



Higher National Unit specification

General information for centres

Unit title: Additional Support Needs: Behaviour Analysis and Coping Strategies

Unit code: F1MG 35

Unit purpose: This Unit is designed to develop knowledge and understanding of the different types of behaviour which individuals with Additional Support Needs (ASN) may exhibit. It provides the candidate with knowledge of the appropriate methods of dealing with these behaviours in different settings, and equips the candidate with the skills required to analyse the behaviour of individuals with ASN and to identify relevant management techniques.

On completion of the Unit the candidate should be able to:

- 1 Explain factors affecting behaviour.
- 2 Analyse observational techniques.
- 3 Analyse the behaviour of an individual with ASN in a particular setting in relation to causes and effects.
- 4 Evaluate coping strategies and management techniques for a particular situation.

Credit points and level: 2 HN credit at SCQF level 8; (16 SCQF credit points at SCQF level 8*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Recommended prior knowledge and skills: There is no prescribed entry requirement for this Unit. However, it would be beneficial if candidates had some prior experience of working with individuals with ASN in an ASN or related setting.

Core Skills: There may be opportunities to gather evidence towards Core Skills in this Unit, although there is no automatic certification of Core Skills or Core Skills components.

Context for delivery: If this Unit is delivered as part of a group award, it is recommended that it should be taught and assessed within the subject area of the group award to which it contributes. This Unit is an optional Unit in the frameworks of the HNC Additional Support Needs: Supporting the Individual and the HND Additional Support Needs: Managing and Supporting the Services.

General information for centres (cont)

Assessment: This Unit is assessed by two instruments of assessment. Outcome 1 is assessed by structured questions. Outcomes 2, 3 and 4 are assessed jointly by a written report of 2,000–2,500 words supplemented by observational checklists.

Higher National Unit specification: statement of standards

Unit title: Additional Support Needs: Behaviour Analysis and Coping Strategies

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The sections of the Unit stating the Outcomes, Knowledge and/or Skills, and Evidence Requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the Knowledge and/or Skills section must be taught and available for assessment. Candidates should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Explain factors affecting behaviour

Knowledge and/or Skills

- ◆ Theories of learned behaviour
- ◆ Responses to different types of behaviour
- ◆ Contexts and elements of behaviour
- ◆ Inter-relationship in terms of the physical and social environment

Evidence Requirements

Candidates will need evidence to demonstrate their Knowledge and/or Skills by showing that they can:

- ◆ explain theories of learned behaviour
- ◆ explain responses to different types of behaviour
- ◆ explain the contexts and elements of behaviour
- ◆ analyse the inter-relationships in terms of the individual and the physical and social environment

Assessment Guidelines

Outcome 1 is assessed by structured questions.

Outcome 2

Analyse observational techniques

Knowledge and/or Skills

- ◆ Observation techniques and theories
- ◆ Role and responsibilities of observer
- ◆ Observation techniques appropriate for work with individuals with ASN
- ◆ Analysis of the selected observation method

Higher National Unit specification: statement of standards (cont)

Unit title: Additional Support Needs: Behaviour Analysis and Coping Strategies

Evidence Requirements

Candidates will need evidence to demonstrate their Knowledge and/or Skills by showing that they can:

- ◆ describe a range of observation techniques
- ◆ explain the role and responsibilities of the observer
- ◆ select a relevant observation technique
- ◆ analyse the effectiveness of the selected observation technique when working with individuals with ASN

Assessment Guidelines

Outcomes 2, 3 and 4 are assessed jointly by a written report of 2,000–2,500 words, supplemented by observational checklists. A minimum of two techniques, two theories, two behaviours, two causal factors, two management techniques and two coping strategies should be covered.

Outcome 3

Analyse the behaviour of an individual with ASN in a particular setting in relation to causes and effects

Knowledge and/or Skills

- ◆ Observer's role and responsibilities
- ◆ Behaviour of the individual and identification of needs
- ◆ Potential causes of observed behaviours
- ◆ Potential effects of the observed behaviours
- ◆ Causal factors
- ◆ Human contexts

Evidence Requirements

Candidates will need evidence to demonstrate their Knowledge and/or Skills by showing that they can:

- ◆ explain the observer's role and responsibilities
- ◆ describe behaviour observed
- ◆ identify individual needs
- ◆ explain the causes of behaviours
- ◆ analyse the effects of behaviours
- ◆ describe causal factors

Assessment Guidelines

Outcomes 2, 3 and 4 are assessed jointly by a written report of 2,000–2,500 words, supplemented by observational checklists. A minimum of two techniques, two theories, two behaviours, two causal factors, two management techniques and two coping strategies should be covered.

Higher National Unit specification: statement of standards (cont)

Unit title: Additional Support Needs: Behaviour Analysis and Coping Strategies

Outcome 4

Evaluate coping strategies and management techniques for a particular situation

Knowledge and/or Skills

- ◆ Current relevant theories on teaching approaches related to behaviour management
- ◆ Behaviour Management techniques
- ◆ Current relevant coping strategies
- ◆ Appropriate strategies for particular situations

Evidence Requirements

Candidates will need evidence to demonstrate their Knowledge and/or Skills by showing that they can:

- ◆ explain current theories on teaching approaches
- ◆ explain a range of coping strategies
- ◆ select appropriate coping strategies for particular situations.
- ◆ evaluate the application of the selected strategy
- ◆ evaluate behaviour management techniques for given examples of behavioural patterns

Assessment Guidelines

Outcomes 2, 3 and 4 are assessed jointly by a written report of 2,000–2,500 words, supplemented by observational checklists. A minimum of two techniques, two theories, two behaviours, two causal factors, two management techniques and two coping strategies should be covered.

