

National Unit Specification: general information

UNIT Cosmetology: Hairdressing Practical Skills (Intermediate 1)

CODE FOFA 10

COURSE

SUMMARY

The focus of this Unit is practical. Candidates will learn how to perform shampooing and conditioning treatments, how to effectively detangle, section, secure and control hair. They will also learn how to select and use tools and hand held electrical equipment to create a variety of shapes on hair.

This Unit is suitable for those who have no previous qualifications or experience and wish to gain an introductory qualification as part of a general education or a first step to more specialised study Unit.

OUTCOMES

- 1 Prepare client for shampoo and surface conditioning treatment.
- 2 Perform shampooing and surface conditioning treatments.
- 3 Control hair using basic practical skills.
- 4 Use hand held electrical equipment to shape hair.

RECOMMENDED ENTRY

Entry is at the discretion of the centre.

CREDIT VALUE

1 credit at Intermediate 1 (6 SCQF credit points at SCQF level 4*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates*

Administrative Information

Superclass: HL

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National Unit Specification: general information (cont)

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CORE SKILLS

There is no automatic certification of Core Skills or Core Skills components in this Unit. Opportunities for developing aspects of Core Skills are highlighted in *Guidance on Learning and Teaching Approaches*.

National Unit Specification: statement of standards

UNIT Cosmetology: Hairdressing Practical Skills (Intermediate 1)

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit Specification. All sections of the statement of standards are mandatory and cannot be altered without reference to the Scottish Qualifications Authority.

OUTCOME 1

Prepare client for shampoo and surface conditioning treatment.

Performance Criteria

- (a) Protect the client in accordance with workplace procedures.
- (b) Prepare the hair for shampooing and surface conditioning treatment in accordance with workplace procedures.
- (c) Select shampoo and conditioner appropriate to client's needs.

OUTCOME 2

Perform shampooing and surface conditioning treatment.

Performance Criteria

- (a) Position client comfortably and effectively at the basin.
- (b) Test suitability of water and adapt temperature and flow to suit the needs of the client.
- (c) Shampoo and condition hair and scalp using appropriate massage techniques and quantities of product.
- (d) Check the hair and scalp is left clean and free from product.
- (e) Remove excess moisture from the hair and wrap in a towel.
- (f) Demonstrate client care throughout.
- (g) Tidy area in accordance with workplace procedures.

OUTCOME 3

Control hair using basic practical skills.

Performance Criteria

- (a) Perform detangling hair without causing damage.
- (b) Apply clean partings to the hair to create straight, diagonal, curved and zigzag effects.
- (c) Secure and control hair effectively.
- (d) Use selected tools and equipment safely and effectively.

National Unit Specification: statement of standards (cont)

UNIT Cosmetology: Hairdressing Practical Skills (Intermediate 1)

OUTCOME 4

Use hand held electrical equipment to shape hair.

Performance Criteria

- (a) Select appropriate tools and electrical equipment to achieve an identified effect.
- (b) Demonstrate the safe and effective use of tools and equipment.
- (c) Create a variety of shapes on a mesh of hair.

EVIDENCE REQUIREMENTS FOR THIS UNIT

Practical performance evidence is required to demonstrate that all Outcomes and Performance Criteria have been achieved Evidence may be gathered at appropriate parts throughout the Unit.

Outcome 1

Candidates will demonstrate by practical performance on four occasions that they can prepare for shampoo and surface conditioning treatments.

The evidence will include:

- ◆ workplace procedures for client protection
- ◆ workplace procedures for hair preparation
- ◆ shampoos and conditioners available for use

Outcome 2

Candidates will demonstrate by practical performance on four occasions that they can perform shampoo and surface conditioning treatments.

The evidence will include:

- ◆ position client comfortably and effectively at the basin
- ◆ test suitability of water temperature
- ◆ adapt water temperature and flow to suit the needs of the client
- ◆ use appropriate quantities of product
- ◆ shampoo and condition hair and scalp using appropriate massage techniques
- ◆ check the hair and scalp is left clean and free from product
- ◆ remove excess moisture from the hair
- ◆ wrap hair effectively in a towel
- ◆ demonstrate client care throughout
- ◆ tidy area in accordance with workplace procedures

National Unit Specification: statement of standards (cont)

UNIT Cosmetology: Hairdressing Practical Skills (Intermediate 1)

Outcome 3

Candidates will demonstrate by practical performance on three occasions that they can control hair appropriately.

The evidence will include:

- ◆ combing hair effectively
- ◆ making clean partings in the hair — straight, diagonal, curved, zigzag
- ◆ methods of effectively securing hair
- ◆ methods of effectively controlling hair
- ◆ effective use of tools and equipment

Outcome 4

Candidates will demonstrate by practical performance on three occasions that they can use hand held electrical equipment safely and effectively shape a mesh of hair.

The evidence will include:

- ◆ safe use of electrical equipment
- ◆ control of airflow to smooth cuticle and effectively change the shape of the hair
- ◆ brush control
- ◆ methods of using electrical equipment to shape hair
- ◆ precautions to be taken when using heated appliances
- ◆ reason for allowing hair to cool in order to maintain shape

The practical performances should be recorded on an assessor observation checklist.

Sample assignment briefs and assessor checklists are included in the Assessment Support Pack which has been produced for this Unit. Centres who wish to produce their own instruments of assessment should refer to the Assessment Support Pack to ensure a comparable standard.

