



Higher National Unit specification

General information for centres

Unit title: Equine Studies: Preparation for Equestrian Vaulting

Unit code: DP1Y 34

Unit purpose: This Unit is designed to enable candidates to gain the skills and knowledge necessary to prepare horses for vaulting.

Activities will be centred on becoming familiar with the warm up/warm down of riders prior to vaulting and the type and fit of the equipment and techniques used to lunge horses in preparation for vaulting.

On completion of the Unit the candidate should be able to:

- 1 Warm up and warm down rider prior to vaulting.
- 2 Identify and fit the tack required for equestrian vaulting.
- 3 Lunge a horse in preparation for equestrian vaulting.

Credit points and level: 2 HN credits at SCQF level 7: (16 SCQF credit points at SCQF level 7*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Recommended prior knowledge and skills: Access to this Unit will be at the discretion of the centre; however it would be useful if the candidate had some experience of lunging horses. This may be evidenced by possession of an NC module or similar qualifications or relevant experience.

Core Skills: There are opportunities to develop the Core Skills of *Problem Solving* and *Working with Others* at SCQF level 6 in this Unit, although there is no automatic certification of Core Skills or Core Skills components.

Context for delivery: If this Unit is delivered as part of a Group Award, it is recommended that it should be taught and assessed within the subject area of the Group Award to which it contributes.

This Unit provides an insight into the procedures used when preparing riders and horses for vaulting. It enables the candidate to understand the processes involved when preparing for vaulting and will enhance their knowledge and skills by relating them to a practical situation.

Higher National Unit specification

General information for centres (cont)

Assessment: This Unit is largely of a practical nature and all Outcomes could be assessed in one holistic assessment as a project. This could take the form of a practical assignment where candidates prepare a rider for vaulting by warming up the rider and tacking-up and lunging the horse prior to vaulting.

Higher National Unit specification: statement of standards

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The sections of the Unit stating the Outcomes, Knowledge and/or Skills, and Evidence Requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the Knowledge and/or Skills section must be taught and available for assessment. Candidates should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Warm up and warm down rider prior to Equestrian Vaulting

Knowledge and/or Skills

- ◆ Know the importance and purpose of warm up/warm down exercises
- ◆ Select and wear appropriate clothing
- ◆ Select appropriate methods to use on a variety of surfaces
- ◆ Know the variety of methods of warm up/warm down according to weather conditions
- ◆ Select and prepare a suitable area and equipment
- ◆ Select suitable warm up/warm down and stretching exercises

Evidence Requirements

Candidates will need to provide evidence to demonstrate their Knowledge and/or Skills by showing that they can:

- ◆ select and wear appropriate clothing
- ◆ select and prepare a suitable area/surface and equipment
- ◆ select suitable warm up/warm down exercises to be used prior to mounting a horse

The evidence for this Outcome could be by submission of a report relating to the warm up/warm down regime followed prior to equestrian vaulting and by use of checklists and witness testimony.

Assessment Guidelines

All Outcomes could be assessed as one holistic assessment in the form of a practical assignment. It is recommended that the candidates be given an exercise that ensures that they warm up several riders under different weather conditions so that they can relate to this when completing their report.

Higher National Unit specification: statement of standards (cont)

Unit title: Equine Studies: Preparation for Equestrian Vaulting

Outcome 2

Identify and fit the tack required for Equestrian Vaulting

Knowledge and/or Skills

- ◆ Identify the tack required for equestrian vaulting
- ◆ Fit and adjust the tack required for equestrian vaulting

Evidence Requirements

Candidates will need to provide evidence to demonstrate their Knowledge and/or Skills by showing that they can:

- ◆ identify and select the tack required for equestrian vaulting
- ◆ fit the tack required for equestrian vaulting
- ◆ correctly adjust the tack required for equestrian vaulting

The evidence for this Outcome could be by submission of a report relating to the selection and tacking up of horses for vaulting and by use of checklists and witness testimony.

Assessment Guidelines

All Outcomes could be assessed as one holistic assessment in the form of a practical assignment. It is recommended that the candidates be given an exercise that ensures that they tack up a variety of horses for equestrian vaulting so they may relate to this when completing their report.

