

National Unit specification: general information

Unit title: Contemporary Eye Treatments (SCQF level 5)

Unit code: H1N7 11

Superclass: HL

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Summary

This Unit is designed as a mandatory Unit in the National Progression Award (NPA) in Eye Treatments at SCQF level 5, but can also be taken as a freestanding Unit.

Candidates will have the opportunity to explore current Contemporary Eye Treatments, recognise current trends and develop practical skills in eyebrow waxing and semi-permanent single eyelash extension treatments.

They will develop knowledge of the general effects of the processes, maintenance requirements, identify contra-indications and select and use the correct products and equipment.

Candidates will participate in a number of activities which will help them to develop the skills relevant to the specified treatments specified within this Unit. They will also evaluate the effectiveness of the treatments performed.

This Unit is suitable for candidates with no previous experience, but is designed to be undertaken in parallel with the Unit: Eye Treatments (F6XF 12).

Outcomes

- 1 Demonstrate knowledge of current contemporary eye treatments.
- 2 Prepare for eyebrow waxing and semi-permanent single eyelash extension treatments.
- 3 Perform and evaluate eyebrow waxing and semi-permanent single eyelash extension treatments.

Recommended entry

Entry is at the discretion of the centre.

National Unit specification: general information (cont)

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Credit points and level

1 National Unit credit at SCQF level 5: (6 SCQF credit points at SCQF level 5*)

*SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.

Core Skills

Achievement of this Unit gives automatic certification of the following Core Skills component:

Complete Core Skill None

Core Skill component Critical Thinking at SCQF level 5

There are also opportunities to develop aspects of Core Skills which are highlighted in the support notes of this Unit specification.

National Unit specification: statement of standards

Unit title: Contemporary Eye Treatments (SCQF level 5)

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

Outcome 1

Demonstrate knowledge of current contemporary eye treatments.

Performance Criteria

- (a) Explain the general effects of current contemporary eye treatments.
- (b) Describe maintenance requirements of current contemporary eye treatments.
- (c) Identify contra-indications, restrictions and contra-actions to current contemporary eye treatments.

Outcome 2

Prepare for eyebrow waxing and semi-permanent single eyelash extension treatments.

Performance Criteria

- (a) Consult with client to determine treatment requirements.
- (b) Prepare client for selected treatments.
- (c) Identify face, eye and eyebrow shapes relevant to eye treatments.
- (d) Select correct products and resources.
- (e) Record treatment and product selection on client record card.

Outcome 3

Perform and evaluate eyebrow waxing and semi-permanent single eyelash extension treatments.

Performance Criteria

- (a) Carry out eyebrow waxing and semi-permanent single eyelash applications using correct products and techniques.
- (b) Give relevant aftercare, homecare advice and product recommendations to client.
- (c) Record aftercare, homecare and product recommendations on client record card.
- (d) Comply with relevant current health and safety requirements while carrying out treatments.
- (e) Review and evaluate the effectiveness of the treatment.

National Unit specification: statement of standards (cont)

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Evidence Requirements for this Unit

Performance evidence and written/oral recorded evidence which cover all the Outcomes and Performance Criteria is required for this Unit.

Outcome 1

PC (a) and (b) — Candidates must identify **four** contemporary eye treatments from a range currently in vogue. They will be required to produce a written assignment under open-book conditions describing the **four** treatments, general effects of the treatments, products, maintenance requirements, duration and cost.

PC (c) — Structured questions will be set which will be carried out in closed-book conditions. The questions must enable candidates to demonstrate knowledge of contra-indications, restrictions and contra-actions relating to eye treatments.

