



**Arrangements for:
HNC Complementary Therapies**

Group Award Code: G8G1 15

HND Complementary Therapies

Group Award Code: G8G2 16

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Acknowledgement

SQA acknowledges the valuable contribution that Scotland's colleges have made to the development of Higher National qualifications.

History of changes

It is anticipated that changes will take place during the life of the qualification, and this section will record these changes. This document is the latest version and incorporates the changes summarised below.

Version number	Description	Date
07	<p>Revision of Unit: DN6W 35 Lifestyle Advice for Clients has been revised by HL8Y 35 and finishes on 31/07/2019 for HND framework only.</p> <p>DN6T 35 Beauty Therapy: Remedial Massage has been revised by HL92 35 Remedial Massage and finishes on 31/07/2019 for HND framework only.</p> <p>F1BT 35 Aromatherapy Chemistry has been revised by HL91 35 and finishes on 31/07/2019 for HND and HNC frameworks.</p> <p>F1BM 34 Botanical Science for Aromatherapy has been revised by HL8V 34 and finishes on 31/07/2019 for HND framework only.</p> <p>F1BK 35 Complementary Therapies: Integration in Health Care Services has been revised by HL8W 35 and finishes on 31/07/2019 for HND framework only.</p> <p>F1BP 35 Human Pathological Processes has been revised by HL8X 35 and finishes on 31/07/2019 for HND framework only.</p> <p>F1BB 35 Infant Massage has been revised by HL93 35 Instructing on Infant Massage and finishes on 31/07/2019 for HND framework only.</p> <p>F1BL 35 Reflexology: Advanced has been revised by HL90 35 and finishes on 31/07/2019 for HND framework only.</p> <p>F1BJ 35 Aromatherapy Advanced has been revised by HL9Y 35 and finishes on 31/07/2019 for HND framework only.</p> <p>DK2L 33 Marketing Skills for the Entrepreneur has been revised by HM5P 33 and finishes on 31/07/2019 for HND framework only.</p>	16/05/17
06	<p>Revision of Unit: F1B9 34 Complementary Therapies : Professional Issues and Practice has been replaced by HF7M and will finish on 31/07/2017 for both frameworks.</p> <p>F1BA 34 Complementary Therapies: Clinical Practice has been replaced by HF7P 34 and with finish on 31/07/2017 for HND framework only</p>	12/07/16
05	<p>Revision of Unit: DE2E 34 'Preparing and Presenting a Business Plan' has been revised by H7V5 34 'Preparing a Formal Business Plan' and will finish on 31/07/2016.</p>	08/05/15
04	<p>Revision to Units: F1CY 34 Complementary Therapies: Graded Unit 1 has been revised buy F81T 34 and finished on 31/07/2011. F57C 34 Human Anatomy and Physiology for Beauty and Complementary Therapists has been revised by F9T5 34 and finished on 31/07/2012.</p> <p>Added to Frameworks: Personal Development Planning (DE3R 34) has been added as an optional Unit to both the HNC and HND Frameworks. Infant Massage (F1BB 35) has been added as an optional Unit to the HND Framework.</p>	18/07/13

03	Amendment to Group Award framework Unit Code for Graded Unit 1	02/10/09
02	HND Complementary Therapies amended to show the correct Group Award code.	10/06/09

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1 Introduction

This is the Arrangement Document for the *revised Group Awards in Complementary Therapies, which were validated in October 2006*. This document includes: background information on the development of the Group Awards, their aims, guidance on access, details of the Group Award structures, and guidance on delivery.

This Arrangements Document will assist centres to implement, deliver and manage the awards; provide a guide for new staff involved in offering the award; and inform stakeholders of the aims and purposes of the awards.

2 Rationale for the revision of the awards

2.1 Background to the development of the qualifications

The Higher National Certificate (HNC) and the Higher National Diploma (HND) in Complementary Therapies have been developed as national awards that will be delivered by further education colleges and private training providers. The awards will replace the single centre devised awards that have been delivered by a number of further education colleges and training providers since 1999.

The rationale for the awards remains essentially the same, namely to prepare candidates for employment within the Complementary Therapies industry.

2.2 Market research, consultation and development processes

The Scottish Qualifications Authority (SQA) invited all centres presenting candidates for HN Complementary Therapies awards to attend a meeting to discuss a review of the qualifications. At this meeting it was agreed that a review of the Awards was required and a base for revised frameworks for both the HNC and HND was suggested.

A Qualification Design Team (QDT) was formed to take the review forward.

Consultation details are summarised in the following table:

Stakeholder	Method of Consultation
Employers	<ul style="list-style-type: none">◆ Questionnaire sent to employers (information gathered on the award content and structure)◆ Face-to-face interviews and telephone contact
Higher Education	<ul style="list-style-type: none">◆ Face-to-face interviews
Centres	<ul style="list-style-type: none">◆ Initial meeting of all presenting centres held to discuss possible review of qualifications◆ All SQA approved centres invited to join the consortium◆ Postal questionnaire sent to all centres◆ Three consortium meetings held to update and inform centres
Candidates	<ul style="list-style-type: none">◆ Questionnaires given to centres to distribute to present and former candidates

2.2.1 Feedback of Consultation

The consultation confirmed that there was a demand for the proposed review from centres, candidates, employers and Higher Education. Through consultation a number of changes were made to the frameworks proposed at the initial meeting of stakeholders.

The need for the HNC/HND Group Awards was clearly identified. These Group Awards will contribute to a greater knowledge base within the occupational field.

2.2.2 Development Process

SQA statistics regarding the number of candidates taking the existing awards over the past seven years were considered and analysed — see Appendix 1.

Draft frameworks were drawn up and distributed to centres for comment. No major subject based changes were required. The development process involved updating some Unit specifications and writing some new Units ensuring that all specifications adhered to the Design Principles for HNCs and HNDs.

The following areas were analysed and discussed in-depth by the QDT and Consortium members.

