



**2007 Care**

**Intermediate 1**

**Finalised Marking Instructions**

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Marking Instructions**

**SECTION A**

**Question 1**

**Answers do not have to contain the exact wording suggested here.  
1 mark for 1 point from the following, 2 marks for a fuller answer.**

- (a)     • Settling down with a long term partner.  
          • Having a family.  
          • Resuming education. 2 marks
- (b)     • Attending a day centre to participate in activities.  
          • Learning a new skill or hobby.  
          • Reading or watching television/documentaries/quizzes. 2 marks
- (c)     • A teenage girl developing breasts and starting menstruation.  
          • A teenage boy's voice breaking.  
          • Skin condition such as acne. 2 marks
- (d)     • Going to school.  
          • Establishing friendships with others.  
          • Group activities such as guides or scouts. 2 marks
- (8 marks)**

**Question 2**

**Answers do not have to contain the exact wording listed but should indicate the following up to 2 marks.**

- (a)     • The fact that Ella is spending most of her time at home suggests that she is unhappy about her recent move into the care home.  
          • Her daughter now lives overseas and Ella could be missing her.  
          • Experiencing a sense of loss. 2 marks

**Answers do not have to contain the exact wording listed but should indicate the following up to 4 marks.**

- (b)     • Encourage Ella to keep in contact with her daughter.  
          • Invite Ella to join in any social activities.  
          • Encourage Ella to use a befriender to go out with her. 4 marks
- (6 marks)**

### Question 3

Up to a maximum of 2 marks for a full answer.

A need is something we must have for our healthy growth and development (food, shelter, security, love). A want is something we would like to have but our survival does not depend upon it. (a car, designer clothes)

2 marks

### Question 4

Answers do not have to contain the exact wording below but should indicate the following. One mark for naming the strand and an additional mark for explanation.

(a) Emotional

- Explanation – she may be worrying about her children’s education. She is having to adapt to a new environment.

2 marks

Social

- Explanation – she has moved from her old environment and may well have lost friends and other social connections.

2 marks

Physical

- Explanation – because she is under a lot of stress at the break up of her marriage she may not be eating properly. She may be afraid to go and not be getting enough exercise.

2 marks

Cognitive

- Explanation – may have to learn new skills now that she is fully responsible for her children’s welfare and education. She may be missing adult interactions because she is spending so much time with her children.

2 marks

(b) He is upset, he may feel angry about the split and may fear that he will never see his dad again.

3 marks

2 marks for each of the following points up to a maximum of 4 marks.

- (c)
- The worker could offer Sahid reassurance they could encourage Sahid to talk about how he feels.
  - The worker could support Sahid in developing social networks, joining clubs etc.
  - Reassure Sahid his father still loves him.

4 marks

**(15 marks)**

## Question 5

**1 mark for each type of service provision identified with up to 2 additional marks for each way it could help.**

- (a) A needle exchange, a telephone helpline, a day centre, a counsellor.

How it could help:

- offering advice and support might help them stop
- allows the individual to talk about their feelings
- encourage the individual to meet with others with similar problems. 3 marks

- (b) A day centre, a home support worker, a befriender, a health visitor.

How it could help:

- to meet other people and take part in social activities
- identify a range of different needs and find ways to meet them
- to go out with the individual and encourage participation within the community. 3 marks

- (c) A course within a college, a youth club, community nurse for learning disabilities, a day centre.

How it could help:

- to make new friends and take part in activities with people of a similar age
- to assess needs and help devise appropriate support packages. 3 marks

**(9 marks)**

## SECTION B

### Option 1 – Accident and Emergency Procedures

#### Question 6

(a) Hazards in a kitchen. 1 mark for each possible hazard identified.

Any four answers from the following:

- the bin might be overflowing
- electric socket might be overloaded
- flooring is uneven
- kettle flex is hanging over worktop
- sharp knives lying around
- drawers left open
- pot handles sticking out on cooker
- any other relevant answer.

