

Carry out a Practical Assignment (CO7)

Candidate Name	Exemplar A
Class	
Centre	
Centre number	

Start date: 10 January Finish date: 14 February

Complete the clear parts of the chart below to give a brief outline plan for your practical assignment.
The shaded areas are to be completed by your teacher.

Activity	Dates	Time allocation	Grade	Teacher comments to justify grades
Analysing	10/01	60 Minutes		
Planning	10/01	60 Minutes		
		60 Minutes		
Carrying out	10/01	60 Minutes		
		60 Minutes		
Evaluating	14/02	60 Minutes		
Overall grade				

Analysing

Write your Practical Assignment brief in the box below.

The nursery is having a theme party. Make suitable items.

Underline **all** of the **key points** to be considered from the Practical Assignment brief.

Rough work — this section will not be marked

Using the chart below:

- ◆ Write down **each** of the underlined key points.
- ◆ Explain why you think **each** of the **key points** is **important**.
- ◆ You may not need to use all eight boxes in the chart.

	Key point	Explanation of how the key point links to the assignment brief
1	Nursery	The items selected should appeal to children who attend nursery. ✓
2	Having	When planning the party the nursery will have to take the young children's needs into consideration. ✓ The venue for the party will have to be considered. ✓
3	Theme	Will need to consider young children's interests when choosing a theme. ✓ Will need to be stimulating and exciting for the party to be a success. Mine will be animals so I can have a wide variety so something will appeal to all of them. ✓
4	Party	It is an event for the young children to socialise and have fun, so should be exciting and they should be treated with fun foods. ✓
5	Make	I am going to produce the food for the party so I will consider: — my skill level and time available. ✓ — children's likes and dislikes and ensure variety. ✓ — hygiene and safety when producing food. ✓
6	Suitable	Young children have many needs and I will have to consider: — safety, some may have allergies. ✓ — portion size, they have small appetites. ✓ — how they are going to eat foods, cutlery or fingers. ✓ — children's dietary needs and likes and dislikes and theme. ✓
7	Items	Many things are needed to stimulate interest and for variety so all the young children can find something to eat, as some are very picky about what they eat. ✓ I could make fabric items to entertain the young children and for them to take home as presents. ✓ I will have a variety of food items, hot and cold, sweet and savoury etc. ✓

Using the chart below

- ◆ Write down any **additional** points that you think might be important.
- ◆ Explain why you think **each** of these **additional points** is **important**.
- ◆ You may not need to use all four boxes in the chart.

	Additional point	Explanation
9	Aesthetics	Food should look, smell and taste good to stimulate interest and make the children want to eat it. ✓ Young children often like bright colours, so I will take this into consideration. ✓
10	Costing	As this is a nursery school event I will be producing food for quite a lot of children and I will probably have a budget so I will have to avoid expensive dishes and price dishes carefully. ✓
11	Timing	I have two hours to produce food items for a nursery school party for young children. As I will need to make quite a few dishes so there is variety for the young children, I will have to pick dishes carefully and think carefully about timing. ✓
12	Hygiene and Safety	As I am producing dishes for a lot of young children I will have to be extra careful when making them to avoid contamination and the spread of food poisoning bacteria. ✓ Some young children have allergies to particular foods and I will try to avoid the most common ones when deciding my dishes. ✓

Grade Awarded (Analysing)	For official use only

Planning

Use the chart below to list the items that you **could** make and tick which **key points** and **additional points** are met.

List the items that you could make here ↓	List your key points here →	Nursery	Having	Theme	Party	Make	Suitable	Items	List your additional points here →	Aesthetics	Costing	Timing	Hygiene & Safety	
		1	2	3	4	5	6	7		8	9	10	11	12
		Use a tick (✓) if the item meets the main point or additional point												
Mini Quiches		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	
Mini Pizzas		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	
Celebration Cake		✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	
Mini Hamburgers		✓	✓	✓	✓	✓	✓	✓					✓	
Shortbread		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	
Fairy Cakes		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	
Sausage Rolls		✓	✓		✓		✓	✓				✓	✓	
Oatcakes and Jam			✓	✓	✓	✓	✓	✓			✓	✓	✓	
Choc Chip Muffins		✓	✓		✓	✓	✓	✓			✓	✓	✓	
Swiss Roll		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	

Chosen items

Use the box below to list the items you have chosen to make.

