

Higher National Unit Specification

General information for centres

Unit title: Beauty Therapy: Facial Treatments

Unit code: DN6K 33

Unit purpose: This Unit is designed to enable candidates to gain the underpinning knowledge of, and develop the practical skills required to perform individual client consultations, devise facial treatment plans and evaluate the effectiveness of the facial treatments. It is primarily intended for candidates who have no prior knowledge of performing facial treatments.

On completion of the Unit, the candidate should be able to:

1. Develop facial treatment plans through consultation.
2. Demonstrate facial treatments.
3. Evaluate the effectiveness of the treatments.

Credit points and level: 2 HN Credit at SCQF level 6: (16 SCQF credit points at SCQF level 6*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Recommended prior knowledge and skills: Access to this Unit is at the discretion of the presenting centre. However, it would be beneficial if candidates had knowledge of the human body systems as evidenced by achievement of SVQ Beauty Level 2 or 3 or a relevant NQ Unit such as The Human Body (D13F 10).

Core skills: There may be opportunities to gather evidence towards core skills in this Unit, although there is no automatic certification of core skills or core skills components.

Context for delivery: This is an optional Unit in the framework of the HNC/HND Beauty Therapy. If this Unit is delivered as part of a group award, it is recommended that it should be taught and assessed within the subject area of the group award to which it contributes.

Assessment: Evidence for this Unit should be generated through practical demonstrations and written assessments.

The practical elements of Outcomes 1, 2 and 3 can be assessed holistically. This will involve practical demonstration of four facial treatments.

Outcomes 1 and 2 will also be assessed by responses to written questions and will be carried out under closed book controlled conditions.

Higher National Unit specification: statement of standards

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The sections of the Unit stating the Outcomes, knowledge and/or skills, and evidence requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the knowledge and/or skills section must be taught and available for assessment. Candidates should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Develop facial treatment plans thorough consultation.

Knowledge and/or skills

- ◆ skin – structure, function
- ◆ anatomy and physiology – head, neck, shoulder
- ◆ client consultation - consultation techniques/methods, record keeping
- ◆ client assessment - skin type, skin condition, skin disorders, external factors affecting skin condition
- ◆ client record card - contra-indications and required action, skin analysis, treatment aims/objectives, treatment plan

Evidence requirements

Candidates will need to provide evidence to demonstrate their knowledge and/or skills by showing that they can:

- ◆ carry out various facial treatments and present completed treatment plans
- ◆ identify and describe the clients skin type/ condition
- ◆ identify and describe any contra-indications
- ◆ identify the aims/objectives of the treatment
- ◆ outline a facial treatment plan to give the optimum benefit for the client

Evidence should be generated through 4 practical demonstrations of facial treatments in a controlled situation, which are assessed against a checklist of the knowledge and skills required to carry out the consultations. Supplementary oral questions can be used in the practical assessment to enable the candidate to describe skin types/skin conditions/skin disorders/contra-indications that cannot be practically demonstrated.

Written questions will be required to generate the evidence the candidate has to demonstrate to show their knowledge and understanding of:

- ◆ anatomy and physiology of the skin
- ◆ head, neck and shoulder
- ◆ skin types
- ◆ skin conditions/disorders

Higher National Unit specification: statement of standards (cont)

Unit title: Beauty Therapy: Facial Treatments

- ◆ contra-indications to facial treatments
- ◆ external factors

The candidate will be presented with 20 questions with short and extended responses, it will be closed book and completed in 1 ½ hours.

Assessment guidelines

It is recommended that the practical assessment of this Outcome be combined with Outcomes 2 and 3 as part of a single assessment for this Unit.

One written assessment used for this Outcome should enable the candidate to demonstrate their knowledge of the anatomy and physiology of the skin, head and shoulder area; skin types, skin conditions/disorders, contra-indications that is required to carry out a facial treatment.

Outcome 2

Demonstrate facial treatments

Knowledge and/or skills

- ◆ Skin Types - oily, dry, combination, normal, sensitive
- ◆ Preparation - therapist, treatment area, client
- ◆ Health and safety legislation/professional standards
- ◆ Treatment Processes -
 - Cleanse, tone, moisturise
 - Skin analysis
 - Skin warming
 - Comedone extraction
 - Eye treatments
 - Rotary brush cleansing
 - Massage
 - Masks – various types
- ◆ Treatments carried out within commercially acceptable timescales

Evidence requirements

Candidates will need to provide evidence to demonstrate their knowledge and/or skills by showing that they can:

- ◆ demonstrate all facial treatment processes (listed above)
- ◆ demonstrate facial treatments on various skin types
- ◆ record necessary information on treatment plan
- ◆ treatments are carried out within a commercially acceptable time

Evidence should be generated by the candidates demonstrating four practical facial treatments, in a controlled situation, which are assessed against a checklist of the knowledge and skills required for the facial treatment processes. Supplementary questions can be used to clarify the actions taken and ensure the candidate is able to demonstrate full knowledge of any area that cannot be demonstrated.

