

**National Qualifications – Physical Education  
Course Material Checklist  
Standard Grade, Intermediate 1 & 2, Higher and Advanced Higher**

**The Essentials**

What do I need?	Why?	Where can I find it?	When is it published?
<b>Arrangements Documents</b>	Provides essential information on all aspects of Course content and assessment.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> >NQ Physical Education > Arrangements Documents	The Arrangements document is updated as and when necessary. Click on the level specific tab below for more details. <a href="#">Standard Grade</a> , <a href="#">Intermediate 1</a> , <a href="#">Intermediate 2</a> , <a href="#">Higher</a> , <a href="#">Advanced Higher</a>
<b>Course Assessment Packs</b>	Provides details of how Performance is assessed for a Course award, details of the structure of the external assessment and guidance on how to estimate candidate performance.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > NQ Physical Education > Course Assessment Specifications	These documents are revised and updated as and when necessary. Click on level-specific tab above for more details (Intermediate 1 to Advanced Higher).
<b>National Assessment Bank packs</b>	Essential instruments of assessment containing marking guidelines and other useful information relating to internal assessment.	Please see your SQA Coordinator for access to these packs	These documents are revised and updated as and when necessary. Click on level-specific tab above for more details (Intermediate 1 to Advanced Higher).
<b>Operational Guide for Centres</b>	Provides information relevant to the certification of National Qualifications. Also outlines submission dates and instructions.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> >NQ Physical Education > Operational Guide for Schools (bottom left hand side under 'Top Downloads'). Also available via SQA.net	Updated annually. Issued in August to centres and uploaded on to the SQA website in October.
<b>Conditions and Arrangements</b>	Provides an overview of Course content and assessment for all levels of Physical Education.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> >NQ Physical Education > Arrangements Documents (top of the page)	Updated annually. Issued to centres at a cost of £20 per copy and uploaded on to the SQA website in October.
<b>Subject update letters</b>	Details developments, guidance and news relating to Physical Education Courses.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > NQ Physical Education > Update Letters	Twice a year in autumn/winter and spring/summer.
<b>Internally Assessed Performance Marks</b>	A flowchart designed to take you through each stage of submitting internally assessed Performance marks to contribute to the overall Course award.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > NQ Physical Education > Internally Assessed Performance Marks > 2006 Flowchart	Updated as and when necessary.

## Understanding Standards

What do I need?	Why?	Where can I find it?	When is it published?
<b>Understanding Standards</b>	Designed to assist teachers of SQA Courses leading to National Qualifications. For Intermediate 1 to Higher Physical Education there is information and advice on Performance, Marking and Question Paper Setting.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Understanding Standards (click on logo at bottom left hand side of homepage) > <a href="#">visit the Understanding Standards website</a> . After logging in, select 'Physical Education' from the drop-down list of subjects.	Exemplification material is updated as and when necessary.
<b>Marking instructions</b>	Provides comprehensive answers to the Question Paper following completion of examinations. Useful when creating Prelims.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > NQ Physical Education > Marking Instructions	Annually following the completion of the examination diet. (For access to the Standard Grade Marking Scheme, please see your SQA Coordinator.)
<b>Exemplification material</b>	Provides guidance about standards in Unit Assessment.	Please see your SQA Coordinator for access to these packs	Exemplification materials are updated annually following the completion of the examination diet.

## Feedback on Examinations

What do I need?	Why?	Where can I find it?	When is it published?
<b>Principal Assessor Reports</b>	Provides details of entries, distribution of awards, grade boundaries and passmarks as well s general comments on candidate performance.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > NQ Physical Education > Principal Assessor Reports	Annually following the completion of examinations.
<b>Senior Moderator Reports</b>	Covers general and specific issues arising from Central and Visiting Moderation, such as centre and candidate performance.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > NQ Physical Education > Senior Moderator Reports	Annually following the completion of examinations.
<b>Statistics</b>	Provides details of pre-Appeal results for all NQ Courses for all candidates.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Choose a section (top right hand side of the homepage) > Statistics	Annually following the completion of examinations.
<b>The Scottish Standard</b>	Explains how National Course passmark meetings contribute to setting and maintaining standards over time.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Choose a section (top right hand side of the homepage) > Research and Information > The Scottish Standard	This document was published in August 2005 following the 2005 examinations.

