



**2010 Care**

**Intermediate 1**

**Finalised Marking Instructions**

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**2010 Care  
Intermediate 1  
Marking Instructions**

**Section A**

**1 Describe what is meant by Sociology?**

Sociology is the study of groups within society. Society/groups is made up of individuals and sociology looks at the way that our individual behaviours are influenced by the society that we live in.  
Any other appropriate answer.

**2 KU**

**2 Describe what is meant by psychology?**

Psychology is the study of the individual. Psychology is interested in how someone develops their sense of self – their picture of who they are. It looks at the way in which each human being develops their own special identity throughout their life.

**2 KU**

**Any other appropriate answer.**

**3 Give two reasons why knowledge of sociology is important for a care worker.**

As care workers, it is useful to know about the ways in which individuals are influenced, because it can help us understand:

- why we speak, act and behave in certain ways
- why we make certain choices and decisions
- why some people are more likely to experience problems in their life
- how we might challenge things that we think are unfair.

Candidates may be likely to discuss socialisation, behaviours and attitudes and any appropriate reference to this should be accepted.

Any other appropriate answer.

**4 KU**

**4 Read the following statements and write in the correct strand of human development.**

**James is 64 years old and his friend has encouraged him to join his local walking club.**

Physical or social

**Margarite is 20 years old and has just told her colleagues that she is gay.**

Emotional or social

**2 KU**

**5 Describe one feature of emotional development in childhood.**

- Becoming more independent
- Expressing emotions
- Understanding limits
- Learning about appropriate behaviours and its consequences
- Developing an identity
- Developing self-esteem

1 mark for stating the feature and 1 mark for an acceptable description.

**2 KU**

**6 Explain one change which may occur in physical development between childhood and adolescence.**

Explanations could include:

- Growing and changing
- Puberty: hormonal changes
- Becoming a man/woman
- Awareness of body image.

To achieve full marks, candidates should give an example such as: taller, heavier, stronger, developing body hair, developing muscle, menstruation, voice changing.

Any other appropriate answer.

**2 AE**

**7 Mrs McCulloch is an older adult who is leaving her home and moving into residential care. Explain two emotional changes that this might lead to.**

- Loss of independence – eg because she is depending on other people.
- Fear and anxiety – new environment, new people, unfamiliar surroundings, worried that her family won't visit etc.
- Sense of security/insecurity – in a safe supportive environment, doesn't know how she will fit in, excitement at her new venture.

Any other appropriate answer.

**4AE**

**8 Match the following descriptions to the correct strand of development.**

**Choose from the following strands:  
Physical, Social, Emotional, Cognitive**

Description	Strand
Developing a sense of self	Emotional
Making sense of the world	Cognitive

**2KU**

**Total (20)**

## Section B

Read the following case study and answer the questions that follow.

**Limetree House is a secure unit for young adults who have challenging behaviours. Myleene, the senior care worker on duty has been giving out medication to the residents. The emergency buzzer is sounded. She goes off to investigate, leaving some tablets lying on the dining room table. In her hurry to get to the emergency she trips over the corner of a rug and falls down the stairs.**

- 1 Give a definition of the term *hazard* and give one example from the case study.**

A hazard is something that could potentially cause harm or injury.

Examples from case study could be:

- Medication lying on the table.
- Rug.

Any other appropriate answer.

**2 KU  
1 APP**

- 2 Give a definition of the term *risk* and give one example from the case study.**

Risk can be defined as: the likelihood of potential harm from a particular hazard.

Examples

- A resident swallows the tablets.
- Senior care worker is injured as a result of her fall.

**2 KU  
1 APP**

**As a result of the fall a first aider has been called to attend to Myleene. She is lying at the bottom of the stairs and although she is breathing she is unconscious.**

- 3 What four actions should the first aider take?**

- Make sure the area is safe.
- Assess the situation.
- Call for help.
- Do not move casualty in case there are any other injuries.
- Deal with onlookers.
- Remain calm.
- Check for any other injuries.

