

## **National Unit specification**

### **General information**

**Unit title:** Dance: Jazz (SCQF level 6)

Unit code: H73G 46

Superclass: LB

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## **Unit purpose**

This Unit is designed to introduce jazz dance skills and techniques through the performance of teacher/lecturer choreographed exercises, sequences and amalgamations. Learners will apply their knowledge and skills through practical demonstration set within a structured jazz dance class. An understanding of performance skills will be developed throughout the Unit and combined with technical skills in a short choreographed dance.

Possible progression opportunities from this Unit may include *Jazz Dance Techniques 1* Unit at SCQF HNC level 7 and other practical and contextual Units at SCQF level 7 and further courses of study, which lead to recognised achievement at a higher level of dance performance.

### **Outcomes**

On successful completion of the Unit the learner will be able to:

- 1 Demonstrate jazz dance knowledge and technical ability through structured classwork.
- 2 Demonstrate jazz dance knowledge and technical ability through choreographed sequences.
- 3 Demonstrate performance skills within a choreographed dance.

# Credit points and level

1 National Unit credit at SCQF level 6 (6 SCQF credit points at SCQF level 6)

**National Unit specification: General information (cont)** 

**Unit title:** Dance: Jazz (SCQF level 6)

## Recommended entry to the Unit

Access to this Unit is at the discretion of the centre. There is no requirement for the learners to have previous Jazz dance experience, although experience in movement or dance at SCQF level 5 or equivalent would be beneficial.

### **Core Skills**

Opportunities to develop aspects of Core Skills are highlighted in the Support Notes for this Unit specification.

There is no automatic certification of Core Skills or Core Skill components in this Unit.

## **Context for delivery**

If this Unit is delivered as part of a Group Award, it is recommended that it should be taught and assessed within the subject area of the Group Award to which it contributes.

# **Equality and inclusion**

This Unit specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of learners should be taken into account when planning learning experiences, selecting assessment methods or considering alternative evidence.

Further advice can be found on our website www.sqa.org.uk/assessmentarrangements.

## **National Unit specification: Statement of standards**

**Unit title:** Dance: Jazz (SCQF level 6)

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

### **Outcome 1**

Demonstrate jazz dance knowledge and technical ability through structured classwork.

### **Performance Criteria**

- (a) Concentration and focus are maintained.
- (b) Posture and alignment are applied to choreographed exercises.
- (c) Skills and techniques are demonstrated through structured classwork.
- (d) Control of the body is demonstrated through the performance of jazz dance skills and techniques.
- (e) Coordination is demonstrated through the use of the body.

### Outcome 2

Demonstrate jazz dance knowledge and technical ability through choreographed sequences.

### **Performance Criteria**

- (a) Choreographed sequences are recreated.
- (b) Posture and alignment are demonstrated through the use of the body.
- (c) Musicality is demonstrated through timing and use of dynamics.
- (d) Projection and performance are maintained

### **Outcome 3**

Demonstrate performance skills within a choreographed dance.

#### **Performance Criteria**

- (a) Tutor taught short choreographed dance is recreated.
- (b) Stage craft and spatial awareness are demonstrated as a group performer.
- (c) Use of timing and musicality are demonstrated.
- (d) Performance and style are maintained.

## National Unit specification: Statement of standards (cont)

**Unit title:** Dance: Jazz (SCQF level 6)

### **Evidence Requirements for this Unit**

The Evidence Requirements for this Unit are practical. Evidence of practical demonstration of class work; sequences and amalgamations; and a choreographed group dance should be gathered to demonstrate that learners have achieved all Outcomes and Performance Criteria.

Performance evidence for all Outcomes and PCs must be demonstrated with accuracy for jazz dance and be carried out clearly and effectively.

