

## National Unit Specification: general information

**UNIT** Care Principles and Practice (Higher)

**CODE** F1C6 12

**COURSE** Health and Social Care (Higher)

### SUMMARY

This Unit is a mandatory Unit of the Higher Health and Social Care Course, but can also be taken as a free-standing Unit.

The Unit is suitable for candidates who have not previously studied health and social care or had employment experience in this sector. It may also provide progression for candidates who have successfully completed Intermediate 2 Care Course or Unit(s) or Intermediate 2 Early Education and Childcare Course or Unit(s).

The purpose of this Unit is to give candidates a sound foundation of the values that underpin health and social care work and the standards workers should meet. Candidates will investigate the National Care Standards, the principles underpinning them and why they are important in care work. Then they will take part in a group presentation of their findings. They will also learn how to apply these standards by assessing a person's needs and strengths and producing a plan of care.

### OUTCOMES

- 1 Contribute to a group investigation into the importance of the National Care Standards in health and social care work.
- 2 Participate in a group presentation on the National Care Standards
- 3 Explain the care planning process used to meet a service user's needs
- 4 Produce a plan to meet the needs of a specific service user.

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### Administrative Information

**Superclass:** PM

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## **National Unit Specification: general information (cont)**

### **UNIT** Care Principles and Practice (Higher)

#### **RECOMMENDED ENTRY**

While entry is at the discretion of the centre, candidates would normally be expected to have attained one of the following, or equivalent:

#### **CREDIT VALUE**

1 credit at Higher (6 SCQF credit points at SCQF level 6\*).

*\*SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

#### **CORE SKILLS**

There is no automatic certification of Core Skills in this Unit.

Opportunities for developing aspects of Core Skills are highlighted in *Guidance on Learning and Teaching Approaches for this Unit*.

## **National Unit Specification: statement of standards**

### **UNIT Care Principles and Practice (Higher)**

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit Specification. All sections of the statement of standards are mandatory and cannot be altered without reference to the Scottish Qualifications Authority.

#### **OUTCOME 1**

Contribute to a group investigation into the importance of the National Care Standards in health and social care work.

##### **Performance Criteria**

- (a) Agree roles and responsibilities with the others in the group.
- (b) Gather agreed information from a variety of sources about the principles underpinning the National Care Standards.
- (c) Gather agreed information from a variety of sources about how the National Care Standards apply these principles.
- (d) Gather agreed information from a variety of sources about why it is important for care workers to apply these Standards.
- (e) Work co-operatively with others throughout the investigation.

#### **OUTCOME 2**

Participate in a group presentation on the National Care Standards.

##### **Performance Criteria**

- (a) Agree roles, responsibilities and group goals with members of the group.
- (b) Prepare an agreed part of the presentation to meet agreed group goals.
- (c) Present the agreed part of the presentation effectively.
- (d) Work co-operatively with others throughout the preparation and presentation.

#### **OUTCOME 3**

Explain the care planning process used to meet a service user's needs.

##### **Performance Criteria**

- (a) Describe the needs people have at different life stages.
- (b) Explain a person-centred approach to care planning.
- (c) Explain the stages of the care planning process that are used to meet a service user's needs.

## **National Unit Specification: statement of standards (cont)**

### **UNIT Care Principles and Practice (Higher)**

#### **OUTCOME 4**

Produce a plan to meet the needs of a specific service user.

#### **Performance Criteria**

- (a) Analyse the different needs and strengths of a specific service user.
- (b) Identify and describe appropriate strategies to meet these needs using a person-centred approach.
- (c) Identify and describe the resources needed to meet the needs.

#### **EVIDENCE REQUIREMENTS FOR THIS UNIT**

Performance evidence and written and/or recorded oral evidence that covers all Outcomes and Performance Criteria is required for this Unit.

#### **Outcome 1 (a–d) and Outcome 2 (a) — Folio**

Candidates will work in groups of three to four to investigate the National Care Standards and present their group findings.

Written and /or oral evidence for Outcome 1, Performance Criteria (a–d) and Outcome 2(a) will be gathered by the candidate throughout their group investigation and presentation and compiled in a folio. The folio will contain:

- ◆ a list of agreed roles and responsibilities for the group investigation
- ◆ the information the candidate has gathered during the group investigation. This information could take the form of: notes the candidate has made from articles, textbooks, Internet research and health and social care journals; notes the candidate has made of interviews with workers while on placements or visits to health and social care provision; notes the candidate has made from talks by visiting speakers or videos. The information will be from at least three different sources and will cover:
  - the six principles underpinning the National Care Standards
  - the way in which the National Care Standards apply each of these principles.
  - why it is important for care workers to apply these Standards
- ◆ a list of the agreed roles, responsibilities and group goals for the group presentation.