Administrative Information

Unit code:	F1MG 35
Unit title:	Additional Support Needs: Behavioural Analysis and Coping Strategies
Superclass category:	PK
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Version:	02

History of changes:

Version	Description of change	Date
02	Correction to name of theorist (page 7).	14/02/11

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Higher National Unit specification: support notes

Unit title: Additional Support Needs: Behaviour Analysis and Coping Strategies

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 80 hours.

Guidance on the content and context for this Unit

This Unit is designed to help those whose job role is to assist other professionals and to do so from a point of understanding of the different types of behaviour of individuals with ASN. This will help them to gain the skills to analyse such behaviours and to contribute to the effective management of behaviour within ASN settings and/or other learning environments.

Such analyses will give candidates further insight into common factors and behaviour patterns.

Outcome 1

For Outcome 1 candidates require to examine a range of factors affecting behaviour and the works of the following theorists should be discussed:

Theories of learned behaviour:

- ◆ Role modelling — Bandura
- ◆ Learned Helplessness — Seligman
— Kohlberg
- ◆ Other relevant theorists

Outcome 2

In this Outcome, a range of observational techniques and associated theories should be explored and discussed. The role of the observer and boundaries of responsibilities should be covered. The need for accurate recording/reporting of observations should be covered as should the need for confidentiality and the observer's role in this.

Outcome 3

Whereas Outcome 2 covers theories and techniques, this Outcome is aimed at the practical application of observation and what can be learned from observing the behaviour of individuals. Candidates should be encouraged to investigate and describe behaviour patterns from observing individuals with ASN within an ASN setting or related environment. Where possible, this should be based on their own work situation or placement.

Candidates should be encouraged to examine and analyse a range of behaviours in a given setting(s).

Higher National Unit specification: support notes (cont)

Unit title: Additional Support Needs: Behaviour Analysis and Coping Strategies

Causal factors and contexts should be considered and explored. These could include:

Causal factors:

- ◆ social
- ◆ physical
- ◆ psychological
- ◆ environmental
- ◆ medical
- ◆ methods/elements relative to the individual's behaviour patterns

Contexts:

- ◆ range of environmental contexts
- ◆ classroom
- ◆ public area
- ◆ resource centre
- ◆ community centre
- ◆ college
- ◆ workshop

Range of human contexts:

- ◆ peers
- ◆ the public
- ◆ family
- ◆ those working with individuals with ASN

Outcome 4

For this Outcome, various behaviour management techniques and coping strategies should be explored. This may include:

- ◆ structured programmes, eg those related to specific disorders such as those on the autistic spectrum
- ◆ alternative teaching approaches, eg behaviour modification involving positive reinforcement; Gentle Teaching

A range of techniques and strategies should be covered and candidates should be able to identify, explain and evaluate a minimum of two coping strategies and two management techniques.

Higher National Unit specification: support notes (cont)

Unit title: Additional Support Needs: Behaviour Analysis and Coping Strategies

Guidance on the delivery and assessment of this Unit

This Unit should, where possible, be delivered in a way that relates as much as possible to the work situation/placement of the candidate. However, the candidate should also be given the opportunity to observe situations/behaviours which are outwith their own experience. This could be achieved through roleplay/scenario work. Group discussion, visits, guest speakers and videos could be used to broaden the candidate's knowledge of behaviours outwith their experience.

Outcome 1

For Outcome 1 candidates require to respond to a series of structured questions which should cover theories and responses to behaviour and analyse the relationship between the individual and environment.

Outcomes 2, 3 and 4

These three Outcomes are assessed jointly by a comprehensive report (2,000–2,500 words) covering the knowledge and skills and Evidence Requirements as specified. This will be supplemented by observational checklists. A minimum of two techniques, two theories, two behaviours, two causal factors, two management techniques and two coping strategies should be covered.

Opportunities for developing Core Skills

There is no automatic certification of core skills in this unit. However, there will be opportunities to develop aspects of the Core Skills *Communication* and *Problem Solving*, particularly Written Communication and Analysis (all Outcomes).

Open learning

This Unit may be suitable for open/blended learning approaches.

Disabled candidates and/or those with additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website

www.sqa.org.uk/assessmentarrangements.

General information for candidates

Unit title: Additional Support Needs: Behaviour Analysis and Coping Strategies

This Unit is an optional Unit in the HND Additional Support Needs: Managing and Supporting the Service. It is designed to develop your knowledge and understanding of the behaviour you observe relating to specific additional support needs in a particular setting, different types of behaviour which individuals with Additional Support Needs (ASN) may exhibit, and to equip you with the skills required to analyse the behaviour of individuals with ASN and to identify relevant management techniques.

The Unit covers:

- ◆ Factors affecting behaviour.
- ◆ Observational techniques and how they can be used to support individuals with ASN. The behaviour.
- ◆ The analysis of behaviours you observe relating to specific additional support needs in a particular setting.
- ◆ Evaluating coping strategies and management techniques.

On completion of the Unit you, the candidate, should be able to:

- 1 Explain factors affecting behaviour.
- 2 Analyse observational techniques.
- 3 Analyse the behaviour of an individual with ASN in a particular setting in relation to causes and effect.
- 4 Evaluate coping strategies and management techniques for a particular situation.

This Unit is assessed by two instruments of assessment. Outcome 1 is assessed by structured questions. Outcomes 2, 3 and 4 are assessed jointly by a written report of 2,000–2,500 words supplemented by observational checklists.

This Unit is at SCQF level 8 and carries 16 SCQF credit points.