#### Outcome 1

The following technical jazz elements must be demonstrated accurately:

- Plies
- ♦ Footwork
- Isolations
- Body Ripples
- ♦ Coordination
- ♦ Floor Stretches
- ♦ Pirouettes
- ♦ Kicks
- ♦ Leaps

#### Outcome 2

A minimum of two jazz dance sequences or amalgamations are required. Each are to contain two of the technical elements covered in the classwork in Outcome 1.

#### **Outcome 3**

The group jazz dance piece must be choreographed by teacher/tutor and last for a minimum of two minutes. Performance of the group jazz dance piece must contain:

- accurate reproduction of choreography.
- stage craft, including working as a group member and accuracy of entrances and exits.
- projection to the audience.
- performance style suitable to the mood of the piece.
- appropriate use of timing and musicality.

Videoed evidence of all performances is required. And to ensure authenticity of learners' work during performances, mirrors must be covered or learners must not be facing mirrors.

It is recommended that the assessments for Outcomes 1 and 2 are combined to form a single assessment and may take the form of a structured jazz dance class under supervised and controlled conditions.

Outcome 3 can be assessed in a studio or theatre setting as a single assessment. This may be under supervised and controlled conditions.



## **National Unit Support Notes**

**Unit title:** Dance: Jazz (SCQF level 6)

Unit Support Notes are offered as guidance and are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

## Guidance on the content and context for this Unit

This Unit is designed to introduce jazz dance skills and techniques through the performance of teacher/lecturer choreographed exercises, sequences and amalgamations. Learners should have an understanding of posture and alignment, balance, control, coordination, and performance in a jazz dance context.

At this level it is recommended that learners should be studying the following elements of jazz dance techniques in Outcomes 1 and 2:

Correct stance: Posture and alignment in parallel — stand with the feet in parallel, hip

width apart. Weight should be centred over the balls of the feet.

Activate the core muscles to ensure that the back is in alignment.

Achieve a sense of lengthening the back out of the hips.

Arms are relaxed at the sides.

Head centred above the spine, eyes focussed forwards.

Posture and alignment in turn-out — stand with the feet together, toes turned out. Engage the muscles in the buttocks and inner thigh to

maintain turn-out.

When performing a plié, ensure the knees bend over the feet.

Pliés: Full and demi pliés in 1st, 2ndand 5th positions. It is recommended

that this should be performed at the barre although this is at the

tutor/teacher's discretion.

Footwork: Exercises for tendus, and glissé in parallel and turned out positions.

Isolations: Exercises for basic head, shoulders, ribs and hip isolations.

Body ripples: Snakes and dolphins.

**Unit title:** Dance: Jazz (SCQF level 6)

Co-ordination: Basic Mattox arm exercises.

Floor stretches: Frogs, forward stretch with legs parallel, straddle. Forward lunge and

split.

Pirouettes: Preparation for jazz pirouettes at the barre, progressing to the centre

where learners are confident with technique. Pirouette en dehors at

high level.

Kicks: Front kicks, side kicks and back kicks. Exercises can be taken as

barre work, floor work or centre practise, and is at the discretion of

the teacher.

Leaps: Travelling exercise for front leaps. It is recommended that learners

perform this exercise using a grand battement action instead of a

developpe.

Amalgamations: longer exercises amalgamating two or more of the skills and

techniques studied in the class work.

In Outcome 3, learners will apply skills and techniques learned in Outcomes 1 and 2 in the performance of a teacher/tutor choreographed group dance. The style of the group dance is completely at the discretion of the teacher/tutor; however the dance should be a minimum of 2 minutes and focus on the following areas:

Rehearsal required in reproducing the choreography accurately.

Stage craft — working as a group member to ensure accuracy of entrances and exits.

Projection to the audience and the development of a performance style suitable to the mood of the piece.

# Guidance on approaches to delivery of this Unit

This Unit is a stand-alone Unit and has also been developed as part of the NC in Dance at SCQF level 6. Learners are expected to develop knowledge, technical ability and performance skills within structured Jazz dance classes and choreography.

