



National Unit specification: general information

Unit title: Horse Care: Lungeing (SCQF level 5)

Unit code: FV9M 11

Superclass: SH

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Summary

The purpose of this Unit is to enable the candidate to acquire the knowledge and skills necessary to tack up a horse for lungeing and identify the principles of lungeing. The candidate will be able to lunge a quiet horse with due regard for health and safety.

This Unit is suitable for candidates who are school leavers, adult learners, school pupils and for industry continuous professional development (CPD).

Outcomes

- 1 Explain the principles of lungeing.
- 2 Prepare a horse for lungeing.
- 3 Lunge a quiet horse for exercise.

Recommended entry

While entry is at the discretion of the centre, it would be beneficial if candidates had previous experience of handling horses.

Credit points and level

1 National Unit credit at SCQF level 5: (6 SCQF credit points at SCQF level 5*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

National Unit specification: general information (cont)

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Core Skills

Achievement of this Unit gives automatic certification of the following Core Skills component:

- ◆ Critical Thinking at SCQF level 4

There are also opportunities to develop aspects of Core Skills which are highlighted in the Support Notes of this Unit specification.

National Unit specification: statement of standards

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Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

Outcome 1

Explain the principles of lungeing.

Performance Criteria

- (a) Explain the reasons for lungeing horses.
- (b) Describe a suitable area and surface for lungeing horses.

Outcome 2

Prepare a horse for lungeing.

Performance Criteria

- (a) Fit a cavesson and/or bridle securely, comfortably, safely and suitably for the exercise to be undertaken.
- (b) Fit a roller and necessary attachments securely, safely and correctly.
- (c) Attach a lunge rein correctly.
- (d) Fit a saddle securely, comfortably and safely for the exercise to be undertaken.
- (e) Fit side reins and/or other equipment ensuring it is suitable and safe for the exercise to be undertaken.
- (f) Fit appropriate boots securely and safely.

Outcome 3

Lunge a quiet horse for exercise.

Performance Criteria

- (a) Select and prepare a suitable safe location for the horse and handler.
- (b) Lunge a quiet horse for exercise safely whilst wearing personal protective clothing in accordance with the supervisor's instructions.

National Unit specification: statement of standards (cont)

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Evidence Requirements for this Unit

Evidence is required to demonstrate that the candidates have achieved all of the Outcomes and Performance Criteria.

Outcome 1 — Explain the principles of lungeing

The candidates must provide written/oral/recorded evidence gathered under closed-book conditions.

The evidence must include:

- ◆ explanation of four reasons for lungeing horses
- ◆ a short description of the requirements of a suitable area and surface for lungeing horses, reference must be made to the area being enclosed, flat and level, with the ideal surface for lungeing horses being nonslip and non concussive

Outcome 2 — Prepare a horse for lungeing

The candidates must provide practical performance evidence for all Performance Criteria.

They must demonstrate their ability to fit a cavesson and/or bridle securely, safely and suitably for the exercise to be under taken. Candidates should ensure that if a cavesson is used it is fitted at the correct height and the noseband and cheek strap are tightened sufficiently to avoid the cavesson being pulled round and rubbing the horse. If a bridle is used it should fit the horse correctly and the reins secured in such a way as to prevent them from becoming tangled with the horse's legs.

The candidates must demonstrate their ability to fit a roller and necessary attachments securely, safely and correctly. The roller must be fastened tightly enough to prevent it from slipping, ideally padding should be placed between the roller and the horse and a breast plate/girth used to prevent the roller from sliding backwards.

The candidates must demonstrate their ability to attach the lunge line correctly; they must ensure it is attached to the central swivel ring on the noseband of the cavesson.

The candidates must demonstrate their ability to fit a saddle securely, comfortably and safely for the exercise to be under taken. Candidates must ensure that the girth is tightened sufficiently to prevent the saddle from slipping, the stirrups are twisted up to prevent them from sliding down, the stirrups bars can be lifted to prevent stirrup leathers and irons from slipping off the bar and become detached from the saddle.

The candidates must demonstrate their ability to fit side reins and/or other equipment suitably and safely for the exercise to be under taken. Candidates must attach the side reins correctly to either the saddle or the roller, they should ensure that the side reins are level and of the same length, neither too long nor too short. Boots should be fitted to all four legs of the horse and over reach can also be fitted if necessary.

The candidates must demonstrate that all preparations for lungeing are carried out with due regard for health and safety to the horse and handler.

