

National Qualifications

Standard Grade Home Economics

Carry Out a Practical Assignment (CO7)



Exemplar B(03)

Candidate Name	
Class	
Centre	
Centre number	

Start date: 10 January 2003 Finish date: 14 February 2003

Complete the clear parts of the chart below to give a brief outline plan for your practical assignment.
The shaded areas are to be completed by your teacher.

Activity	Dates	Time allocation	Grade	Teacher comments to justify grades
Analysing	10/01/03	60 minutes		
Planning	14/01/03	60 minutes		
	16/01/03	60 minutes		
Carrying out	23/01/03	60 minutes		
	30/01/03	60 minutes		
Evaluating	31/01/03	60 minutes		
Overall grade				

Analysing

Write your Practical Assignment brief in the box below.

The nursery is having a theme party. Make suitable items.

Underline **all** of the **key points** to be considered from the Practical Assignment brief.

Rough work – this section will not be marked

Using the chart below:

- Write down **each** of the underlined **key points**
- Explain why you think **each** of the **key points** is **important**.
- You may not need to use all eight boxes in the chart

	Key point	Explanation of how the key point links to the assignment brief
1	Nursery	Place where babies and children can be educated and looked after and so will need to make foods suitable for this age group. ✓
2	Having	The nursery is holding a party for the children and parents and I will be providing the food. ✓
3	Theme	The party should have a fun topic to interest the children. ✓ The idea should be colourful and exciting. Both boys and girls will be attending so a neutral theme would be best. ✓
4	Party	This social gathering should be entertaining for the guests and must satisfy their likes and dislikes. ✓ Games and food will be available.
5	Make	I will produce the foods used so I will take into consideration my skill level, the equipment available and the time in which to make the foods. ✓
6	Suitable	The food must be appropriate for young children and so there should be a wide variety which appeals to everyone. ✓ The foods should be attractive to encourage people to sample them. ✓
7	Items	There will be young children as well as adults attending so the food must suit all tastes allowing everyone to sample it. ✓ The food will be in bite size portions and cutlery shouldn't be required. ✓ Food items could be hot or cold, sweet or savoury giving variety. ✓

Using the chart below

- Write down any **additional** points that you think might be important
- Explain why you think **each** of these **additional points** is **important**.
- You may not need to use all four boxes in the chart

	Additional point	Explanation
9	Cost	As the party is being held by the nursery there will probably be a budget so the foods will be of a suitable price to make. ✓
10	Hygiene and safety	The food will be eaten by a group of children and to prevent the food being contaminated I will keep a high standard of hygiene. ✓ Children are particularly prone to food poisoning so this is vital. ✓
11	Aesthetics	The foods must look, smell and taste good to encourage the children to sample them. ✓
12		

Grade Awarded (Analysing)	For official use only

Planning

Use the chart below to list the items that you **could** make and tick which **key points** and **additional points** are met.

List the items that you could make here ↓	List your key points here →	Nursery	Having	Theme	Party	Make	Suitable	Items	List your additional points here →	Cost	Hygiene and Safety	Aesthetics	
		1	2	3	4	5	6	7		8	9	10	11
Use a tick (✓) if the item meets the main point or additional point													
Individual Quiches		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Mini Pizzas		✓	✓		✓	✓	✓	✓		✓	✓	✓	
Mini Hamburgers		✓	✓		✓	✓	✓	✓		✓	✓	✓	
Top Hats		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Sandwiches		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Swiss Roll		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Tuna Boats		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Fairy Cakes		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Garlic Bread		✓	✓		✓	✓	✓	✓		✓	✓	✓	
Celebration Cake		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	

Chosen items

Use the box below to list the items you have chosen to make.

1	Individual Quiches	4	Sandwiches
2	Tuna Boats	5	Top Hats
3	Swiss Roll	6	

Use the following chart:

- **Explain** why you have chosen **each** item that you will make
- Your explanation **must** link back to **each** of the **key points** and **additional points** you identified

Item to be made	Key Point No.	Explanation (Linked to each of the key points and additional points, bullet points should be used)
Individual Quiches	1, 3	The quiches will be decorated as pussy cats which will allow the teachers to ask the children if they have any pets and what they are like. (1 and 3)
	2, 7	The quiches are suitable for the nursery party as they can be made easily and look appealing. (2 and 11)
	3, 11	The quiches should appeal to the children as they will be decorated with bright colours using red pepper, green pepper and sweetcorn and they will be arranged in a way to look like pussy cats quiches. This will contribute to the Noah's Ark and the animals theme. (3 and 11)
	4	When eating these the children will still be able to join in with the party as the quiches are easily picked up and they can be eaten cold so they will be cool enough for the children to hold. (4, 7 and 10)
	5	The quiches should be made easily especially with the time and equipment available and as I have made them before I am sure they will be of a high standard. (5)
	6	The quiches can have different fillings so the children can find one they enjoy. They should be easy to eat. (6 and 10)
	7	The quiches are mini so cutlery shouldn't be required and they shouldn't cause a mess. I will have napkins and paper plates for the children to use. (7)
	9	The quiches only cost £0.23 each to make so they are therefore a suitable choice as they stay within a nursery's budget. (9)
	10	While making the quiches, I will ensure my personal hygiene is of a very high standard preventing any contamination. (10)

