

Higher National Unit Specification

General information for centres

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

Unit code: DN6E 34

Unit purpose: This Unit is designed to enable candidates to keep up to date with a variety of contemporary aesthetic treatments that are currently in vogue within the beauty industry. The Unit is designed to be flexible and should be updated regularly according to current trends. This Unit is suitable for candidates wishing to pursue or further their career within the Beauty Therapy sector.

On completion of the Unit the candidate should be able to:

1. Consult with clients to provide contemporary aesthetic treatments.
2. Prepare to carry out contemporary aesthetic treatments.
3. Perform contemporary aesthetic treatments.
4. Provide aftercare for contemporary aesthetic treatments.

Credit points and level: 1 HN credit at SCQF level 7: (8 SCQF credit points at SCQF level 7*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Recommended prior knowledge and skills: Access to this Unit is at the discretion of the centre.

Core skills: There may be opportunities to gather evidence towards core skills in this Unit, although there is no automatic certification of core skills or core skills components.

Context for delivery: This is an optional unit in the framework for HNC/HND Beauty Therapy. If this Unit is delivered as part of a group award, it is recommended that it should be taught and assessed within the subject area of the group award to which it contributes.

Assessment: Evidence for this Unit should be generated through practical demonstrations and written assessment/s.

The practical elements of the Unit can be assessed holistically.

General information for centres (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

Practical demonstrations are required for three contemporary aesthetic treatments. Candidates will be observed:

- ◆ carrying out client consultation
- ◆ preparation of treatment room, client and self
- ◆ performance of treatment
- ◆ delivery of aftercare advice

There will be a closed book assessment under controlled conditions of no more than one hour.

An open book assignment — maximum of 2000 words.

A written assignment should:

- ◆ include research on the companies and products available for each of the three chosen contemporary aesthetic treatments
- ◆ be completed over a period of time to enable the candidate to carry out the research required

Higher National Unit specification: statement of standards

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

Unit code: DN6E 34

The sections of the Unit stating the Outcomes, knowledge and/or skills, and evidence requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the knowledge and/or skills section must be taught and available for assessment. Candidates should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Consult with clients to provide contemporary aesthetic treatments

Knowledge and/or skills

- ◆ Types of treatment
- ◆ Contra-indications to specific treatments
- ◆ Reasons for choice of specific treatments
- ◆ the ability to explain the processes and effects of the chosen treatments
- ◆ Confirmation of the treatment plan with the client
- ◆ Sensitive interaction with the client
- ◆ Compilation of clear records of the consultation

Evidence requirements

Candidates will need to provide evidence to demonstrate their knowledge and/or skills by showing that they can:

- ◆ carry out client consultation and devise appropriate treatment plans for three contemporary aesthetic treatments
- ◆ clearly identify the purpose and limitations of each of the treatments taking into account the contra-indications to treatment

The assessment should take the form of a written assessment in closed book conditions lasting one hour where the candidate will be required to show knowledge of contra-indications and reasons for treatments specific to three chosen treatments

Observation checklists will be used to record evidence of candidates carrying out consultations with clients for the three chosen treatments.

An open book assignment — maximum of 2000 words and should include:

- ◆ research on the companies and products available for each of the three chosen contemporary aesthetic treatments
- ◆ be completed over a period of time to enable the candidate to carry out the research required

Higher National Unit specification: statement of standards (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

Assessment guidelines

The types of treatment outlined in the Support Notes should be constantly updated to take account of emerging trends.

The observation of the practical aspects of Outcomes 2, 3 and 4 will normally be addressed in conjunction with this consultation process.

