



**Physical Education Course Material Checklist  
Standard Grade, Intermediate 1 & 2, Higher and Advanced Higher**

| <b>Information</b>   | <b>Content</b>   | <b>Where can I find it?</b>   | <b>When is it published?</b>   |
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| <b>Arrangements Documents</b>                              | Provides essential information on all aspects of Course content and assessment for Access 3 to Advanced Higher levels.   | <a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Subjects > Physical Education > Choose the appropriate level > Arrangements Documents                              | Arrangements Documents are updated as and when necessary.  |
| <b>Course Assessment Packs and Specimen Question Paper</b> | Provides details of how Performance is assessed for a Course award, details of the structure of the external assessment and guidance on how to estimate candidate performance. | <a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Subjects > Physical Education > Choose the appropriate level > Course Assessment Packs and Specimen Question Paper | These documents are revised and updated as and when necessary.   |
| <b>National Assessment Bank packs</b>                      | Essential instrument of assessment containing marking guidelines and other useful information relating to internal assessment.   | SQA Secure Site: <a href="http://www.sqa.org.uk/sqasecure">www.sqa.org.uk/sqasecure</a><br>SQA Coordinators have access to this site.                                   | Latest versions are available on the secure website. NAB material is updated as and when necessary.            |
| <b>Conditions and Arrangements</b>                         | Provides an overview of Course content and assessment for all levels of Physical Education.  | <a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Subjects > Physical Education > Choose the appropriate subject level > Conditions and Arrangements Documents       | These documents are listed under the Course Arrangements for each level and are updated as and when necessary. |

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| <b>Estimates, Absentees and Assessment Appeals binder</b> | Gives generic and subject-specific guidance on evidence requirements, absentee consideration and external assessment appeals for National Courses. | Click on the link to access the <a href="#">Estimates, Absentees and Assessment Appeals</a>  | Updated annually.  |
| <b>Marking Instructions</b>                               | Marking Instructions for Standard Grade, Intermediate 1, Intermediate 2, Higher and Advanced Higher.   | <a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Subjects > Physical Education > Choose the appropriate subject level > Marking Instructions | Online version produced annually and available on website in Autumn.                           |
| <b>External Assessment Reports</b>                        | Contains useful information on candidate performance, grade boundaries and the distribution of awards.   | <a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Subjects > Physical Education > Choose the appropriate level > External Assessment Report   | Online version produced annually and available on website in Autumn.                           |
| <b>Internal Assessment Reports</b>                        | Covers general and specific issues arising from Central and Visiting Verification, such as centre and candidate performance.                       | <a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Subjects > Physical Education > Choose the appropriate level > Internal Assessment Report   | Online version produced annually and available on website in Autumn.                           |
| <b>Subject Update Letter</b>                              | Details developments, guidance and news relating to National Qualifications in Physical Education.   | <a href="http://www.sqa.org.uk">www.sqa.org.uk</a> > Subjects > Physical Education > Choose the appropriate level > Subject Update Letter        | Issued via a bulk e-mail to SQA Coordinators twice a year, in autumn/winter and spring/summer. |
| <b>Operational Help Centre</b>                            | Provides information relevant to the certification of National Qualifications. Also outlines key submission dates and instructions.                | Click on the link to access the <a href="#">Operational Help Centre</a>  | Online version updated annually in October.  |

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| <b>Understanding Standards</b> | Designed to assist teachers of SQA Courses leading to National Qualifications. For Intermediate 1 to Higher Physical Education there is information and advice on Performance, Marking and Question Paper Setting. | Click on the link to access the <a href="#">Understanding Standards</a> homepage | This website is updated as and when necessary.                         |
| <b>Statistics</b>              | The SQA Statistics section of the website contains a range of statistical reports on uptake and attainment of our qualifications.  | Click on the link to access the <a href="#">Statistics</a> homepage              | Information is updated annually; historical information also provided. |
| <b>Approval</b>                | Details the Approval process which ensures that centres have the management structure and quality assurance systems in place to support the delivery, assessment and internal verification of SQA qualifications.  | Click on the link to access the <a href="#">Approval</a> homepage                | Information is updated annually; historical information also provided. |
| <b>Verification</b>            | Verification is the procedure we use to make sure that centres' assessment decisions are valid and reliable and are in line with national standards.   | Click on the link to access the <a href="#">Verification</a> homepage            | Information is updated as and when necessary.                          |
| <b>Assessment Arrangements</b> | Assessment arrangements allow candidates who are disabled and or who have been identified as having additional support needs appropriate arrangements to access the assessment without                             | Click on the link to access the <a href="#">Assessment Arrangements</a> homepage | Information is updated as and when necessary.                          |

