



Higher National Unit specification

General information for centres

Unit title: Dance Teaching Skills

Unit code: F1M0 35

Unit purpose: This Unit is designed to develop teaching skills in a studio based setting. It will give candidates the knowledge and skills to structure and teach a dance class. Candidates will gain practical teaching experience, class and time management techniques and evaluative skills by leading dance workshops.

On completion of the Unit the candidate should be able to:

- 1 Develop skills for the teaching of a dance class.
- 2 Demonstrate the ability to structure and teach a dance class.
- 3 Evaluate the process of teaching a dance class.

Credit points and level: 1 HN credit at SCQF level 8: (8 SCQF credit points at SCQF level 8*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Recommended prior knowledge and skills: Access to this Unit is at the discretion of the centre. However, it would be beneficial if candidates had prior knowledge of Dance at SCQF level 6 or 7.

Core Skills: There are opportunities to develop the Core Skills of *Working with Others*, *Problem Solving* (Critical Thinking), *Problem Solving* (Planning and Organising) and *Communication* (Oral Communication) and *Communication* (Written Communication: Writing) at SCQF level 6 and *Problem Solving* (Reviewing and Evaluating) at SCQF level 5 in this Unit, although there is no automatic certification of Core Skills or Core Skills components.

Context for delivery: If this Unit is delivered as part of a Group Award, it is recommended that it should be taught and assessed within the subject area of the Group Award to which it contributes.

Assessment: The assessment for Outcomes 1 and 2 will be combined in a practical studio based assignment carried out under supervised conditions and supported by a prepared lesson plan. Outcome 3 will be assessed by a written/oral evaluation of a minimum of 750 words or equivalent.

Higher National Unit specification: statement of standards

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The sections of the Unit stating the Outcomes, knowledge and/or skills, and Evidence Requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the knowledge and/or skills section must be taught and available for assessment. Candidates should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Develop skills for the teaching of a dance class

Knowledge and/or Skills

- ◆ Communication skills
- ◆ Interpersonal skills
- ◆ Motivation of class members
- ◆ Class content
- ◆ Mirroring
- ◆ Musicality
- ◆ Feedback

Evidence Requirements

All Knowledge and/or Skills items above will be assessed.

Candidates will need to provide evidence to demonstrate their Knowledge and/or Skills by showing that they can:

- ◆ Use communication skills to deliver dance instructions to a class. Candidates must give clear instructions using appropriate voice, tone and pitch.
- ◆ Employ interpersonal skills including enthusiasm, confident leadership and organisation and be able to motivate the class members to achieve goals.
- ◆ Create class content appropriate to the level of the class including effective warm-up and cool down, safe content of exercises and movements. The candidate will also mirror the class while demonstrating content.
- ◆ Use appropriate music, creative stimuli and count their class in.
- ◆ Observe technique and be able to give appropriate feedback.

Evidence should be generated through a practical studio based activity carried out under supervised conditions. Evidence should be recorded by an assessment observation checklist and/or by video.

Assessment Guidelines

The assessment of this Outcome could be undertaken towards the end of the Unit and be combined with Outcome 2. This could be conducted at a single assessment event lasting a minimum of 30 minutes and no more than 40 minutes and carried out under supervised conditions.

Higher National Unit specification: statement of standards (cont)

Unit title: Dance Teaching Skills

Outcome 2

Demonstrate the ability to structure and teach a dance class

Knowledge and/or Skills

- ◆ Planning and preparation
- ◆ Organisation and timing
- ◆ Safety
- ◆ Clarity of demonstration
- ◆ Lesson structure
- ◆ Observation and communication skills

Evidence Requirements

All Knowledge and/or Skills items above will be assessed.

Candidates will need to provide evidence to demonstrate their Skills and/or Knowledge by showing that they can:

- ◆ Structure and produce a lesson plan for a selected client group which includes aims and objectives, warm up, cool down and two of the following: centrework, travelling, sequences, creative session. The lesson plan should also detail the allocation of an appropriate time framework.
- ◆ Select and present class content for a particular client group, which is correct, safe and appropriate to the needs of the group.
- ◆ Demonstrate the various teaching skills studied which are correct and appropriate to the client group.
- ◆ Structure the class using music and stimuli, which is appropriate to the client group.
- ◆ Supply accurate and effective feedback.

Evidence should be generated through a practical studio-based activity carried out under supervised conditions. Evidence should be recorded by an assessment observation checklist and/or by video. An appropriate lesson plan should be submitted to support the practical assignment.

