



## Higher National Unit Specification

### General information

**Unit title:** Costume Fitting Skills: An Introduction (SCQF level 7)

**Unit code:** HD77 34

**Superclass:** LE

**Publication date:** April 2016

**Source:** Scottish Qualifications Authority

**Version:** 01

### Unit purpose

The aim of this Unit is to provide basic costume fitting skills to industry standards. Learners will produce garments from basic theatrical patterns to fit a male and female figure. This is intended for learners who wish to develop their pattern making skills and improve their career prospects for the stage or screen industries.

### Outcomes

On successful completion of the Unit the learner will be able to:

- 1 Construct sample garments from patterns.
- 2 Perform fittings.

### Credit points and level

1 HN Higher National Unit credit at SCQF level 7 (8 SCQF credit points at SCQF level 8)

### Recommended entry to the Unit

Access is at the discretion of the centre.

## **Higher National Unit Specification: General information (cont)**

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### **Core Skills**

Opportunities to develop aspects of Core Skills are highlighted in the Support Notes for this Unit specification.

There is no automatic certification of Core Skills or Core Skill components in this Unit.

### **Context for delivery**

If this Unit is delivered as part of a Group Award, it is recommended that it should be taught and assessed within the subject area of the Group Award to which it contributes.

### **Equality and inclusion**

This Unit Specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of learners should be taken into account when planning learning experiences, selecting assessment methods or considering alternative evidence.

Further advice can be found on our website [www.sqa.org.uk/assessmentarrangements](http://www.sqa.org.uk/assessmentarrangements).

## Higher National Unit Specification: Statement of standards

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Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

### Outcome 1

Construct sample garments from patterns.

#### Knowledge and/or Skills

- ◆ Create lays
- ◆ Garment markings: tacking, tracing, stitch sizing
- ◆ Materials
- ◆ Health and safety
- ◆ Industrial manufacturing methods (techniques and sequences)
- ◆ Construction of a toile

### Outcome 2

Perform fittings.

#### Knowledge and/or Skills

- ◆ Management of fittings
- ◆ Fitting room preparation
- ◆ Fitting room diplomacy
- ◆ Common practice procedures
- ◆ Figure types
- ◆ Adjustment methods
- ◆ Recording methods
- ◆ Terminology

## **Higher National Unit specification: Statement of standards (cont)**

**Unit title:** Costume Fitting Skills: An Introduction (SCQF level 7)

### **Evidence Requirements for this Unit**

Learners will need to provide evidence to demonstrate their Knowledge and/or Skills across all Outcomes by showing that they can use patterns to produce a lay plan highlighting grain direction, seam allowances and efficient fabric usage.

Learners must construct toiles from production patterns and observe shape, proportions and fit. Toiles must be constructed using industry-related methods and techniques.

Learners must comply with fitting room rules of diplomacy, etiquette and practices. The fittings must cover ways to ensure comfort of fit and ease of movement.

Learners must perform a fitting on a male and female performer abiding by all the health and safety rules and regulations.

Learners will be required to make amendments to their patterns from the fitting to suit the body proportions of the wearer, using measurements accurately.

Learners must provide technical notes and evidence of the cut and fit of the garments. This must include their recording of any amendments to the garments with evaluations to support the changes made.

Learners must demonstrate compliance with health and safety in their practical and recorded work.



## Higher National Unit Support Notes

**Unit title:** Costume Fitting Skills: An Introduction (SCQF level 7)

Unit Support Notes are offered as guidance and are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

### Guidance on the content and context for this Unit

This Unit is a mandatory part of the HNC/HND Costume for Stage and Screen and is designed to extend the learner knowledge of pattern development to include garment fitting to a human figure.

The learner should be shown how to deal with the following figure types and what adjustments are required for the figurations. Learners should also be able to manipulate patterns to fit:

- ◆ Small Bust
- ◆ Large Bust
- ◆ Square shoulders
- ◆ Sloping shoulders
- ◆ Flat seat
- ◆ Female and male figures
- ◆ Inlays

### Guidance on approaches to delivery of this Unit

This Unit should be delivered by the lecturer demonstration of lay plan and construction for fitting techniques followed by learner practicing the techniques.

Learners could produce two toiles to fit selected models using industry related methods. It would be beneficial to learners for the first fitting to involve one item of clothing, with the second fitting introducing two garments. This would allow the learner to build confidence in the technical aspects along with the protocol requirements involved in performing a fitting. This would also enable the learner to use observational skills and study the body form of the model to find out what adjustments are required before developing sample patterns.

The Unit Outcomes should run in chronological order and could be supported by *Early Corsetry: An Introduction to the Production Process* and *Gents Costume Cutting and Construction: an Introduction to Techniques and Processes*.

