



National Unit specification: general information

Unit title: Gents Scalp Massage

Unit code: H1NB 11

Superclass: HL

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Summary

This is a mandatory Unit in the NPA Barbering Skills Award at SCQF level 5, but can be taken as a freestanding Unit. This Unit introduces candidates to scalp massage and preparing clients for further services within Gents Barbering. It introduces candidates to the basic structure and function of bones and muscles of the head; scalp massage techniques and effects and the preparation of client for further services by shampooing.

Candidates will identify the bones and muscles of the head and their functions, effects of scalp massage and contra-indications to massage. Prepare for and perform scalp massage on clients, and shampoo hair in preparation for further services.

On completion of this Unit, candidates will be able to plan and perform a scalp massage using massage techniques and prepare the client for further services by shampooing.

This Unit is suitable for those who have no previous qualifications or experience.

Outcomes

- 1 Demonstrate knowledge of the bones and muscles of the head, their functions, contra-indications and effects of scalp massage.
- 2 Consult, prepare and position client for scalp massage.
- 3 Perform scalp massage, and prepare client for further services by shampooing.

Recommended entry

Entry is at the discretion of the centre.

National Unit specification: general information (cont)

Unit title: Gents Scalp Massage

Credit points and level

1 National Unit credit at SCQF level 5: (6 SCQF credit points at SCQF level 5*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Core Skills

Achievement of this Unit gives automatic certification of the following Core Skills component:

Complete Core Skill None

Core Skill component Critical Thinking at SCQF level 4

There are also opportunities to develop aspects of Core Skills which are highlighted in the support notes of this Unit specification.

National Unit specification: statement of standards

Unit title: Gents Scalp Massage

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

Outcome 1

Demonstrate knowledge of the bones and muscles of the head, their functions, contra-indications and effects of scalp massage.

Performance Criteria

- (a) Identify the bones of the head.
- (b) Identify the muscles of the head.
- (c) Identify the function of the bones and muscles of the head.
- (d) Identify contra-indications to scalp massage.
- (e) Identify the effects of massage.

Outcome 2

Consult, prepare and position client for scalp massage.

Performance Criteria

- (a) Prepare client and self for treatment.
- (b) Consult with and identify client requirements.
- (c) Position client for treatment.

Outcome 3

Perform scalp massage, and prepare client for further services by shampooing.

Performance Criteria

- (a) Perform specified scalp massage techniques effectively following correct sequence time and application.
- (b) Demonstrate client handling skills.
- (c) Prepare client for further service by shampooing.
- (d) Comply with relevant current health and safety requirements.

National Unit specification: statement of standards (cont)

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Evidence Requirements for this Unit

Performance evidence and written/oral recorded evidence which cover all the Outcomes and Performance Criteria is required for this Unit.

Outcome 1 — Written Questions

Evidence for Outcome 1 must be carried out in closed-book conditions and consist of blank diagrams and incomplete table.

- (a) one blank diagram on the bones of the head
- (b) one blank diagram on the muscles of the head

Diagrams must include the following:

- ◆ Bones — Frontal, Parietal, Temporal, Occipital, Sphenoid
 - ◆ Muscles — Occipitalis, Frontalis, Temporalis
- (c) Written evidence in the form of an incomplete table to cover the functions of bones and muscles of the head:
- ◆ Frontal, Parietal, Temporal, Occipital, Sphenoid, Occipitalis, Frontalis, Temporalis
- (d) Written evidence to show knowledge and understanding of contra-indications and effects of scalp massage:
- ◆ Contra-indications/contra-actions to include — skin/scalp disorders, severe bruising, recent scar tissue, open cuts/abrasions, recent injuries, undiagnosed lumps, bumps or swelling, infestations, infections
 - ◆ Restrictions to service include — high blood pressure, eczema, psoriasis, cysts, neck problems
 - ◆ Contra-actions to include — products used, dizziness
- (e) Effects of scalp massage to include — relaxation, stimulation of sebaceous glands

National Unit specification: statement of standards (cont)

Unit title: Gents Scalp Massage

Outcomes 2 and 3 — Performance evidence

Candidates will be required to demonstrate by practical activity on a **minimum of three occasions on different clients** that they are able to:

- ◆ Prepare client and self for treatment.
- ◆ Consult with and identify client requirements.
- ◆ Position client for treatment.
- ◆ Perform specified scalp massage techniques following correct sequence time and application.
- ◆ Demonstrate client handling skills.
- ◆ Prepare hair for further services by shampooing.
- ◆ Comply with current health and safety requirements.

Specified scalp massage techniques are — effleurage, petrissage, tapotement, friction and pressure point.

Evidence for Outcomes 2 and 3 will be gathered holistically throughout the Unit. Performance must be supported by accurately completed client consultation records and assessor observation checklist.

National Unit specification: support notes

Unit title: Gents Scalp Massage

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

Guidance on the content and context for this Unit

Candidates will learn about the bones and muscles of the head and their functions, contra-indication to and effects of scalp massage. Consult with clients prior to treatment and identify requirements, prepare and position client for scalp massage to ensure comfort making sure no injury can occur to either client or self.