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|  | compromising its integrity.   |  |   |
| <b>Internally Assessed Performance Marks</b> | A flowchart designed to take you through each stage of submitting internally assessed Performance marks to contribute to the overall Course award. Levels; Intermediate 1, 2, Higher and Advanced Higher. | Click on the link to access the <a href="#">Internally Assessed Performance Marks Flow chart</a> | This document is updated as and when necessary. |

## Standard Grade Physical Education (3200)

**Elements:** Knowledge & Understanding (3201), Evaluating (3202) and Practical Performance (3203)

**Presentation levels:** Offered at Foundation/General (28) **or** General/Credit (30) levels

**Assessment for Certification:** Knowledge & Understanding and Evaluating will be assessed by a combined written paper. All questions are in two parts, A and B.

Evaluating questions will have the relevant subject matter portrayed on DVD, with candidates being required to observe and describe performance and suggest relevant improvements.

Assessment of knowledge and Understanding will maintain a prime focus on the application of knowledge and understanding gained through practical experience of a range of activities.

Practical Performance will be internally assessed. To ensure conformity with national standards, these internal assessments will be externally verified by a Visiting Verifier. A sample of centres will be selected each year by SQA and will be visited on one occasion during March/April of the S4 year. Verification will be based on direct observation of a sample of 12 candidates taking part in two activities.

### Essential Materials Checklist

| Document(s)                   | Edition       | Published      | Comments  |
|-------------------------------|---------------|----------------|---|
| Arrangements document         | First edition | September 2004 | Expanded version  |
| Exemplification Material      | First edition | N/A            | None  |
| A marking guide to Evaluating | First edition | 2004           | A guidance document designed to clarify acceptable candidate responses to questions in the Evaluating section. Examples on how to apply the criteria and award marks are contained in this document.                            |
| Marking Instructions          | First edition | 2005           | The Evaluating section of past papers can be used in its entirety for prelim purposes therefore these Marking Instructions are intended for use by teachers only. Please see your SQA Co-ordinator for access to this document. |

## Intermediate 1 Physical Education (C205 10)

The Intermediate 1 Course is made up of the following two mandatory Units:

|         |   |                        |
|---------|---|------------------------|
| DF2T 10 | Performance*                            | 1.5 credit (60 hours)  |
| DF2R 10 | Analysis and Development of Performance | 1.5 credits (60 hours) |

\* The Unit assessment is based on a candidate's performance in at least one activity. A range of support materials is available to assist in assessing performance

e.g.

1. Where a candidate is entered for the Performance Unit only, performance in one activity will be internally assessed to determine the Unit result (pass/fail) and should be assessed using the appropriate Performance Criteria. The result (pass/fail) should be submitted to SQA.
2. Where the performance Unit is being undertaken as part of the Physical Education Course, performance will be internally assessed, with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course assessment. For the Course assessment, the performance should be assessed in each candidate's best two activities from the Course. The performance in each of these two activities should be marked out of 20, with a total mark out of 40 being submitted to SQA to contribute to the Course assessment for each candidate.
3. The performance Unit can be resulted (pass/fail) at a level higher than the Course entry – this is where you can give exceptional performers credit for their abilities! Performance should be assessed as in point 1 above. Where this Unit will contribute to the overall Course award, the performance must be assessed and marks awarded at the same level as the Course.

### Unit Checklist

| Unit Title                              | Unit Code | Version                    | Issued                                      |
|---|-----------|----------------------------|---|
| Performance                             | DF2T 10   | NAB001                     | May 2005                                    |
| Analysis and Development of Performance | DF2R 10   | NAB001<br>NAB002<br>NAB003 | May 2004<br>November 2007<br>September 2011 |

## Course Assessment

**Performance** - candidates' performance will be internally assessed with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course award. Performance is assessed through the observation of live performance. For Course assessment, a candidate's mark should be based on performance in their two best activities. Candidates' performance in each of their two best activities is marked out of 20, giving a mark out of 40 for performance. Marks are awarded through comparing candidates' performance with the marking guidelines, the Performance mark scales (Appendix 2c of the Course Arrangements) and the Performance Course Grade Descriptions. Internal assessments will be subject to external verification. Details of procedures for verification will be issued separately. For each candidate, centres require to submit a mark for Performance.

**Question** paper - candidates will be externally assessed by a written question paper comprising structured questions. The duration of the examination will be one hour. The question paper will be grouped into four sections corresponding to the four areas of Analysis and Development of Performance. These areas are:

- Performance Appreciation
- Preparation of the Body
- Skills and Techniques
- Structures, Strategies and Composition.

