

## Higher National Unit Specification

### General information for centres

**Unit title:** Beauty Therapy: Nail Extensions

**Unit code:** DN7T 33

**Unit purpose:** This unit should be designed to develop the candidates' ability in preparing for and applying various artificial nail extensions based on clients needs. In addition to becoming proficient in the skills involved, the candidate must also design treatment plans for individual clients and subsequently evaluate them.

On completion of this Unit the candidate should be able to:

1. Communicate with client discussing individual treatment plan for application of nail extensions.
2. Plan and organise application of nail extensions.
3. Application and maintenance of nail extensions.

**Credit points and level:** 1 HN Credit at SCQF level 6: (8 SCQF credit points at SCQF level 6\*)

*\*SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

**Recommended prior knowledge and skills:** It is essential that candidates have an appropriate level of anatomy and physiology and knowledge of manicure. This may be evidenced by a National Qualification Unit or an SVQ Nail Services Unit at level 2

**Core skills:** There may be opportunities to gather evidence towards core skills in this Unit, although there is no automatic certification of core skills or core skills components.

**Context for delivery:** This is an optional Unit in the framework for HNC/HND Beauty Therapy. It is recommended that it is taught and assessed with the context of the particular group award to which it contributes.

**Assessment:** This unit should be assessed holistically where possible over 3 Outcomes. This should be evidenced by written, oral, questioning and practical observation in controlled conditions. Supplementary evidence is required using case studies. Outcomes 1, 2 and 3 can be evidenced as a single assessment event lasting two and a half hours.

Candidates must achieve all of the minimum evidence specified for each outcome, combination of outcomes or for the unit as a whole in order to pass the unit

## **Higher National Unit specification: statement of standards**

**Unit title:** Beauty Therapy: Nail Extensions

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The sections of the Unit stating the Outcomes, knowledge and/or skills, and evidence requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the knowledge and/or skills section must be taught and available for assessment. Candidates should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

### **Outcome 1**

Communicate with client discussing individual treatment plan for application of nail extensions

#### **Knowledge and/or skills**

- ◆ Discuss in detail nail extensions available
- ◆ Range of treatment plans available are explained and treatment plan confirmed
- ◆ Diagnosis of condition of clients' hands are comprehensive in terms of physiological and physical state, contra indications, lifestyle
- ◆ Interaction with client should be professional and empathic

#### **Evidence requirements**

To achieve this outcome the candidate will need evidence to demonstrate their knowledge and understanding that they can identify three systems currently on the market, explaining advantages and disadvantages of each with regards to individual treatment plan, with a good sound understanding of the purposes and various processes entailed. Evidence may be demonstrated by observation during client consultation discussing treatment, condition of nails and client lifestyle.

Supplementary evidence for the above will be generated through case study which is detailed in Outcome 3.

Written and/or oral questioning will be used to ensure candidate has knowledge of nail structures including:

- ◆ eponychium, hyponychium
- ◆ anatomy and physiology of the integumentary system
- ◆ nail disorders/oncholysis, psoriasis, onychomycosis, onychophagy, onychorrhexis, leukonychia, ptergium, paronychia, beause lines, dermatitis
- ◆ contra indications – water mould, cuts and abrasions, severe bruising, severe eczema, severe psoriasis, recent scar tissue, warts, verruca, aged and dehydrated nails, onychia.
- ◆ special care: clients undergoing medical treatment, client undergoing general anaesthetic

## **Higher National Unit specification: statement of standards (cont)**

**Unit title:** Beauty Therapy: Nail Extensions

### **Assessment guidelines**

The assessment of this outcome can be combined with Outcomes 2 as part of a single assessment for the unit, details which are given under Outcome 2.

### **Outcome 2**

Plan and organise application of nail extensions

#### **Knowledge and/or skills**

- ◆ Therapist preparation is appropriate with regards to personal appearance and hygiene
- ◆ Client preparation is appropriate with regards to condition of hands and client comfort
- ◆ Treatment area is appropriately prepared in accordance with health and safety and salon guidelines

#### **Evidence requirements**

Candidates will need evidence to demonstrate their skills and/or knowledge by showing that they can: Demonstrate through practical observation that they are capable in preparing themselves, client, equipment and environment for treatment in real or simulated setting. Supplementary evidence for the above will be generated through case study which is detailed in Outcome 3.

