



Higher National Unit specification: general information

Unit title: Ballet for Musical Theatre 1

Unit code: H4K3 34

Superclass: LB

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Unit purpose

This Unit is intended to develop ballet skills used in Musical Theatre performance, together with Knowledge and Understanding of basic ballet technique.

On completion of this Unit, the learner will be able to:

- 1 Demonstrate basic ballet dance technique at the barre.
- 2 Demonstrate basic ballet dance technique in the centre.
- 3 Demonstrate performance through basic ballet amalgamations.

Recommended prior knowledge and skills

Entry is at the discretion of the centre.

Credit points and level

1 Higher National Unit credit at SCQF level 7: (8 SCQF credit points at SCQF level 7*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

General information (cont)

Core Skills

Opportunities to develop aspects of Core Skills are highlighted in the Support Notes of this Unit specification.

There is no automatic certification of Core Skills or Core Skill components in this Unit.

Context for delivery

If this Unit is delivered as part of a Group Award, it is recommended that it should be taught and assessed within the subject area of the Group Award to which it contributes.

Higher National Unit specification: statement of standards

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The sections of the Unit stating the Outcomes, Knowledge and/or Skills, and Evidence Requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the Knowledge and/or Skills section must be taught and available for assessment. Learners should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Demonstrate basic ballet dance technique at the barre.

Knowledge and/or Skills

- ◆ Centering
- ◆ Posture/stance
- ◆ Balance
- ◆ Alignment

Evidence Requirements

Learners will need to provide evidence to demonstrate their Knowledge and/or Skills in all aspects of the following ballet steps showing that they have an accurate understanding of the practical methods of executing each step. Learners are required to present a series of basic steps with control and co-ordination to include the following exercises:

Barre Work

- ◆ Basic positions — 1st, 2nd, 3rd/5th
- ◆ Pliés
- ◆ Tendus
- ◆ Rond de Jambe
- ◆ Frappés
- ◆ Grand Battement

Outcome 2

Demonstrate basic ballet dance technique in the centre.

Knowledge and/or Skills

- ◆ Centering
- ◆ Posture/stance
- ◆ Balance
- ◆ Alignment
- ◆ Basic understanding of French terms

Higher National Unit specification: statement of standards(cont)

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Evidence Requirements

Learners will need to provide evidence to demonstrate their Knowledge and/or Skills in all aspects of the following ballet steps in the centre, showing that they have an accurate understanding of the practical methods of executing each step. Learners are required to present a series of basic steps with control and co-ordination to include the following exercises as the minimum requirement for this Unit:

Centre Practice

- ◆ Port de Bras
- ◆ Tendus
- ◆ Adage
- ◆ Pirouettes preparation and single turns
- ◆ Révérence

Outcome 3

Demonstrate performance through basic ballet amalgamations.

Knowledge and/or Skills

- ◆ Understanding of rhythm and dynamics
- ◆ Effective portrayal of patterns, shapes and choreographed sequences
- ◆ Projection and style are maintained effectively
- ◆ Physical expression is appropriate

Evidence Requirements

Learners are required to present a minimum of three basic amalgamations from the steps learnt in Outcomes 1 and 2. Each amalgamation should last approximately 45 seconds.

The following requirements should be addressed:

- ◆ Technique
- ◆ Presentation
- ◆ Musicality
- ◆ Rhythmic quality

Higher National Unit specification: support notes

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This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

Guidance on the content and context for this Unit

This Unit is designed to develop the learner's skills and knowledge of ballet in Musical Theatre and is not designed for any specific style of ballet within the Musical Theatre context. Learners should be given the opportunity to explore a range of ballet styles within the Unit to allow them to establish their strengths, weaknesses and range of movement.

Outcome 1 equips learners with basic technical skills required through ballet barre.

Outcome 2 equips learners with basic technical skills required through ballet centre practice.

Outcome 3 assists learners to explore and implement Outcomes 1 and 2 within ballet amalgamations. These sequences will be taught to promote spatial awareness, improve movement memory, demonstrate performance and incorporate stylistic understanding.

Guidance on the delivery of this Unit

This Unit has been developed as part of the HNC/D *Musical Theatre* Group Award. It is required that this Unit be delivered in the first year of the HND.

Lessons should involve mainly practical work which includes classwork, sequences and rehearsals although it is recommended that as many examples of ballet in Musical Theatre be shown, discussed and evaluated to develop learners' awareness of the plethora of styles.

Guidance on the assessment of this Unit

Assessments will be recorded in order to ensure authentication of learner work. This could be done by use of assessment checklists and/or video.

Due to the Unit structure, Outcome 1 should be assessed first. Thereafter, the Outcomes may be assessed separately or concurrently.

Assessment Guidelines

Outcome 1

Evidence should be generated by the performance of ballet barre classwork exercises.

Outcome 2

Evidence should be generated by the performance of ballet centre classwork exercises.

Higher National Unit specification: support notes (cont)

Unit title: Ballet for Musical Theatre 1

Outcome 3

Evidence should be generated by learners performing a minimum of three ballet dance amalgamations of a minimum of 45 seconds each.

Online and Distance Learning

This Unit is not suitable for delivery by distance learning because it requires learners to take part in regular studio based practical sessions, which are required to be led and observed by a qualified practitioner to meet:

- ◆ Evidence Requirements
- ◆ Health and Safety Requirements

Opportunities for developing Core Skills

Outcome 3 demands a minimum level of cooperation from the learners whilst they are demonstrating their amalgamations, as they are also required to show spatial awareness in relation to the other dancers around them. This presents an opportunity to develop aspects of the Core Skill of *Working with Others*.

Disabled learners and/or those with additional support needs

The additional support needs of individual learners should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website www.sqa.org.uk/assessmentarrangements

History of changes to Unit

Version	Description of change	Date

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General information for learners

Unit title: Ballet for Musical Theatre 1

This Unit is designed to develop your overall skills and knowledge of Ballet in Musical Theatre and is not designed for any specific style of ballet within the Musical Theatre context. You should be given the opportunity to explore a range of ballet styles within the Unit to allow you to establish your strengths, weaknesses and range of movement.

Outcome 1 equips you with the basic technical skills required through ballet barre work to appropriately improve and execute Musical Theatre dance styles.

The minimum barre work you will learn will include:

- ◆ Basic positions — 1st, 2nd, 3rd/5th
- ◆ Pliés
- ◆ Tendus
- ◆ Rond de Jambe
- ◆ Frappés
- ◆ Grand Battement

Outcome 2 equips you with the basic technical skills required through ballet centre practice to appropriately improve and execute Musical Theatre dance styles.

The minimum centre work you will learn will include:

- ◆ Port de Bras
- ◆ Tendus
- ◆ Adage
- ◆ Pirouettes preparation and single turns
- ◆ Révérence

Outcome 3 assists you to explore and implement Outcomes 1 and 2 within ballet amalgamations. A minimum of three sequences will be taught and assessed to promote spatial awareness, improve movement memory, demonstrate performance and incorporate stylistic understanding.