Candidates will be required to answer structured questions in **three** of the four sections of the paper. There are a total of 60 marks for the question paper.

For the overall Course assessment, both components (question paper and performance) are equally weighted.

## Essential Materials Checklist

| Document(s)                           | Edition       | Published  | Comments   |
|---------------------------------------|---------------|------------|--|
| Arrangements document                 | Third edition | April 2005 |  |
| Exemplification Material              | N/A           | 2007       | Guidance on standards in the Analysis and Development of Performance Unit. Current exemplars cover Skills and Techniques in Badminton and Volleyball. The published materials consist of work that shows a mixture of competencies.  |
|                                       | N/A           | April 2010 | Intermediate 1 Physical Education Performance Exemplification DVD with accompanying support notes. Produced in April 2010 and sent to all SQA coordinators. Spare copies may be available by contacting the Qualifications Manager or Officer (details under useful contacts). |
| Internally assessed Performance Marks | N/A           | N/A        | For candidates entered for Physical Education Courses, centres are required to provide SQA with internally assessed Performance marks. This flowchart has been designed to take you through each stage.  |

## Intermediate 2 Physical Education (C205 11)

The Intermediate 2 Course is made up of the following two mandatory Units:

|         |   |                        |
|---------|---|------------------------|
| DF2T 11 | Performance*                            | 1.5 credit (60 hours)  |
| DF2R 11 | Analysis and Development of Performance | 1.5 credits (60 hours) |

\* The Unit assessment is based on a candidate's performance in at least one activity. A range of support materials is available to assist in assessing performance

e.g.

1. Where a candidate is entered for the Performance Unit only, performance in one activity will be internally assessed to determine the Unit result (pass/fail) and should be assessed using the appropriate Performance Criteria. The result (pass/fail) should be submitted to SQA.
2. Where the performance Unit is being undertaken as part of the Physical Education Course, performance will be internally assessed, with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course assessment. For the Course assessment, the performance should be assessed in each candidate's best two activities from the Course. The performance in each of these two activities should be marked out of 20, with a total mark out of 40 being submitted to SQA to contribute to the Course assessment for each candidate.
3. The performance Unit can be resulted (pass/fail) at a level higher than the Course entry – this is where you can give exceptional performers credit for their abilities! Performance should be assessed as in point 1 above. Where this Unit will contribute to the overall Course award, the performance must be assessed and marks awarded at the same level as the Course.

### Unit Checklist

| Unit Title                              | Unit Code | Version                    | Issued                                     |
|---|-----------|----------------------------|--|
| Performance                             | DF2T 11   | NAB001                     | May 2005                                   |
| Analysis and Development of Performance | DF2R 11   | NAB001<br>NAB002<br>NAB003 | May 2004<br>October 2006<br>September 2011 |

## Course Assessment

**Performance** - candidates' performance will be internally assessed, with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course award. Performance will be assessed through the observation of live performance. For Course assessment, a candidate's mark should be based on performance in their two best activities. Candidates' performance in each of their two best activities is marked out of 20, giving a mark out of 40 for performance. Marks are awarded through comparing candidates' performance with the marking guidelines, the Performance mark scales (Appendix 2b of the Course Arrangements) and the Performance Course Grade Descriptions. Internal assessments will be subject to external verification. Details of procedures for verification will be issued separately. For each candidate, centres require to submit a mark for Performance.

**Question paper** - candidates will be externally assessed by a written question paper comprising structured questions. The duration of the examination will be 2 hours. The question paper will be grouped into four sections corresponding to the four areas of *Analysis and Development of Performance*. These areas are:

- Performance Appreciation
- Preparation of the Body
- Skills and Techniques
- Structures, Strategies and Composition.

Candidates will be required to answer structured questions in **three** of the four sections of the paper. There are a total of 60 marks for the question paper.

For the overall Course assessment, both components (question paper and performance) are equally weighted.

## Essential Materials Checklist

| Document(s)                           | Edition       | Published  | Comments  |
|---------------------------------------|---------------|------------|---|
| Arrangements                          | Third edition | April 2005 | None  |
| Exemplification material              | 2007          | 2007       | Guidance on standards in the Analysis and Development of Performance Unit. Current exemplars Preparation of the Body in Basketball. The published materials consist of work that shows a mixture of competencies. |
| Internally assessed Performance Marks | N/A           | N/A        | For candidates entered for Physical Education Courses, centres are required to provide SQA with internally assessed Performance marks. This flowchart has been designed to take you through each stage.           |

## Higher Physical Education (C205 12)

The Higher Course is made up of the following two mandatory Units:

|         |   |                        |
|---------|---|------------------------|
| DF2T 12 | Performance*                            | 1.5 credit (60 hours)  |
| DF2R 12 | Analysis and Development of Performance | 1.5 credits (60 hours) |

\* The Unit assessment is based on a candidate's performance in at least one activity. A range of support materials is available to assist in assessing performance  
e.g.