Written and/or oral questioning will be used to ensure candidate has knowledge in the application of good ergonomics within the salon with regards to therapist and client posture, preparation of equipment. Candidate should have a sound knowledge of the decontamination process which should be in place, e.g. Sanitation, disinfection and sterilisation. This should take into consideration client and therapist hygiene, salon equipment and implements necessary for treatment.

It is also important that evidence is generated by the candidate to stress the importance of extractor ventilation systems. Evidence is required to ensure the candidate has knowledge of the health and safety regulations. i.e. Health & Safety at work Act 1974 (revised 1994), Control of substances Hazardous to Health (COSHH), Material Safety Data Sheet (MSDS)

Assessment will take the form of a mandatory short/external answer restricted response written paper; this should be taken under controlled/closed book conditions.

### **Assessment guidelines**

The assessment of this Outcome can be combined with Outcomes 1 as part of a single assessment for the unit.

### **Outcome 3**

Application and Maintenance of Nail Extensions

#### **Knowledge and/or skills**

- ◆ discuss clients wishes and requirements to achieve the desired result

## Higher National Unit specification: statement of standards (cont)

**Unit title:** Beauty Therapy: Nail Extensions

- ◆ process of product application using liquid and powder and correct usage of implements, follow manufacturers instructions
- ◆ application of powder is undertaken using the correct sequencing and timing
- ◆ after care and home care is meticulously explained to client
- ◆ treatment plan is recorded and confirmed with client
- ◆ importance of maintaining nail extensions is confirmed

### Evidence requirements

Evidence should be generated through assessment on two occasions by observation in controlled conditions with evidence to:

- ◆ demonstrate that they can apply liquid and powder and/or gel, and/or fibreglass/silk with tip/overlay
- ◆ demonstrate that they can apply liquid and powder and/or gel, and/or fibreglass/silk with zone sculpting Evidence should also demonstrate infills/rebalance on one occasion
- ◆ product removal on one occasion
- ◆ aftercare procedures, explaining overexposure, contra actions, specific homecare advice
- ◆ supplementary evidence may be generated through case studies

The assessment of this Outcome can be combined with Outcomes 1 and 2 as part of a single assessment for the unit. This should be conducted at a single assessment event where allocated time is at the discretion of the centre e.g. approximate time for application artificial nails is 1 hr and is to be carried out in controlled conditions.

Two clients to be chosen, carrying out artificial nail extensions using either liquid and powder and/or gel, and/or fibreglass/silk.

Candidate should also evidence that they have carried out consultation, aftercare advice, ongoing treatment plans to carry out infills and final removal of nail extension and client/candidate evaluation.

### Assessment guidelines

Supplementary evidence will be obtained through case studies being completed by candidate:  
Example of guidelines:

## **Administrative Information**

<b>Unit code:</b>	DN7T 33
<b>Unit title:</b>	Beauty Therapy: Nail Extensions
<b>Superclass category:</b>	HL
<b>Date of publication:</b>	June 2005
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## Higher National Unit specification: support notes

### Unit title: Beauty Therapy: Nail Extensions

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

### Guidance on the content and context for this Unit

This unit is primarily intended to prepare candidates for the application of nail extensions and becoming efficient in one system. As a result the candidate will be proficient in skills required in preparation in application and evaluation of the treatment plan. This unit should be approached with the candidate having prior knowledge and competence in manicure and anatomy and physiology.

The unit should include:

- ◆ Systems: acrylic, fibreglass and Gel
- ◆ Procedures: infills, removal, repair
- ◆ Knowledge of: current markets and trends
- ◆ Ventilation, environment/dangers, health
- ◆ Contra-indications
- ◆ Sterilisation, sanitisation
- ◆ After care, home care
- ◆ Classification of specific implements
- ◆ Nail preparation

Outcome 1: The candidate should be proficient in preparing client for application of nail extensions. It is essential that:

- ◆ candidate assesses clients needs with regards to treatment plan during the consultation process
- ◆ all relevant information is recorded relating to condition of client hands, age, health, medical history and lifestyle
- ◆ knowledge of contra-indications, disorders and contra actions
- ◆ importance of confidentiality and accurate record keeping
- ◆ candidate should have knowledge/skills to demonstrate proficiency in products available
- ◆ should be able to provide clear and concise information with regards to different systems available
- ◆ candidates should provide system to suit clients needs within time constraints

#### Additional knowledge:

- ◆ advantages and disadvantages of different nail extension systems available
- ◆ knowledge of manufacturers and product companies

Outcome 2: Candidate will be proficient in the preparation required for nail extensions.

