

National Unit Specification: general information

UNIT Human Development for the Home Care Worker: An Introduction
(Intermediate 1)

NUMBER D3H3 10

COURSE

SUMMARY

This unit will enable candidates to understand the stages of human development and so identify the needs of their clients in a home care setting.

Candidates will acquire some of the underpinning knowledge from SVQ Care Level 2, core units.

OUTCOMES

- 1 Demonstrate an understanding of human development, from birth to old age.
- 2 Demonstrate an understanding of the varying patterns of development as they relate to a client group.

RECOMMENDED ENTRY

Candidates must satisfy course entry requirements. This unit has been designed to be a component of a professional development award for Home Carers. Candidates should be employed in a home care setting or have significant relevant care experience.

CREDIT VALUE

1.0 Credit at Intermediate 1.

CORE SKILLS

Information on the automatic certification of any core skills in this unit is published in *Automatic Certification of Core Skills in National Qualifications* (SQA, 1999).

Administrative Information

Superclass: PN

Publication date: August 2000

Source: Scottish Qualifications Authority 2000

Version: 01

© Scottish Qualifications Authority 2000

This publication may be reproduced in whole or in part for educational purposes provided that no profit is derived from reproduction and that, if reproduced in part, the source is acknowledged.

Additional copies of this unit specification can be purchased from the Scottish Qualifications Authority. The cost for each

Administrative Information

Superclass: PN

Publication date: August 2000

Source: Scottish Qualifications Authority 2000

Version: 01

© Scottish Qualifications Authority 2000

This publication may be reproduced in whole or in part for educational purposes provided that no profit is derived from reproduction and that, if reproduced in part, the source is acknowledged.

Additional copies of this unit specification can be purchased from the Scottish Qualifications Authority. The cost for each

National Unit Specification: statement of standards

UNIT Human Development for the Home Care Worker (An Introduction
(Intermediate 1)

Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to the Scottish Qualifications Authority.

OUTCOME 1

Demonstrate an understanding of human development from birth to old age.

Performance criteria

- a) Identify the interrelating factors of human development.
- b) Describe the general pattern of human development from birth to old age.

Evidence requirements

Please refer to *Evidence requirements for the unit* at the end of the Statement of Standards.

OUTCOME 2

Demonstrate an understanding of the varying patterns of development as they relate to a client group.

Performance criteria

- a) Describe the variations that may occur in the general pattern of human development for one particular client group.
- b) Explain how life experiences may influence human development in relation to one client group.
- c) Explain ways in which the home carer can support individuals at a particular developmental stage.

Evidence requirements

Please refer to *Evidence requirements for the unit* at the end of the Statement of Standards.

EVIDENCE REQUIREMENTS FOR THE UNIT

Outcome 1

Written and/or oral evidence to show the candidate has covered the performance criteria.

Outcome 2

Written and/or oral evidence to show the candidate has covered the performance criteria.

National Unit Specification: support notes

UNIT Human Development for the Home Care Worker (An Introduction (Intermediate 1))

This part of the unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this unit is at the discretion of the centre, the notional design length is 40 hours.

GUIDANCE ON THE CONTENT AND CONTEXT FOR THIS UNIT

It is expected that candidates undertaking this unit are employed as, or seeking work as home care workers. Therefore the content should reflect the circumstances which would be realistically encountered within their work role and their organisations policies and procedures.

Staff/trainers involved in delivering this unit should introduce the concept of human development in a straightforward way. It should be emphasised that this unit is designed as an introduction to human development, birth to old age, and not a detailed study of the concepts involved.

The focus should be encouraging the candidate to reflect and share their knowledge of human development in relation to their caring role with clients. Emphasis should be placed on the candidates role in supporting the developmental needs of clients.

Outcome 1

Candidates should be introduced to the interrelated factors involved in each stage of human development – **Cognitive, Emotional, Physical and Social.**

Concepts involved in each stage that can be covered:

Cognitive recognition, thinking, decision making, communication, learning, play, hobbies, reading, working, understanding.

Emotional family relationships, attachment, bonding, trust, affection, self esteem, feelings of belonging, love, security, confidence, sense of achievement.

Physical nutrition, exercise, rest, sleep, elimination, personal hygiene, health promotion.

Social making friends, social acceptance, “peer” groups, mixing with others, social behaviour, sharing ,considering others.

Care should be taken in highlighting the interrelated nature of the factors involved in human development and a holistic approach to learning should be emphasised. Maslow’s hierarchy of needs could also be utilised as a basis for explaining human development.

The general patterns of human development can be divided into approximate age groups – 0-2 years, 2-5 years, childhood, adolescence, adulthood, older adult.

The major developmental achievements for each age group should be identified and understood.

National Unit Specification: support notes (cont)

UNIT Human Development for the Home Care Worker (An Introduction (Intermediate 1))

Outcome 2

Once the candidate has identified the stages of human development this can be related to identifying the individual variations that may occur. This includes recognising the reasons for these variations in human development – hereditary, environmental and cultural. Discussion and learning in this area should be carried out in a non judgemental and valuing context.

Life experiences that can influence development are many and varied, depending on the individual client, however they can be discussed using the following headings

Family circumstances

Health circumstances

Environmental circumstances

Financial circumstances

Although these areas should be clearly related to the particular client group the candidate is mainly working with, candidates should be given the opportunity to discuss these areas in relation to other client groups.

The candidate's job description could be used as a starting point for identifying the influence of the home carer on the client's stage of development. The candidate's role in meeting the client's needs as a way of supporting potential development should be highlighted.

GUIDANCE ON LEARNING AND TEACHING APPROACHES FOR THIS UNIT

Outcome 1

Emphasis should be on a basic recognition and understanding of human development from birth to old age.

Tutor expose of the concept of human development and the stages involved should be the starting point. This should then be applied by the candidates to their work experiences through group work, individual case studies and discussion to aid understanding of the interrelating factors involved – cognitive, emotional, physical and social.

The stages should be presented in order and from a holistic perspective. Group analysis of case studies/scenarios – written and video – could be used to aid understanding of each stage, the progress between them as well as enabling candidates to identify the major development milestones for each stage.

Outcome 2

Teaching and learning approaches for outcome 2 should be on encouraging the candidate to apply their learning to their role as a home care worker. The candidates job description could be utilised as a starting point for identifying their role in meeting client's needs as a way of supporting potential development.

Candidate devised case studies from group work could be an integral part of the learning process. These could then be compared for variations in human development within different age groups. Candidates should be encouraged to identify the life experiences that have influenced the individual client's development.

National Unit Specification: support notes (cont)

UNIT Human Development for the Home Care Worker (An Introduction (Intermediate 1))

GUIDANCE ON APPROACHES TO ASSESSMENT FOR THIS UNIT

Outcome 1

The candidates could gather sufficient evidence for each stage of human development and the interrelating factors as an ongoing written assignment.

Outcome 2

Candidates could be presented with a written case study to analyse and answer pre set questions covering the performance criteria.

OR

Candidates could produce their own case study based on their work practice that evidences the variations that may occur, the effects of life experiences on the individual in the case study and their role in supporting the client's stage of development. Care must be taken to ensure confidentiality of the client if this assessment procedure is used

SPECIAL NEEDS

This unit specification is intended to ensure that there are no artificial barriers to learning or assessment. Special needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments or considering special alternative outcomes for units. For information on these, please refer to the SQA document *Guidance on Special Assessment and Certification Arrangements for Candidates with Special Needs/Candidates whose First Language is not English* (SQA, 1998).