- ◆ Aims and rationale of the awards
- ◆ Access
- ◆ Structure
- ◆ Approaches to Delivery and Assessment
- ◆ Research Methodologies

3 Aims of the awards

The specialised nature of Complementary Therapies provides a niche market for centres — both Further Education Colleges and Private Training Providers. There is a national interest in this emerging occupational area.

The HNC Complementary Therapies will give candidates the underpinning knowledge and skills of all three therapy areas at a basic level. The therapies are:

- ◆ Aromatherapy
- ◆ Reflexology
- ◆ Massage

The HND Complementary Therapies builds on the basic knowledge and skills, developed at the HNC level, giving candidates further opportunities to specialise in a particular Complementary Therapy.

It is anticipated that these awards will widen access for study in specialised Complementary Therapy areas and provide a strong pathway of progression for candidates who have successfully completed a programme of study such as the HNC Complementary Therapies or HND Complementary Therapies Year 1. These Group Awards will provide an access route to those wishing to progress to Higher Education programmes in Complementary Therapy areas.

The qualifications embody two specific principles:

- ◆ to establish a recognised qualification which is current and ‘fit for purpose’
- ◆ to meet the requirements of the employers

3.1 General aims of the awards

The overall aim of these Group Awards is to provide a progressive, integrated and coherent qualification which will be responsive to the needs of candidates and employers. All HNC/HNDs have a range of broad aims that are generally applicable to all equivalent HE qualifications, eg:

HNC

- 1 Develop skills to address defined problems and issues.
- 2 Develop problem solving.
- 3 Develop the ability to manage and absorb information.
- 4 Develop communication skills.
- 5 Develop the ability to be flexible and to work co-operatively with others.
- 6 Develop personal effectiveness.
- 7 Develop the ability to take responsibility for one’s own learning.
- 8 Develop study and research skills.
- 9 Develop skills in IT.
- 10 Develop current employment skills and expertise.
- 11 Provide opportunities for career planning.
- 12 Enable progression within the SCQF including progression to HE.

HND

- 1 Develop critical and evaluative thinking.
- 2 Develop problem solving.
- 3 Develop the ability to manage and absorb information.
- 4 Develop communication skills and presentation techniques.
- 5 Develop the ability to be flexible and to work co-operatively with others.
- 6 Develop personal effectiveness.
- 7 Develop the ability to take responsibility for one’s own learning.
- 8 Provide opportunities for career planning.
- 9 Enhance employment prospects for candidates undertaking the course/s.
- 10 Enable progression within the SCQF including progression to HE.

3.2 Specific aims of the awards

Three main clusters of specialism — Aromatherapy, Reflexology and Massage — have been identified within the HNC qualification. The specific Units within the clusters are:

<i>Specialism</i>	<i>HN Units</i>
Aromatherapy	Body massage Aromatherapy Aromatherapy Chemistry
Reflexology	Reflexology
Massage	Body Massage

While it is not mandatory for the award to be structured by the clusters it is strongly recommended that centres do select subject areas from the award that will allow candidates to have a main area of focus and expertise. This would also allow for flexibility and choice, if candidates wished basic knowledge and skills in more than one specialist area prior to studying at an advanced level in a specific therapy in the HND Qualification.

The HND award also follows a similar structure giving a selection of the three cluster groups in:

- ◆ Aromatherapy
- ◆ Reflexology
- ◆ Massage

Candidates will be able to study a specialism along with an extensive range of Optional Units.

The Units which should be undertaken in each of the specialisms are:

<i>Specialism</i>	<i>HN Units</i>
Aromatherapy	Aromatherapy: Advanced Botanical Science for Aromatherapy
Reflexology	Reflexology: Advanced Chinese Elements
Massage	Beauty Therapy: Remedial Massage Soft Tissue Massage Manual Lymphatic Drainage

This will give candidates the opportunity to gain advanced skills within a Complementary Therapies specialism which will strongly enhance the candidates' prospects of successful progression into employment or Higher Education. Candidates will be encouraged to evaluate, research, develop and contextualise their concepts in response to their subject choice.

The specific subject-related aims in the **HNC** are to:

- 1 Understand therapeutic environments.
- 2 Develop empathetic client care.
- 3 Develop investigation and research skills.
- 4 Gain knowledge and understanding of different research methods.
- 5 Therapeutic interaction with others.

The specific subject-related aims in the **HND** are to:

- 6 Develop an open-minded, critical and evaluative approach to study.
- 7 Gain knowledge of competing views, perspectives, theories and evidence from a variety of subjects to enable the candidate to adopt as comprehensive an approach as possible.
- 8 Therapeutic interaction with others.

Experience of different subjects within the context of Complementary Therapies will allow candidates to make informed choices for later specialisation if so desired. However, if required for articulation purposes, it will be possible for candidates to choose a variety of different subject areas within the Group Awards rather than focusing on a dedicated specialism.

The following additional skills will also be developed:

- 9 The ability to evaluate theoretical concepts.
- 10 Critical analysis.
- 11 Creative intuition.
- 12 Evaluative skills.

3.3 Target groups

The awards are designed for those who wish to take up a career in the Complementary Therapies and are suitable for a wide range of candidates including:

- ◆ candidates articulating from a National Certificate background
- ◆ school leavers with a minimum of one Higher
- ◆ Health Care Service employees
- ◆ candidates changing career pathway
- ◆ mature candidates on full time study for employment

The HNC Group Award is a general Complementary Therapies award which allows candidates to gain skills and knowledge in the underpinning areas of research and Health Services, and provides an exposure to each of the main branches of Complementary Therapies that will allow candidates to progress to more specialised branches of Complementary Therapies.

3.4 Employment opportunities

In designing the awards, the Qualification Design Team has been fully aware of the need for the qualifications to contain relevant technical and transferable skills to enable immediate entry to employment while at the same time allowing the opportunity to progress to Higher Education. The Design Team believes that an appropriate balance between academic and vocational knowledge and skills has been achieved through the mix of Unit content and teaching approaches.

Care has been taken in the design of the awards to ensure that topics and Units required to maintain articulation routes are included.