It is essential that:

- ◆ candidate adhere to salon guidelines with regard to dress code, personal hygiene, appearance (discrete jewellery, light perfume)

## Higher National Unit specification: support notes (cont)

### Unit title: Beauty Therapy: Nail Extensions

- ◆ treatment area prepared using good ergonomics (good working practices in place; appropriate furniture, correct tools, therapist posture, client comfort)
- ◆ procedures for preventing cross infection, knowledge of sanitation, disinfection and sterilisation
- ◆ structure and function of the nail matrix, lunula, eponychium, hyponychium, peronchium, nail bed, nail plate, free edge, nail wall
- ◆ the importance of ventilation (extractor ventilation system)
- ◆ health and safety acts.

#### Additional Knowledge:

- ◆ material Safety data sheet, for safe storage, handling and disposal of products
- ◆ care of adhesives, monomers, polymers, brush care
- ◆ first aid

**Outcome 3:** Candidate will be proficient in the application of nail extensions.

It is essential that:

- ◆ nail extensions are applied to meet clients needs and wishes
- ◆ proficient in the application of various procedures of powder and liquid (acrylic, gel, fibreglass/silk, overlays, infills/rebalance, removal and repair)
- ◆ correct procedure for implement usage is demonstrated
- ◆ correct methods of application when zone sculpting with timing and sequencing is demonstrated
- ◆ treatment meets clients wishes and recorded
- ◆ immediate aftercare is given, any contra actions is recorded
- ◆ specific homecare advice is discussed (the importance of infills, removal, maintenance of nail extensions; home repairs, products purchased, hand creams, oils, buffers, abrasives, nail enamel, acetone-free remover).

There are many progression routes that can be followed:

- ◆ beauty salon, hairdressing salon, boutiques, home based technicians, mobile, cruise liner, media, fashion, catwalk, teaching F.E. college, private training centres, sales representatives
- ◆ nail extensions (8 SCQF credit points) SCQF level 7 is an optional unit where credit can be given towards and HND in Beauty Therapy
- ◆ progression Route is teaching Nail Extensions – assessor awards, A Units (unit L28 of the Training Development Standards)

## Guidance on the delivery and assessment of this Unit

### *Opportunities for developing Core Skills*

- ◆ the unit is designed with provision made for theory and practical based sessions in a class environment Candidates should work in pairs and later be encouraged to work with models to encourage confidence in practical applications
- ◆ theory will be delivered by class tutor and the use of handouts and videos for the purpose of supplementary evidence

## Higher National Unit specification: support notes (cont)

**Unit title:** Beauty Therapy: Nail Extensions

- ◆ for assessment procedure the candidate should be observed in real situations Where this is not possible role play could generate evidence. Written and oral questioning is required to evidence underpinning knowledge in controlled conditions. Case studies are used as supplementary evidence and is part of the theory and practical assessment process.
- ◆ delivery of the nail extensions can be delivered as a free standing unit or be delivered as an optional unit towards HNC/HND Beauty Therapy

### Open learning

This unit could be delivered by distance learning. At the discretion of the centre ample evidence would require to be generated to ensure validity of candidate evidence. The unit would require planning to enable the assessment to be sat under controlled/closed book conditions to ensure authenticity. Video could be used for practical assessment to observe candidate performance. Candidate evidence could be delivered as a single assessment for outcomes 1, 2 and 3.

Supplementary evidence using case study will ensure the assessment criteria is met. For information on normal open learning arrangements, please refer to SQA guide *Assessment and Quality Assurance of Open and Distance Learning (SQA,2000)*.

### Candidates with Additional Support Needs

This Unit specification is intended to ensure that there are no artificial barriers to learning or assessment. The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments or considering alternative Outcomes for Units. For information on these, please refer to the SQA document *Guidance Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs*, which is available on the SQA website [www.sqa.org.uk](http://www.sqa.org.uk).



## **General information for candidates**

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