WEDNESDAY, 1 JUNE
1:00 PM – 2:30 PM

Fill in these boxes and read what is printed below.

Full name of centre

Town

Forename(s)

Surname

Number of seat

Date of birth

Day

Month

Year

Scottish candidate number

Total marks — 50

Attempt ALL questions.

Write your answers clearly in the spaces provided in this booklet. Additional space for answers is provided at the end of this booklet. If you use this space you must clearly identify the question number you are attempting.

Use blue or black ink.

Before leaving the examination room you must give this booklet to the Invigilator; if you do not, you may lose all the marks for this paper.
Question 1

Individual Behaviour: Sleep and Dreams.

(a) Explain sleep and dreams using the biological approach. 6
Question 1 (continued)

(b) Explain one strength and one weakness of the biological approach to sleep and dreams.
Question 1 (continued)

(c) (i) Describe one aim of the Dement and Kleitman (1957) study.  

(ii) What do the results of this study tell us about REM sleep?
Question 1 (continued)

“Dreams are the royal road to the unconscious” Sigmund Freud, The Interpretation of Dreams (1899)

(d) Using the psychoanalytic approach, explain the reasons why people dream.
Question 1 (continued)

(e) Explain one weakness of the psychoanalytic approach to dreaming.  

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[Turn over
Question 2

You must answer all of the following questions using your **optional topic** from **Individual Behaviour**.

(a) (i) Describe your optional topic from Individual Behaviour.

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(ii) Explain this topic using **one** psychological approach.

**Do not use** the psychoanalytic or biological approach, use a different approach you have studied.

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Question 2 (continued)

(b) (i) Describe one research study that has been carried out on your optional topic from Individual Behaviour. Your answer must include the following:

- Name of researcher(s)/name of study
- Aim(s)
- Method/procedure
- Results.
Question 2 (b) (continued)

(ii) Describe one strength and one weakness of this research study. 4

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Question 3

Social Behaviour: Optional Topic

You must answer all of the following questions using your optional topic from Social Behaviour.

(a) Explain your optional topic from Social Behaviour using psychological concepts/theories.

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Question 3 (continued)

(b) (i) Describe one research study that has been carried out on your optional topic from Social Behaviour.
Your answer must include the following:
• Name of researcher(s)/name of study
• Aim(s)
• Method/procedure
• Results.
Question 3 (b) (continued)

(ii) Describe one weakness or one strength of this research study. 2

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(iii) What do the results of this research study tell us about behaviour? 2

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[END OF QUESTION PAPER]