(Note: This page can be photocopied if additional space is required)

Item to be made	Key Point No.	Explanation (Linked to each of the key points and additional points, bullet points should be used)
Individual Quiches	10	I will make sure the quiches are cooked thoroughly. (10)
	11	They will look good with golden brown pastry and the bright colours of the pepper and sweetcorn. (11)
Tuna Boats	1	The tuna boats should be a good dish for the teachers to start up conversations with the children and this can be turned into a learning experience for the children. (1 and 3)
	2	The nursery are organising the party and tuna boats will be appropriate as they are easily prepared. (2)
	3	My theme is Noah's Ark and the Animals and the tuna boats will be appropriate as they will represent Noah's Ark. (3)
	4	The children will be able to socialise easily as the tuna boats can be picked up in their hands. (4)
		They are something that the children can talk about.
	5	I have made these before and I am confident I can make them to an excellent standard. (5)
		They can be made in 15 minutes and I have two hours in which to complete the food so this is an appropriate item to make.(2,5 and 7)
	6	Foods needs to be suitable for young children therefore I will make sure there are no small items for them to choke on. The tuna boats are appropriate as they are made up of bread rolls and tuna fish so they will be safe for them to eat. (6 and 10)
	7	These will be a savoury food for the party and will help to fill the children up. (7)
	9	The tuna boats cost £0.50 each and as they fill the children up, they are a suitable item for the party. (4 and 9)

Item to be made	Key Point No.	Explanation (Linked to each of the key points and additional points, bullet points should be used)
Tuna Boats	10	My kitchen and personal hygiene will be kept to a high standard while preparing the dish to prevent it from being cross contaminated. (10)
	11	The tuna boats should interest the children and as they will look good with the golden brown bread roll and tuna fish, I think they will. (11)
Swiss Roll	1	The swiss roll will be decorated with jungle animal biscuits and so the children can learn at the same time. (1 and 11)
	2	The swiss roll is easily made as I have made these before several times. (2 and 5)
	3	The swiss roll will have wild animal biscuits on it and so it relates back to the theme of Noah's Ark and the animals. (3 and 11)
	4	The swiss roll will be cut into slices so the children will be able to play the games and socialise with the others while enjoying themselves. (4 and 7)
	5	I have made the swiss roll many times before so I am sure that it will be a success at the party and enjoyed by the children. (5)
	6	The swiss roll is not a messy food so it is an appropriate choice for the nursery party. The children can hold their slice on a napkin to prevent crumbs from falling and to wipe their hands on once they have finished. (1 and 6)
	7	They don't require cutlery to eat the swiss roll and so they can hold it while joining in with the party at the same time. (7)
	9	The swiss roll only costs £0.55 to make and it can then be cut into 6-8 slices so it stays well within the nursery's budget, making it a good choice. (9)
	10	To ensure the swiss roll is safe to eat I will cook it thoroughly. I will also have a high standard of hygiene while making it. (10)
	11	The swiss roll will be golden brown with red jam through the middle and then decorated with small animal biscuits so I am confident that it will appeal to the children. (6 and 11)

Item to be made	Key Point No.	Explanation (Linked to each of the key points and additional points, bullet points should be used)
Top Hats	1, 3	The top hats can be decorated with a face to make them look like snails so keeping to the theme and giving the children something to discuss/talk about. (1 and 3)
	2	The nursery are organising the party and as the top hats are very easily made they are an appropriate choice. (2 and 6)
	4	These are easy for the children to pick up and eat and they can join in with the party and the games as well. (4 and 7)
	5	As I have practised making the top hats I am sure that they will be a successful addition to the party food. (5)
	6	These will be suitable for the children as they are not too hard for them to bite into and are a sweet alternative. (6)
	7	These are sweets and will add variety to the foods available. The hats are also very easy to eat without cutlery. (6 and 7)
	9	These cost £0.80 to give 8-10 top hats which means they cost £0.08-£0.10 each so this is a good choice for the party. (9)
	10	I will make sure my personal hygiene is of the highest standard to make the top hats safe for the children to eat. (10)
	11	The top hats will look good as they will have the bright colours of the smarties and so they should appeal to the children and invite them to sample them. (6 and 11)
Sandwiches	11	The light brown of the bread should contrast well with the white of the cream cheese therefore inviting the children to taste them. (6 and 11)
	1	These will be cut into animal shapes so the teachers can then relate the conversation back to their experiences with animals. (1 and 3)
	2	The sandwiches can be made very easily and as the nursery are holding the party this is suitable so even if the teachers do not have much experience they can still make them successfully. (2)
	3	As the sandwiches will be cut into animal shapes they will contribute well to the Noah's Ark and the animals theme. (3)
	4	The children will be able to join in with the party games while eating the sandwiches as they are easy to eat. (4 and 7)