National Unit specification: statement of standards (cont)

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Outcome 3 — Lunge a quiet horse for exercise

The candidates must provide practical performance evidence demonstrating their ability to select/prepare a location for lungeing which is safe and suitable for the horse and handler. The selected location should not be too large, if an arena is used it could be halved. It should be enclosed, ensuring the gate or door is closed with a flat, level, non concussive, non slip surface.

The candidates must provide practical performance evidence demonstrating their ability to safely lunge a quiet horse for exercise. The candidate should demonstrate control of the horse at all times and handle the equipment including lunge line, lunge whip, side reins competently and in such a manner as to not endanger themselves or the horse. The candidate must wear an approved hard hat, gloves, suitable footwear and appropriate clothing whilst lungeing.

National Unit specification: support notes

Unit title: Horse Care: Lungeing (SCQF level 5)

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

Centres must be satisfied that the evidence submitted is the work of individual candidates.

When using performance evidence, assessor observational checklists and other assessment records should be maintained and kept up to date to keep track of candidate progress and to provide evidence for internal and external verification purposes.

Guidance on the content and context for this Unit

This Unit is a mandatory Unit within the National Certificate in Horse Care (SCQF level 5), but can also be taken as a free-standing Unit by school link pupils and industry CPD. It will allow candidates to develop skills in employability, reasoned evaluation, independent thinking, assessing risk, taking informed decisions and self awareness.

This Unit aligns to the following Equine Industry National Occupational Standard from LANTRA:

◆ Eq 212 Lunge a Horse Under Supervision

In this Unit candidates are required to identify the reasons for lungeing horses this may include exercise purposes as well as training purposes and to describe areas and surfaces suitable for lungeing horses, reference could be made to the area being enclosed, flat and level, with the ideal surface for lungeing horses being nonslip and non concussive.

Candidates will also be expected to tack up horses for lungeing. This will include fitting a bridle and cavesson safely and correctly. This could include removing the noseband from the bridle and securing the reins through the throatlash of the bridle. Candidates will also be expected to fit a saddle, roller and appropriate equipment correctly and safely, appropriate equipment could include boots, side reins and breastplate. All fitting of equipment and preparations must be carried out with due regard to health and safety.

Candidates will be expected to select and check that the area to be used for lungeing is safe and suitable for both horse and handler. Candidates will be expected to safely lunge (exercise) a quiet horse maintaining control at all times whilst wearing appropriate personal protective clothing.

The candidates would benefit from having knowledge and/or skills in horse handling and some aspects of preparation of horses for work.

National Unit specification: support notes (cont)

Unit title: Horse Care: Lungeing (SCQF level 5)

Guidance on learning and teaching approaches for this Unit

Classroom discussions and group investigations can be used as an approach to develop:

- ◆ knowledge of the reasons for lungeing horses
- ◆ knowledge of the requirements of the area and surface suitable for lungeing horses

Practical demonstrations followed by repeated supervised student practicals can be used as an approach to develop the following skills:

- ◆ fit a cavesson and bridle suitably for lungeing
- ◆ fit a roller and necessary attachments suitably for lungeing
- ◆ attach a lunge line correctly
- ◆ fit a saddle suitably for lungeing
- ◆ fit side reins and other appropriate equipment suitably for lungeing
- ◆ select/prepare an area suitable for lungeing
- ◆ lunge a quiet horse
- ◆ carry out all tasks with due regard for health and safety and wear appropriate personal protective clothing

Guidance on approaches to assessment for this Unit

The following approaches to assessment are suggested:

Outcome 1

The candidate could be presented with short answer questions — written/oral, closed-book to test the knowledge of the reasons for lungeing horses and describing areas and surfaces suitable for lungeing.

Outcomes 2 and 3

A practical exercise could be set to test the application of the skills and knowledge required to perform preparations for lungeing and the lungeing of quiet horse. The assessment could be carried out with the aid of a performance evidence checklist.

Opportunities for the use of e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or e-checklists. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

National Unit specification: support notes (cont)

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Opportunities for developing Core Skills

There are opportunities to develop aspects of the Core Skills in *Working with Others* and *Communication* during group discussions in the classroom and when handling horses.

Disabled candidates and/or those with additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website www.sqa.org.uk/assessmentarrangements

History of changes to Unit

Version	Description of change	Date
02	Core Skills Component Critical Thinking at SCQF level 4 embedded.	29/09/2011

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