Research on the companies and products available for each of the three chosen treatments

Outcome 2

Prepare to carry out contemporary aesthetic treatments

Knowledge and/or skills

- ◆ Prepare treatment environment in accordance with health and safety legislation
- ◆ Ensure adequate ventilation, warmth and privacy
- ◆ Candidate is prepared for delivery of treatment in terms of personal hygiene, dress and general appearance
- ◆ Client is correctly prepared for treatment
- ◆ Positioning of client is appropriate in relation to the treatment

Evidence requirements

Candidates will need to provide evidence to demonstrate their skills and/or knowledge by showing that they can:

- ◆ prepare the treatment area adequately and correctly taking into account the health and safety legislation directly related to the individual treatments
- ◆ take account of client comfort and safe working heights/positioning whilst giving clear instruction to the client throughout the preparatory stages
- ◆ be appropriately attired in accordance with industry and establishment dress code

Observation checklists will be used to record evidence of candidates preparing the treatment area, client and self for the three chosen treatments.

Assessment guidelines

This Outcome can be assessed holistically with Outcomes 3 and 4 and with the practical aspects of Outcome 1.

Higher National Unit specification: statement of standards (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

Outcome 3

Perform contemporary aesthetic treatments

Knowledge and/or skills

- ◆ Methods used should relate to the original treatment plan
- ◆ Safe practice should be evident throughout
- ◆ Timing and sequence should be appropriate for the chosen treatment
- ◆ Products/treatments should be applied correctly and in accordance with manufacturer's instructions
- ◆ Client comfort is maintained throughout

Evidence requirements

Candidates will need to provide evidence to demonstrate their knowledge and/or skills by showing that they can:

- ◆ carry out the treatment chosen for the client safely and within appropriate time constraints
- ◆ apply the treatments and products according to the manufacturers' instructions
- ◆ maintain comfort of the client for the duration of the process

Observation checklists will be used to record evidence of candidates performing the three chosen treatments.

Assessment guidelines

This Outcome can be assessed holistically with Outcomes 2 and 4 and with the practical aspects of Outcome 1.

Outcome 4

Provide aftercare for contemporary aesthetic treatments

Knowledge and/or skills

- ◆ Deliver aftercare and homecare advice relevant to specific requirements
- ◆ Evaluate the effectiveness of the treatment
- ◆ Record details of the outcome of the treatment accurately
- ◆ Confirm future treatment plans with the client

Evidence requirements

Candidates will need to provide evidence to demonstrate their skills and/or knowledge by showing that they can:

- ◆ give clear aftercare/homecare advice to the client in relation to the products applied or the treatments given. This should take into account specific aftercare to allow "performance" of the products used to be effective.

Higher National Unit specification: statement of standards (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

- ◆ Clearly record the treatment and allow an opportunity for client feedback to ensure success of the treatment.
- ◆ Recommend future treatments to the client.

Observation checklists will be used to record evidence of candidates delivering aftercare/homecare advice to clients for the three chosen treatments.

Assessment guidelines

This Outcome can be assessed holistically with Outcomes 2 and 3 and with the practical aspects of Outcome 1.

Administrative Information

Unit code:	DN6E 34
Unit title:	Beauty Therapy: Contemporary Aesthetic Treatments
Superclass category:	HL
Date of publication:	June 2005
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History of changes:

Version	Description of change	Date
02	Clarification of Unit content.	09/08/13

Source: SQA

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Higher National Unit specification: support notes

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

Guidance on the content and context for this Unit

This Unit is optional in the framework for HNC/D Beauty Therapy. This Unit is primarily designed to give candidates the up-to-date skills required for industry. Candidates will be expected to work with a variety of clients, in a realistic working environment, for the three contemporary aesthetic treatments chosen.

Treatments must be current contemporary aesthetic treatments. It is intended that these will be updated regularly to reflect current and emerging industry requirements. This will enable candidates who are qualifying to have the relevant skills required for employment.

The Unit should also encourage candidates to evaluate the effectiveness of the treatments applied and to make sure that appropriate aftercare is being given to ensure that there are no contra actions to the treatments applied.

Outcome 1 looks at the consultation process where the candidate will be assessing the client's suitability for the treatment chosen and shall give a clear explanation of the treatment. Candidates should display knowledge of the contra-indications and possible contra actions to specific treatments. Candidates should interact with the clients in a sensitive and empathic manner in line with normal industry conditions.

Internet research into a variety of product versions should be used to provide a wider knowledge of the types of each treatment available to ensure preparation for industry.