Employers contacted during the consultation accepted the relevance of these awards within the following sectors:

- ◆ General Practice
- ◆ National Health Service
- ◆ Health Centres/Clinics

4 Access to awards

As with all SQA qualifications, access to the awards is at the discretion of the centre. However, it is intended that admission to these awards should be as broad based as possible, but that this should be consistent with the selection of candidates who have a reasonable chance of successfully completing the award(s).

4.1 Formal Qualifications

Examples of appropriate formal entry qualifications are specified below. They are not exhaustive or mutually exclusive and may be considered in a variety of combinations:

- ◆ National Qualifications, eg The Human Body (Intermediate 1); Organic Chemistry: Reactions and Synthesis Pathways (Advanced Higher); Communication Skills (Intermediate 2 or Higher; Information Technology (Intermediate 2; Health and Safety (Intermediate 2 or Higher).
- ◆ Highers, eg English; Biology; Chemistry
- ◆ HNC/HND Beauty Therapy

4.2 Entry to Year 2 HND

Ideally full-time candidates should be encouraged to achieve 15 credits in each year of study. However, wider access should be provided to cater for the needs of those, for example, who have achieved the HNC at day release or evening classes or in other centres. Candidates would therefore be expected to have a minimum of 12 credits on entry to year 2 and these would include the HNC mandatory Units.

4.3 Alternative access arrangements

Centres are encouraged to support fully the tradition of social inclusion and continue to provide opportunities for applicants from various knowledge bases. In such cases, centres are encouraged to take into account experience, life skills and potential ability.

The presenting centre may operate alternative access arrangements in cases where candidates are convinced they already have the required competencies in a given area. These arrangements are as follows:

- ◆ Assessment on demand
- ◆ Credit transfer
- ◆ Accreditation of prior learning

4.4 Core Skills

The minimum recommended Core Skills entry profile for the HNC/HND Complementary Therapies awards is:

- | | |
|--------------------------|--------------|
| ◆ Communication | SCQF level 5 |
| ◆ Information Technology | SCQF level 5 |
| ◆ Numeracy | SCQF level 5 |
| ◆ Problem Solving | SCQF level 5 |
| ◆ Working with Others | SCQF level 5 |

4.5 Work Experience

Mature candidates with suitable work experience may be accepted for entry provided the enrolling centre believes that the candidate is likely to benefit from undertaking the award.

4.6 English as an additional language

For candidates where English is not their first language it is recommended that they possess English for Speakers of other Languages (ESOL) SCQF level 5 or a score of 5.5 in IELTS.

5 Awards structure

Both Group Awards adhere to the design principles given below.

5.1 Design Principles for HNCs and HNDs

SCQF level and credit points

- ◆ HNCs shall be designed to be at SCQF level 7 and shall comprise 96 SCQF credit points
- ◆ HNDs shall be designed to be at SCQF level 8 and shall comprise 240 SCQF credit points
- ◆ HNCs should incorporate at least 48 SCQF credit points at SCQF level 7
- ◆ HNDs should incorporate at least 64 SCQF credit points at SCQF level 8

Core Skills

- ◆ HNC and HND programmes shall incorporate opportunities for candidates to develop Core Skills
- ◆ HNCs and HNDs should clearly include opportunities for candidates to develop Core Skills to levels required by the occupations or progression pathways the HNs support. This would mean that all five Core Skills should be developed in every HN programme.

Mandatory Section

- ◆ HNCs should include a mandatory section of at least 48 SCQF credit points including a Graded Unit.
- ◆ HNDs should include a mandatory section of at least 96 SCQF credit points, including Graded Units.

Graded Units

- ◆ HNCs should include one Graded Unit of 8 SCQF credit points at SCQF level 7.
- ◆ HNDs should include one Graded Unit of 8 SCQF credit points at SCQF level 7, plus 16 SCQF credit points of Graded Unit(s) at SCQF level 8.

The purposes of Graded Units are to assess the candidate's ability to integrate and apply the knowledge and/or skills gained in the individual HN Units to demonstrate that they have the principal aims of the Group Award, and grade candidate achievement.

The Scottish Credit and Qualifications Framework (SCQF)

Due cognisance has been taken of the requirements of the Scottish Credit and Qualifications Framework (SCQF) in the design of these awards. This means that the HNC award will be broadly equivalent to the first year of a Scottish degree, while the HND award will be broadly equivalent to the first and second years of a Scottish degree.

5.1.1 HNC Complementary Therapies (G8G1 15) Framework

(96 SCQF credit points required for HNC award)

Unit Title	Unit Code	SCQF credit points	SCQF level	SQA credit value
Selected Units (Mandatory): 5.0 credits needed				
Complementary Therapies: Professional Issues and Practice	HF7M 34*	8	7	1
Health and Safety Legislation: An Introduction	DF87 34	8	7	1
Research and Methodology	F1BS 34	8	7	1
Perspectives of Health	F1BR 34	8	7	1
Complementary Therapies: Graded Unit 1	F1CY 34*	8	7	1
Complimentary Therapies: Anatomy and Physiology (Optional): 2.0 credits needed				
Complementary Therapies: Anatomy and Physiology	F1BN 34	16	7	2
Human Anatomy and Physiology for Beauty and Complementary Therapy	F9T5 34*	16	7	2
Options (Mandatory): 5.0 credits needed				
Body Massage	DN6C 33	16	6	2
Aromatherapy	F1B7 34	16	7	2
Aromatherapy Chemistry	HL91 35*	8	7	1
Reflexology	F1BD 34	16	7	2
Indian Head Massage	DN6L 33	8	6	1
Stone Therapy	F1BG 33	8	7	1
Preparing and Presenting a Business Plan	H7V5 34*	16	7	2
Stress Management	DH3Y 35	4	8	0.5
Stress Management for Clients	F1BH 35	4	8	0.5
Personal Development Planning	DE3R 34*	8	7	1

**Refer to History of Changes for revision changes*

The mandatory Units plus the specialist cluster should be taken for the preferred area of study:

Unit Title	Unit Code	SCQF credit points	SCQF level	SQA credit value
Specialist Cluster — Aromatherapy				
Body Massage	DN6C 33	16	6	2
Aromatherapy	F1B7 34	16	7	2
Aromatherapy Chemistry	HL91 35*	8	7	1
Specialist Cluster — Reflexology				
Reflexology	F1BD 34	16	7	2
Specialist Cluster — Massage				
Body Massage	DN6C 33	16	6	2

5.1.2 HND Complementary Therapies (G8G2 16) Framework

(240 SCQF credit points required for HND award)

Unit Title	Unit Code	SCQF credit points	SCQF level	SQA credit value
Selected Units (Mandatory):16.0 credits needed				
Complementary Therapies: Professional Issues and Practice	HF7M 34*	8	7	1
Health and Safety Legislation: An Introduction	DF87 34	8	7	1
Research and Methodology	F1BS 34	8	7	1
Perspectives of Health	F1BR 34	8	7	1
Preparing a Formal Business Plan	H7V5 34*	16	7	2
Stress Management	DH3Y 35	4	8	0.5
Stress Management for Clients	F1BH 35	4	8	0.5
Human Pathological Processes	HL8X 35*	16	8	2
Lifestyle Advice for Clients	HL8Y 35*	8	8	1
Complementary Therapies: Clinical Practice	HF7P 34*	8	8	1
Complementary Therapies: Integration in Health Care Services	HL8W 35*	16	8	2
Complementary Therapies: Graded Unit 1	F81T 34*	8	7	1
Complementary Therapies: Graded Unit 2	F1D0 35	16	8	2
Complimentary Therapies: Anatomy and Physiology (Optional): 2.0 credits needed				
Complementary Therapies: Anatomy and Physiology	F1BN34	16	7	2
Human Anatomy and Physiology for Beauty and Complementary Therapy	F9T5 34*	16	7	2
Optional Units (12 credits required)				
Body Massage	DN6C 33	16	6	2
Aromatherapy	F1B7 34	16	7	2
Aromatherapy: Advanced	HL9Y 35*	16	8	2
Aromatherapy Chemistry	HL91 35*	8	7	1
Botanical Science for Aromatherapy	HL8V 34*	8	8	1
Reflexology	F1BD 34	16	7	2
Reflexology: Advanced	HL90 35*	16	8	2
Chinese Elements	F1B8 34	16	8	2
Remedial Massage	HL92 35*	16	8	2
Soft Tissue Manipulation	F1BH 35	16	8	2
Manual Lymphatic Drainage	F1BC 35	16	8	2
Indian Head Massage	DN6L 33	8	6	1
Marketing Skills for the Entrepreneur	HM5P 33*	8	7	1
Instructing on Infant Massage	HL93 35*	8	8	1
Spa Therapies: Water Therapies	DP3N 35	8	8	1
Stone Therapy	F1BG 33	8	7	1
Seated Massage Therapy	F1BE 35	8	8	1
Introduction of Self Employment and Small Business	A6HD 34	8	7	1
Personal Development Planning	DE3R 34*	8	7	1

**Refer to History of Changes for revision changes*

The mandatory Units plus the specialist cluster should be taken for the preferred area of study:

Unit Title	Unit Code	SCQF credit points	SCQF level	SQA credit value
Specialist Cluster — Aromatherapy				
Body Massage	DN6C 33	16	6	2
Aromatherapy	F1B7 34	16	7	2
Aromatherapy Chemistry	HL91 35*	8	7	1
Year 2				
Aromatherapy: Advanced	HL9Y 35*	16	8	2
Botanical Science for Aromatherapy	HL8V 34*	8	8	1
Specialist Cluster — Reflexology				
Reflexology	F1BD 34	16	7	2
Year 2				
Reflexology: Advanced	HL90 35*	16	8	2
Chinese Elements	F1B8 35	16	8	2
Specialist Cluster — Massage				
Body Massage	DN6C 33	16	6	2
Year 2				
Remedial Massage	HL92 35*	16	7	2
Soft Skin Manipulation	F1BF 35	16	8	2
Manual Lymphatic Drainage	F1BC 35	16	8	2

5.1.3 Graded Units

The purpose of the Graded Unit is to assess the candidates' ability to retain and integrate the knowledge and/or skills gained in the mandatory Units; to assess that the candidate has met the principal aims of the Group Award and to grade candidate achievement. The Graded Unit(s) will be assessed and a grade of A, B or C will be awarded to each of the Graded Units. As the Graded Units are project based Units, candidates will be mentored throughout the Graded Units with structured feedback being given at the end of each of the three stages with the project-based Unit: Planning, Development and Evaluation.

Candidates will undertake a one credit HN Graded Unit (8 SCQF credit points) at level 7 for the HNC Award and a two credit HN Graded Unit (16 SCQF credit points) at level 8 for the HND Award.

Centres may use the assessment instruments developed by SQA. Alternatively, it is recommended that centres wishing to use their own assessment material do so after prior verification of materials. An Assessment Exemplar will be available for the Graded Units to support centres in their delivery of the Graded Units.

5.1.4 Type of Graded Units

Graded Unit 1

This Unit will be project based and will take the form of a case study. It will cover a range of skills achieved through studying the mandatory Units of the award. The delivery of this Unit should take place towards the end of the academic year.

Graded Unit 2

This Unit will be project based and will take the form of an investigation. It will cover a range of skills achieved through studying the mandatory Units of the award. Although delivery of this Unit will take place during the second semester or second/third block of the second year of the award, sufficient time must be allowed for candidates to plan the investigation.

5.1.5 Rationale for Graded Unit assessments

The Graded Units are designed to provide evidence that the candidate has achieved the principal aims of the award undertaken. The Graded Units are based on the mandatory Units.