Outcome 3

Lunge a horse in preparation for equestrian vaulting

Knowledge and/or Skills

- ◆ Knowledge of the techniques/skills used to lunge a horse prior to vaulting
- ◆ Ability to lunge a horse prior to vaulting showing obedience and control of horse and correct handling techniques

Evidence Requirements

Candidates will need to provide evidence to demonstrate their Knowledge and/or Skills by showing that they can:

- ◆ lunge a horse to warm it up prior to vaulting
- ◆ use correct accepted techniques to lunge a horse
- ◆ handle the lunging equipment to an acceptable standard
- ◆ maintain health, safety and security of horse, self and others throughout

The evidence for this Outcome could be by submission of a report detailing the processes followed when lunging a horse prior to vaulting and by use of checklists and witness testimony.

Higher National Unit specification: statement of standards (cont)

Unit title: Equine Studies: Preparation for Equestrian Vaulting

Assessment Guidelines

All Outcomes could be assessed as one holistic assessment in the form of a practical assignment. It is recommended that the candidates be given an exercise that ensures that they lunge and warm up a variety of horses prior to equestrian vaulting so they may relate to this when completing their report.

Administrative Information

Unit code: DP1Y 34

Unit title: Equine Studies: Preparation for Equestrian Vaulting

Superclass category: UH

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Version	Description of change	Date

Source: SQA

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Higher National Unit specification: support notes

Unit title: Equine Studies: Preparation for Equestrian Vaulting

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 80 hours.

Guidance on the content and context for this Unit

The aims of this Unit are to develop the candidate's skills and knowledge necessary to warm up/warm down a rider and to tack up and lunge a horse prior to vaulting.

The Unit primarily intends to develop the skills and knowledge to enable the candidate to prepare a horse and rider for vaulting without causing detriment to the horse or rider's health and well-being.

Lectures and tutorials would be supported by practical exercises and evidence of actual vaulting related work experience would be beneficial.

Guidance on the delivery and assessment of this Unit

Outcome 1 introduces the candidate to the skills of preparing the body for exercise so as to reduce the risk of injury

Candidates should be aware of relevant exercises to stretch and relax the body which will help to maintain flexibility of the spine therefore limiting stress to joints, muscles, ligaments and tendons and improving the posture and balance of the rider so helping the balance of the horse.

Outcome 2 identifies the range of tack available including variety of rollers, pads and side reins.

Candidates will gain an understanding of the importance of selecting and fitting lunging tack correctly and the relevance of the variety of equipment available for vaulting.

Candidates should be able to tack up a horse ready for equestrian vaulting.

Outcome 3 provides the candidate with the knowledge and skills to lunge a horse in preparation for equestrian vaulting.

Candidates will gain an understanding of the importance of being able to handle the lunging equipment proficiently and lunge horses using accepted techniques.

Higher National Unit specification: support notes

Unit title: Equine Studies: Preparation for Equestrian Vaulting

Opportunities for developing Core Skills

Core Skills: There are opportunities to develop the Core Skills of *Problem Solving* and *Working with Others* at SCQF level 6 in this Unit, although there is no automatic certification of Core Skills or Core Skills components.

Open learning

This Unit is well suited for delivery by both open and distance learning where the candidate has appropriate workplace, home based or other facilities to carry out the practical assignments, and adequate supervision and support is available. This will require careful planning by the centre to ensure the sufficiency and authenticity of candidate evidence. It may be necessary for an “on-line support” tutor to be involved. In situations where the student completes work away from the centre, regular contact with tutors will be necessary. This may take the form of visits by the tutor to the student or vice versa. It is at the discretion of the centre as to whether assessments take place at the centre, workplace or at home.

Candidates with disabilities and/or additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* (www.sqa.org.uk).

General information for candidates

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This Unit is designed to enable you to gain the skills and knowledge necessary to prepare horses for vaulting.

It covers three main areas warming up the rider prior to vaulting identifying and fitting vaulting tack and lunging a horse prior to vaulting.

On completion of this Unit you should have achieved the skills and knowledge necessary to be competent to warm up a rider prior to vaulting and tack up and lunge a horse ready for vaulting.

In order to complete the Unit you will be expected to achieve a satisfactory level of competence in the knowledge and skills relevant to each Outcome and demonstrate ability to put these skills into practice.

Assessment may take the form of one holistic assessment covering all Outcomes. The type of assessment could be by means of a practical assignment where you will produce a report with check lists and witness testimony showing that you have warmed up riders using recognised methods shown to minimise the risk of injury to the rider then that you have tacked up and lunged horses competently prior to vaulting making sure that you use accepted techniques and maintain health and safety at all times.