National Unit Specification: support notes

UNIT Cosmetology: Hairdressing Practical Skills (Intermediate 1)

This part of the Unit Specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

GUIDANCE ON THE CONTENT AND CONTEXT FOR THIS UNIT

This Unit is designed to enable candidates to become proficient in the basic practical skills of protecting and preparing the client before performing shampooing and surface conditioning treatments. This will include following all workplace procedures, positioning client, testing suitability of water temperature, adapting temperature and flow as necessary. Candidates will also learn how to carry out effective shampooing and conditioning techniques, effective cleansing of hair and scalp.

Candidates will have to correctly demonstrate that they can detangle hair without damage. They will learn to perform clean and effective sectioning and securing of the hair in order to maintain effective control.

Candidates will demonstrate their ability in using a range of hand held electrical equipment. The candidate should be aware of the reason to allow hair to cool in order to maintain shape. The candidate should demonstrate that they are able to:

- ◆ identify hand held electrical equipment to be used, one of which must be a hand held dryer
- ◆ use equipment safely
- ◆ control of airflow to smooth cuticle
- ◆ use good brush control
- ◆ alter the shape of a mesh of hair
- ◆ allow hair to cool to maintain shape

In each Outcome the candidate will be required to demonstrate their ability during practical performance in a realistic working environment.

To achieve success in the Unit candidates will need to have good practical skills in the following:

- ◆ preparing client according to the workplace procedures
- ◆ basic hygiene and safety procedures for the working environment
- ◆ shampooing and surface conditioning.
- ◆ ability to detangle hair without causing damage
- ◆ make clean partings to section the hair
- ◆ securing and controlling hair effectively
- ◆ selecting appropriate tools and electrical equipment to achieve an identified effect
- ◆ controlling the airflow and correct use of electrical equipment to produce a smooth finish on the hair
- ◆ good brush control techniques when using electrical equipment to change the hair's shape
- ◆ creating a variety of shapes on a mesh of hair
- ◆ precautions when using heated appliances
- ◆ reason for hair to be allowed to cool to maintain shape

National Unit Specification: support notes (cont)

UNIT Cosmetology: Hairdressing Practical Skills (Intermediate 1)

- ◆ observing workplace procedures for health and safety

GUIDANCE ON LEARNING AND TEACHING APPROACHES FOR THIS UNIT

The requirements of the Unit should be discussed with candidates prior to commencement.

Owing to the practical nature of this Unit, knowledge and understanding relating to the required practical skills may be developed through discussion and practical demonstration.

Candidates will work initially on mannequin heads and then with peers to practise skills and gain confidence before progressing in a realistic working environment. This process is ongoing with performance becoming more effective after each successive practical session, ensuring basic standard practices become instilled over the duration of the Unit.

It is anticipated that knowledge and understanding underpinning the practical skills will be apparent in the candidate's performance.

Candidates should be made aware of working procedures for preparation and protection of the client in the practical situation. Techniques used in shampooing and surface conditioning will be demonstrated and product selection discussed before commencing the shampoo and conditioning treatment. Candidates should be advised on how to care for their hands appropriately during this process to avoid the risk of dermatitis.

The teacher/lecturer should demonstrate of safe and effective methods of detangling hair and the use of tools to section and control and secure hair, followed by student practice to develop these skills. Identification and discussion should take place on tools, and hand-held electrical equipment used to shape hair in relation to different hair lengths, hair types and shape to be created, including the use of nozzle and diffuser attachments. Demonstration, observation and practice of shaping hair techniques can be carried out on mannequin heads using the tools, equipment and attachments for the hand-held dryer. Working in pairs, each candidate will progress to changing the shape of the hair by using hand-held electrical equipment. Particular attention should be placed on the safe use of the electrical equipment, eg safe temperature, correct airflow control and direction, and the need for constant movement of dryer.

Safe and hygienic practices should be reinforced throughout the Unit in relation to client, self, equipment and the working environment. Workplace rules should comply with current relevant Health and Safety legislation. Examples of these include:

- ◆ Health and Safety at work act
- ◆ Workplace (Health Safety and Welfare)
- ◆ Manual Handling Operations Regulations
- ◆ Personal Protective Equipment at Work Regulations
- ◆ Provision and Use of Work Equipment Regulations
- ◆ Control of Substances Hazardous to Health Regulation (COSHH) to include subsequent amendments
- ◆ Electricity at Work Regulations
- ◆ Reporting of Injuries, Diseases and Dangerous Occurrences Regulations

National Unit Specification: support notes (cont)

UNIT Cosmetology: Hairdressing Practical Skills (Intermediate 1)

Opportunities for Developing Core Skills

In this Unit, candidates will carry out practical activities in the selected workplace environment which will involve listening, seeking advice, talking to customers and collecting and organising information from a number of sources. These are good opportunities for developing communication skills and for working co-operatively with others.

GUIDANCE ON APPROACHES TO ASSESSMENT FOR THIS UNIT

It is recommended that the assessments for Outcomes 1 and 2 is carried out together over a realistic timeframe which will give candidates the opportunity to develop good working practices.

The practical performance in Outcome 1 leads to the practical performance in Outcome 2.

The assessments for Outcome 3 and 4 may be carried out together over a realistic timeframe which will give candidates the opportunity to develop good working practices.

Time should be left, however, to allow for re-assessment where necessary.

It is expected that, at this level, the candidate will be given support and guidance from the assessor/person responsible before progressing to assessment.

CANDIDATES WITH DISABILITIES AND/OR ADDITIONAL SUPPORT NEEDS

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* (www.sqa.org.uk).