The Graded Unit at SCQF level 7 enables the candidate to consolidate knowledge and skills in a range of Units in Complementary Therapies; further develop study, knowledge and organisational skills; prepare candidates for progression to further study in Complementary Therapies or a related discipline; encourages the candidate to adopt an innovative and creative approach to their work and be able to adapt to the challenges posed by changes in the environment or practices of the Complementary Therapy industries.

The Graded Unit at SCQF level 8 enables the candidate to consolidate knowledge and skills; develop study, organisation and research skills; enhance understanding of the effects of Complementary Therapy treatments on the systems of the body; prepare candidates for progression to further study in Complementary Therapies or related disciplines; adopt an innovative and creative approach to their work and be able to respond quickly to the challenges posed by changes in the environment or practices of the Complementary Therapy industries.

5.1.6 Core Skills

Core Skills are not formally assessed in the HNC/HND awards. However, candidates completing these awards will have the opportunity to develop Core Skills at the undernoted level:

- ◆ Communication SCQF level 6
- ◆ Information Technology SCQF level 6
- ◆ Numeracy SCQF level 6
- ◆ Problem Solving SCQF level 6
- ◆ Working with Others SCQF level 6

Research for the HNC/HND awards in Complementary Therapy has identified a range of key skills as essential for workers in the vocational area. Professional and personal qualities which enable and enhance communication with a wide range of people, keeping up to date with current legislation, research and professional thinking on treatments, effective time and resource management are attributes essential to success. Critical analytical thinking and on-going evaluation of general health and fitness issues are also essential. The ability to calculate and work with relevant financial data and to interpret numerical and graphical information is part of business awareness. All activities in the award will, therefore, provide a context for developing and tailoring relevant elements of the Core Skills in Communication, Working with Others, Problem Solving and Numeracy to meet the specific demands of the vocational area. Skills in using technology both in researching current industry information and in producing reports and maintaining records to a professional standard, underpin the award.

Practical teaching and learning activities of the course provide a context and opportunities to develop all Core Skills to a significant level. The Graded Units allow candidates to integrate and apply knowledge and skills developed during the award, and provide further opportunities to demonstrate transferable skills and a high level of achievement in a Practical Assignment. Further enhancement of skills will also occur in the context of the optional Units selected to meet individual vocational and personal needs.

Further information on Core Skill signposting — see Appendix 2.

5.2 Mapping information

Unit	Objectives			
	HNC		HND	
	General	Specific	General	Specific
Complementary Therapies: Anatomy and Physiology	1, 10		1, 10	
Complementary Therapies: Professional Issues and Practice	5, 10	1, 2, 5	4, 5, 9	7, 8
Health and Safety Legislation: An Introduction	3, 10	1	3, 9	7
Research and Methodology	8, 9	3, 4	1, 2, 3	9, 10, 12
Perspectives of Health	1, 8	1, 3, 4	8, 9	6, 7
Preparing and Presenting a Business Plan			9	
Stress Management			1, 3, 7	6, 8, 9
Stress Management for Clients			2, 4, 6	8, 11
Human Pathological Processes			1, 2, 3	6, 8, 9, 10, 12
Lifestyle Advice for Clients			2, 3, 5	7, 11, 12
Complementary Therapies: Clinical Practice			1, 2, 4, 5	7, 8, 12
Complementary Therapies: Integration in Health Care Services			1, 3, 8	7, 11, 12
Graded Units	2, 4, 8, 9	1, 4, 5	1, 2, 4, 5	7, 8, 9, 10, 11, 12

5.3 Articulation, professional recognition and credit transfer

It is anticipated that during the transition period that some candidates may wish to transfer from an old (1988) design rule HNC (or first part of an HND) into the new HND in Complementary Therapies. To facilitate this, it has been agreed that such candidates need only achieve the HND Graded Unit(s) of 16 SCQF credit points at level 8, and that they are not required to also achieve the HNC Graded Unit of 8 SCQF credit point at level 7.

The following arrangements show the alternative route to certification, which will **only** be available to candidates who have already completed a ‘predecessor’ HNC/first year HND and should **not** be offered to any new candidates. Candidates should

- ◆ be given credit transfer between HNC/HND Units (developed using 1988 design principles) and the new HN Units (developed using 2003 design principles)
- ◆ achieve a Graded Unit(s) of 16 SCQF points at level 8
- ◆ be given opportunities to develop Core Skills

Credit transfer can be given where there is broad equivalence between subject related content of the Unit (or combination of Units).

Candidates who are given credit transfer between HNC/HND Units (1988 design rules) and the new HN Units must still satisfy all other conditions of award of the new principles HNC/HND including the mandatory Units and the correct number of credits at the correct SCQF level.

5.3.1 Credit Transfer between Old and New HN Complementary Therapy Units

Full Unit by Unit credit transfer information — see Appendix 3.

6 Approaches to delivery and assessment

The awards have been designed to provide an awareness and understanding of the key skills and working practices required by the Complementary Therapies industry. Candidates will develop an ability to identify and apply individual skills in their chosen specialism within the Complementary Therapies industry, thereby enhancing future employability.

Centres can choose the order in which to deliver the Units within the awards. However, it is important that the mandatory Units are complete or are in the process of completion before the Graded Unit is assessed. Centres may choose to deliver the Units of the HNC/HND Complementary Therapies to suit their centre/candidate needs. An example of the HN programme delivery is included in Appendix 4 (for guidance only).

The assessment strategy of the SQA Design Principles — to encourage a more holistic approach to assessment — has been adopted in these awards. The new HN Unit specification places the emphasis on reducing the assessment load for both candidates and centres by devising assessments that assess the entire Unit or combine assessments of Outcomes together. There is also the opportunity to integrate some assessments across Units. The logistics of this will depend on the programme in individual centres.

Unit specifications detail the exact Evidence Requirements and assessment procedures for each assessment event. Should centres wish to use different modes of assessment from the recommendation they should seek prior verification from SQA. Assessment Exemplars will be produced for the mandatory Units indicating to delivering centres what is required from the assessment instrument. Assessment Exemplars can be downloaded, by the centre's SQA Coordinator, from the SQA secure website.

