## -SQA- SCOTTISH QUALIFICATIONS AUTHORITY

# NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION GENERAL INFORMATION

-Module Number- 5150064 -Session-1994-95
-Superclass- HL
-Title- DEPILATION

# -DESCRIPTION-

**GENERAL COMPETENCE FOR UNIT:** Applying non-permanent cosmetic treatments to camouflage or remove superfluous hair from the face and body.

# **OUTCOMES**

- 1. examine the functions of non permanent methods of camouflaging or removing superfluous hair from the face and body;
- 2. apply appropriate non permanent treatments to camouflage or remove superfluous hair;
- 3. evaluate the effects of non permanent methods of camouflage or removal of superfluous hair.

**CREDIT VALUE:** 1 NC Credit

ACCESS STATEMENT: There is no access statement for this module.

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# NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION STATEMENT OF STANDARDS

**UNIT NUMBER:** 5150064

UNIT TITLE: DEPILATION

Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

#### OUTCOME

1. EXAMINE THE FUNCTIONS OF NON PERMANENT METHODS OF CAMOUFLAGING OR REMOVING SUPERFLUOUS HAIR FROM THE FACE AND BODY

#### PERFORMANCE CRITERIA

- (a) The characteristics of superfluous hair growth are accurately identified.
- (b) Products and equipment available for depilation and camouflage treatment are correctly categorised according to their function.
- (c) The specific action of identified products and equipment is accurately explained.

### **RANGE STATEMENT**

Hair: structure; growth cycle; types of growth.

Locations: eyebrows; lip; face; chin; underarm; abdomen; bikini line; legs; toes; arms.

Causes; biological; hereditary; drug related; plucking.

Products: depilatory creams; bleaching creams; waxes; cold strips; sugaring.

Equipment: razors; electric shavers; epilators; gloves/mitts; electric heater for waxes; roll on waxers.

Removal: from skin surface only: removal including root; dissolving action to just below skin surface.

Camouflage by removal of colour pigment.

#### **EVIDENCE REQUIREMENTS**

Written and/or oral evidence of the candidate's ability to identify the characteristics of superfluous hair growth.

Written and/or oral evidence of the candidate's ability to categorise products and equipment for depilation and camouflage.

Written and/or oral evidence of the candidate's ability to identify the specific action of identified products, equipment and the standard skin reaction to each one.

#### **OUTCOME**

2. APPLY APPROPRIATE NON PERMANENT TREATMENTS TO CAMOUFLAGE OR REMOVE SUPERFLUOUS HAIR

#### PERFORMANCE CRITERIA

- (a) Contra indications to each treatment are correctly identified.
- (b) Selection of product or equipment is appropriate to type of hair growth.
- (c) Preparation for each type of treatment is appropriate.
- (d) Each treatment is carried out effectively, safely and hygienically.
- (e) All waste products are disposed of hygienically.

#### **RANGE STATEMENT**

Contra indications: skin disorders; bruising; swelling; warts; moles; scar tissue; loss of tactile sensation; inflammation; sepsis; cuts; abrasions; fractures; sprains; varicose veins; post UV treatment.

Preparation: client; products; equipment.

Treatments: bleaching; shaving; depilatory creams; depilatory gloves/mitts; epilators; waxing.

Aftercare: exposure to UV; hot baths; perfumes; antiseptic creams; ingrown hairs.

# **EVIDENCE REQUIREMENTS**

Written and/or oral evidence of the candidate's ability to identify contra indications correctly.

Practical evidence of the candidate's ability to make appropriate preparations for each treatment.

Practical evidence of the candidate's ability to perform each treatment effectively.

#### OUTCOME

3. EVALUATE THE EFFECTS OF NON PERMANENT METHODS OF CAMOUFLAGE OR REMOVAL OF SUPERFLOUS HAIR

#### PERFORMANCE CRITERIA

- (a) Factors relating to types of treatment are discussed to identify client's preferred choice.
- (b) The explanation of the efficacy of each method is accurate in achieving the aims of the treatment.
- (c) Treatment strategies which provide optimum results are identified correctly for hair types.

#### RANGE STATEMENT

Factors: availability; comfort; cost; time factor; personal choice.

Efficacy: regrowth period; success; minimum skin reaction; time factors; long term effect.

Strategies for: fine hair; coarse hair; fast regrowth; sensitive skin; combined methods and/or products.

#### **EVIDENCE REQUIREMENTS**

Written/oral evidence of the candidate's ability to recognise factors which influence client choice.

Written/oral evidence of the candidate's ability to compare treatment results.

Written/oral evidence of the candidate's ability to identify a strategy for optimum results.

### **ASSESSMENT RECORDS**

In order to achieve this unit, candidates are required to present sufficient evidence that they have met all the performance criteria for each outcome within the range specified. Details of these requirements are given for each outcome. The assessment instruments used should follow the general guidance offered by the SQA assessment model and an integrative approach to assessment is encouraged. (See references at the end of support notes).

Accurate records should be made of assessment instruments used showing how evidence is generated for each outcome and giving marking schemes and/or checklists, etc. Records of candidates' achievements should be kept. These records will be available for external verification.

# **SPECIAL NEEDS**

In certain cases, modified outcomes and range statements can be proposed for certification. See references at end of Support Notes.