Item to be made	Key Point No.	Explanation (Linked to each of the key points and additional points, bullet points should be used)
Sandwiches	5	I practised making the sandwiches before so I am confident that they will be a valuable addition for the event. (5)
	6	The sandwiches are a savoury alternative and so are a suitable choice for the party. (6 and 7)
	7	The sandwiches will be appropriate for the party as they will cause no mess and can be held in the children's hands. (7)
	9	Sandwiches can be made at a reduced cost and so should fit in with the nursery budget. (9)
	10	I will ensure my personal hygiene is of the highest standard to prevent illness. (10)

Grade Awarded (Planning)	For official use only

Work sequence

Use the following chart to:

Complete a work sequence for the carrying out of the practical assignment.

(The work sequence is for your own use and will **not** be marked)

Work sequence		Comments (As you work, use this column to record any good points or problems you meet, or changes you make)
	On the first practical day, I will make mini quiches and tuna boats.	
	On the second practical day, I will make swiss roll, top hats and sandwiches.	

Now make the item(s) for your Practical Assignment

Grade Awarded (Carrying out)	For official use only

Evaluating

Complete the chart below to:

- evaluate each item(s) you made

Use the following key to indicate your evaluation for each item

Evaluation	Score
Very good	★ ★ ★
Good	★ ★
Needs improvement	★

Evaluation area →	Appearance	Texture	Taste (Food items only)	Colour (Textile items only)
Item(s) made ↓				
Individual Quiches	★ ★ ★	★ ★ ★	★ ★ ★	
Tuna Boats	★ ★ ★	★ ★	★ ★	
Swiss Roll	★	★ ★ ★	★ ★ ★	
Top Hats	★ ★ ★	★ ★ ★	★ ★ ★	
Sandwiches	★ ★	★ ★	★ ★ ★	

Use the following charts to:

- Explain why you have given **each** item the **score** in the previous chart.

Item(s) made	Score given	Explanation for the score given to the item for appearance
Individual Quiches	★★★	The pastry was a golden brown colour and the toppings looked very effective as bright green and red peppers were used. ✓ These were shaped to make a pussy cat face which I think the children would have found very attractive. ✓
Tuna Boats	★★★	The bread roll was golden brown and this looked attractive with the pale brown tuna fish and the brightly coloured sails which were made from cocktail sticks. ✓
Swiss Roll	★	Although the golden sponge looked good with the bright red of the jam, the surface of it was patchy and needed improvement. ✓ Next time I would whisk the mixture for longer and add icing to cover the patchy areas.
Top Hats	★★★	These were exciting for the children as the smarties were bright and provided a good contrast to the chocolate brown. ✓
Sandwiches	★★	The bread was springy and went well with the cream cheese fillings as this provided a contrast in colour. ✓

Item(s) made	Score given	Explanation for the score given to the item for texture
Individual Quiches	★★★	The filling of the quiches was smooth and the pastry was crunchy. The pepper and sweetcorn added crispness to the texture. ✓
Tuna Boats	★★	The bread roll was crunchy and although this went well with the texture of the tuna, I think there was too much tuna fish making it too soft and perhaps if I added sweetcorn to the mixture it would have been more appealing to the children. ✓
Swiss Roll	★★★	The swiss roll was springy and the filling of the jam gave it a smooth texture which appealed to the children. ✓
Top Hats	★★★	The hard chocolate, crunchy smarties and light, soft marshmallows provided a good mixture of textures for the children. ✓
Sandwiches	★★	The bread was springy and light and the cream cheese was smooth, however I think they were slightly plain and soft and other filling may have been more successful to add a different texture. ✓

Item(s) made	Score given	Explanation for the score given to the item for taste (food item only)
Individual Quiches	★★★★	The filling was cheesy which tasted good with the buttery pastry and the sweetness of the peppers and sweetcorn made the quiches very tasty. ✓
Tuna Boats	★★★	The tuna boats tasted delicious at the start but they had too much tuna filling and I would have preferred an extra taste added to the mixture. ✓
Swiss Roll	★★★★	The sponge was tasty and the sweet jam added to this making it an appealing choice for the children. ✓
Top Hats	★★★★	These tasted delicious as they were chocolately and sweet and the children loved them. They were all eaten very quickly. ✓
Sandwiches	★★★★	The bread and cheese had a creamy taste and provided a savoury alternative, which the children enjoyed. ✓