## Other Useful Documents

What do I need?	Why?	Where can I find it?	When is it published?
<b>Approvals</b>	Details of the process to ensure that your centre has the management structure and quality assurance systems in place to support the delivery, assessment and internal verification of SQA qualifications. Also details the steps taken in the Approval process.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Chose a Section (top right hand side of the homepage) > Approvals > The Approval Process	There are no documents to download here. Information provided can be printed directly from the web-page.
<b>Assessment arrangements for candidates with disabilities</b>	Guidance for centres and candidates on who can benefit from additional support and assessment arrangements, what specific arrangements are available and how to request them.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Choose a Section (top right hand side of the homepage) > Publication Sales & Downloads > Information for Centres > Assessment Arrangements	These documents are updated as and when necessary.
<b>Calendar of Key Dates</b>	Provides centres with information specific to Physical Education ie dates of issue and submission of materials, internally assessed marks, deadlines etc.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > NQ Physical Education > Operational Guide for Schools (bottom left hand side under 'Top Downloads'). Also available via SQA.net	Updated annually. Issued in August to centres and uploaded on to the SQA website in October.
<b>Estimates, Absentees and External Assessment Appeals</b>	Gives generic and subject-specific guidance on evidence requirements, absentee consideration and external assessment appeals for National Courses.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > NQ Physical Education > Estimates, Absentees and External Assessment Appeals	This document is updated as and when necessary. The most up-to-date version available was published in April 2004.
<b>Moderation</b>	Outlines the Moderation process and explains why it takes place.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Choose a Section (top right hand side of the homepage) > Moderation	There are no documents for schools to download here. Information provided can be printed off directly from the page.
<b>Quality Assurance and Assessment</b>	Provides an overview of assessment/quality assurance processes, the validation of SQA's qualifications and Approvals.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Choose a Section (top right hand side of the homepage) > Publication Sales & Downloads > Information for Centres > Assessment and Quality Assurance > Guide to Assessment and Quality Assurance for Secondary Schools	This document is updated as and when necessary. The most up-to-date version available was published in August 2003 (3 <sup>rd</sup> Version).
<b>Standard Grade Support Materials</b>	Provides guidance on the application of the Marking criteria in Evaluating and a monitoring and evaluation checklist for coverage of the Knowledge & Understanding content.	<a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > NQ Physical Education > Standard Grade Support Materials	Documents designed to clarify acceptable candidate responses to questions in the Evaluating section and guidance to clarify the curricular content used to set examinations.

## Standard Grade Physical Education Essential Materials Checklist

Course: **Standard Grade Physical Education** (3200)

Elements: Knowledge & Understanding (3201), Evaluating (3202) and Practical Performance (3203)

Presentation levels: Offered at Foundation/General (28) **or** General/Credit (30) levels

Assessment for Certification: Knowledge & Understanding and Evaluating will be assessed by a combined written paper. All questions are in two parts, A and B.

Evaluating questions will have the relevant subject matter portrayed on video/DVD, with candidates being required to observe and describe performance and suggest relevant improvements.

Assessment of Knowledge and Understanding will maintain a prime focus on the application of knowledge and understanding gained through practical experience of a range of activities.

Practical Performance will be internally assessed. To ensure conformity with national standards, these internal assessments will be externally moderated by a Visiting Moderator. A sample of centres will be selected each year by SQA and will be visited on one occasion during March/April of the S4 year. Moderation will be based on direct observation of a sample of 12 candidates taking part in two activities.

