



## Higher National Unit Specification

### General information for centres

**Unit title:** Beauty Therapy: Face and Body Electrotherapy

**Unit code:** DN80 33

**Unit purpose:** This Unit introduces the candidate to electrotherapy skills for both face and body treatments. It enables the candidate to design and carry out treatments on clients, evaluate their effectiveness and provide after care advice.

On completion of the Unit the candidate should be able to:

- 1 Consult with client to establish electrotherapy treatment plan.
- 2 Prepare to perform electrotherapy treatments.
- 3 Perform electrotherapy treatments.
- 4 Evaluate electrotherapy treatments effectiveness.

**Credit points and level:** 2 HN Credits at SCQF level 6: (16 SCQF credit points at SCQF level 6\*)

*\*SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

**Recommended prior knowledge and skills:** Candidates should have prior knowledge of facial and body treatments manual. An understanding of the skin including the layers, functions and structures. Position and action of superficial facial and body muscles, figure faults associated with muscles.

This may be evidenced by an HN Unit in Anatomy and Physiology.

**Core skills:** There may be opportunities to gather evidence towards Core Skills in this Unit, although there is no automatic certification of Core Skills or Core Skills components.

**Context for delivery:** This is an optional Unit in the framework of the HNC/HND Beauty Therapy. It is recommended that it should be taught and assessed within the subject area of the Group Award to which it contributes.

**Assessment:** There are three instruments of assessments for this Unit. Outcomes 1-4 will be assessed by five completed consultation sheets and client survey sheets. Outcome 1 (contra-indications and special care conditions) will be assessed in the form of a closed-book written paper lasting no longer than one hour.

Outcome 3 will be assessed by means of a report to include effects of each of the machines including the currents.

## **Higher National Unit specification: statement of standards**

**Unit title:** Beauty Therapy: Face and Body Electrotherapy

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The sections of the Unit stating the Outcomes, knowledge and/or skills, and Evidence Requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the knowledge and/or skills section must be taught and available for assessment. Candidates should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

### **Outcome 1**

Consult with client to establish electrotherapy treatment plans.

#### **Knowledge and/or skills**

- ◆ Establish client requirements for electrotherapy treatment including physical conditions
- ◆ Contra-indications are identified accurately
- ◆ Special care conditions are identified

#### **Evidence requirements**

Candidates will need evidence to demonstrate their knowledge and/or skills by showing that they can:

- ◆ effectively consult with client ensuring all three techniques are used
- ◆ establish the client requirements
- ◆ contra-indications are identified for each specific treatment
- ◆ special care needs are identified giving the possible modification to the treatment

Contra-indications and special care conditions will be assessed by means of a closed-book written paper lasting no more than an hour. This will include all the contra indications for all the electrotherapy equipment for both face and body.

#### **Assessment guidelines**

Practical will be observed on five occasions supported by consultation records, closed book written paper for contra-indication and special care conditions.

## **Higher National Unit specification: statement of standards (cont)**

**Unit title:** Beauty Therapy: Face and Body Electrotherapy

### **Outcome 2**

Prepare to perform electrotherapy treatments

#### **Knowledge and/or skills**

- ◆ Prepare the environment for treatment
- ◆ Equipment preparation
- ◆ Candidates personal presentation
- ◆ Client preparation for treatment
- ◆ Health and safety

#### **Evidence requirements**

Candidates must demonstrate their ability to prepare the client, themselves and the environment for treatment by showing that they can:

- ◆ prepare the working environment most suitable for the treatment being performed ie comfort and safety, heating and ventilation
- ◆ demonstrating the setting up of each machine in accordance with the manufactures guidelines
- ◆ the candidate will need to demonstrate their ability to look professional in appearance ie short nails, hair tied back and a clean well presented uniform
- ◆ the candidate will demonstrate how they prepare a client for the treatment

This evidence should be collected on real clients on a minimum of five occasions.

#### **Assessment guidelines**

The assessment should be integrated with Outcome 1 and should be observed on a minimum of five occasions.

### **Outcome 3**

Perform electrotherapy treatment

#### **Knowledge and/or skills**

- ◆ The effective use of each of the following; faradic, galvanic, high frequency, vacuum suction and vibratory massage
- ◆ The time, duration and sequencing of each piece of equipment is adhered too
- ◆ Sterilisation methods
- ◆ Health and safety legislation

#### **Evidence requirements**

Candidates will need evidence to demonstrate their knowledge and/or skills by showing that they can:

- ◆ explain the type of current for each of the electrical machines being used and the physical effect each one has on the face and body

## Higher National Unit specification: statement of standards (cont)

### Unit title: Beauty Therapy: Face and Body Electrotherapy

- ◆ perform facial treatments for high frequency, galvanic and vacuum suction. Ensuring correct time, duration and sequence
- ◆ perform body treatments for faradic, galvanic, infra-red, paraffin wax, vacuum suction and vibratory massage. Ensuring correct time, duration and sequence
- ◆ demonstrate how to clean the equipment in a hygienic manner
- ◆ demonstrate a knowledge of health and safety legislation

It would be of benefit if the candidates had different types of body sizes to work with and skin types.

