

National Qualifications

Standard Grade Home Economics

Carry out a Practical Assignment (CO7)



Candidate Name	Exemplar B
Class	
Centre	
Centre number	

Start date: 10 January Finish date: 14 February

Complete the clear parts of the chart below to give a brief outline plan for your practical assignment.
The shaded areas are to be completed by your teacher.

Activity	Dates	Time allocation	Grade	Teacher comments to justify grades
Analysing	10/01	60 minutes		
Planning	14/01	60 minutes		
	16/01	60 minutes		
Carrying out	23/01	60 minutes		
	30/01	60 minutes		
Evaluating	31/01	60 minutes		
Overall grade				

Analysing

Write your Practical Assignment brief in the box below.

The nursery is having a theme party. Make suitable items.

Underline **all** of the **key points** to be considered from the Practical Assignment brief.

Rough work — this section will not be marked

Using the chart below:

- ◆ Write down **each** of the underlined key points.
- ◆ Explain why you think **each** of the **key points** is **important**.
- ◆ You may not need to use all eight boxes in the chart.

	Key point	Explanation of how the key point links to the assignment brief
1	Nursery	Place where babies and children can be educated and looked after and so will need to make foods suitable for this age group. ✓
2	Having	The nursery is holding a party for the children and parents and I will be providing the food. ✓
3	Theme	The party should have a fun topic to interest the children. ✓ The idea should be colourful and exciting. Both boys and girls will be attending so a neutral theme would be best. ✓
4	Party	This social gathering should be entertaining for the guests and must satisfy their likes and dislikes. ✓ Games and food will be available.
5	Make	I will produce the foods used so I will take into consideration my skill level, the equipment available and the time in which to make the foods. ✓
6	Suitable <input type="checkbox"/> GRADE AWARDED	The food must be appropriate for young children and so there should be a wide variety which appeals to everyone. ✓ The foods should be attractive to encourage people to sample them. ✓
7	Items	There will be young children as well as adults attending so the food must suit all tastes allowing everyone to sample it. ✓ The food will be in bite size portions and cutlery shouldn't be required. ✓ Food items could be hot or cold, sweet or savoury giving variety. ✓

Using the chart below:

- ◆ Write down any **additional** points that you think might be important.
- ◆ Explain why you think **each** of these **additional points** is **important**.
- ◆ You may not need to use all four boxes in the chart.

	Additional point	Explanation
9	Cost	As the party is being held by the nursery there will probably be a budget so the foods will be of a suitable price to make. ✓
10	Hygiene and safety	The food will be eaten by a group of children and to prevent the food being contaminated I will keep a high standard of hygiene. ✓ Children are particularly prone to food poisoning so this is vital. ✓
11	Aesthetics	The foods must look, smell and taste good to encourage the children to sample them. ✓
12		

Grade Awarded (Analysing)	For official use only

Planning

Use the chart below to list the items that you **could** make and tick which **key points** and **additional points** are met.

List the items that you could make here ↓	List your key points here →	Nursery	Having	Theme	Party	Make	Suitable	Items	List your additional points here →	Cost	Hygiene and Safety	Aesthetics	
		1	2	3	4	5	6	7		8	9	10	11
Use a tick (✓) if the item meets the main point or additional point													
Individual Quiches		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Mini Pizzas		✓	✓		✓	✓	✓	✓		✓	✓	✓	
Mini Hamburgers		✓	✓		✓	✓	✓	✓		✓	✓	✓	
Top Hats		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Sandwiches		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Swiss Roll		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Tuna Boats		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Fairy Cakes		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
Garlic Bread		✓	✓		✓	✓	✓	✓		✓	✓	✓	
Celebration Cake		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	

Chosen items

Use the box below to list the items you have chosen to make.

1	Individual Quiches	4	Sandwiches
2	Tuna Boats	5	Top Hats
3	Swiss Roll	6	

Use the following chart:

- ◆ **Identify each** key point and additional point identified in the analysing strand.
- ◆ **Explain why the items chosen** link back to **each** key and additional point.

Key/additional point	Explanation (Explain why the items chosen link back to each key and additional point, bullet points should be used)
1. Nursery	<ul style="list-style-type: none"> ◆ The items I have chosen will all be suitable for the nursery as they can be turned into a learning experience for the children as the teachers can talk about the Noah`s Ark theme and the animal shapes of the items. ✓
2. Having	<ul style="list-style-type: none"> ◆ The nursery are organising the party and all of the items will be appropriate as they can be easily prepared by the nursery staff even if they do not have much experience. ✓
3. Theme	<ul style="list-style-type: none"> ◆ The items will all suit the theme of the party which is Noah`s Ark as all of my items will be decorated to look like animals or be shaped like the ark. ✓ ◆ The quiches will be decorated like cats. ◆ The tuna boats will be shaped like arks. ◆ The swiss rolls will have animal biscuits on them. ◆ The sandwiches will be cut into animal shapes. ◆ The top hats will be decorated like snails.
4. Party	<ul style="list-style-type: none"> ◆ The items are all suitable for the party as they are all easily eaten and can be picked up in their hands as they are all in individual portions. ✓
5. Make	<ul style="list-style-type: none"> ◆ The items chosen are easily made as I have made them before and I know they can be made to a good standard which will make the party a success as the children will enjoy them. ✓
6. Suitable	<ul style="list-style-type: none"> ◆ The items are all suitable as: ◆ The quiches have different fillings so the children will find one that they enjoy. ✓ ◆ The tuna boats have no small items that they can choke on as they are made of bread rolls and tuna fish and so will be safe for them to eat. ✓

(These are not extra points of explanation as they relate to the same aspect of the key point.)