- contra-indications hypersensitivity, infections, conjunctivitis, chemotherapy, herpes simplex, cuts/abrasions, bruising, inflammation/swelling, general allergies, trichotillomania, recent eye surgery, blepharitis, positive patch test results
- restrictions psoriasis, styes, dry eye syndrome, glaucoma, contact lenses, thyroid disturbance, highly nervous client
- contra-actions blood spots, allergic reaction, eye irritation, excessive erythema

Outcome 2 — Performance evidence

Candidates will be required to demonstrate by practical activity on a minimum of **four** occasions that they will be able to:

- consult with client to determine eye treatment requirements
- prepare client for identified eye treatment
- identify face shape, eye shape and eyebrow shape relevant to eye treatments
- select correct products and resources
- record eye treatment and products selection on client record card

National Unit specification: statement of standards (cont)

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Outcome 3

Candidates will be required to demonstrate by practical activity on a minimum of **four** occasions that they are able to:

- ♦ carry out specific treatment relevant to client's needs, using correct products and techniques. Specified treatments — eyebrow waxing, individual eyelash extension.
- give relevant aftercare, homecare and product recommendations to client
- record aftercare, homecare and product recommendations on a client record card
- comply with current health and safety requirements while performing treatments
- review and evaluate the effectiveness of the treatment

Performance evidence for Outcomes 2 and 3 must be gathered on the same assessment occasion and completed in a realistic commercial time.

Practical performance must include — one full set semi-permanent individual lash application, one partial (top up) semi-permanent individual lash application and two eyebrow waxes.

An assessor observation checklist and completed client consultation record which accurately records consultation, treatment plan, resource selection, aftercare, homecare advice, product recommendations and evaluates treatment must be used to provide evidence for performance for Outcomes 2 and 3.

National Unit specification: support notes

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This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

Guidance on the content and context for this Unit

Candidates will be provided with the opportunity to identify a range of current contemporary eye treatments. They will be directed to obtain information from a variety of sources including books, internet, manufacturers and relevant publications. The Unit will be achieved through investigation and practical activity. The investigation will include identification of a range of current contemporary eye treatments, eg eyebrow waxing, sugaring, threading, semi-permanent single eyelash extensions. Knowledge gained from the investigation will include establishing the general effects and maintenance requirement of eye treatments, duration, cost, contra-indications, restrictions and contra-actions. Selection of products and equipment will feature throughout the Unit. It is essential that relevant aspects of current health and safety legislation are explained and adhered to while performing eye care treatments.

Key areas of knowledge:

- current contemporary eye treatments eyebrow waxing, sugaring, single eyelash semi-permanent extensions (full and partial application), threading. (Note – this list is not exhaustive.)
- currency of treatments current and emerging trends
- ♦ effects achievement of desired look
- maintenance aftercare advice to include avoidance of activities which may cause contra-actions, suitable use of homecare products, home maintenance routines, professional removal (single eyelash semi-permanent extensions)
- contra-indications hypersensitivity, infections, conjunctivitis, chemotherapy, herpes simplex, cuts, abrasions, bruising, inflammation/swelling, general allergies, trichotillomania, recent eye surgery, blepharitis, patch test result
- restrictions psoriasis, styes, dry eye syndrome, glaucoma, contact lenses, thyroid disturbance, highly nervous client
- ♦ contra-actions blood spots, allergic reaction, eye irritation, excessive erythema
- relevant health and safety requirements relating to client care importance of carrying out patch testing
- consultation techniques effective communication, questioning, listening
- factors affecting choice of treatment:
 - face shapes oval, round, square, heart, diamond, oblong, pear
 - eye shape deep-set, round, small, close-set
 - eyelashes thickness, length, direction of natural growth, curvature, colour, density
 - eyebrow shapes shaped, angular, straight, oblique, rounded
- client preparation hygienic procedures, prevention of infection
- products and resources product knowledge, procedures, resources
- importance of recording information on client record card

National Unit specification: support notes (cont)

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- treatments correct sequence of the process, product knowledge, aftercare advice, suitable use of homecare products, home maintenance routines, professional removal (single eyelash semi-permanent extensions), recording of information, professional behaviour throughout
- knowledge of the requirements of relevant current health and safety regulations:
 - Health and Safety at Work Act
 - Control of Substances Hazardous to Health (COSHH) Regulations
 - Personal Protective Equipment (PPE) at Work Regulations
 - Data Protection Act
 - Electricity at Work Regulations
 - Provision and use of Work Equipment Regulations

Guidance on learning and teaching approaches for this Unit

There should be an introduction to the Unit which allows the candidates to understand fully what is required and the approaches which will be adopted.