1 Mini Pizza	4 Fairy Cakes
2 Shortbread	5
3 Mini Quiches	6

Use the following chart:

- ◆ **Identify each** key point and additional point identified in the analysing strand.
- ◆ **Explain why the items chosen** link back to **each** key and additional point.

Key/additional point	Explanation (Explain why the items chosen link back to each key and additional point, bullet points should be used)
1.Nursery <i>(extra point of explanation)</i>	<ul style="list-style-type: none"> ◆ The items I have chosen will all be suitable for the nursery because they are easy to eat and children of this age will like them. ✓ ◆ The items will also stimulate the interest of the children as the teachers can talk about the animal shapes. ✓
2. Having	<ul style="list-style-type: none"> ◆ All of the items are suitable for the nursery to provide as they can easily be planned and made using the nursery facilities. ✓
3.Theme <i>(not extra points of explanation)</i>	<ul style="list-style-type: none"> ◆ The item will all suit the theme of the party which is animals as the pizzas and the shortbread will be shaped like animals using animal cutters. ✓ ◆ The quiches will be put into a spider shaped base. ◆ The fairy cakes will be made into a caterpillar shape.
4. Party	<ul style="list-style-type: none"> ◆ The items are all suitable for a party as they will be fun for the children to look at as well as to eat as I will decorate them nicely using bright colours for the cake icing. ✓
5. Make	<ul style="list-style-type: none"> ◆ I have made all of the items before so I know they are within my skill level and I will be confident when making them which should make sure they turn out to a good standard for the party. ✓
6. Suitable <i>(extra point of explanation)</i>	<ul style="list-style-type: none"> ◆ All of the items are suitable for the party because they are popular and will all be served in individual portions and be easy to eat. ✓ ◆ The pizzas are popular and contain cheese which gives the children calcium for strong bones and teeth. None of the children at the nursery have allergies to dairy products. The quiches provide protein for growth and development of the children. ✓

7. Items	<ul style="list-style-type: none"> ◆ I have chosen a variety of items to suit all children's likes and needs. The items chosen will be popular with this age group, I know this as I did my work experience at the local nursery. I also have a variety of sweet and savoury items. ✓
9. Aesthetics	<ul style="list-style-type: none"> ◆ The items will all look good and be colourful as I will decorate them carefully and use bright colours in the icing of the cakes. ✓
<i>(extra point of explanation)</i>	<ul style="list-style-type: none"> ◆ The appearance will be appealing as I will decorate my items according to the animal theme of the party the pizzas and shortbread will be shaped like animals and the quiches will be served on a spider shaped base. The cakes will be joined together and iced and decorated with green sweets for the legs and others for the eyes, feelers and tail. ✓
10. Costing	<ul style="list-style-type: none"> ◆ All of the items are within my budget as most of the ingredients are inexpensive and can be afforded by the nursery. ✓
11. Timing	<ul style="list-style-type: none"> ◆ I have made all of the items before so I know what the timings are for making each of them. I know that I will be able to make the items in the time allocated and have time to decorate them to a good standard. ✓
12. Hygiene and Safety.	<ul style="list-style-type: none"> ◆ I will take great care in the preparation and cooking of all of the items for the nursery party as I don't want any of the children to be ill with food poisoning. The items will be made with high standards of personal hygiene and all of them will be cooked at a high temperature to kill off any harmful bacteria. ✓

(Note: This page can be photocopied if additional space is required)

Grade Awarded (Planning)	For official use only

Work sequence

Use the following chart to:

Complete a work sequence for the carrying out of the practical assignment.

(The work sequence is for your own use and will **not** be marked.)

Work sequence		Comments (As you work, use this column to record any good points or problems you meet, or changes you make)
Day 1	On this day I will make mini pizza and shortbread biscuits	
Day 2	On this day I will make mini quiches and fairy cakes	I had ten minutes at the end of the hour to decorate and present my dishes.

