



**National Qualifications 2015  
Internal Assessment Report  
Sport and Fitness**

The purpose of this report is to provide feedback to centres on verification in National Qualifications in this subject.

# National Qualifications (NQ) Units

Titles/levels of NQ Units verified:

Various NQ Units at SCQF levels 4, 5 and 6

## General comments

There were a small number of visits for NQ awards in this verification group, although each visit covered several Units.

In general and where available, National Assessment Bank or assessment support pack materials were being used. All centres had experience in delivering SQA awards over many years and this experience had been generally used to good effect to support delivery and assessment and to ensure a sound quality overall.

## Unit specifications, instruments of assessment and exemplification materials

Some Units that were verified were updated versions of longstanding Units and others had been in use for some period of time. Centres were familiar with delivery of the Units and had selected these Units as part of their overall course design — and also to lead learners towards their HN programmes. Exemplification materials were suitable, although some were showing their age. This is under review and is being addressed where practical.

## Evidence Requirements

In most cases, centres had addressed the Unit requirements and had assessed appropriately. Where this was not the case, it was good to note that the internal verifier had already picked up on the issue and was addressing it.

## Administration of assessments

Assessment had been offered at times that were appropriate to the learner and their stage of development.

Practical assessment was relevant and recorded evidence met the Unit requirements. Internal verification had followed the policies of the centres that were verified.

## Areas of good practice

Internal verification had been effective in picking up any problems prior to external verification visits and concerns were being addressed.

### **Specific areas for improvement**

Centres are encouraged to change their assessments at intervals and to refresh them where that is possible. It is not best practice to make use of the same assessment year after year when that assessment has become dated. This applied to a small number of centres but should be considered by all centres.