1. Where a candidate is entered for the Performance Unit only, performance in one activity will be internally assessed to determine the Unit result (pass/fail) and should be assessed using the appropriate Performance Criteria. The result (pass/fail) should be submitted to SQA.
2. Where the performance Unit is being undertaken as part of the Physical Education Course, performance will be internally assessed, with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course assessment. For the Course assessment, the performance should be assessed in each candidate's best two activities from the Course. The performance in each of these two activities should be marked out of 20, with a total mark out of 40 being submitted to SQA to contribute to the Course assessment for each candidate.
3. The performance Unit can be resulted (pass/fail) at a level higher than the Course entry – this is where you can give exceptional performers credit for their abilities! Performance should be assessed as in point 1 above. Where this Unit will contribute to the overall Course award, the performance must be assessed and marks awarded at the same level as the Course.

### Unit Checklist

| Unit Title                              | Unit Code | Version          | Issued                    |
|---|-----------|------------------|---------------------------|
| Performance                             | DF2T 12   | NAB001           | May 2005                  |
| Analysis and Development of Performance | DF2R 12   | NAB001<br>NAB002 | May 2004<br>November 2007 |

## Course Assessment

**Performance** - candidates' performance will be internally assessed, with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course award. Performance will be assessed through the observation of live performance. For Course assessment, a candidate's mark should be based on performance in their two best activities. Candidates' performance in **each** of their two best activities is marked out of 20, giving a mark out of 40 for performance. Marks are awarded through comparing candidates' performance with the marking guidelines, the Performance mark scales (Appendix 2a of the Course Arrangements) and the Performance Course Grade Descriptions. Internal assessments will be subject to external verification. Details of procedures for verification will be issued separately. For each candidate, centres require to submit a mark for Performance.

**Question paper** - candidates will be externally assessed by a written question paper comprising structured questions. The duration of the examination will be 2 hours 30 minutes. The question paper will be grouped into four sections corresponding to the four areas of Analysis and Development of Performance. These areas are:

- Performance Appreciation
- Preparation of the Body
- Skills and Techniques
- Structures, Strategies and Composition.

Candidates will be required to answer structured questions in **three** of the four sections of the paper.

There are a total of 60 marks for the question paper.

For the overall Course assessment, the question paper contributes 60% and Performance contributes 40%.

## Essential Materials Checklist

| Document(s)                           | Edition       | Published  | Comments  |
|---------------------------------------|---------------|------------|---|
| Arrangements                          | Third edition | April 2005 | None  |
| Exemplification material              | First edition | 2005       | Guidance on standards in the Analysis and Development of Performance Unit. Current exemplars cover Preparation of the Body in Rugby and Skills and Techniques in Badminton. The published materials consist of work that shows a mixture of competencies. |
|                                       | First edition | April 2011 | Higher Physical Education Performance Exemplification DVD with accompanying support notes. Produced in April 2011 and sent to all SQA Coordinators. Spare copies may be available by contacting the Qualifications Manager or Officer (details below).    |
| Internally assessed Performance Marks | N/A           | N/A        | For candidates entered for Physical Education Courses, centres are required to provide SQA with internally assessed Performance marks. This flowchart has been designed to take you through each stage.   |

## Advanced Higher Physical Education (C205 13)

The Advanced Higher Course is made up of the following three mandatory Units:

|         |   |                     |
|---------|---|---------------------|
| DF2T 13 | Performance                             | 1 credit (40 hours) |
| DF2R 13 | Analysis and Development of Performance | 1 credit (40 hours) |
| DM49 13 | Perspectives on Performance Development | 1 credit (40 hours) |

### Unit Checklist

| Unit Title                              | Unit Code | Version | Issued   |
|---|-----------|---------|----------|
| Performance                             | DF2T 13   | NAB001  | May 2005 |
| Analysis and Development of Performance | DF2R 13   | NAB001  | May 2005 |
| Perspectives on Performance Development | DM49 13   | NAB001  | May 2005 |

### Course Assessment

**Performance** - performance is assessed in the single activity undertaken on the Course and will be internally assessed, with the dual purpose of determining both Unit achievement (pass/fail) and for a mark to contribute to the Course award. Performance will be assessed through the observation of live performance and is marked out of 30. Marks are awarded through comparing candidates' performance with the marking guidelines, the *Performance* mark scales (Appendix 2 of the Course Arrangements) and the *Performance* Course Grade Descriptions. Internal assessments will be subject to external verification. Details of procedures for verification will be issued separately. For each candidate, centres require to submit a mark for Performance.

