



2009 Care

Intermediate 1

Finalised Marking Instructions

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**2009 Care
Intermediate 1
Marking Instructions**

Section A

1 Which of the following ideas are based on sociology and which are based on psychology?

- Culture (Sociology)
- Genetics and personality (Psychology)

2 KU

2 Read the following case study then answer the questions that follow.

Rufat is a 15 year old teenager who was born and brought up in Scotland. His family is originally from Pakistan and maintains traditional family and cultural values. Rufat's friends have started drinking, smoking and staying out late. When his family discovers this they are extremely upset and don't want him to become involved in these behaviours.

Give two reasons why a knowledge of sociology and psychology helps our understanding of Rufat's situation.

It helps us understand:

- why Rufat speaks, acts and behaves in certain ways
- the influence of peer pressure
- the influences of normal life changes
- the influence of other cultures
- the influences of other parts of society.

2 AE

3 Following a night out with his friends, Rufat comes home smelling of alcohol and cigarettes. His parents are furious and have forbidden him to see his friends again.

Identify two strands of Rufat's development that might be affected and explain why.

Possible answers

- Emotional – He may feel low, annoyed and angry.
– Dilemma between upsetting parents and belonging to his peer group.
- Social – Not being allowed to socialise with his peer group.
– Not being allowed to be independent and make own choices.
– Not able to move outwards from family.

2 KU

4 AE

One mark for identifying the strand and two marks for the explanation.

- 4 A year later Rufat begins to study at his local college. He enjoys his course and develops a new circle of friends.**

Explain how this life change will affect two strands of his development.

Possible answers could include:

- Emotional development – Increased self esteem/self worth, enjoyment from his course, ability to express his feelings.
- Cognitive development – Learning new skills, increased problem solving abilities.
- Social development – New experiences, new friendships/relationships.

Any other appropriate answer.

4 KU

- 5 Give two reasons why it would be important for a student on a care course to have knowledge of different cultures.**

Possible answers

- They can understand the specific needs of individual service users.
- So that they can make room for people to carry out worship or rituals at suitable times, should they wish.
- They can respect the person's right to eat certain foods or wear certain clothes.

2 KU

- 6 State one possible example of physical development and one possible example of cognitive development in the older adult.**

Physical

- Gradual loss of ability.
- Maintaining fitness.

Cognitive

- Wisdom.
- Possible short term memory loss.
- May take longer to absorb new information.
- Opportunity to learn new skills.

Any other appropriate answer.

2 KU

- 7 Describe one change which may occur in social development between adulthood and older adulthood.**

Possible answers

- Changes in social roles eg retirement, grandparenthood.
- Maintaining social networks.
- Increased leisure time with more opportunities for social interaction.
- Possible loss of contacts eg from work resulting in social isolation.
- Possible loss of friends.

Any other appropriate answer.

2 KU

Total 20

Section B

- 1 Read the following case study and answer the questions that follow.

The Oaks day centre provides activities for young adults with additional support needs. It is a popular facility and the service users appear to enjoy the varied activities. Natasha has just started as a support worker at the centre.

State three of Natasha's responsibilities as an employee under Health and Safety regulations.

Any three from the following:

- To report any observed hazard/potential or health problem.
- To take reasonable care of the safety of themselves and others in the workplace.
- To ensure that a hazardous situation is not created either by the worker by action or omission.
- To cooperate with the employer and follow safety rules and procedures.
- Correctly use work items provided by the employer, including personal protective equipment, in accordance with training or instructions.
- Not to interfere with provided safety equipment.
- Duty to follow moving and handling procedures.
- To follow health and hygiene procedures at work.
- To report any safety incident.

3 KU

- 2 **The service users have their meals in the dining room, where they select their food from a buffet table. All staff members are present in the dining room at mealtimes to assist the service users according to their individual support needs.**

From the information in the case study, identify two potential hazards.

Any two from the following:

- Hot food.
- Spillages.
- Mishandling of food.
- Contamination of food.
- Slippery floors.

