



Higher National Unit specification

General information

Unit title: Equitation Instructional Techniques (SCQF level 7)

Unit code: HG54 34

Superclass: SH

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Version: 02

Unit purpose

This unit is designed to teach the required knowledge and skills to enable the learner to apply the basic principles of teaching, including manner, voice, control, etc and that they have the ability to improve their pupil's horsemanship and horsemastership using a progressive plan. The learner will be required to plan and prepare for different types of lesson. They will then have the opportunity to apply this planning by delivering a lesson, taking in to account the health and safety of the riders, horses and others. Finally the learner will prepare and deliver stable management lectures.

This unit is suitable for those who wish to pursue a career in a riding school or within the equine industry in general.

Outcomes

On successful completion of the unit the learner will be able to:

- 1 Plan and prepare riding lessons
- 2 Demonstrate teaching techniques
- 3 Produce and deliver stable management lectures

Credit points and level

2 Higher National unit credits at SCQF level 7: (16 SCQF credit points at SCQF level 7)

Higher National Unit Specification: General information (cont)

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Recommended entry to the unit

Entry to this unit is at the discretion of the delivering centre, however learners will require prior experience of riding. This could be evidenced by unit FV9V 10 *Horse Care: Equitation 1*, BHS Stage 2 or relevant vocational experience.

Core Skills

Achievement of this Unit gives automatic certification of the following Core Skills component:

Complete Core Skill	None
Core Skill component	Critical Thinking at SCQF level 5 Planning and Organising at SCQF level 5

There are also opportunities to develop aspects of Core Skills which are highlighted in the Support Notes of this Unit specification.

Context for delivery

If this unit is delivered as part of a Group Award, it is recommended that it should be taught and assessed within the subject area of the Group Award to which it contributes.

Equality and inclusion

This unit specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of learners should be taken into account when planning learning experiences, selecting assessment methods or considering alternative evidence.

Further advice can be found on our website www.sqa.org.uk/assessmentarrangements.

Higher National Unit specification: Statement of standards

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Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the Knowledge and/or Skills section must be taught and available for assessment. Learners should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Plan and prepare riding lessons

Knowledge and/or Skills

- ◆ General principles of equitation
- ◆ Value of various types of lesson
- ◆ Distances used for ground poles, grids, combinations and related distances
- ◆ Importance of lesson planning
- ◆ Lesson structure and content
- ◆ Rider ability
- ◆ Sports psychology
- ◆ Risk assessment
- ◆ Riding equipment
- ◆ Rider clothing
- ◆ Policies and current standards
- ◆ Child protection issues

Outcome 2

Demonstrate teaching techniques

Knowledge and/or Skills

- ◆ Preparation of riders
- ◆ Preliminary checks of saddlery and equipment
- ◆ Lesson plans
- ◆ Suitability of exercises for type of lesson and rider
- ◆ Giving clear commands
- ◆ Control of the ride
- ◆ Giving and receiving clear feedback during and after lesson
- ◆ Equipment checks when lunging
- ◆ Suitability, preparation and control of the lunge horse
- ◆ Suitability, preparation and control of the lead rein horse
- ◆ Types of lead suitable for rider (short lead or end of lead rope)
- ◆ Relevant Health and Safety requirements

Higher National Unit specification: Statement of standards (cont)

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Outcome 3

Produce and deliver stable management lectures

Knowledge and/or Skills

- ◆ Preparing a lecture
- ◆ Delivering a lecture in an interesting manner
- ◆ Use of props as appropriate
- ◆ Presentation skills
- ◆ Communication skills

Evidence Requirements for this unit

Learners will need to provide evidence to demonstrate their Knowledge and/or skills across all Outcomes by showing that they can:

For Outcome 1 and Outcome 2:

Develop a lesson plan for two of the following lesson types:

- ◆ Private
- ◆ Class
- ◆ Lunge
- ◆ Lead rein
- ◆ Instructional hack

Deliver a lesson based on one of the lessons plans developed above, demonstrating:

- ◆ Following lesson plan
- ◆ Adapting lesson plan as required
- ◆ Suitable exercises
- ◆ Clear voice
- ◆ Control of the ride
- ◆ Control of horse when lunging and leading
- ◆ Giving clear feedback throughout
- ◆ Seeking feedback from rider
- ◆ Safe and suitable use of equipment
- ◆ Adherence to all relevant health and safety requirements

For Outcome 3:

- ◆ Prepare and deliver one theoretical and one practical stable management lecture
- ◆ Use props where appropriate
- ◆ Answer questions at end of lectures

Higher National Unit Support Notes

Unit title: Equitation Instructional Techniques (SCQF level 7)

Unit Support Notes are offered as guidance and are not mandatory.

While the exact time allocated to this unit is at the discretion of the centre, the notional design length is 80 hours.

Guidance on the content and context for this unit

This unit is primarily intended for learners who plan to embark on a career in the riding school sector of the equine industry. It aims to develop the learner's skills to be competent to teach at a basic level. The learner will also develop their understanding of the basic principles of equitation, lesson planning, sports psychology, Child Protection and Health and Safety in relation to the teaching of riding.