Delivery of Performance Criteria for Outcomes 1 and 2 should take the form of a structured jazz class. This should include warm up, stretching and conditioning, technical exercises, sequences/amalgamations, and a cool down. When all the PCs for Outcomes 1 and 2 been achieved, the delivery of technical exercises, sequences and amalgamations can be substituted with group dance choreography for Outcome 3.

**Unit title:** Dance: Jazz (SCQF level 6)

Delivery of this Unit can be supported by the following:

- ♦ Classes
- ♦ Workshops
- Visits to the performance
- ♦ Specialist lectures/demonstrations
- Videos/you tube footage of different jazz dance techniques and elements of performance
- ♦ Handouts

The writer of this Unit has suggested that teachers/tutors may find the information on Suggested Approaches to Jazz at www.educationscotland.co.uk useful in supporting the delivery of this Unit. And reference to the following books may also be useful:

Frank Hatchetts Jazz Dance, Hatchett/Gillen, 2009 Jazz Dance Training, Dorte Wessel Therhorn, 1998 Jump into Jazz, Mind Goodman/Esther Kan, 1996

## Guidance on approaches to assessment of this Unit

Evidence can be generated using different types of assessment. The following are suggestions only. There may be other methods that would be more suitable to learners.

Centres are reminded that prior verification of centre-devised assessments would help to ensure that the national standard is being met. Where learners experience a range of assessment methods, this helps them to develop different skills that should be transferable to work or further and higher education.

In order to achieve this Unit, learners are required to demonstrate practical evidence that they have met all PCs for each Outcome as specified in the Evidence Requirements.

It is recommended that the assessment for Outcomes 1 and 2 are integrated into one single assessment and take the form of a structured jazz dance class. Outcome 3 is recommended as a single assessment, which can be performed in a studio or theatre setting.

Video footage must be taken of all practical assessments for this Unit and may supported by checklists and/or marking schemes. These records should be made available for External Verification.

In order to maintain authenticity, all mirrors should be covered or learners must not be facing mirrors during the practical assessments.

**Unit title:** Dance: Jazz (SCQF level 6)

## **Opportunities for e-assessment**

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or social software. Centres which wish to use e-assessment must ensure that the national standard is applied to all learner evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. The most up-to-date guidance on the use of e-assessment to support SQA's qualifications is available at www.sqa.org.uk/e-assessment.

## Opportunities for developing Core and other essential skills

### (a) Core Skills

Although there is no automatic certification of Core Skills in this Unit, there are opportunities to develop the following Core Skills.

### **Problem Solving**

- Component: Critical Thinking at SCQF level 5
   Using analysis and reasoning, learners have the opportunity to demonstrate both understanding and technical ability of a range of jazz dance vocabulary and terms.
- Component: Reviewing and Evaluating at SCQF level 5
  There are many opportunities for learners to review and evaluate their own performance and assess how well they are integrating jazz dance techniques into their individual movement and performance. Elements of dance such as expression, communication, interpretation and projection depend strongly on the individuality of each performer and

### **Working with Others**

♦ Components: Working Co-operatively with Others and Reviewing Co-operative Contribution at SCQF level 5

will benefit from self-review and self-evaluation on the part of the learner.

In the dance education environment/dance instruction, learners may have opportunities to develop skills in working with others such as, work in collaboration with others; use interpersonal skills; take responsibility for own contribution; reflect on own personal learning and/or provide peer assessments, etc. Also, performing as part of a group dance in Outcome 3, learners have opportunities to develop interpersonal skills, take responsibility for their own contribution and support co-operative working.

**Unit title:** Dance: Jazz (SCQF level 6)

#### Communication

### Component: Oral Communication at SCQF level 5

In the dance education environment/dance instruction, learners have opportunities to develop good listening skills which may be evidenced by the performance of the learner in all three Outcomes of this Unit.

### ♦ Component: Written Communication (reading) at SCQF level 5

Opportunities may exist during the delivery of this Unit to develop reading skills where supporting documentation is provided for learners in written format (eg handouts on relevant terminology and jazz dance vocabulary) to support observational learning.