The awards are designed for both full-time and part-time study.

The awards may be delivered, in part, by open and distance learning methods, provided that adequate preparations are made. Additional planning and resources will be needed for candidate support and assessment.

With reference to assessment, a combination of new and traditional authentication tools and techniques may be devised. Quality assurance procedures must also be sufficient and robust to support open and distance learning. Further advice and guidance is available in the SQA publication *Assessment and Quality Assurance for Open and Distance Learning* — www.sqa.org.uk.

7 General information for centres

Candidates with disabilities and/or additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* (www.sqa.org.uk).

Internal and external moderation

All instruments of assessment used within this/these Group Award(s) should be internally moderated, using the appropriate policy within the centre and the guidelines set by SQA.

External Verification will be carried out by SQA to ensure that internal assessment is within the national guidelines for these qualifications. Central Verification of the Graded Units will be 100% of Centres offering these awards.

Further information on internal and external moderation can be found in SQA's *Guide to Assessment and Quality Assurance for Colleges of Further Education* (www.sqa.org.uk).

8 General information for candidates

The aims of the HNC award and its title are reflected by the mandatory Units you will study. The Units cover the underlying principles of Complementary Therapy and the fundamental ethics behind them, while at the same time learning how to apply these principles in a practical, supervised situation. Here again, there will be a significant emphasis on the practical situation and effects of the chosen Complementary Therapy treatment on the body systems. The Core Skill of Working with Others will be signposted - this is an important employability skill.

The aims of the HND award and its title are reflected by the mandatory Units you will study. You must understand the effects of Complementary Therapy in the concept of stress and adopt an innovative and objective integrated approach. The Core Skill of Working with Others will be signposted — an important employability skill.

The Graded Units are designed to provide evidence that you have achieved the principal aims of the award undertaken. The Graded Units contain essential elements of the mandatory Units from each of the Group Awards.

The Graded Unit at level 7 enables you to consolidate knowledge and skills in a range of Units in Complementary Therapies; further develop study, knowledge and organisational skills; prepare for progression to further study in Complementary Therapies or a related discipline; encourages you to adopt an innovative and creative approach to your work and be able to adapt to the challenges posed by changes in the environment or practices of the Complementary Therapy industries.

The Graded Unit at level 8 enables you to consolidate knowledge and skills; develop study, organisation and research skills; enhance understanding of the effects of Complementary Therapy treatments on the systems of the body, prepare for progression to further study in Complementary Therapies or related disciplines; adopt an innovative and creative approach to your work and be able to respond quickly to the challenges posed by changes in the environment or practices of the Complementary Therapy industries.

9 Glossary of terms

SCQF: This stands for the Scottish Credit and Qualification Framework, which is a new way of speaking about qualifications and how they inter-relate. We use SCQF terminology throughout this guide to refer to credits and levels. For further information on the SCQF visit the SCQF website at www.scqf.org.uk

SCQF credits: One HN credit is equivalent to 8 SCQF credit points. This applies to all HN Units, irrespective of their level.

SCQF levels: The SCQF covers 12 levels of learning. HN Units will normally be at levels 6–9. Graded Units will be at level 7 and 8.

Subject Unit: Subject Units contain vocational/subject content and are designed to test a specific set of knowledge and skills.

Graded Unit: Graded Units assess candidates' ability to integrate what they have learned in their completed Units or while working towards the Units of the Group Award. Their purpose is to add value to the Group Award, making it more than the sum of its parts, and to encourage candidates to retain and adapt their skills and knowledge.

Dedicated Core Skill Unit: This is a Unit that is written to cover one or more particular Core Skills, eg HN Units in Information Technology or Communications.

Embedded Core Skills: This is where the development of a Core Skill is incorporated into the Unit and where the Unit assessment also covers the requirements of Core Skill assessment at a particular level.

Signposted Core Skills: This refers to the opportunities to develop a particular Core Skill at a specified level that lies out with automatic certification.

Qualification Design Team: The QDT works in conjunction with a Qualification Manager/Development Manager to steer the development of the HNC/D from its inception/revision through to validation. The group is made up of key stakeholders representing the interests of centres, employers, universities and other relevant organisations.

Consortium-devised HNCs and HNDs are those developments or revisions undertaken by a group of centres in partnership with SQA.

Specialist single centre and specialist collaborative devised HNCs and HNDs are those developments or revisions led by a single centre or small group of centres who provide knowledge and skills in a specialist area. Like consortium-devised HNCs and HNDs, these developments or revisions will also be supported by SQA.

10 Appendices

Appendix 1: HNC/HND Complementary Therapy — entries and certifications 2000–2006 — Page 19

Appendix 2: Core Skill Signposting — Page 21

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Appendix 4: Suggested sequence of delivery of Units — Page 36

**HNC/HND Complementary Therapy —
entries and certifications 2000–2006**

HNC/HND Complementary Therapy — entries and certifications 2000–2006

HNC Entries							
2001	2002	2003	2004	2005	2006	2007	Total
19	129	86	128	247	175	2	786
HNC Certifications							
2001	2002	2003	2004	2005	2006	2007	Total
18	35	62	80	101	101	18	415
HND Entries							
2001	2002	2003	2004	2005	2006	2007	Total
0	38	61	88	89	94	0	370
HND Certifications							
2001	2002	2003	2004	2005	2006	2007	Total
0	13	25	40	21	37	25	161

Core Skill Signposting

Communication (SCQF level 6)

Skill component Written Communication (Reading)

Read and Understand complex written communication

- a Identify and summarise significant information, ideas and supporting detail.
- b Evaluate effectiveness in meeting purpose and needs of readership.