**4 AE**

**4 (a) Which of the emergency services should you ask for when you dial 999?**

- Ambulance

**1 KU**

**(b) State three pieces of information that should be given to the emergency service identified in 4 (a)?**

- Where you are: exact location including landmarks if it is in an out-of-the-way area.
- Your name.
- Your telephone number.
- How many casualties, sex and approximate ages of casualties.
- How serious it is ie breathing or not, and what is wrong as far as you can tell.
- Details of any hazards.

**3 KU**

**5 If a casualty is not breathing and you are carrying out CPR, identify which of the following statements are True and which are False.**

**Indicate whether each statement is True or False by writing True or False in the boxes.**

<b>The ratio of rescue breaths to chest compressions are 2:15.</b>	False
<b>The number of chest compressions per minute should be 100.</b>	True
<b>The first aider should check for a pulse.</b>	False

**3 KU**

**6 State three responsibilities that an employer has in relation to Health and Safety.**

Answers could include:

- Report certain diseases, conditions and injuries.
- Form policy on first aid.
- To have fire evacuation procedures.
- For control and maintenance of all equipment.
- Provide procedures for safe handling of hazardous chemicals.
- Provide safety equipment.
- Provide safe preparation of food and drink.
- Investigate any accident on the premises.
- Record and notify certain accidents and injuries.
- Consult the workforce regarding Health and Safety.
- To ensure visitors and others are safe and understand safety and evacuation procedures.
- Any other point included in Health and Safety Legislation.

**3 KU**

**Total (20)**

## Section C

Read the following case study and answer the questions that follow.

Ross was released from prison two months ago. Upon his release he was ordered by the court to live in a resettlement unit. He is extremely unhappy about this as he had hoped to share a flat with his friend. He has been treated for substance misuse in the past and has recently discovered he is HIV positive.

Ross has managed to get a job in a shop. As the employees are leaving at night the manager stops Ross and checks his bag and pockets before he goes home.

- 1 From the case study give one example of a need and one example of a want.

**Need** – treatment for his HIV status/needs to be accepted/trusted.

**Want** – to share a flat with his friend/he wants the manager not to check his bag and pockets every night.

Any other appropriate answer (Any basic need)

2 KU

- 2 Give one example of an emotional need and one example of a cognitive need, which Ross has since leaving prison.

Emotional need

- He needs to feel supported.
- He needs to be able to express himself.
- He needs to be valued and respected.
- He needs a sense of belonging.

Cognitive need

- He needs to learn about HIV.
- Skills to live more independently.
- He needs to develop and sustain the skills to allow him to keep his job/employment.

Or any other appropriate answer.

2 KU

- 3 Describe what is meant by the term *stereotyping*?

- Stereotypes are labels, which are applied to all members of a group.
- It is assumed that, because of some characteristic, the person is “just the same as all the others”.

2 KU

- 4 State one example of discrimination from the case study and explain one possible effect this might have on Ross.

Example: He is being treated unfairly because of his offending, having his bag checked, having to live in the resettlement unit.

Effect: Lower self esteem  
Lower self worth  
Withdrawal  
Frustration and anger

Any other appropriate answer.

1 KU  
2 APP

5 Which of the following are examples of principles underpinning the National Care Standards?

Indicate whether you think the following are True or False by writing True or False in the box.

Choice	True
Privacy	True
Independence	False

3 KU

Ross has been referred to the local hospital and is now attending for treatment for his HIV status.

6 State four qualities required by Ross's nurse at the clinic and explain how each one could be applied by the nurse.

Answer should include four of the following:

- Patience and tolerance.
- Respect, acceptance and empathy.
- Sensitivity and discretion.
- Reliability, dependability and flexibility.
- Positive attitude, cheerfulness and willingness.
- Politeness and kindness.
- Honesty and humility.
- Autonomy and teamwork.
- Self-awareness.
- Readiness to learn.
- Readiness to do a share of unpleasant tasks.

Application of the chosen qualities should be appropriate to the case study.

4 KU

4 AE

**Total (20)**

[END OF MARKING INSTRUCTIONS]