Now make the item(s) for your Practical Assignment

Grade Awarded (Carrying out)	For official use only

Evaluating

Complete the chart below to:

- ◆ evaluate each item(s) you made

Use the following key to indicate your evaluation for each item.

Evaluation	Score
Very good	★ ★ ★
Good	★ ★
Needs improvement	★

Evaluation area →	Appearance	Texture	Taste (Food items only)	Colour (Textile items only)
Item(s) made ↓				
Mini Pizzas	★ ★	★ ★	★ ★	
Shortbread	★ ★ ★	★ ★	★ ★ ★	
Mini Quiches	★ ★	★ ★ ★	★ ★	
Fairy Cakes	★ ★ ★	★ ★ ★	★ ★ ★	

Use the following charts to:

- ◆ Explain why you have given **each** item the **score** in the previous chart.

Item(s) made	Score given	Explanation for the score given to the item for appearance
Mini Pizza	★★	<p>The pizzas looked as good as they were interestingly shaped as animals. ✓</p> <p>The bright red colour of the tomatoes showed through the melted golden brown cheese adding a lot of colour. However next time I might use a simpler shaped cutter as you could not tell what animals all the pizzas were supposed to be. ✓</p>
Shortbread	★★★	<p>The shortbread biscuits were shaped as pigs and decorated with bright pink icing and pink sweets. They added a lot of colour and interest to the overall effect of the foods. ✓</p>
Mini Quiches	★★	<p>The quiches looked good on their spider shaped bases, adding a lot to the theme and the overall effect. ✓</p> <p>The tomatoes in the quiches were bright red and showed through the golden cheese, adding a lot of colour but next time I will add more vegetables so there are more colours showing through. ✓</p>
Fairy Cakes	★★★	<p>The fairy cakes looked great and stimulated a lot of interest from the young children. They were all iced green with lots of brightly coloured sweets on each and they were all stuck together in a windy line with lots of big green sweets between them for legs. The head also stimulated a lot of interest as it had bright pink sweet eyes and green sticking up antennae. ✓</p>

Item(s) made	Score given	Explanation for the score given to the item for texture
Mini Pizza	★★	<p>The mini pizzas had a good texture in the mouth but next time I will not leave them in the oven for quite so long as the base was slightly crispy. ✓</p>
Shortbread	★★	<p>The shortbread biscuits were lovely and crunchy, however the edges were slightly crispy. ✓</p>
Mini Quiches	★★★	<p>The pastry was light and crunchy and the filling was smooth and creamy. The tomatoes also added a lot to the texture as they were lovely and mushy. ✓</p>
Fairy Cakes	★★★	<p>The fairy cakes were light and springy in the mouth and had a good soft texture. ✓</p>

Item(s) made	Score given	Explanation for the score given to the item for taste (food item only)
Mini Pizza	★★	The pizzas were tasty but had I added some herbs to the base or filling the flavour would have been better. ✓
Shortbread	★★★	The shortbread was delicious and had a lovely rich and buttery taste. ✓
Mini Quiches	★★	The pastry tasted good as it was buttery and not floury, however the filling was slightly plain, so the next time I will add more herbs. ✓
Fairy Cakes	★★★	The fairy cakes were delicious and sweet and buttery and were very popular with the children. ✓

Item(s) made	Score given	Explanation for the score given to the item for colour (textile item only)

Evaluate your assignment using the following headings:

Evaluative comment on analysing

- ◆ I found the analysing section quite straightforward as we had undertaken a training exercise on this before, and so I knew that I had identified all the key points that came from the assignment brief. ✓
- ◆ I managed to identify 4 additional points which were relevant because I used them when considering items to make and I was able to identify and explain all the points in the time I had available. ✓

Evaluative comment on planning

- ◆ The resources I used to complete this section were recipe books, and my knowledge of my practical and organisational skills. When choosing dishes I also used my imagination to find ways of adapting recipes of dishes so they should appeal to the young children and fit with my animal theme e.g. animal shaped pizzas. ✓
- ◆ I had two hours for the planning section and this gave me enough time to research dishes thoroughly so I could make informed choices and also to write detailed explanations about each of my chosen dishes. ✓