Document	Edition	Published/uploaded	Comments
<b>Arrangements</b>	1	September 2004	Expanded version
<b>Exemplification Material</b>			None
<b>Application of Marking Criteria in Evaluating</b>	1	2004	A guidance document designed to clarify acceptable candidate responses to questions in the Evaluating section. Examples on how to apply the criteria and award marks are contained in this document.
<b>Monitoring and Evaluation Checklist</b>	1	2004	Guidance document providing clarification of the curricular content used to set examinations. Also gives clarification of terminology/ language used and identifies concepts relating to Credit level candidates only.
<b>Marking Instructions</b>	1	2005	The Evaluating section of past papers can be used in its entirety for prelim purposes therefore these Marking Instructions are intended for use by teachers only. Please see your SQA Coordinator for access to this document.

## Intermediate 1 Essential Materials Checklist

Course: **Intermediate 1 Physical Education** (C205 10)

Units: DF2R 10 Analysis and Development of Performance  
DF2T 10 Performance \*

Document	Edition	Published/uploaded	Comments
<b>Arrangements</b>	Revised Edition 3	April 2005	None
<b>Exemplification material</b>	2005	2005	Guidance on standards in the Analysis and Development of Performance Unit. Current exemplars cover Skills and Techniques in Badminton and Volleyball. The published materials consist of work that shows a mixture of competencies.
<b>Internally assessed Performance Marks</b>	2005	2005	For candidates entered for Physical Education Courses, centres are required to provide SQA with internally assessed Performance marks. This flowchart has been designed to take you through each stage of the process.

\* The Unit assessment is based on a candidate's performance in at least one activity. A range of support materials is available to assist in assessing Performance, eg *A Guide to Assessing Performance*, and the set of videos and case studies exemplifying Performance at all levels.

1. Where a candidate is entered for the Performance Unit only, performance in one activity will be internally assessed to determine the Unit result (pass/fail) and should be assessed using the appropriate Performance Criteria. The result (pass/fail) should be submitted to SQA.
2. Where the Performance Unit is being undertaken as part of the Physical Education Course, performance will be internally assessed, with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course assessment. For the Course assessment, the performance should be assessed in each candidate's best two activities from the Course. The performance in each of these two activities should be marked out of 20, with a total mark out of 40 being submitted to SQA to contribute to the Course assessment for each candidate.
3. The Performance Unit can be resulted (pass/fail) at a level higher than the Course entry — this is where you can give exceptional performers credit for their abilities! Performance should be assessed as in point 1 above. Where this Unit will contribute to the overall Course award, the performance must be assessed and marks awarded at the same level as the Course (see point 2 for guidance) using the Physical Education Performance Scale and Performance Criteria appropriate to the level of the Course.

## Intermediate 1 NAB Checklist

NAB Title	Code	Version	Issued	Comments
<a href="#">Analysis and Development of Performance</a>	DF2R 10	001	May 2004	None
<a href="#">Performance</a>	DF2T 10	001	May 2005	None

Also available is a bank of prior moderated Assessment Instruments. These Assessment Instruments have been produced by centres to assess the Unit: *Physical Education: Analysis and Development of Performance* and have been adapted from the SQA published NAB.

The Assessment Instruments have been prior moderated by SQA and are published in the interests of sharing good practice. This bank of prior moderated Assessment Instruments show a variety of approaches and may be used by centres for Unit Assessment purposes.

This resource will be updated annually following the completion of the examination diet.

## Intermediate 2 Essential Materials Checklist

Course: **Intermediate 2 Physical Education** (C205 11)

Units: DF2R 11 Analysis and Development of Performance  
DF2T 11 Performance \*

Document	Edition	Published/uploaded	Comments
<b>Arrangements</b>	Revised Edition 3	April 2005	None
<b>Exemplification material</b>	2005	2005	Guidance on standards in the Analysis and Development of Performance Unit. Current exemplars Preparation of the Body in Basketball. The published materials consist of work that shows a mixture of competencies.
<b>Internally assessed Performance Marks</b>	2005	2005	For candidates entered for Physical Education Courses, centres are required to provide SQA with internally assessed Performance marks. This flowchart has been designed to take you through each stage of the process.

\* The Unit assessment is based on a candidate's performance in at least one activity. A range of support materials is available to assist in assessing Performance, eg *A Guide to Assessing Performance*, and the set of videos and case studies exemplifying Performance at all levels.