(extra point of explanation)

<p><i>(one extra point can be given for these points, they do not merit an additional point each as they refer to the same explanation)</i></p>	<ul style="list-style-type: none"> ◆ The swiss roll will be easy to eat as I will serve it in slices. ◆ The top hats are small and so are easy to eat in one bite. ◆ Sandwiches are cut into small shapes which are easy to eat.
<p>7. Items</p>	<ul style="list-style-type: none"> ◆ The items chosen will all be easy to eat as none of them need cutlery and they will be served on paper plates to avoid making a mess. ✓
<p><i>(extra point of explanation)</i></p>	<ul style="list-style-type: none"> ◆ The items are all part of a selection of sweet and savoury items which should suit all tastes and should encourage the children to try savoury as well as sweet foods. ✓
<p>9. Cost</p>	<ul style="list-style-type: none"> ◆ All of the items are within the budget for the nursery as the quiches cost 23p each, the tuna boats cost 50p, the swiss roll 55p, the top hats 10p each and the sandwiches had economical fillings. ✓
<p>10. Hygiene and safety</p>	<ul style="list-style-type: none"> ◆ The items will all be prepared with particular attention to personal and kitchen hygiene as I will make sure that there is no cross contamination and I will cook the items with eggs thoroughly. ✓
<p><i>(extra point of explanation)</i></p>	<ul style="list-style-type: none"> ◆ The items will all be safe for the children to eat as I will make sure that there are no sharp edges and I will not use cocktail sticks as these might jag their mouths. ✓
<p>11. Aesthetics</p>	<ul style="list-style-type: none"> ◆ All of the items will look colourful and appeal to the children as I will use brightly coloured vegetables in the quiche, the swiss roll will be decorated with animal biscuits, the top hats will be decorated with smarties which are colourful and the sandwiches will be cut into neat shapes which will appeal and tempt the children to try them. ✓

(Note: This page can be photocopied if additional space is required)

Grade Awarded (Planning)	For official use only

Work sequence

Use the following chart to:

Complete a work sequence for the carrying out of the Practical Assignment.

(The work sequence is for your own use and will **not** be marked.)

Work sequence		Comments (As you work, use this column to record any good points or problems you meet, or changes you make)
	On the first practical day, I will make mini quiches and tuna boats.	
	On the second practical day, I will make swiss roll, top hats and sandwiches.	

Now make the item(s) for your Practical Assignment

Grade Awarded (Carrying out)	For official use only

Evaluating

Complete the chart below to:

- ♦ evaluate each item(s) you made

Use the following key to indicate your evaluation for each item.

Evaluation	Score
Very good	★ ★ ★
Good	★ ★
Needs improvement	★

Evaluation area →	Appearance	Texture	Taste (Food items only)	Colour (Textile items only)
Item(s) made ↓				
Individual Quiches	★ ★ ★	★ ★ ★	★ ★ ★	
Tuna Boats	★ ★ ★	★ ★	★ ★	
Swiss Roll	★	★ ★ ★	★ ★ ★	
Top Hats	★ ★ ★	★ ★ ★	★ ★ ★	
Sandwiches	★ ★	★ ★	★ ★ ★	

Use the following charts to:

- ◆ Explain why you have given **each** item the **score** in the previous chart.

Item(s) made	Score given	Explanation for the score given to the item for appearance
Individual Quiches	★★★	The pastry was a golden brown colour and the toppings looked very effective as bright green and red peppers were used. ✓ These were shaped to make a pussy cat face which I think the children would have found very attractive. ✓
Tuna Boats	★★★	The bread roll was golden brown and this looked attractive with the pale brown tuna fish and the brightly coloured sails which were made from cocktail sticks. ✓
Swiss Roll	★	Although the golden sponge looked good with the bright red of the jam, the surface of it was patchy and needed improvement. ✓ Next time I would whisk the mixture for longer and add icing to cover the patchy areas.
Top Hats	★★★	These were exciting for the children as the smarties were bright and provided a good contrast to the chocolate brown. ✓
Sandwiches	★★	The bread was springy and went well with the cream cheese fillings as this provided a contrast in colour. ✓

Item(s) made	Score given	Explanation for the score given to the item for texture
Individual Quiches	★★★	The filling of the quiches was smooth and the pastry was crunchy. The pepper and sweetcorn added crispness to the texture. ✓
Tuna Boats	★★	The bread roll was crunchy and although this went well with the texture of the tuna, I think there was too much tuna fish making it too soft and perhaps if I added sweetcorn to the mixture it would have been more appealing to the children. ✓
Swiss Roll	★★★	The swiss roll was springy and the filling of the jam gave it a smooth texture which appealed to the children. ✓
Top Hats	★★★	The hard chocolate, crunchy smarties and light, soft marshmallows provided a good mixture of textures for the children. ✓
Sandwiches	★★	The bread was springy and light and the cream cheese was smooth, however I think they were slightly plain and soft and other filling may have been more successful to add a different texture. ✓