Evaluative comment on carrying out

- ◆ To carry out my practical to make my food items I had many resources available to me as the school kitchens are well equipped with all the utensils I could possibly have needed to make my items successfully. ✓
- ◆ I had planned before hand in what order I was going to make my dishes in order to use my time efficiently. This meant that once I had made my dishes I had 10 minutes at the end of each hour to decorate my dishes within the theme, and to present them well so they would appeal to young children. ✓

Evaluative comment on final item(s)

- ◆ My mini pizzas answered the brief well and in my final presentation they looked good and fitted with my theme as they were brightly coloured and interesting shapes, although the base was slightly crispy and next time I will not heat them in the oven for as long. ✓
- ◆ My shortbread biscuits were delicious and had a wonderful crunchy texture. They also looked great and appealed a lot to the young children as they were iced a bright pink and shaped as pigs, fitting with my theme and answering the brief. ✓
- ◆ My mini quiches looked authentic as they were on spider bases and had slashes of bright red, although next time I will add more vegetables to give extra colour, and more herbs to make them more tasty as they were slightly plain. They had a lovely smooth and creamy texture. ✓
- ◆ I was pleased with my fairy cakes as they looked great, all stuck together and iced green, decorated with brightly coloured sweets, legs, antennae and pink eyes and the children thought they were great. They were also yummy and had a lovely springy texture. ✓
- ◆ If I were to do this again I would choose exactly the same dishes as I was very pleased with the overall outcome as they met the requirements of the assignment brief. ✓

Grade Awarded (Evaluating)	For official use only

Exemplar A	
ANALYSING	
Identification of the key points	Candidate identifies all key points.
Explanation of the key points	All key points are explained and are relevant to the assignment brief. This candidate provides additional detail that is valid but which will gain the candidate no additional credit. The explanation for 'having' links to the assignment brief.
Identification of additional points	Four valid and relevant additional points are identified.
Explanation of additional points	The explanations for each additional point are valid. Extra detail is provided that is not necessary to secure a Credit grade.
GRADE AWARDED FOR ANALYSING Grade 1	
PLANNING	
Key point/additional point explanation.	List of 4 items selected as being suitable.
Chosen item 1	Mini pizzas are an appropriate choice as all boxes are ticked.
Chosen item 2	Shortbread is an appropriate choice as all boxes are ticked.
Chosen item 3	Mini quiches are an appropriate choice as all boxes are ticked.
Chosen item 4	Fairy cakes are an appropriate choice as all boxes are ticked.
Explanation of points 1-12	The explanations cover all key and additional points.
Additional explanations	More than one additional explanation was provided by the candidate for some of the key/additional points.
GRADE AWARDED FOR PLANNING Grade 1	
CARRYING OUT	
Grade 1 awarded by the centre and confirmed by the moderator.	
GRADE AWARDED FOR CARRYING OUT Grade 1	
EVALUATING	
Evaluation — star rating	Star ratings awarded to all dishes produced.
Evaluation — explanation of star rating for appearance	Explanations link to the ratings provided. There is added detail that is not always required.
Evaluation — explanation of star rating for texture	Explanations link to the ratings provided.
Evaluation — explanation of star rating for taste	Explanations link to the ratings provided.
Evaluative comment on Analysing strand	Both comments provided are evaluative and there is evidence within the proforma to back up the statements made. Comment 1 links to skills and comment 2 links to time.
Evaluative comment on Planning strand	Comments 1 and 2 are evaluative and there is evidence to back up the statements made. Comment 1 links to resources and comment 2 links to time.
Evaluative comment on Carrying Out strand	Comments are evaluative. Comment 1 links to resources and comment 2 links to either time or skills.
Evaluative comment on Final Items	Only one evaluative comment is required in order to gain a credit award. The candidate provides four, all of which are linked to skills.
GRADE AWARDED FOR EVALUATING Grade 1	

Note: the ticks on the candidate script indicate where points/explanations/comments have been accepted. In the planning section numbers have been added to show which key and/or additional points the explanations link back to.

Overall grade = 1+1+1+1+1 = 5 5/5 = 1

Overall grade = 1