1. Where a candidate is entered for the Performance Unit only, performance in one activity will be internally assessed to determine the Unit result (pass/fail) and should be assessed using the appropriate Performance Criteria. The result (pass/fail) should be submitted to SQA.
2. Where the Performance Unit is being undertaken as part of the Physical Education Course, performance will be internally assessed, with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course assessment. For the Course assessment, the performance should be assessed in each candidate's best two activities from the Course. The performance in each of these two activities should be marked out of 20, with a total mark out of 40 being submitted to SQA to contribute to the Course assessment for each candidate.
3. The Performance Unit can be resulted (pass/fail) at a level higher than the Course entry — this is where you can give exceptional performers credit for their abilities! Performance should be assessed as in point 1 above. Where this Unit will contribute to the overall Course award, the performance must be assessed and marks awarded at the same level as the Course (see point 2 for guidance) using the Physical Education Performance Scale and Performance Criteria appropriate to the level of the Course.

## Intermediate 2 NAB Checklist

NAB Title	Code	Version	Issued	Comments
<a href="#">Analysis and Development of Performance</a>	DF2R 11	001	May 2004	None
<a href="#">Performance</a>	DF2T 11	001	May 2005	DF2T 10 covers

Also available is a bank of prior moderated Assessment Instruments. These Assessment Instruments have been produced by centres to assess the Unit: *Physical Education: Analysis and Development of Performance* and have been adapted from the SQA published NAB.

The Assessment Instruments have been prior moderated by SQA and are published in the interests of sharing good practice. This bank of prior moderated Assessment Instruments show a variety of approaches and may be used by centres for Unit Assessment purposes.

This resource will be updated annually following the completion of the examination diet.

## Higher Essential Materials Checklist

Course: **Higher Physical Education** (C205 12)

Units: DF2R 12 Analysis and Development of Performance  
DF2T 12 Performance \*

Document	Edition	Published/uploaded	Comments
<b>Arrangements</b>	Revised Edition 3	April 2005	None
<b>Exemplification Material</b>	2005	2005	Guidance on standards in the Analysis and Development of Performance Unit. Current exemplars cover Preparation of the Body in Rugby and Skills and Techniques in Badminton. The published materials consist of work that shows a mixture of competencies.
<b>Internally Assessed Performance Marks</b>	2005	2005	For candidates entered for Physical Education Courses, centres are required to provide SQA with internally assessed Performance marks. This flowchart has been designed to take you through each stage.

\* The Unit assessment is based on a candidate's performance in at least one activity. A range of support materials is available to assist in assessing Performance, eg *A Guide to Assessing Performance*, and the set of videos and case studies exemplifying Performance at all levels.

1. Where a candidate is entered for the Performance Unit only, performance in one activity will be internally assessed to determine the Unit result (pass/fail) and should be assessed using the appropriate Performance Criteria. The result (pass/fail) should be submitted to SQA.
2. Where the Performance Unit is being undertaken as part of the Physical Education Course, performance will be internally assessed, with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course assessment. For the Course assessment, the performance should be assessed in each candidate's best two activities from the Course. The performance in each of these two activities should be marked out of 20, with a total mark out of 40 being submitted to SQA to contribute to the Course assessment for each candidate.
3. The Performance Unit can be resulted (pass/fail) at a level higher than the Course entry — this is where you can give exceptional performers credit for their abilities! Performance should be assessed as in point 1 above. Where this Unit will contribute to the overall Course award, the performance must be assessed and marks awarded at the same level as the Course (see point 2 for guidance) using the Physical Education Performance Scale and Performance Criteria appropriate to the level of the Course.

## Higher NAB Checklist

NAB Title	Code	Version	Issued	Comments
<a href="#">Analysis and Development of Performance</a>	DF2R 12	001	May 2004	None
<a href="#">Performance</a>	DF2T 12	001	May 2005	None

Also available is a bank of prior moderated Assessment Instruments. These Assessment Instruments have been produced by centres to assess the Unit: *Physical Education: Analysis and Development of Performance* and have been adapted from the SQA published NAB.