Outcome 2 candidates will be required to learn aspects of health and safety legislation related to treatment environment. Candidates are prepared for treatments, in terms of personal hygiene and appearance, preparing and positioning the client appropriate for treatments.

Outcome 3 candidates will perform different treatments — safely and methodically, effectively and correctly sequenced and timed, following manufacturers' instructions. The candidate needs to demonstrate client care throughout.

Outcome 4 the candidate will evaluate the treatment and give advice on home and aftercare. The evaluation will consider the effectiveness of the treatment. Record the treatment outcomes and confirm future treatment plans.

Higher National Unit specification: support notes (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

Guidance on the delivery and assessment of this Unit

Opportunities for developing Core Skills

Evidence for this Unit should be generated through practical demonstrations and written assessment/s.

The practical elements of the Unit can be assessed holistically.

Practical demonstrations are required for three current contemporary aesthetic treatments. Candidates will be observed:

- ◆ carrying out client consultation
- ◆ preparation of treatment room, client and self
- ◆ performance of treatment
- ◆ delivery of aftercare advice

There will be a closed book assessment under controlled conditions of no more than one hour.

An open book assignment — maximum of 2000 words.

A written assignment should:

- ◆ include research on the companies and products available for each of the three chosen current contemporary aesthetic treatments.
- ◆ be completed over a period of time to enable the candidate to carry out the research required

Higher National Unit specification: support notes (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

Open learning

This Unit could be delivered by distance learning. However, it would require careful planning by the centre.

The practical observations for Outcomes 1-4 would take place on three separate sessions in a realistic working environment.

Arrangements would have to be made to ensure that the closed books assessment for Outcome 1 is delivered in a supervised environment under controlled conditions.

For further information and advice please refer to *Assessment and Quality Assurance for Open and Distance Learning* (SQA, February 2001 – publication code A1030).

Candidates with additional support needs

This Unit specification is intended to ensure that there are no artificial barriers to learning or assessment. The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments or considering alternative Outcomes for Units. For information on these, please refer to the SQA document *Guidance Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs*, which is available on the SQA website www.sqa.org.uk

General information for candidates

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

This Unit is designed to enable you to keep up-to-date with a variety of contemporary aesthetic treatments that are currently in vogue within the beauty industry. The Unit is designed to be flexible and can be updated regularly according to current trends. A minimum of three treatments should be selected and offered at the discretion of the centre in order to attain this Unit.

On completion of the Unit you should be able to:

1. Consult with clients to provide contemporary aesthetic treatments
2. Prepare to carry out contemporary aesthetic treatments
3. Perform contemporary aesthetic treatments
4. Provide aftercare for contemporary aesthetic treatments

This Unit is designed to prepare you with the up-to-date skills for industry. As a result, you will be expected to work with a variety of clients for the three treatments chosen in a realistic working environment.

This Unit is therefore appropriate for candidates with skills and underpinning knowledge in facial therapy, nail care and eye treatments to allow these skills to be built upon. The emphasis should be on a commercial salon environment to allow as much practical experience as possible in the treatments chosen for study.

Although the Unit has prescribed treatments, it is intended that these will be updated regularly to mirror the treatments which are in vogue in industry and to ensure that you have the relevant skills required for employment.

In order to complete this Unit successfully, you will be required to achieve a satisfactory level of competence in all three treatments chosen.

Evidence for this Unit should be generated through practical demonstrations and written assessment/s.

The practical elements of the Unit can be assessed holistically.

Practical demonstrations are required for three contemporary aesthetic treatments. Candidates will be observed:

- ◆ carrying out client consultation
- ◆ preparation of treatment room, client and self
- ◆ performance of treatment
- ◆ delivery of aftercare advice

There will be a closed book assessment under controlled conditions of no more than one hour.

An open book assignment – maximum of 2000 words.

General information for candidates (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments

A written assignment should:

- ◆ include research on the companies and products available for each of the three chosen contemporary aesthetic treatments.
- ◆ be completed over a period of time to enable the candidate to carry out the research required.