Award
Unit
Specification

Personal Achievement: Hobbies and Interests (SCQF level 1) Unit

SCQF: level 1 (3 SCQF credit points)

Unit code: H1G6 41

Unit outline

This 'Hobbies and Interests' Unit at National 1 is part of the Personal Achievement Award suite of Units.

The general aim of this Unit is to provide opportunities for the learner to develop their hobbies and interests within a structured framework. Hobbies and interests could include: personal hobbies, gardening, finding out about famous places, individual arts and crafts, or digital photography.

Learners who complete this Unit will be able to:

1 Prepare for an activity involving hobbies and interests
2 Participate in an activity involving hobbies and interests
3 Reflect on the activity involving hobbies and interests by communicating feelings about it

This Unit is an optional Unit of the Personal Achievement Award (SCQF level 1) and is also available as a free-standing Unit. The *Unit Specification* should be read in conjunction with the combined Award *and Unit Support Notes*, which provides advice and guidance on delivery, assessment approaches, and development of skills for learning, skills for life, and skills for work. Exemplification of the standards in this Unit is given in *Unit Assessment Support*.

Recommended entry

Entry to this Unit is at the discretion of the centre.

In terms of prior learning and experience, relevant experiences and outcomes may also provide an appropriate basis for doing this Unit.

Equality and inclusion

This Unit Specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of learners should be taken into account when planning learning experiences, selecting assessment methods, or considering alternative evidence. For further information please refer to the combined *Award and Unit Support Notes.*

Standards

Outcomes and assessment standards

Outcome 1

The learner will:

1 Prepare for an activity involving hobbies and interests by:

1.1 Agreeing to an activity
1.2 Being involved in planning the activity

Outcome 2

The learner will:

2 Participate in an activity involving hobbies and interests by:

2.1 Carrying out the activity as planned
2.2 Completing the activity

Outcome 3

The learner will:

3 Reflect on the activity involving hobbies and interests by:

3.1 Communicating one thing about the activity which was liked /disliked
3.2 Communicating the reason for this view

Evidence requirements for the Unit

Assessors should use their professional judgement, subject knowledge and experience, and understanding of their learners, to determine the most appropriate ways to generate evidence and the conditions and contexts in which they are used.

It is expected that learners will receive support to achieve the outcomes of this Unit.

In this Unit, evidence requirements are as follows:

Evidence for Outcomes 1, 2, and 3
Evidence for this Unit could include observation checklists**,** logs, short recorded oral responses, photographic evidence, video evidence, or their equivalent.

Exemplification of assessment will be provided in *Unit Assessment Support*. Advice and guidance on possible approaches to assessment is provided in the combined *Award and Unit Support Notes.*

Development of skills for learning, skills for life, and skills for work

It is expected that learners will develop broad, generic skills through this Unit. The skills that learners will be expected to improve on and develop through the Unit are based on SQA's *Skills Framework: Skills for Learning, Skills for Life and Skills for Work* and drawn from the main skills areas listed below. These must be built into the Unit where there are appropriate opportunities.

1 Literacy

1.3 Listening and talking

3 Health and wellbeing

3.1 Personal learning
3.2 Emotional wellbeing
3.5 Relationships

Amplification of these is given in SQA's *Skills Framework: Skills for Learning, Skills for Life and Skills for Work.* The level of these skills should be at the same SCQF level of the Unit and be consistent with the SCQF level descriptor. Further information on building in skills for learning, skills for life, and skills for work is given in the combined *Award and Unit Support Notes.*

Administrative information

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Superclass: JF

History of changes to Award Unit Specification

Version	Description of change	Authorised by	Date

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