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## NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION

# **SUPPORT NOTES**

**UNIT NUMBER:** 5150064

UNIT TITLE: DEPILATION

**SUPPORT NOTES:** This part of the unit specification is offered as guidance. None of the sections of the support notes is mandatory.

**NOTIONAL DESIGN LENGTH:** SQA allocates a notional design length to a unit on the basis of time estimated for achievement of the stated standards by a candidate whose starting point is as described in the access statement. The notional design length for this unit is 40 hours. The use of notional design length for programme design and timetabling is advisory only.

**PURPOSE** This module may be taken as a free standing module. It is suitable for personal presentation programmes as well as for vocational application.

SQA publishes summaries of NC units for easy reference, publicity purposes, centre handbooks, etc. The summary statement for this unit is as follows:

On completion of this module you will be able to apply treatments for the camouflage or removal of superfluous hair to the standard required by industry. You will also have knowledge of types of hair growth and available products and equipment.

**CONTENT/CONTEXT** The candidate should achieve a comprehensive knowledge of depilation products and equipment and be able to apply each of them as indicated to meet individual client requirements.

Corresponding to outcomes 1-3:

- 1. Knowledge of the hair growth cycle and the structure of skin and hair should be sufficient to allow the candidate to make accurate assessments of individual clients before during and after treatment.
  - Consideration should be given to the general physical physiological and psychological factors which accompany superfluous hair growth. Candidates should not however be required to study the endocrine system in depth and to name specific drugs or health conditions which are causitive factors.
- 2. Trade journals and company brochures will provide a valuable source of information on available products, equipment and company representatives are usually available to demonstrate new items.

Continuation

Many different product types and ranges exist although the action of each is similar. It is necessary therefore to expose the candidate to as wide a selection of products as possible and essential that each category of removal is observed.

Safety and hygiene factors should have due consideration and Industry Codes of Practice relating to spillage of blood and/or body fluids should be observed.

Disposal of depilated hair should be hygienic and wax sterilisation procedures must be safe and complete. The temperature of the wax must always be tested prior to application.

It is essential to cultivate a responsible attitude while working with hot wax on sensitive body areas particularly where the client is of nervous disposition and to develop clean and efficient working methods.

3. Client record cards, discussion with clients, and feedback from industry could provide indicators of client preferences in depilatory treatments.

A survey could be undertaken by the candidate group and used as evidence in the evaluation process.

APPROACHES TO GENERATING EVIDENCE Most of this module requires a candidate centred approach with demonstrations of practical activity provided by the tutor and/or outside agencies.

Candidates should be encouraged to identify contra indications to treatment on live models whenever possible with reference to slides, videos, photographs and books when live examples are not available.

Practical activity can be carried out in pairs or small groups with each candidate having the opportunity to experience the treatment, practice the application and carry out evaluation. This will generate the kind of opinions which clients will offer and will develop greater empathy in the client handling skills.

Candidates could devise a checklist of points to be considered when undergoing treatment as a 'client' and grade each of the treatments in order of preference, results, time, comfort, etc.

This information, coupled with client feedback should give fairly wide scope to the discussion group and ensure each candidate's participation in the process.

# **ASSESSMENT PROCEDURES** Corresponding to outcomes 1-3:

Outcome 1 Each performance criteria could be assessed by short answer questions.

Satisfactory achievement of the outcome is based on all the performance criteria being met.

Outcome 2 Performance criterion (a) could be assessed by the correct identification of a minimum of ten contra indications from live models and/or photographs or descriptions.

Performance criteria (b) and (c) could be assessed by observation of the candidate in practical activity using a checklist to cover the following points:

- 2.1 consults with the client
- 2.2 prepares working area correctly
- 2.3 prepares equipment and products for use
- 2.4 prepares client appropriately for treatment
- 2.5 Prepares skin for treatment
- 2.6 uses bleaching cream correctly
- 2.7 uses a razor correctly
- 2.8 uses depilatory cream correctly
- 2.9 uses an epilator correctly
- 2.10 uses a depilatory glove correctly
- 2.11 uses pre-waxed strips correctly
- 2.12 uses cool wax correctly with strips
- 2.13 uses hot wax correctly
- 2.14 carries out aftercare of skin
- 2.15 demonstrates a responsible attitude
- 2.16 observes safe and hygienic practices.

Satisfactory achievement of this outcome is based on all the performance criteria being met.

Outcome 3 Performance criteria (a) and (b) could be assessed by candidate participation in the discussion and evaluation process supported by the written evidence which they have collected prior to and for the discussion.

Performance criterion (c) could be assessed by the recorded evaluation arising from the discussion group or from one individual report compiled by each candidate.

Satisfactory achievement of this outcome is based on all of the performance criteria being met.

**RECOGNITION** Many SQA NC units are recognised for entry/recruitment purposes. For up-to-date information see the SQA guide 'Recognised and Recommended Groupings'.

## **REFERENCES**

Unit No. 5150064

- 1. Guidelines for Module Writers.
- SQA's National Standards for Assessment and Verification. 2.
- For a fuller discussion on assessment issues, please refer to SQA's 3. Guide to Assessment.
- Procedures for special needs statements are set out in SQA's guide 4. 'Students with Special Needs'.

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