Assessment Guidelines

The assessment for this Outcome could be undertaken towards the end of the Unit and be combined with Outcome 1. This could be conducted at a single assessment event lasting a minimum of 15 minutes and no longer than 30 minutes and carried out in supervised conditions. The lesson plan should be prepared prior to the practical assessment.

Higher National Unit specification: statement of standards (cont)

Unit title: Dance Teaching Skills

Outcome 3

Evaluate the process of teaching a dance class

Knowledge and/or Skills

- ◆ Opportunities and constraints
- ◆ Personal performance
- ◆ Evaluation skills

Evidence Requirements

All Knowledge and/or Skills items above will be assessed.

Candidates will need to provide evidence to demonstrate their Knowledge and/or Skills by evaluating their teaching, making reference to:

- ◆ Opportunities and constraints when teaching a dance class.
- ◆ Analysis of personal performance in terms of strengths and weaknesses.
- ◆ Recommendations for future work.

Evidence should be presented by means of a written/oral evaluation. Oral evidence should be recorded by video/audio means.

Assessment Guidelines

The evaluation could be a minimum of 750 words or equivalent and display evidence of further reading and inclusion of relevant material. The evaluation should be submitted by an agreed date. Analysis could take the form of a personal checklist.

Administrative Information

Unit code:	F1M0 35
Unit title:	Dance Teaching Skills
Superclass category:	GC
Original date of publication:	May 2007
Version:	02 (December 2008)

History of Changes:

Version	Description of change	Date
02	Revisions carried out by Qualifications Officer.	December 2008

Source: SQA

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Higher National Unit specification: support notes

Unit title: Dance Teaching Skills

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

Guidance on the content and context for this Unit

This Unit is designed to develop the candidate's skills and techniques in structuring a dance class. The Unit will consider various teaching approaches and methods in the delivery of a dance class. The Unit will cover the areas of planning, researching, delivering and evaluating a dance class.

Selection of appropriate dance material should be considered, incorporating: warm-up, floor work and travelling sequences. Selection of appropriate music, creative material and stimuli are developed in regular studio based classes.

Practical tasks will be used to promote leadership and communication skills.

The candidate will then evaluate their teaching skills making reference to opportunities and constraints such as space, class size, ability, experience, facilities and equipment.

Guidance on the delivery and assessment of this Unit

This Unit has been developed as part of the HNC/D Dance Artist and Professional Stage Dance Group Awards and is expected to be delivered in the first year of the HND.

Formative assessment will be conducted through ongoing practical, studio based sessions. The assessment for Outcomes 1 and 2 will be combined. Evidence for Outcome 3 should be generated through written or oral evaluation.

Opportunities for developing Core Skills

Although there is no automatic certification of Core Skills in this Unit, there are opportunities to develop the Core Skills of *Working with Others*, *Problem Solving* (Critical Thinking), *Problem Solving* (Planning and Organising), *Communication* (Oral Communication) and *Communication* (Written Communication: Writing) at SCQF level 6. These Core Skills will be developed in Outcome 1 and 2 when the candidate is developing the skills needed to teach and deliver a dance class. There are also opportunities to develop the Core Skill of *Problem Solving* (Reviewing and Evaluating) at SCQF level 5. This Core Skill will be developed in Outcome 3 where the candidates will be evaluating their own work from Outcome 1 and 2.

Open learning

This assessment is not suitable for delivery by distance learning because it requires the candidates to take part in regular studio based practical sessions which are required to be led and observed by a qualified practitioner to meet:

- ◆ Health and safety requirements
- ◆ Evidence Requirements

Higher National Unit specification: support notes (cont)

Unit title: Dance Teaching Skills

Candidates with disabilities and/or additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* (www.sqa.org.uk).

General information for candidates

Unit title: Dance Teaching Skills

This Unit is designed to provide you with the knowledge and skills to teach a dance class.

Outcome 1 covers:

- ◆ communication skills
- ◆ interpersonal skills
- ◆ motivation of class members
- ◆ class content
- ◆ mirroring
- ◆ musicality
- ◆ feedback

In **Outcome 2** you will structure and teach a dance class. This will involve:

- ◆ describing the aims and objectives of the class
- ◆ allocating time and organising components
- ◆ selecting and presenting class content for a particular client
- ◆ demonstrating a variety of teaching methods
- ◆ using appropriate music and stimuli
- ◆ observing of faulty technique and providing feedback

In **Outcome 3** you will evaluate your teaching session. You will consider your strengths and weaknesses, the opportunities and constraints relative to the dance class and make recommendations for future work.

The assessment for Outcomes 1 and 2 will be combined in a practical studio based assignment supported by a prepared lesson plan. Outcome 3 will be assessed by a written/oral evaluation.