Item(s) made	Score given	Explanation for the score given to the item for taste (food item only)
Individual Quiches	★★★	The filling was cheesy which tasted good with the buttery pastry and the sweetness of the peppers and sweetcorn made the quiches very tasty. ✓
Tuna Boats	★★	The tuna boats tasted delicious at the start but they had too much tuna filling and I would have preferred an extra taste added to the mixture. ✓
Swiss Roll	★★★	The sponge was tasty and the sweet jam added to this making it an appealing choice for the children. ✓
Top Hats	★★★	These tasted delicious as they were chocolately and sweet and the children loved them. They were all eaten very quickly. ✓
Sandwiches	★★★	The bread and cheese had a creamy taste and provided a savoury alternative, which the children enjoyed. ✓

Item(s) made	Score given	Explanation for the score given to the item for colour (textile item only)

Evaluate your assignment using the following headings:

Evaluative comment on analysing

- ◆ I had one hour in which to complete this section which I felt was enough time, as I used it wisely.
- ◆ I identified three additional points which were important to the brief because they allowed me to select appropriate dishes for the assignment. ✓

Evaluative comment on planning

- ◆ I thought about possible dishes and I was able to come up with 10 dishes. After choosing five I would make I went on to explain why they were appropriate.
- ◆ I was confident with my choice as these dishes were familiar to me as I had made them before.
- ◆ I had two hours to complete this section which I felt was just the right amount of time.

Evaluative comment on carrying out

- ◆ I felt I carried out the task well as I managed to make all of the foods in the two hours and with the equipment available to me. ✓
- ◆ I was able to carry out the task successfully as I had my recipe book and time plan with me and I was also working in a very well equipped kitchen. ✓

Evaluative comment on final item(s)

- ◆ I was very pleased with the outcome of the individual quiches and the tuna boats on the first day, however, I think the quiches could have been cooked a little longer to make them slightly more golden in colour. ✓
- ◆ I also felt that the top hats and sandwiches were very successful although I was not pleased with the swiss roll as it turned out looking patchy and unappealing.
- ◆ Next time, I would be more careful when peeling the greaseproof paper from the sponge as I think this is what partly caused it. ✓
- ◆ Apart from the swiss roll, I was very pleased with the outcome and felt it was made to a high standard.

Grade Awarded (Evaluating)	For official use only

Exemplar B	
ANALYSING	
Identification of key points	Candidate identifies all key points.
Explanation of key points	All key points are explained and are relevant to the assignment brief. The candidate has provided some added detail which is not necessary. The explanation provided for 'having' is appropriate.
Identification of additional points	Three relevant additional points are identified.
Explanation of additional points	The explanations for each additional point are valid. Some additional detail is provided that is not required. To achieve a Credit 1 award, the candidate needs only two additional points that are valid and explained.
GRADE AWARDED FOR ANALYSING Grade 1	
PLANNING	
Key/additional points	List of 5 items selected as being suitable.
Chosen item 1	Individual quiches are an appropriate choice as all boxes ticked.
Chosen item 2	Tuna boats are an appropriate choice as all boxes ticked.
Chosen item 3	Swiss roll is an appropriate choice as all boxes ticked.
Chosen item 4	Sandwiches are an appropriate choice as all boxes ticked.
Chosen item 5	Top hats are an appropriate choice as all boxes ticked.
Explanation for key/additional points 1-11	The explanations provided cover all key and additional points
Additional explanations	More than two additional explanations are provided overall.
GRADE AWARDED FOR PLANNING Grade 1	
CARRYING OUT	
Grade 1 awarded by the centre and confirmed by the moderator.	
GRADE AWARDED FOR CARRYING OUT Grade 1	
EVALUATING	
Evaluation – star rating	Star ratings awarded to all dishes produced.
Evaluation – explanation of star rating for appearance	Explanations link to the ratings provided.
Evaluation – explanation of star rating for texture	Explanations link to the ratings provided.
Evaluation – explanation of star rating for taste	Explanations link to the ratings provided.
Evaluative comment on Analysing strand	Only comment 2 is evaluative. Comment 1 is a statement.
Evaluative comment on Planning strand	Only comment 2 is evaluative. Comment 1 is a statement.
Evaluative comment on Carrying Out strand	Both comments are similar but evaluative.
Evaluative comment on Final Items	Comment 1 is evaluative. Comments 2 and 3 when taken together are evaluative. Comment 3 is a statement.
GRADE AWARDED FOR EVALUATING Grade 2	

Note: the ticks on the candidate script indicate where points/explanations/comments have been accepted. In the planning section numbers have been added to show which key and/or additional points the explanations could potentially link back to.

Overall grade = 1+1+1+1+2 = 6 6/5 = 1.2

Overall grade = 1