4 marks

Answers should convey a general understanding of the consequences and safety measures appropriate to the hazard identified. 1 mark for each possible effect and 1 mark for a reasonable corrective measure.

- (b)
- Effect – floor may become slippery from spillage
  - Corrective measure – ensure bin emptied regularly
  
  - Effect – may cause a fire
  - Corrective measure – do not use more than one adaptor
  
  - Effect – someone may trip and fall
  - Corrective measure – renew defective flooring
  
  - Effect – kettle may be dragged from worktop and cause a scald
  - Corrective measure – replace with coiled flex
  
  - Effect – someone could receive a severe injury
  - Corrective measure – keep sharp knives in a safe place
  
  - Effect – may cause a head injury to a child
  - Corrective measure – keep drawers closed

8 marks

**(12 marks)**

**Question 7**

**1 mark for each correct action identified and 1 mark for each action which should not take place.**

Check that the area is safe.	✓
Leave the scene.	×
Get someone to call the emergency services.	✓
Turn off the ignition.	✓
Drag the driver out of the car.	×

**(5 marks)**

**Question 8**

- A – Airway
- B – Breathing
- C – Circulation

**1 mark for each answer correctly identified.**

**(3 marks)**

## Option 2 – Understanding Health

### Question 9

1 mark for each element of health correctly identified.

- Physical
- Emotional
- Intellectual/Cognitive
- Social

(4 marks)

### Question 10

Identify 3 elements of Eilidh's health that will benefit from her new lifestyle. 1 mark for each element correctly identified and 1 mark for each reason correctly relating to the element of health up to a total of 6 marks.

- (a) Element 1 – Physical
- The yoga class that is part of the new course might improve flexibility, keep muscle tone and physical well-being.

Element 2 – Cognitive/Intellectual

- The computing and/or art appreciation class will benefit the cognitive element of Eilidh's health; she will be learning new skills, improving concentration, improving memory and stimulation.

Element 3 – Social

- Meeting new people on the course will benefit the social element of Eilidh's health; increase in social circle, reduce isolation, make new friends.

Element 4 – Emotional

- New experiences, increase feelings of self-esteem and increase confidence; increase feelings of identity.

6 marks

Answers do not have to convey the actual wording suggested here but should convey a general understanding of the link between two elements of health from Eilidh's story. 1 mark for each element correctly linked and 2 marks for a relevant explanation of a link between the two.

- (b) Physical/Social
- The yoga class will enable her to meet new people and improve the social element of her health and enhance her physical and social well-being.

**OR**

Cognitive/Social

- The art appreciation class will help to fill a gap left by Eilidh's recent retirement and also help her to meet new people who are in the same situation on the course; will also allow her to have new experiences.

**OR**

Emotional/Cognitive

- Learning new skills will make her feel good about herself; increase feelings of self-worth, self-esteem and confidence.

4 marks

(10 marks)

### Question 11

Answers do not have to contain the actual wording suggested here, but should convey a general understanding of the consequences of John's unhealthy lifestyle. 1 mark for a relevant phrase and 2 marks for a more detailed answer.

(a) Choose from one of the following or any other relevant answer:

- lack of sleep will make him less able to concentrate, therefore less able to learn
- poor diet will have an effect on his physical health, as he is at risk of becoming overweight and/or heart failure
- playing his computer will have an effect on his physical health as he is at risk of becoming overweight and/or heart disease
- playing his computer is affecting his cognitive health as he is not able to concentrate on his schoolwork.

2 marks

**1 mark for each lifestyle change correctly identified and 1 mark for each appropriate explanation.**

- (b)
- Lifestyle change – reducing his intake of junk food and eating more fruit and vegetables.
  - Explanation – this would improve the physical element of his health.
  
  - Lifestyle change – going to a gym or joining a sports club.
  - Explanation – this would reduce the amount of time he spends on his computer and improve his physical health.
  
  - Lifestyle change – reducing the amount of time he spends on his computer and having a regular bedtime.
  - Explanation – this would result in him being able to concentrate better at school.

4 marks

**(6 marks)**

[END MARKING INSTRUCTIONS]