Outcome 1:

Lesson structure and content would normally cover the following types of lesson:

- ◆ Private
- ◆ Class
- ◆ Lunge
- ◆ Lead rein
- ◆ Instructional hack

Aspects of rider ability could include:

- ◆ Child/adult rider
- ◆ Level of experience
- ◆ Level of fitness
- ◆ Signs of physical stress

Sports psychology could cover aspects of:

- ◆ How the rider learns
- ◆ Motivation
- ◆ Visualisation
- ◆ Over-confident riders/timid riders
- ◆ Giving and seeking feedback

Risk Assessments should cover:

- ◆ Number of riders
- ◆ Safe work area
- ◆ Safe use of equipment

Higher National Unit Support Notes (cont)

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Policies and current standards regarding the following should be covered:

- ◆ Hats
- ◆ Body protectors
- ◆ Footwear
- ◆ Jewellery
- ◆ Accident procedures

Outcome 2:

Learners will develop the skills required to teach a class lesson of 3–4 pupils, lunge and lead rein lessons. Class lessons will be for riders at BHS Stage 2/SVQ level 2 and lead and lunge lessons will be for riders from beginner to BHS Stage 2/SVQ level 2. They will undertake practical sessions where the handling and content will be practiced in a variety of lesson scenarios. The lesson scenarios should include riding on the flat, use of ground poles and grids or jumps.

Outcome 3:

Learners will develop the knowledge and skills required to produce and deliver stable management lessons, both practical and theory based. This should cover the structure content and delivery of lectures and should include practical sessions where lectures are delivered.

Guidance on approaches to delivery of this unit

This unit can be delivered as a free standing unit or as part of a Group Award, for example the HND in Equine Studies. Where delivered as part of a Group Award it would be beneficial for it to be delivered following or in conjunction with complimentary units, for example Equitation.

Visits to riding schools and trekking centres could be carried out as appropriate and contact with the general public would be beneficial as would access to visiting trainers.

Guidance on approaches to assessment of this unit

The assessment of this unit would lend itself to a mix of practical and theory assessments in keeping with the content covered by the unit.

Evidence can be generated using different types of assessment. The following are suggestions only. There may be other methods that would be more suitable to learners.

Outcome1 could be assessed by the production of two lesson plans.

Higher National Unit Support Notes (cont)

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They should include the importance of lesson planning and the value of the chosen types of lesson. Lesson types would include:

- ◆ Private
- ◆ Class
- ◆ Lunge
- ◆ Lead rein
- ◆ Instructional hack
- ◆ Practical stable management

Outcome 2 could be assessed by observation of the delivery of two lessons. One of the lessons would normally be a class lesson and the other either a lunge or lead rein lesson. An observation checklist could be used to record the learner's achievement.

Outcome 3 could be assessed by the production and delivery of two stable management lectures, one practical and one theory/classroom based.

This unit may lend itself to be assessed holistically, especially in combining the assessments for Outcomes 1 and 2, where the learner can plan the lessons in Outcome 1 and deliver them in Outcome 2.

Centres are reminded that prior verification of centre-devised assessments would help to ensure that the national standard is being met. Where learners experience a range of assessment methods, this helps them to develop different skills that should be transferable to work or further and higher education.

Opportunities for e-assessment

E-assessment may be appropriate for some assessments in this unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or social software. Centres which wish to use e-assessment must ensure that the national standard is applied to all learner evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. The most up-to-date guidance on the use of e-assessment to support SQA's qualifications is available at www.sqa.org.uk/e-assessment.

Opportunities for developing Core and other essential skills

There is no automatic certification of Core Skills or Core Skills components in this unit, however there may be opportunities to develop the Core Skills of *Communication, Problem Solving and Working with Others* at SCQF level 6.

This Unit has the Critical Thinking and Planning and Organising components of Problem Solving embedded in it. This means that when learners achieve the Unit, their Core Skills profile will also be updated to show they have achieved Critical Thinking at SCQF level 5 and Planning and Organising at SCQF level 5.

History of changes to unit

Version	Description of change	Date
02	Core Skills Components Critical Thinking and Planning and Organising at SCQF level 5 embedded.	16/11/2016

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General information for learners

Unit title: Equitation Instructional Techniques (SCQF level 7)

This section will help you decide whether this is the unit for you by explaining what the unit is about, what you should know or be able to do before you start, what you will need to do during the unit and opportunities for further learning and employment.

This unit would be suited to you if you wish to pursue a career in the riding school industry or related areas.

This unit is designed to enable you to develop the skills needed to safely and effectively teach riding. You will develop your ability to teach to an appropriate level and to prepare for and deliver various types of lessons and instructional formats. You will also develop your knowledge of the basic principles of equitation; lesson planning, formats and subjects; sports psychology; child protection issues and Health and Safety in relation to the teaching of riding.

On completion of this unit you will be able to:

- 1 Plan and prepare riding lessons
- 2 Demonstrate teaching techniques
- 3 Produce and deliver stable management lectures

The assessment for this unit is likely to include a mix of theory and practical assessments, including producing lesson plans and stable management lectures as well as delivering lessons and giving the lectures.

In addition to the skills given above you may also have the opportunity to develop the Core Skills of *Communication, Problem Solving and Working with Others*.

This Unit has the Critical Thinking and Planning and Organising components of Problem Solving embedded in it. This means that when you achieve the Unit, your Core Skills profile will also be updated to show you have achieved Critical Thinking at SCQF level 5 and Planning and Organising at SCQF level 5.