Item(s) made	Score given	Explanation for the score given to the item for colour (textile item only)

Evaluate your assignment using the following headings:

Evaluative comment on analysing

- ◆ I had one hour in which to complete this section which I felt was enough time, as I used it wisely.
- ◆ I identified three additional points which were important to the brief because they allowed me to select appropriate dishes for the assignment. ✓

Evaluative comment on planning

- ◆ I thought about possible dishes and I was able to come up with 10 dishes. After choosing five I would make I went on to explain why they were appropriate.
- ◆ I was confident with my choice as these dishes were familiar to me as I had made them before. ✓
- ◆ I had two hours to complete this section which I felt was just the right amount of time.

Evaluative comment on carrying out

- ◆ I felt I carried out the task well as I managed to make all of the foods in the two hours and with the equipment available to me. ✓
- ◆ I was able to carry out the task successfully as I had my recipe book and time plan with me and I was also working in a very well equipped kitchen. ✓

Evaluative comment on final item(s)

- ◆ I was very pleased with the outcome of the individual quiches and the tuna boats on the first day, however, I think the quiches could have been cooked a little longer to make them slightly more golden in colour. ✓
- ◆ I also felt that the top hats and sandwiches were very successful although I was not pleased with the swiss roll as it turned out looking patchy and unappealing.
- ◆ Next time, I would be more careful when peeling the greaseproof paper from the sponge as I think this is what partly caused it. ✓
- ◆ Apart from the swiss roll, I was very pleased with the outcome and felt it was made to a high standard.

Grade Awarded (Evaluating)	For official use only

Exemplar B(03)	
Identification of key points	Candidate identifies all key points.
Explanation of key points	All key points are explained and are relevant to the assignment brief. The candidate has provided some added detail which is not necessary. The explanation provided for 'having' is appropriate.
Identification of additional points	Three relevant additional points are identified.
Explanation of additional points	The explanations for each additional point are valid. Some additional detail is provided that is not required. To achieve a Credit 1 award, the candidate needs only two additional points that are valid and explained.
	GRADE AWARDED FOR ANALYSING Grade 1
Choice of items to make	List of 10 items provided.
Chosen item 1	Individual quiches are an appropriate choice as all boxes ticked.
Explanation of item 1	The explanations provided cover all key and additional points. The explanation for 'having' is acceptable as there is a link back to the assignment brief. There is some repetition of explanations which could be overcome by linking explanations to more than one key/additional point.
Chosen item 2	Tuna boats are an appropriate choice as all boxes ticked.
Explanation of item 2	The explanations provided cover all key and additional points.
Chosen item 3	Swiss roll are an appropriate choice as all boxes ticked.
Explanation of item 3	The explanations provided cover all key and additional points.
Chosen item 4	Sandwiches are an appropriate choice as all boxes ticked.
Explanation of item 4	The explanations provided cover all key and additional points
Chosen item 5	Top hats are an appropriate choice as all boxes ticked.
Explanation of item 5	The explanations provided cover all key and additional points
Additional explanations	More than two additional explanations are provided overall.
	GRADE AWARDED FOR PLANNING Grade 1
CARRYING OUT	Grade 1 awarded by the centre and confirmed by the moderator.
	GRADE AWARDED FOR CARRYING OUT Grade 1
Evaluation – star rating	Star ratings awarded to all dishes produced.
Evaluation – explanation of star rating for appearance	Explanations link to the ratings provided.
Evaluation – explanation of star rating for texture	Explanations link to the ratings provided.
Evaluation – explanation of star rating for taste	Explanations link to the ratings provided.
Evaluative comment on Analysing strand	Only comment 2 is evaluative. Comment 1 is a statement.
Evaluative comment on Planning strand	Only comment 2 is evaluative. Comment 1 is a statement.
Evaluative comment on Carrying Out strand	Both comments are similar but evaluative.
Evaluative comment on Final Items	Comment 1 is evaluative. Comments 2 and 3 when taken together are evaluative. Comment 3 is a statement.
	GRADE AWARDED FOR EVALUATING Grade 2

Note: the ticks on the candidate script indicate where points/explanations/comments have been accepted. In the planning section numbers have been added to show which key and/or additional points the explanations could potentially link back to.

Overall grade = 1+1+1+1+2 = 6

6/5 = 1.2

Overall grade = 1