HNC/HND mandatory Unit	Knowledge and Skills/Evidence	a	b
Complementary Therapies: Professional Issues in Practice	Identification, review and evaluation of relevant European legislation and codes of conduct for professional practice.	√	√
Health and Safety Legislation	Identification, review and evaluation of relevant health and safety issues and legislation impacting on complementary therapy.	√	√
Research and Methodology	Applying data handling techniques and research methods to access and analyse a range of source materials.	√	√
HND mandatory Unit			
Preparing and Presenting a Business Plan	Investigative research and evaluation of relevance of legislation and funding opportunities for business planning.	√	√
Complementary Therapies: Integration in Health Care Services	Background research on history, models and applications of allopathic, complementary and alternative medicine.	√	√
Development of knowledge and skills across the award will require research which will include study, understanding and evaluation of a range of both paper based and electronic complex written information. The ability to extract, summarise and evaluate key information will be critical to achievement, and assessed in the Graded Units.			

Written Communication —Writing

Produce well-structured Written Communication on complex topics

- a Present essential ideas/information in a logical and effective order.
- b Use a structure which takes account of purpose/links points for clarity and impact.
- c Use conventions which are effective and adapted for audience.
- d Use accurate spelling, punctuation, sentence structures
- e Vary sentence structure, paragraphing, vocabulary to suit purpose and target audience.

HNC/HND mandatory Unit	Knowledge Skills/Evidence	a	b	c	d	e
Complementary Therapies: Professional Issues in Practice	Research report of 3,000 words on key issues and factors affecting professional practice.	√	√	√	√	√
Research and Methodology	1,500 written report produced in supervised and timed conditions.	√	√	√	√	√
Perspectives of Health Preparing and Presenting a Business Plan	2,500 investigative report on current definitions and perceptions of health.	√	√	√	√	√
HND mandatory Unit						
Stress Management	1,500 word research report on indicators, causal factors and management techniques for stress.	√	√	√	√	√
Complementary Therapies: Clinical Practice	3,000 word portfolio and reflective journal.	√	√	√	√	√
Complementary Therapies: Integration in Health Care Services	Outcomes 1 and 2 -Research reports on models and applications of health care. Outcome 4 — design and presentation of letters, surveys and clinical questionnaires.	√	√	√	√	√
Graded Unit 1 and 2	Production and presentation of well structured extended reports and support notes on Planning, Development (3,500 word formal report) and Evaluation of practical assignment.	√	√	√	√	√

An ability to report on and document research activities accurately, coherently and effectively to professional standards of presentation will be essential to achievement. Records and workbooks must be appropriate, accurate and professionally documented.

Oral Communication

Produce and respond to oral Communication on a complex topic

- a Use vocabulary and a range of spoken language structures consistently and effectively with appropriate formality.
- b Convey all essential ideas/information/opinions accurately and coherently with appropriate varied emphasis.
- c Structure to take full account of purpose and audience.
- d Take account of situation and audience during delivery.
- e Respond to others taking account of their contribution.

HNC/HND mandatory Unit	Knowledge/Skills/Evidence	a	b	c	d	e
Complementary Therapies: Professional Issues and Practice	Underpinning knowledge and theory — ethics and use of oral communication techniques to establish appropriate relationships conducive to best practice in working effectively with clients.	√	√	√	√	√
Graded Unit 1	Formal 10 minute oral presentation evaluating key factors affecting selected area of study, including production of visual support materials.	√	√	√	√	√
HND mandatory Unit						
Lifestyle Advice for Clients	Outcome 3 — three case studies providing evidence of skills in best practice client interview techniques to ascertain and document health history.	√	√	√	√	√
Complementary Therapies: Clinical Practice	Outcome 3 — Demonstration of verbal and non verbal techniques in gaining client confidence. Empathy, ethics and confidentiality will be evidenced.	√	√	√	√	√

All optional Units: Candidates will demonstrate a sophisticated level of oral communication skills with particular emphasis on listening and responding to others in the most appropriate way. Attending to and meeting the needs of clients using sophisticated verbal and non-verbal communication techniques will be critical to achievement. Sensitivity and an empathic understanding of the physical, emotional and cultural needs of clients will support the ability to adapt approaches in order to progress communication. Explaining, negotiating and reassuring during treatment and advising and supporting afterwards will involve on going evaluation of communication skills.

Using Information Technology (SCQF level 6)

Use an IT system independently to process a range of information

- a Use a range of it equipment paying attention to security and other users.
- b Resolve a simple hardware or software problem.
- c Use software in an unfamiliar context requiring analysis, design, integration of data, decision on format.
- d Carry out searches to extract and present information from electronic sources.

HNC/HND mandatory Unit	Knowledge/Skills/Evidence	a	b	c	d
Complementary Therapies: Professional Issues in Practice	Research of current professional issues for investigative report.	√	√	√	√
Health and Safety Legislation	Current updating of knowledge on national and international professional legislation, codes of conduct and case studies.	√	√	√	√
Research and Methodology Graded Unit 1	Theoretical knowledge on efficient data searches and techniques. Statistical data handling.	√	√	√	√
	Use of technology and appropriate range of software to analyse, design, integrate and output materials, including oral presentation support materials.	√	√	√	√
HND mandatory Unit					
Preparing and Presenting a Business Plan	Calculation and presentation of financial planning for first year of business operations. Professional formatting of business plans.	√	√	√	√

Use of electronic news and health websites will provide the most effective access to information on issues which impact on professional Complementary Health practice. Candidates will also use technology for practical record keeping and for presentation of investigative research reports and support materials to professional standards.

Numeracy (SCQF level 6)

Skill components — **Using Number**
 — **Using graphical information**

- a Apply a wide range of numerical skills.
- b Apply a wide range of graphical skills in everyday and generalised contexts.

HNC/HND mandatory Unit	Knowledge/Skills/Evidence	a	b
Complementary Therapies: Anatomy and Physiology	Calculations of stress and load. Understanding of function of anatomical procedures diagrams of skeletal muscles.	√	√
Research and Methodology	Application of data handling techniques and interpretation of statistical information.	√	√
HND mandatory Unit			
Preparing and Presenting a Business Plan	Analysis and interpretation of financial data. Preparation of detailed business and financial plans for the first year of a business venture. Analysis and interpretation of data relating to types and levels of insurance cover — calculation of risks and requirements.	√	√
Complementary Therapies: Clinical Practice	Risk assessment. Analysis and interpretation of data relating to environment and physical health of clients in order to provide balanced and appropriate treatments.		
Practical Units-Decisions on appropriate treatments and their application requires an ability to measure and calculate a range of data related to environmental factors and health and safety issues, including safe positioning of equipment and personnel. Accurate interpretation of significant data relating to temperature, weight and client health will be critical. Maintenance and checking of equipment, and storage and use of materials involves interpretation of numerical information, and the calculation and assessment of relevant risk factors.			

