



National Unit specification: general information

Unit title: Skincare Routine (SCQF level 4)

Unit code: FW07 10

Superclass: HL

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Source: Scottish Qualifications Authority

Version: 02

Summary

This Unit is part of the NPA Creative Facial Techniques and Digital Media at SCQF level 4. It can also be taken as a free-standing Unit.

This Unit will introduce learners to basic general skincare routines. Candidates will develop knowledge and skills of selecting and using professional facial skincare products to perform a facial skincare routine within a salon environment. Candidates will evaluate their own performance.

This Unit is suitable for college students, school pupils and adult returners who have an interest in the subject area.

Outcomes

- 1 Prepare and select products for facial skincare routines.
- 2 Perform facial skincare routines using a range of products.
- 3 Review own performance in relation to facial skincare routines.

Recommended entry

While entry is at the discretion of the centre, candidates would normally be expected to have attained the following, or equivalent:

FW08 10 Beauty Skills: An Introduction

General information (cont)

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Credit points and level

1 National Unit credit at SCQF level 4: (6 SCQF credit points at SCQF level 4*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Core Skills

Achievement of this Course gives automatic certification of the following:

Complete Core Skill Problem Solving at SCQF level 4

Core Skill component None

There are also opportunities to develop aspects of Core Skills which are highlighted in the Support Notes of the Unit Specifications for this Course.

National Unit specification: statement of standards

Unit title: Skincare Routine (SCQF level 4)

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

Outcome 1

Prepare and select products for facial skincare routines.

Performance Criteria

- (a) Prepare self, client and treatment area in accordance with salon procedures.
- (b) Identify any factors which prevent/restrict the treatment.
- (c) Identify clients skin type.
- (d) Select products appropriate to client's skin type.

Outcome 2

Perform facial skincare routines using a range of products.

Performance Criteria

- (a) Perform identified cleanse, tone, masque and moisturise treatment routines.
- (b) Provide relevant advice of recommended home care routine.
- (c) Record all treatment details.
- (d) Comply with safe and hygienic practices throughout.

Outcome 3

Review own performance in relation to facial skincare routines.

Performance Criteria

- (a) Gain feedback from others in relation to performance of facial skincare routines.
- (b) Identify strengths in relation to performance of facial skin care routines.
- (c) Identify areas for improvement in relation to performance of facial skin care routines.

National Unit specification: statement of standards (cont.)

Unit title: Skincare Routine (SCQF level 4)

Evidence Requirements for this Unit

Evidence is required to demonstrate that the candidates have achieved all Outcomes and Performance Criteria.

Performance evidence as well as written and/or recorded oral evidence is required which demonstrates that the candidate has achieved all Outcomes to the standards specified in the Outcome and Performance Criteria.

This evidence should be produced under supervised, controlled conditions at appropriate points throughout the Unit and must be gathered on the same assessment occasion and should be completed in a realistic time corresponding to industry standard.

Outcome 1: Performance evidence

Practical activities must be carried out in a salon environment. Candidates should work with peers as clients.

Candidates will be required to demonstrate by practical activity on a minimum of two occasions that they are able to:

- ◆ Prepare self in accordance with salon procedures by adhering to dress code and salon hygiene procedures.
- ◆ Prepare treatment area in accordance with salon procedures by adhering to health and safety and salon hygiene requirements.
- ◆ Prepare client in accordance with salon procedures by adhering to health and safety and salon hygiene requirements.
- ◆ Use appropriate consultation techniques to identify any factors that prevent/restrict the facial skin care routine treatment.
- ◆ Identification of client skin type.
- ◆ Select products appropriate to client skin type to include cleanser, toner, masque and moisturiser.

Outcome 2: Performance evidence/written/oral evidence

Practical activities must be carried out in a salon environment. Candidates should work with peers as clients.

Candidates will be required to demonstrate by practical activity on a minimum of two occasions that they are able to:

- ◆ Perform a cleanse, tone, masque and moisturise using products suitable to the clients skin type.
- ◆ Demonstrate the correct treatment routine throughout the treatment process.
- ◆ Provide both oral and written skin care routine advice appropriate to the treatment provided and the client needs and requirements for homecare.
- ◆ Provide a written record to include details of two facial skincare treatments.
- ◆ Comply with safe and hygienic practices within the salon environment and throughout the treatment application.

National Unit specification: statement of standards (cont.)

Unit title: Skincare Routine (SCQF level 4)

Practical performance evidence must be gathered on two different skin types from the following range:

- ◆ Dry
- ◆ Oily
- ◆ Sensitive
- ◆ Combination
- ◆ Normal

Appropriate cleansing routines must be demonstrated and all treatments must include cleansing, toning, non-setting masque application and removal and moisturising. All routines must be demonstrated over the two client treatments.

Candidates must provide written/oral evidence of the following:

- ◆ Salon health and safety is practiced.
- ◆ The candidate has suitably prepared self and salon environment for facial skincare treatment.
- ◆ The candidate has suitably prepared the client for a facial skin care treatment ensuring client safety and comfort.
- ◆ Any factors that will prevent/restrict the treatment.
- ◆ Client skin type.
- ◆ Products selected.
- ◆ Treatment routine used.
- ◆ Recommended home skin care advice.

Outcome 3: performance/written/oral evidence

Evidence for Outcome 3 should take the form of one completed candidate review sheet and one completed peer review sheet.