## Higher National Unit: Support Notes (cont)

**Unit title:** Costume Fitting Skills: An Introduction (SCQF level 7)

### Guidance on approaches to assessment of this Unit

Evidence can be generated using different types of instruments of assessment. The following are suggestions only. There may be other methods that would be more suitable to learners.

Centres are reminded that prior verification of centre devised assessments would help to ensure that the national standard is being met. Where learners experience a range of assessment methods, this helps them to develop different skills that should be transferable to work or further and higher education.

Learners will need to provide evidence to demonstrate that they can use patterns to produce a lay plan highlighting grain direction, seam allowances and quantise fabric usage.

Toiles should be produced from production patterns and tested for shape, proportions, fit and best method of construction. Toiles will be made up using industry related methods and techniques to a fitting stage.

Learners should be introduced to the etiquette and practices with regards to the relationship of the costumier and the performer. Sessions for fittings should cover ways to ensure comfort of fit and ease of movement and an awareness of fitting room diplomacy.

Learners will perform a fitting on a male and female performer abiding by all the health and safety rules and regulations and etiquette in fitting room. The necessary fitting skills will involve observing and being aware of different figures types such as small or large chest, the correct waist positioning, and also altering patterns/garments for long or short figure types.

Production patterns will be altered from the fitting in relation to the original patterns to suit the body proportions of the performer, using measurements accurately in all pattern correcting processes.

Learners should provide photographic evidence of the garments on the model taken after the fitting demonstrating the cut and fit of the patterns/garments. This should be accompanied with technical notes recording any amendments to the garments and evaluations identifying the cut and fit of the patterns/garments.

Learners will be assessed on accuracy, shape and proportion at a fitting. Assessment of health and safety must include the demonstration of health and safety in practical and any written work.

Learners will benefit from a clean dry dedicated room to work in, as well as high tables for fabric cutting and access to a fitting area and long mirror.

All patterns should be accurate to industrial standards and show clearly all necessary cutting instructions. Checklists should be completed as the Unit progresses.

It is envisaged that the learner would be assessed holistically with block pattern manipulations and sample patterns being created from these blocks. All of these sample patterns would be further developed into a toile.

## Higher National Unit: Support Notes (cont)

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### Opportunities for e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or social software. Centres which wish to use e-assessment must ensure that the national standard is applied to all learner evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. The most up-to-date guidance on the use of e-assessment to support SQA's qualifications is available at [www.sqa.org.uk/e-assessment](http://www.sqa.org.uk/e-assessment).

### Opportunities for developing Core and other essential skills

Learners will develop the Core Skills of *Problem Solving*, *Communications* and *Working with Others* in this Unit by working from given specification sheets to identify the correct skills, techniques and machinery and equipment required to complete the samples and component parts.

*Working with Others* and *Communication* can be developed by the learner negotiating, planning and sequencing the use of limited specialist machinery and equipment with fellow learners in the completion of the samples and the final costume components. Throughout this Unit learners will continually consult and discuss with staff in the areas of fabric cutting, pattern development and garment production.

*Numerical* skills can be developed by the learner measuring from an economical lay plan to calculate the required quantities. Learners will also be required to manipulate block patterns to fit a model after the fitting stage.

## History of changes to Unit

Version	Description of change	Date

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## General information for learners

### **Unit title:** Costume Fitting Skills: An Introduction (SCQF level 7)

This section will help you decide whether this is the Unit for you by explaining what the Unit is about, what you should know or be able to do before you start, what you will need to do during the Unit and opportunities for further learning and employment.

This Unit will introduce you to the preparation of garments for a fitting by using patterns to produce a lay plan which should highlight grain direction, seam allowances and fabric usage.

You will then construct the costume to a fitting stage using industry-related methods and techniques

Before conducting a fitting you will be introduced to fitting room preparation, fitting room diplomacy and common practice procedures.

Health and safety issues which commonly occur will be included with tutor led discussion which will ensure you have clear understanding of safe practices relating to industry standards.

You will perform two fittings, one on a male and one on a female figure. The first fitting will be achieved by individually fitting one garment, in a role play situation. The second fitting will be set in a professional situation consisting of a full but uncomplicated costume.

You will learn to develop patterns and garments to fit figures types such as small or large chest, the correct waist positioning, and also altering patterns for long or short figure types.

You will make amendments to the original patterns from the fitting to suit the body proportions of the performer, using measurements accurately in all pattern correcting processes.

You will be asked to provide photographic evidence of the garments on the model after the fitting. This evidence should be accompanied with technical notes recording amendments to the garments and evaluations identifying the cut and fit of the patterns/garments.