### Assessment guidelines

- ◆ A completed client consultation record giving a full account of the consultation, special care requirements, treatment plan and effects on the client
- ◆ A report on the different type of machines and there effects on the face and body, including currents and the relevant health and safety
- ◆ Practical assessment for facial treatments including one each of the following: high frequency, galvanic, vacuum suction
- ◆ Practical assessment for body treatments including one each of the following: faradic, galvanic, infra-red, paraffin wax and vacuum suction and vibratory massage

The five practical assessments will be recorded on the consultation sheet in the form of a statement when the lecturer is satisfied that the candidate has met the standard. The practical observation should be integrated with Outcome1 and 2.

## Outcome 4

Evaluate Electrotherapy treatments effectiveness

### Knowledge and/or skills

- ◆ Evaluate the effect of the treatment against the client's aims.
- ◆ Identify suitable home care and after care advice for your client.
- ◆ All treatments are well documented.

### Evidence requirements

Candidates will need evidence to demonstrate their knowledge and/or skills by showing that they can:

- ◆ evaluate the treatment ensuring the clients aims are met by a client satisfaction survey and signature this should be achieved on five occasions.
- ◆ give clear and concise aftercare and home care advice which is identified and recorded on the consultation sheet
- ◆ complete accurate treatment records

### Assessment guidelines

The assessment requirements are to complete a consultation sheet and client satisfaction survey, including client signature. This should be completed on a minimum of five occasions. This assessment should be integrated with Outcomes 1, 2 and 3.

## Administrative Information

<b>Unit code:</b>	DN80 33
<b>Unit title:</b>	Beauty Therapy: Face and Body Electrotherapy
<b>Superclass category:</b>	HL
<b>Original date of publication:</b>	June 2005
<b>Version:</b>	04 (January 2014)

### History of changes:

Version	Description of change	Date
02	<ul style="list-style-type: none"><li>◆ Outcome 1 — paragraph moved from Assessment Guidelines to Evidence Requirements.</li><li>◆ Vibratory massage has been added to list of electrotherapy treatments/equipment every time they occur.</li></ul>	Jan 2007
03	Assessment Guidelines changed from six to five.	21/09/11
04	Pages 1 and 2 — Clarification on contra-indications and special care conditions.	27/01/14

**Source:** SQA

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## Higher National Unit specification: support notes

### Unit title: Beauty Therapy: Face and Body Electrotherapy

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 80 hours.

### Guidance on the content and context for this Unit

#### Outcome 1

- ◆ establish client requirements for electrotherapy treatments including physical requirements
- ◆ ensure effective consultation using visual and/or questioning and /or manual techniques
- ◆ contra indications are identified accurately
- ◆ contra indications are identified for each specific treatment [ie epilepsy, skin disorders and diseases, heart diseases and disorders, pace maker, HIV, recent scar tissue, under going medical treatment, dysfunction of the nervous system, undiagnosed lumps and bumps, malignant melanoma, cancer, metal pins and plates, botox and pregnancy]
- ◆ special care needs are identified
- ◆ candidates should be able to identify the various types of special care [i.e Diabetic, metal implants, poor circulation, high blood pressure, low blood pressure, migraine and sensitive skin]

#### Outcome 2

- ◆ prepare the environment for treatment. ie comfort and safety, lighting heating and ventilation
- ◆ candidate should be able to prepare the working environment most suitable for the treatment being performed
- ◆ how the required equipment is prepared for the treatment
- ◆ the candidate should demonstrate the setting up of each machine in accordance with the manufacturers guidelines
- ◆ how the candidate is prepared to carry out the treatment. ie short nails, hair tied back, well presented
- ◆ the candidate will demonstrate their ability to look professional in appearance in accordance with the requirements of industry
- ◆ how the client is prepared for the treatment
- ◆ demonstration of the candidate's ability to prepare the client for the treatment
- ◆ a knowledge of Health and Safety legislation

#### Outcome 3

- ◆ the use of each machine is carried out effectively in terms of client needs
- ◆ the candidate should show competence in using each piece of equipment and the effects each one has including currents
- ◆ the time, duration and sequencing of each piece of equipment is adhered to [ie faradic, galvanic, high frequency, vacuum suction and vibratory massage]
- ◆ perform facial treatments for high frequency, galvanic and vacuum suction, infra-red, paraffin wax and vibratory massage
- ◆ perform body treatments for faradic, galvanic, vacuum suction and vibratory massage
- ◆ how to sanitise the equipment after use

## Higher National Unit specification: support notes (cont)

### Unit title: Beauty Therapy: Face and Body Electrotherapy

- ◆ demonstrate how to clean the various electrical machines in a hygienic manner
- ◆ a knowledge of health and safety

#### Outcome 4

- ◆ evaluate the effect of the treatment against the clients aims
- ◆ show evidence of evaluating the client's aims by use of a client satisfaction survey including a signature
- ◆ identify suitable aftercare and homecare advice for your client
- ◆ a clear and concise aftercare and homecare is identified and recorded on the consultation sheet
- ◆ all treatments are well documented
- ◆ all treatments should be recorded fully on the consultation sheet

### Guidance on the delivery and assessment of this Unit

#### *Opportunities for developing Core Skills*

The delivery of this Unit should be in the form of practical assessment with candidates practicing on clients developing and using the skills as outlined in Outcomes 1 to 4.