Higher National Unit specification: statement of standards (cont)

Unit title: Beauty Therapy: Facial Treatments

Further evidence will be available through client record cards

Assessment guidelines

It is recommended that the assessment of this Outcome is combined with Outcomes 1 and 3 as part of a single assessment for the Unit.

Outcome 3

Evaluate the effectiveness of the treatments

Knowledge and/or skills

- ◆ aftercare/homecare advice
- ◆ product advice
- ◆ client feedback
- ◆ treatment evaluation
- ◆ future treatment plans
- ◆ client record card

Evidence requirements

Candidates will need to provide evidence to demonstrate their knowledge and/or skills by showing that they can:

- ◆ advise clients on aftercare/homecare/ products
- ◆ obtain client feedback
- ◆ evaluate effectiveness of the treatment
- ◆ outline future treatment plan/s
- ◆ present accurate information on client record card

Evidence should be generated by the candidates evaluating the four practical facial treatments demonstrated. This will be assessed against a checklist of the knowledge and skills required to advise clients on homecare and evaluate a treatment. The evidence should be generated in a salon environment

Assessment guidelines

It is recommended that the assessment for this Outcome is combined with Outcomes 1 and Outcome 2 for this Unit.

Administrative Information

Unit code:	DN6K 33
Unit title:	Beauty Therapy: Facial Treatments
Superclass category:	HL
Date of publication:	June 2005
Version:	01
Source:	SQA

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Higher National Unit specification: support notes

Unit title: Beauty Therapy: Facial Treatments

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 80 hours.

Guidance on the content and context for this Unit

This unit is part of the optional units within the HNC/HND Beauty Therapy framework. This unit would allow the candidate to progress onto the HN Unit Management and Practices of Facial Therapies.

Outcome 1

Skin structure and functions: epidermis/dermis including connective tissues, nerve endings, sweat glands, sebaceous glands, capillaries and hair/subcutaneous layer

Anatomy and Physiology of head, neck and shoulder area:

- ◆ location/name and function of bones
- ◆ principles of blood circulation/structure of blood vessels
- ◆ functions of blood
- ◆ principles of lymph circulation/structure of a lymph node
- ◆ function of lymph circulation
- ◆ name and position of major lymph nodes relative to facial treatment
- ◆ connection between blood and lymph
- ◆ name and position of the bones of the face, neck and shoulder area
- ◆ name/position and action of the muscles of face, neck and shoulder area
- ◆ structure and function of muscle

Client assessment:

- ◆ identification of skin types: normal, dry, oily, combination, sensitive
- ◆ identification of skin conditions/disorders: mature, dehydrated, seborrhoea, acne, comedones, milia, dilated capillaries, pustules, papules, pigmentation marks, open pores, expression lines, skin colour, muscle tone, skin texture and external factors which affect skin condition
- ◆ contra-indications should be identified: viral, bacterial, animal parasite and fungal infections, cuts/abrasions, bruising, swelling, recent scarring, hyper-sensitivity, sunburn and any skin condition where the client is undergoing medical treatments
- ◆ the procedures to be followed by the client and the candidate if there is a contra-indication known or suspected

Higher National Unit specification: support notes (cont)

Unit title: Beauty Therapy: Facial Treatments

Client consultation:

- ◆ identification of the client's needs with reference to age, health, medical history, and lifestyle
- ◆ identification and handling of relevant information from the findings
- ◆ reasons why it is important to establish the client's lifestyle, physical and emotional condition
- ◆ methods and techniques used for obtaining meaningful feedback from the client and why this is important
- ◆ communication skills
- ◆ interpretation of body language and the correct responses
- ◆ the need to reassure nervous clients

Client Record Card:

- ◆ reasons for recording client information
- ◆ data protection act
- ◆ record keeping systems
- ◆ the importance of keeping full and accurate records
- ◆ insurance policy requirements
- ◆ record of procedure followed if a contra-indication is identified
- ◆ treatment plans to include treatments to be carried out, timings of treatment and the number of treatments

