments

An embellishment is anything that decorates and adds interest to a design.

Fabric

Fabric used to imprint or embed into the nail art designs.

Marbling

Two or more colours to create a marbled effect using a range of products.

Imprinting

A range of techniques that can emboss a design or imprint.

Painting nail art techniques

A range of nail art techniques, which could include the use of freehand, brushes, textured sponges and colour shapers, which are a range of tools to create different painting effects.

Design and create nail art

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