The Assessment Instruments have been prior moderated by SQA and are published in the interests of sharing good practice. This bank of prior moderated Assessment Instruments show a variety of approaches and may be used by centres for Unit Assessment purposes.

This resource will be updated annually following the completion of the examination diet.

## Advanced Higher Essential Materials Checklist

Course: **Advanced Higher Physical Education** (C205 13)

Units:  
 DF2R 13 Analysis and Development of Performance  
 DF2T 13 Performance  
 DM49 13 Perspectives on Performance Development

Document	Edition	Published/uploaded	Comments
<b>Arrangements</b>	Revised Edition 1	April 2005	None
<b>Exemplification material</b>	2005	2005	<p>As well as Unit Exemplification for <i>Physical Education: Analysis and Development of Performance</i> and <i>Physical Education: Perspectives on Performance Development</i>, additional Exemplification has been provided to show the integrated approach between the Units and the Course assessment (Project Report).</p> <p>This document also offers additional support and guidance for centres and teachers on managing and negotiating the Course. The exemplar also contains an example of a candidate's work, together with a Marking sheet which includes Examiner's commentary and mark allocation.</p> <p>This resource will be updated annually following the completion of the examination diet.</p>
<b>Internally assessed Performance Marks</b>	2005	2005	For candidates entered for Physical Education Courses, centres are required to provide SQA with internally assessed Performance marks. This flowchart has been designed to take you through each stage of the process.

**Advanced Higher NAB Checklist**

NAB Title	Code	Version	Issued	Comments
Analysis and Development of Performance	DF2R 13	001	May 2005	None
Performance	DF2T 13	001	May 2005	DF2T 10 covers
Perspectives on Performance Development	DM49 13	001	May 2005	None

## Course and Unit Codes

Level	Course code	Component Unit Title	Unit Code	Credit Value
Standard Grade	<b>3200 28 [F/G]</b> <b>3200 30 [G/C]</b>	Knowledge & Understanding	<b>3201</b>	1
		Evaluating	<b>3202</b>	1
		Practical Performance	<b>3203</b>	2
Intermediate 1	<b>C205 10</b>	Physical Education: Analysis and Development of Performance	<b>DF2R 10</b>	1.5
		Physical Education: Performance	<b>DF2T 10</b>	1.5
		Physical Education	<b>X205 10</b>	1
Intermediate 2	<b>C205 11</b>	Physical Education: Analysis and Development of Performance	<b>DF2R 11</b>	1.5
		Physical Education: Performance	<b>DF2T 11</b>	1.5
		Physical Education	<b>X205 11</b>	1
Higher	<b>C205 12</b>	Physical Education: Analysis and Development of Performance	<b>DF2R 12</b>	1.5
		Physical Education: Performance	<b>DF2T 12</b>	1.5
		Physical Education	<b>X205 12</b>	1
Advanced Higher	<b>C205 13</b>	Physical Education: Analysis and Development of Performance	<b>DF2R 13</b>	1
		Physical Education: Performance	<b>DF2T 13</b>	1
		Physical Education: Perspectives on Performance Development	<b>DM49 13</b>	1
		Project Report	<b>X205 13</b>	1

## Useful contacts

All general enquiries to:	Physical Education enquiries to:
<p>Customer Contact Centre Scottish Qualifications Authority The Optima Building 58 Robertson Street GLASGOW G2 8DQ</p> <p>Telephone: 0845 279 1000</p> <p>Fax: 0141-242 2244</p> <p>Email: <a href="mailto:customer@sqa.org.uk">customer@sqa.org.uk</a></p> <p>The Contact Centre can direct calls to your local Customer Account Manager if necessary.</p>	<p><b>Business Manager:</b> Roderic Gillespie</p> <p><b>Qualifications Manager:</b> Jennifer di Folco 0141-271 6774 <a href="mailto:jennifer.difolco@sqa.org.uk">jennifer.difolco@sqa.org.uk</a></p> <p><b>Qualifications Officer:</b> Lee Ross 0845-213 5481 <a href="mailto:lee.ross@sqa.org.uk">lee.ross@sqa.org.uk</a></p>