Any other appropriate answer.

2 KU

- 3 **Using the two potential hazards you have identified in Question 2, explain how each of these hazards could be avoided.**

Slippery floor – ensure appropriate choice of floor covering, wear correct foot wear.

Hot food – supervision when serving or carrying food.

Contamination of food – ensure food is kept at the appropriate temperature, wash hands, use appropriate utensils.

Spillage – ensure spillages are cleared up immediately.

Mishandling of food – ensure food is served with clean utensils.

Any other appropriate answer.

4 AE

4 State two responsibilities the employer has in relation to Health and Safety legislation.

Any two from the following:

- To investigate any accident on the premises.
- To record and notify certain accidents and injuries.
- To consult the workforce regarding health and safety.
- To ensure visitors and others are safe and understand safety and evacuation procedures.
- To report certain diseases.
- To have fire evacuation procedures.
- To control and maintain all equipment.
- To provide procedures for safe handling of hazardous chemicals.
- To provide safety equipment.
- To provide safe preparation of food and drink.
- To have a First Aider/first aid facilities on the premises.

4 KU

5 Whilst having dinner one of the service users stumbles and falls over a bag, banging his head on a table. He loses consciousness, but he is still breathing.

As the First Aider, after assessing the situation, what should your first action be and explain why this is important?

First action – Put him in the recovery position.

Explanation – To prevent choking, swallowing tongue, maintain airway.

**1 KU
2 AE**

6 (a) Give two examples of who should be contacted in the first instance.

- Ambulance service.
- Service user's next of kin.

2 KU

Any other appropriate answer.

(b) Give two pieces of essential information that should be passed on to emergency services.

- Your name and contact number.
- Location of casualty.
- Number of casualties.
- Extent of injuries.
- Age.

2 KU

Any other appropriate answer.

Total 20

Section C

- 1 Briefly describe the difference between a want and a need. Use an example to support your answer.**

A want is something you would like to have but which is not necessary for your wellbeing, whereas a need is a requirement which will contribute to wellbeing once it has been met.

Example: A need would be for shelter, a want would be a four bedroom mansion.

3 KU

- 2 Describe what is meant by prejudice.**

Candidates should answer from the following

- An attitude about an individual or group, usually negative.
- Not based on fact.
- Founded on fear, ignorance and speculation rather than factual evidence.

Any other appropriate answer.

2 KU

- 3 Explain one way prejudice can lead to discrimination in a care context. You should give an example in your answer.**

Eg All older adults in a care home are hard of hearing so care workers all raise their voices when speaking with them.

All adults with learning difficulties are incapable of decision making so they aren't asked their opinion.

People in a wheelchair are thought to be unable to understand so people speak to the person pushing the wheelchair.

Any other appropriate answer.

2 KU

2 AE

- 4 State three possible effects of discrimination on an individual.**

Candidates may choose from;

Lack of self esteem, lack of self worth, isolation, lack of care or no care, violence, lack of choice and opportunity, and exclusion.

3 KU

Any other appropriate answer.

- 5 Describe why patience and tolerance are required by a care worker.**

Patience to be able to work at the service user's pace and acceptance of individual differences, recognise individuality.

To show acceptance and that the person is valued as an individual.

2 KU

6 State two principles upon which the Care Standards are based.

Any two from the following:

- Dignity
- Privacy
- Choice
- Safety
- Realising potential
- Equality and diversity.

2 KU

7 Give an example of how a care worker can apply each of the principles identified in Question 6 to their practice.

- Privacy/dignity – ensure you always knock on the door and wait for a reply before entering a room, close curtains, keep information secure.
- Equality and diversity – recognising and valuing the individuality and uniqueness of the service user.
- Choice – encouraging decision making.

Any other appropriate answer.

4 AE

If not mentioned in Question 6 but is mentioned in Question 7, candidate should be given the marks.

Total 20

[END OF MARKING INSTRUCTIONS]