**Project Report** - this should have a performance-led focus which is relevant to the candidate's performance activity and performance goals. Candidates are required to undertake research into selected areas of subject content and discuss their significance to performance and performance development. The Project Report should normally be between 2,500 and 3,500 words in length, excluding any explanatory text relating to supporting materials, for example video and other appendices.

This work must relate to a "Perspectives on Performance" area. These areas are:

- Performance Appreciation
- Preparation of the Body
- Skills and Techniques
- Structures, Strategies and Composition.

A minimum of two key concepts from a minimum of one perspectives area should be addressed during this research. Further information on the areas and their key concepts is provided in Appendix 4 of the Arrangements documents.

The Project Report requires to be submitted to SQA for external marking.

#### Advanced Higher Essential Materials Checklist

| Document(s)              | Edition       | Published  | Comments   |
|--------------------------|---------------|------------|--|
| Arrangements             | First edition | April 2005 | None   |
| Exemplification material | 2008          | 2008       | <p>As well as Unit Exemplification for Physical Education: Analysis and Development of Performance and Physical Education: Perspectives on Performance Development, additional Exemplification has been provided to show the integrated approach between the Units and the Course assessment (Project Report).</p> <p>This document also offers additional support and guidance for centres and teachers on managing and negotiating the Course. The exemplar also contains an example of a candidate's work, together with a Marking sheet which includes Examiner's commentary and mark allocation.</p> <p>This resource will be updated as and when required and can be found on the secure web page.</p> |

|                                       |     |     |  |
|---------------------------------------|-----|-----|--|
| Internally assessed Performance Marks | N/A | N/A | For candidates entered for Physical Education Courses, centres are required to provide SQA with internally assessed Performance marks. This flowchart has been designed to take you through each stage of the process. |
|---------------------------------------|-----|-----|--|

### Course and Unit Codes

| Level           | Course Code                                  | Component Unit Title  | Unit Code  | Credit Value                     |
|-----------------|--|---|--|----------------------------------|
| Standard Grade  | <b>3200 28 (F/G)</b><br><b>3200 30 (G/C)</b> | Knowledge & Understanding<br>Evaluating<br>Practical Performance                                  | <b>3201</b><br><b>3202</b><br><b>3203</b>          | 1<br>1<br>2                      |
| Intermediate 1  | <b>C205 10</b>                               | Performance<br>Analysis and Development of Performance  | <b>DF2T 10</b><br><b>DF2R 10</b>                   | 1.5 (60 hours)<br>1.5 (60 hours) |
| Intermediate 2  | <b>C205 11</b>                               | Performance<br>Analysis and Development of Performance  | <b>DF2T 11</b><br><b>DF2R 11</b>                   | 1.5 (60 hours)<br>1.5 (60 hours) |
| Higher          | <b>C205 12</b>                               | Performance<br>Analysis and Development of Performance  | <b>DF2T 12</b><br><b>DF2R 12</b>                   | 1.5 (60 hours)<br>1.5 (60 hours) |
| Advanced Higher | <b>C205 13</b>                               | Performance<br>Analysis and Development of Performance<br>Perspectives on Performance Development | <b>DF2T 13</b><br><b>DF2R 13</b><br><b>DM49 13</b> |                                  |

## Useful Contacts

| General enquiries:  | Physical Education enquiries:   |
|---|---|
| <p><b>Customer Contact Centre</b><br/>Scottish Qualifications Authority<br/>The Optima Building<br/>58 Robertson Street<br/>GLASGOW<br/>G2 8DQ</p> <p>Telephone: 0845 279 1000<br/>Fax: 0845 213 5000<br/>e-mail: <a href="mailto:customer@sqa.org.uk">customer@sqa.org.uk</a></p> <p>Website: <a href="http://www.sqa.org.uk">www.sqa.org.uk</a></p> | <p><b>Head of Service:</b> Alastair MacGregor</p> <p><b>Qualifications Manager:</b> Lesley Clark<br/>0845 213 5616<br/><a href="mailto:lesley.clark@sqa.org.uk">lesley.clark@sqa.org.uk</a></p> <p><b>Qualifications Officer:</b> Zoë Anderson<br/>0845 213 5477<br/><a href="mailto:zoe.anderson@sqa.org.uk">zoe.anderson@sqa.org.uk</a></p> |