### Information and Communication Technology (ICT)

### Component: Accessing Information at SCQF level 4

During the delivery of this Unit, learners may be given opportunities to electronically access and collect relevant and appropriate information on Jazz dance performances etc using straightforward searches, using filtering techniques with appropriate criteria, keywords etc. This could be helpful in identifying exemplary examples of the technical and artistic criteria required for this Unit.

### (b) Overview of other Essential Skills

It is expected that learners will naturally develop broad, generic skills through this Unit. The skills that learners will be expected to improve on and develop through the Unit are based on SQA's *Skills Framework: Skills for Learning, Skills for Life and Skills for Work* and drawn from the main skills areas listed below. These may be built into the Unit where there are appropriate opportunities, some of which are identified below:

- Literacy: Opportunities exist for learners to develop their listening skills in class and in independent learning, in relation to their tutors, peers and audio-visual materials supporting class content. This may relate to information regarding course content regarding Jazz dance and/or feedback and guidance on their own learning (ie taking instruction about sequences, performance and technique).
- ♦ Health and Wellbeing: The practical nature of this Unit encourages learners to take responsibility for their own personal learning, and further develop their physical wellbeing through training in the techniques associated with Jazz dance. Class-based activities and performance opportunities encourage learners to develop further understanding of body/use of body in applying technique (alignment, flexibility, strength, stamina, coordination, etc). Group-based activities offer opportunities for learners to develop their interpersonal skills for the benefit of themselves and others.
- ♦ Employability, Enterprise and Citizenship: Through the delivery and assessment, this Unit provides opportunities to develop skills in working cooperatively, in both class and performance contexts.

**Unit title:** Dance: Jazz (SCQF level 6)

♦ Thinking Skills: The requirement to accurately replicate tutor-taught sequences and amalgamations provides learners with the opportunity to develop their capacity to retain and apply non-verbal and sequential complex information. Further there is possibly some opportunity for learners to develop their capacity for creativity in this Unit, particularly in relation to the group performance required in Outcome 3.

# **History of changes to Unit**

Version	Description of change	Date

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### **General information for learners**

**Unit title:** Dance: Jazz (SCQF level 6)

This section will help you decide whether this is the Unit for you by explaining what the Unit is about, what you should know or be able to do before you start, what you will need to do during the Unit and opportunities for further learning and employment.

This Unit will introduce you to jazz dance skills and techniques through the performance of different exercises, sequences and amalgamations choreographed by your teacher/tutor.

On completion of this Unit, you will be able to demonstrate:

- jazz dance knowledge and technical ability though both structured classwork and through choreographed sequences
- performance skills within a choreographed jazz dance

During the Unit you will learn about and perform the following:

- ♦ Jazz dance warm up; cool down; and stretching and conditioning exercises
- ♦ Technical exercises such as turns, kicks, leaps
- ♦ Sequences longer sections of choreography showing your jazz dance technique
- ◆ A group dance your teacher/tutor will choreograph a short group dance for you and the rest of your class to perform
- ◆ Basic performance skills you will observe and perform jazz dance using different performance skills

Assessment for this Unit is practical. You will be advised of exact assessment arrangements by your teacher/tutor but there's likely to be two practical assessments which will be recorded, eg:

- ♦ A demonstration of your jazz dance technical knowledge and skills through class work and set sequences.
- ♦ A performance of your jazz dance skills as part of a short group dance, which is choreographed by your teacher/tutor.

There are also opportunities to develop Core Skills in this Unit. These include Communications, Working with Others, Information and Communication Technology (ICT) and Problem Solving.

There is no requirement for you to have previous learning in this subject area but it would be useful if you had experience in dance or movement at SCQF level 5.

On completion of this Unit, you may progress onto higher Units such as *Jazz Dance Techniques* at SCQF level 7 (ie HNC level). However due to the practical nature of this Unit, progression may not be automatic as entry may be through audition.