The candidate and peer review sheets will give candidates and peers the opportunity to record candidate strengths and areas for improvement in relation to facial skincare treatments. The candidate review sheet should be completed during one of the practical assessment performances. The peer review sheet should be completed during one of the candidate practical assessment performances.

Feedback by tutor/lecturer on candidates noted strengths and areas for improvement will be noted on candidate review sheet. Candidates should state how they intend to act on areas for improvement on noted and build on noted strengths.

The peer review sheet should include recognition of candidate strengths and areas for improvement in relation to a facial skincare treatment.

All review sheets should take account of preparation for treatment, client care skills, safe working practice, practical performance using facial skincare routines and aftercare advice.

National Unit specification: support notes

Unit title: Skincare Routine (SCQF level 4)

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

Guidance on the content and context for this Unit

This is a mandatory Unit within the National Progression Award in Creative Facial Techniques and Digital Media at SCQF level 4. It can also be taken as a free-standing Unit.

The focus of this Unit is practical. The candidate will develop skills and knowledge in the subject area. On completion of this Unit candidates will:

- ◆ learn basic knowledge of the skin types
- ◆ learn a basic skin analysis and will learn how to recognise the skin types
- ◆ understand conditions which would prevent/restrict facial treatments
- ◆ select the product appropriate to the skin type and will develop practical skills in basic cleansing of eyes and face, toning, non-setting masque application and removal and moisturising.

It is essential that relevant aspects of current Health and Safety legislation are adhered to safe and hygienic practices should be reinforced throughout this Unit in relation to candidate, client, equipment, products and workplace.

Key areas of knowledge are:

- ◆ Preventions/restrict facial treatments — skin diseases, skin disorders, skin infections, viral conditions, conditions which would cause discomfort to the client.
- ◆ Special care — medication, non-infectious skin disorders, contact lenses, under doctor's care, anxious clients.
- ◆ Skin types — dry, oily, sensitive, combination, normal.
- ◆ Product knowledge — contemporary salon range of eye make-up removers, cleansers, toners, non-setting masques and facial moisturisers.
- ◆ Basic techniques and procedures for cleanse — eyes and face, tone, non-setting masque application and removal and moisturise.
- ◆ Client consultation techniques to include verbal and visual techniques.
- ◆ Safe and hygienic salon practices.
- ◆ Advice in relation to home skin care routine.
- ◆ Review techniques.

Practical activities must be carried out in a salon environment. Candidates should work with peers as clients.

National Unit specification: support notes (cont.)

Unit title: Skincare Routine (SCQF level 4)

Guidance on learning and teaching approaches for this Unit

This Unit should be introduced to candidates to allow them to gain a full understanding of the requirements for the Unit and the approaches to learning and assessment.

Candidates will learn in a salon environment where they will relate their learning to current salon practice.

Due to the practical nature of this Unit, learning/teaching should incorporate both theory and practical, to facilitate learning. Candidates will be able to gain a sound knowledge and understanding of the Unit subject more easily as they experience the practical application. The learning and teaching should arise naturally throughout the practical activities.

Practical demonstration of skin care routines followed by practice, initially with peers, will enable candidates to progress and gain confidence before progressing to work on clients (if deemed appropriate).

Candidates should be given knowledge of varied skin types and shown how to identify the client skin type. Then candidates should be shown how to cleanse, tone, apply a non-setting masque, remove a non-setting masque and moisturise the skin using suitable products according to client's skin type/condition. Products should be taken from a salon product range.

Candidates should be given information on home care advice and how to provide the client with relevant home skin care routine.

Candidates should be made aware of the fact that the handling, disposing and storing of equipment and materials must comply with both the organisations and manufacturer's instructions and legal requirements.

In order to achieve this Unit, candidates must be able to carry out practical activities in a realistic salon environment, work with clients and work with others in a team and develop good salon practice.

A range of delivery techniques can be used to deliver the Unit which could include tutor practical demonstration, group discussion, exposition, self-directed learning, text books, hand-outs, web pages/sites for research, field trips and practical activity.

Oral questioning may be used to establish candidates understanding of underpinning knowledge and monitor progression.

Guidance on approaches to assessment for this Unit

There are good opportunities for formative assessment in this Unit, including self and peer assessment and for collecting feedback from others.

Practical activities must be carried out in a salon environment. Candidates should work with peers as clients.

National Unit specification: support notes (cont.)

Unit title: Skincare Routine (SCQF level 4)

For this Unit Outcome 1 and Outcome 2 and 3 should be holistically assessed in a salon environment. For Outcomes 1 and 2 an assessor observation checklist should be used and supported by a completed client consultation sheet and record card. Candidates should be assessed on at least two occasions using two individual clients across at least two of the skin types from the following range — dry, oily, sensitive, combination, and normal.

In Outcome 3 candidates should review their own performance and get feedback from their assessor on one assessment occasion and on at least one assessment occasion they should get feedback from their peers. Candidates should recognise their strengths and areas for improvement and be able to state how they will improve the treatment process and build on their strengths.

Opportunities for the use of e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or e-checklists.

Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

Opportunities for developing Core Skills

This Unit may provide the opportunities to develop Core Skills through practical activity. Candidates will be involved in listening, seeking advice, planning resources and producing written evidence for folio and/or written assessments. There are good opportunities for developing *Communication*, *Working with Others* and *Problem Solving* although there is no automatic certification for Core Skills.

Disabled candidates and/or those with additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website www.sqa.org.uk/assessmentarrangements

History of changes to Unit

Version	Description of change	Date
02	Core Skill Problem Solving at SCQF level 4 embedded.	30/09/2011

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