Outcome 2

Treatment processes - performing facial treatments:

- ◆ cleansing, toning, skin analysis [clients skin type, skin condition/disorders, contra-indications are noted, use of a magnifying light], moisturising,
- ◆ facial warming treatment [hot towels, steamer] comedone extraction,
- ◆ rotary brush cleansing [for deep cleansing using brush heads],
- ◆ eyebrow shaping [manual/automatic tweezers, factors effecting choice of eyebrow shape, face shapes]
- ◆ facial massage [including shoulder area, lymphatic drainage, effleurage, petrissage, tapotement, vibration techniques]
- ◆ facial masks [setting, non-setting, natural]
- ◆ comedone extraction by sterile comedone extractor and/or sterile and covered fingers using a rolling motion
- ◆ effects/uses of massage movements
- ◆ effects/benefits of rotary brush cleansing
- ◆ health and safety precautions [particularly for rotary brush cleansing] are followed
- ◆ current Health and Safety legislation is understood and practised
- ◆ the importance of preparation and hygiene standards are understood
- ◆ personal presentation of the therapist is professional
- ◆ principles of avoiding cross-infection
- ◆ the importance of maintaining the heat, light, ventilation and noise at a suitable level for facial treatments
- ◆ commercial timings and cost of treatments are known

Higher National Unit specification: support notes (cont)

Unit title: Beauty Therapy: Facial Treatments

Outcome 3

- ◆ evaluate the effectiveness of the treatments
- ◆ aftercare and homecare advice are given to the client
- ◆ homecare advice should include lifestyle, diet and skincare products
- ◆ comprehensive knowledge of a range of commercial skincare products/retail knowledge
- ◆ obtaining written client feedback, interpretation of this and using the findings to prepare future treatment plan
- ◆ determine future treatment plan including treatment required, length of time between treatments, how many treatments are required
- ◆ written evaluation of the therapist's treatment plan including amendments, contra-actions and the action taken, client feedback, client's body language
- ◆ physical effect of treatment both temporary and cumulative
- ◆ importance of completing and maintaining records and how client record cards are stored

Guidance on the delivery and assessment of this Unit

Opportunities for developing Core Skills

The delivery of this Unit should take the form of practical demonstrations with candidates practising the skills required to achieve the competences of performing facial treatments. In addition to the practical aspects the candidates should receive lectures and handouts relating to the theoretical aspects of facial treatments [anatomy and physiology, skin analysis, consultation techniques, treatment process, aftercare and homecare advice, product knowledge, record keeping, etc]. Individual research of trade magazines, commercial skincare companies, internet and textbooks could supplement lectures and handouts. Ongoing questioning would assist in monitoring the development of the candidate's underpinning knowledge.

The practical assessments are carried out on clients, and are assessed against practical observation checklists of the skills required for the four chosen facial treatments.

A written assessment including questions based on the anatomy and physiology, skin types, skin conditions/disorders and contra-indications knowledge contained within the Unit.

Supplementary questions can be used to enable the candidate to describe the skin types/conditions/disorders that cannot be demonstrated.

Open learning

The theoretical aspects of the Unit could be studied through Open learning but due to the practical nature of most of the competences required for facial treatments Open learning is not recommended.

For further information and advice please refer to *Assessment and Quality Assurance for Open and Distance Learning (SQA, February 2001 – publication code A1030)*.

Higher National Unit specification: support notes (cont)

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Candidates with additional support needs

This Unit specification is intended to ensure that there are no artificial barriers to learning or assessment. The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments or considering alternative Outcomes for Units. For information on these, please refer to the SQA document *Guidance Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs*, which is available on the SQA website www.sqa.org.uk

General information for candidates

Unit title: Beauty Therapy: Facial Treatments

This unit introduces you to the knowledge and skills required to carry out facial treatments. It also allows you to develop a treatment plan and record the relevant information.

On completion of this Unit, you will be able to:

1. Develop facial treatment plans through consultation
2. Demonstrate facial treatments
3. Evaluate the effectiveness of the treatments

Outcome 1 looks at developing facial treatment plans through client consultation, taking account of skin type/conditions, contra-indications and the under pinning knowledge of skin structure and function and the anatomy and physiology of the head, neck and shoulder.

Outcome 2 looks at performing facial treatments which will include cleanse, tone and moisturise, eyebrow shaping, massage and masks and recording treatment information.

Outcome 3 looks at the after and home care, feedback and effectiveness of the facial treatments, give information on future treatment plans.

The Unit is assessed by a combined of written and practical assessments.