As well as the practical performances the candidates should receive lectures and handouts on client consultation, contra indications, special care requirements and effects of each piece of equipment (galvanic, faradic, high frequency, vacuum suction and vibratory massage).

Assessment will be practical observation for each piece of equipment on either, face and body. Practical observation of setting up the working environment will be recorded on the consultation sheet. This will require five completed consultation sheets and client satisfaction survey covering the range from Outcome 1 to 4.

A report as suggested in Outcome 1 and 3 to show the candidates knowledge on each of the machines listed in the range in terms of effects including the different currents and contra-indications for both face and body treatments.

The candidate should also state how to clean and sanitise each piece of equipment within the report. Contra-indications could be covered in a written paper of no more than one hour duration.

#### Open learning

Theoretical aspects could be studied but due to the practical nature of this Unit open learning should not be offered.

## **Higher National Unit specification: support notes (cont)**

**Unit title:** Beauty Therapy: Face and Body Electrotherapy

### **Disabled candidates and/or those with additional support needs**

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website [www.sqa.org.uk/assessmentarrangements](http://www.sqa.org.uk/assessmentarrangements)



## General information for candidates

### Unit title: Beauty Therapy: Face and Body Electrotherapy

This Unit introduces the candidates to the skills required to apply face and body electrotherapy treatments. It allows the candidate to recognise the differences in the various machines being used and use them efficiently in terms of client requirements.

On completion of this Unit the candidate will be able to:

- 1 Consult with client to establish electrotherapy treatment plan.
- 2 Prepare to perform electrotherapy treatments.
- 3 Perform electrotherapy treatments.
- 4 Evaluate electrotherapy treatments effectiveness.

#### Outcome 1

To achieve this Unit the candidate will have to produce evidence to demonstrate their ability to consult with the client, check for contra indications and ascertain any special care needs. The assessment will take the form of a consultation sheet, five in all, written paper for the contra indications.

- ◆ effectively consult with the client using all three types of consultation techniques ie visual, manual and questioning and record the information on the consultation sheet
- ◆ establish the client's requirements in terms of skin condition, muscle condition, relaxation, cellulite and lymphatic drainage. This would be recorded on the consultation sheet
- ◆ contra indications are identified for each specific treatment. This is assessed as written questions
- ◆ special care needs are identified giving the effect this has on the treatment being performed. This would then be recorded on the consultation sheet

#### Outcome 2

The assessment will take the form of an observation, which will require the candidate to demonstrate the following:

- ◆ the candidate's ability to prepare the working environment most suitable for the treatment being performed ie comfort and safety, heating, lighting and ventilation
- ◆ the setting up of the electrotherapy machines in accordance with the manufacturers guidelines
- ◆ their ability to look professional in appearance ie short nails, hair tied back and in a clean well presented uniform
- ◆ their ability to prepare the client for the treatment
- ◆ knowledge of Health and Safety legislation

This observation should be recorded on the consultation sheet in statement form ie "The candidate has demonstrated their ability to prepare the working environment, correctly set up the machines to be used, prepared the client in a suitable manner for the treatment being performed and was dressed in a professional manner with short nails hair tied back and in a clean well presented uniform". This evidence should be collected on real client on a minimum of five occasions.

## **General information for candidates (cont)**

### **Unit title: Beauty Therapy: Face and Body Electrotherapy**

#### **Outcome 3**

The instruments of assessments will take the form of practical assessment, which will be recorded on the consultation sheet and a report. The candidate will be required to cover the following:

- ◆ the candidate's knowledge of the type of current being used for each of the electrotherapy machines and the physical effects each one has on the face and body and this evidence can be compiled in report form
- ◆ observation of practical facial treatments for high frequency, galvanic and vacuum suction this will be observed and recorded on the consultation sheet
- ◆ observation of body treatments for faradic, galvanic, infra-red, paraffin wax, vacuum suction and vibratory massage and will be observed and recorded on the consultation sheet
- ◆ the candidate's ability to clean and sanitise the equipment will be observed and recorded on the consultation sheet
- ◆ A knowledge of the Health and Safety regulations which are identified in the report.

All practical demonstrations should be performed on real clients on a minimum of five occasions. This should include high frequency, galvanic and vacuum suction on the face. And faradic, galvanic and vacuum suction on the body. All treatments must ensure correct time, duration and sequence for both face and body.

The five practical assessments will be recorded on the consultation sheet in the form of a statement when the lecturer is satisfied that the candidate has met the standard.

#### **Outcome 4**

The method of assessment will take the form of a completed consultation sheet and a completed client survey form, including signature. This will show the candidates ability to:

- ◆ evaluate the treatment
- ◆ provide suitable aftercare and homecare advice for the client
- ◆ record all this information on the consultation sheet

This information will be collected on real clients on a minimum of five occasions.

The practical assessments of Outcome 1, 2, 3 and 4 should be integrated.