Candidates will learn how to present themselves in a hygienic and professional manner, and prepare the working environment following current health and safety legislation, as well as learn how to prepare the client, use consultation techniques and perform a scalp massage.

Candidates will learn an agreed massage routine including pressure point techniques, to achieve an effective scalp massage and prepare client for further service by shampooing hair using suitable shampoo products.

Practical treatments must be carried out on clients on a minimum of three occasions on different clients.

Key areas of knowledge are:

- ◆ bones and muscles of the head
- ◆ functions of the bones and muscles of the head
- ◆ hygiene procedures
- ◆ working safely in the salon
- ◆ effects of massage on the scalp — effleurage, petrissage, tapotement, friction, pressure point
- ◆ conditions of work, eg dress code, professional appearance, personal conduct
- ◆ resources required for scalp massage and shampooing hair
- ◆ knowledge of and the importance of adhering to the requirements of appropriate current legislation
- ◆ organisational requirements relating to working environment, storage of products, and minimising and correct disposal of waste
- ◆ client preparation
- ◆ agreed establishment procedure for scalp massage using massage techniques (pressure point techniques)
- ◆ consultation and effective communication with clients and colleagues

National Unit specification: support notes (cont)

Unit title: Gents Scalp Massage

Guidance on learning and teaching approaches for this Unit

There should be an introduction to the Unit which allows the candidates to understand fully what is required and the approaches which will be adopted.

The main approach to learning in this Unit should be experiential, practical and candidate-centred. Candidates should have the opportunity to learn and develop practical skills in a salon environment where they will experience a realistic workplace environment and learn to work with others.

Due to the practical nature of this Unit, each part of the learning and teaching should incorporate both theory and practical, to facilitate learning. Candidates will therefore understand the relevance of the knowledge and understanding more easily as they experience the practical application. The learning and teaching should arise naturally throughout the practical activity.

The theory aspects of this Unit should be taught and assessed early in the delivery of this Unit to give candidates the understanding required for all aspects of scalp massage.

Practical demonstration followed by supported role play, initially with peers, will enable candidates to practice and gain confidence before progressing to work on clients. The emphasis should be placed on working professionally and safely in the realistic salon environment. Formative work throughout, with constructive feedback, will enhance and support the candidate's performance.

Candidates should be shown and allowed to practice consultation techniques with possible problem scenarios explored with questioning, observation and tactile techniques in scalp massage.

Candidates should be shown how to prepare the client appropriately for the treatment, ensuring client comfort and protection.

Candidates should learn the massage movements of effleurage, petrissage, tapotement, friction and pressure point techniques and when to use these effectively to meet the client's needs. They should also learn the pressure point techniques and use these effectively to meet the client's needs. They should shampoo hair effectively to prepare the client for further services. Observation and monitoring of the client should take place throughout to ensure client comfort and detect possible contra-actions during or after the treatment.

Achievement of this Unit will be dependent on candidates being able to carry out practical activities either in a realistic working environment which involves working on a variety of clients, working with others and so, developing good working practice.

National Unit specification: support notes (cont)

Unit title: Gents Scalp Massage

Guidance on approaches to assessment for this Unit

The Evidence Requirements are fully expressed in the mandatory section of this Unit specification.

There are good opportunities for formative assessment in this Unit, including self and peer assessment and for collecting feedback from others.

Evidence for Outcome 1 — The theory aspects of this Unit should be taught and assessed early in the delivery of this Unit to give candidates the understanding required for all aspects of scalp massage.

Evidence for Outcomes 2 and 3 — Practical performance should be assessed holistically supported by assessor observation checklists, will be gathered throughout the delivery of the Unit and recorded on a client consultation record to cover all aspects of the Outcomes and Performance Criteria.

The Assessment Support Pack provided for this Unit illustrates the standard that should be applied. It includes diagrams, incomplete tables and structured written questions for Outcome 1, and assessor observation checklist and client consultation record for Outcomes 2 and 3.

If a centre wishes to design its own assessments for this Unit, they should be of a comparable standard.

Opportunities for the use of e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or social software. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

Opportunities for developing Core Skills

In this Unit candidates will carry out practical activities which involve listening and talking to clients. These are good opportunities for developing aspects of the Core Skill of *Communication*. Candidates will learn how important it is to work together as part of a salon team to meet the needs of clients which will allow the development of aspects of the Core Skill of *Working with Others*.

This Unit has the Critical Thinking component of *Problem Solving* embedded in it. This means that when candidates achieve the Unit, their Core Skills profile will also be updated to show they have achieved Critical Thinking at SCQF level 4.

National Unit specification: support notes (cont)

Unit title: Gents Scalp Massage

Disabled candidates and/or those with additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website www.sqa.org.uk/assessmentarrangements.

History of changes to Unit

Version	Description of change	Date

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