The main approach to learning in this Unit should be experiential, practical and candidate-centred. Candidates will be encouraged to investigate current contemporary eye treatments. They should be directed towards appropriate ways of sourcing the information, eg internet, publications, manufacturers. Lecturer guidance may be required when choosing the treatments for investigation. Sufficient time will be allocated at the commence of delivery to enable candidates to research contemporary eye treatments currently in voque.

Candidates will have the opportunity to learn and develop practical skills and will learn to work with others.

Due to the practical nature of this Unit, each part of the learning and teaching should incorporate both theory and practical, to facilitate learning. Candidates will therefore understand the relevance of the knowledge and understanding more easily as they experience the practical application. The learning and teaching should arise naturally throughout the practical activity.

Practical demonstration followed by supported role play, initially with peers, will enable candidates to practice and gain confidence before progressing to work on clients. The emphasis should be placed on working professionally and safely. Formative work throughout, with constructive feedback, will enhance and support the candidate's performance.

The importance of working safely and following hygiene salon procedures should be stressed.

Candidates will be shown how to consult with and prepare clients appropriately for a variety of current contemporary eye treatments. Consultation techniques need to be learned to determine the client's needs. Review and evaluation of treatments is an effective part of the learning.

National Unit specification: support notes (cont)

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Emphasis should be placed on the correct choice of treatment, correct products, tools and equipment and correct sequence of the process.

Centres may wish to use external training providers to demonstrate contemporary eye treatments currently in vogue, eg threading. Candidates will **not** be expected to learn the skills associated with the full range of treatments identified in Outcome 1.

Giving relevant aftercare, homecare and product recommendations to clients will increase the candidate's knowledge of the product range and build confidence.

It is important that candidates are made aware of the fact that the handling, disposing and storing of equipment and materials must comply with both the organisation's and manufacturer's instructions and legal requirements.

Guidance on approaches to assessment for this Unit

The Evidence Requirements are fully expressed in the mandatory section of this Unit specification.

There are good opportunities for formative assessment in this Unit, including self and peer assessment and for collecting feedback from others.

Evidence for Outcome 1 — Sufficient time needs to be allocated to the investigation to enable candidates to identify a range of contemporary eye treatments and those that are currently in vogue. The results of the investigation and practical application must demonstrate current contemporary eye treatments.

Evidence for Outcomes 2 and 3 — Practical performance should be assessed holistically. Assessor observation checklists and records of client consultations must encompass all areas specified in the Outcomes and Performance Criteria.

The Assessment Support Pack provided for this Unit illustrates the standard that should be applied. It includes an assignment brief and structured written questions for Outcome 1, and an assessor observation checklist and client consultation record for Outcomes 2 and 3. If a centre wishes to design its own, they should be of a comparable standard.

Opportunities for the use of e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or social software. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003), SQA Guidelines on e-assessment for Schools (BD2625, June 2005).

National Unit specification: support notes (cont)

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Opportunities for developing Core Skills

In this Unit, candidates will carry out investigative work on selected contemporary eye treatments. This can be oral, text or internet based. They will also carry out activities that involve interacting with customers and others. Oral communication will be used during the consultation process, discussing clients' different needs and expectations. These activities offer opportunities to develop aspects of the Core Skills of *Problem Solving, Communications, Interpersonal Skills* and *Information and Communication Technology.*

This Unit has the Critical Thinking component of *Problem Solving* embedded in it. This means that when candidates achieve the Unit, their Core Skills profile will also be updated to show they have achieved Critical Thinking at SCQF level 5.

Disabled candidates and/or those with additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website www.sqa.org.uk/assessmentarrangements.

History of changes to Unit

Version	Description of change	Date

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