Problem Solving (SCQF level 6)

Skill components

Critical Thinking

- ◆ Analyse a complex situation or issue

Planning and Organising

- ◆ Plan organise and complete a complex task

Reviewing and Evaluating

- ◆ Review and evaluate a complex problem solving activity

HNC/HND mandatory Unit	Knowledge/Skills/Evidence	CT	PO	RE
Complementary Therapies: Professional Issues in Practice	Applying skills to analyse requirements of a given brief and to design, integrate and output effective materials appropriate for audience and purpose.	√	√	√
Perspectives of Health	Analysing factors and influences in relation to health and integrated health practice.	√	√	√
Graded Unit 1	Researching a Practical Assignment, including aspects such as identifying and analysing components of a design task to meet a remit within resources. Undertaking the assignment, with on-going analysis of performance against brief and targets. Evaluation of effectiveness, reassessment of objectives and revision of goals.	√	√	√
HND mandatory Unit				
Preparing and Presenting a Business Plan	Preparation of detailed business and financial plans for the first year of a business venture.	√	√	√
Complementary Therapies: Clinical Practice	Planning, undertaking and evaluating personal clinical experience, evidenced by 3,000 word reflective journal.	√	√	√

Complementary Therapies: Integration in Health Care Services	Outcome 4 — planning, delivering and evaluating Complementary Therapies within health care settings/environments.	√	√	√
<p>All elements of the Core Skill will be critical to the award which involves throughout an analytical and evaluative approach to problem solving in the context of health issues and complementary therapy practice. Research, analysis, planning and implementation of a range of practical activities to meet client needs, with on-going evaluation of effectiveness is integral to practice. Continuous review of treatment in response to developments is critical to achievement.</p>				

Working with Others (SCQF level 6)

Work with Others in a group to analyse, plan and complete an activity

- a Analyse the activity and identify component tasks and roles.
- b Agree allocation of activities taking account of group strengths and weaknesses.
- c Support co-operative working.
- d Evaluate and draw conclusions about own contribution, justifying with evidence.

HNC/HND mandatory Unit	Knowledge/Skills/Evidence	a	b	c	d
Professional Issues in Practice	Theory of co-operative working with a range of external and internal contacts in analysis of component tasks.	√	√	√	√
Perspectives of Health	Analytical approach to practical work including evaluation of national trends approaches in community issues.	√	√	√	√
HND mandatory Unit					
Stress Management for Clients	A sophisticated approach to communicating and maximising co-operation with a range of others underpins the competences of the Unit.	√	√	√	√
Complementary Therapies: Clinical Practice	Outcome 2 — Demonstration of an empathic approach to clients and colleagues during planning and delivery of practical treatments.	√	√	√	√
Integration in Health Care Services	Outcome 3 — Exploration of possibilities for collaborative working between allopathic and Complementary Therapies practitioners and strategies for improving access.	√	√	√	√
Sophisticated skills in communicating with a wide range of other people will underpin all practical activities in optional Units. Awareness of ethical and cultural issues and application of knowledge and understanding will extensively develop all aspects of the Core Skill including evaluation of approaches to enhancing practical, physical and creative communication in a range of relationships with clients and colleagues. The award will foster skills in communication, co-operation and negotiation as essential to effective working practice.					

**Higher National Units in HNC/HND
Complementary Therapies
Credit Transfer Arrangements**

Higher National Units in HNC/HND Complementary Therapies — Credit Transfer Arrangements

New Unit Title	New Unit Code	Old Unit Title	Old Unit Code	Credit Transfer Conditions
Complementary Therapies: Anatomy and Physiology	F1BN 34	Anatomy and Physiology of the Human Body	D594 34	Full credit transfer
Complementary Therapies: Professional Issues and Practice	F1B9 34	Professional Issues in Practice	D3PD 04	Full credit transfer
Health and Safety Legislation: An Introduction	DF87 34	Safe and Hygienic Salon Practices	D4E9 04	Credit transfer for Outcome 2
Research and Methodology	F1BR 34	Research Skills	A6S4 34	Part credit transfer
Perspectives of Health	F1CY 34	Principles and Practice in Health Care	A6WC 04	Part credit transfer
Preparing and Presenting a Business Plan	DE2E 34	Preparing and Presenting a Business Plan	A6HF 04	Full credit transfer
Stress Management	DH3Y 35			There is no credit transfer for this Unit
Stress Management for Clients	F1BH 35			There is no credit transfer for this Unit
Human Pathological Processes	F1BP 35	Human Physiology	A6XA 04	Part credit transfer
Lifestyle Advice for Clients	DN6W 35	Diet Nutrition and Related Disorders	D4EA 34	Credit transfer Outcome1
Complementary Therapies: Clinical Practice	F1BA 34	Workplace Experience	A6T1 34	Full credit transfer
Complementary Therapies: Integration in Health Care Services	F1BK 35	Principles of Practice in Health Care	A6WC 04	
Body Massage	DN6C 33	Body Treatments: Manual	D4E0 04	Full credit transfer
Aromatherapy	F1B7 34	Aromatherapy	D4EK 34	Full credit transfer
Aromatherapy: Advanced	F1BJ 35	Professional Aromatherapy: Advanced Practical Approaches	D3PE 04	Part credit transfer
Aromatherapy Chemistry	F1BT 35	Organic Chemistry: An Introduction	D3PE 04	There is no credit transfer for this Unit
Botanical Science for Aromatherapy	F1BM 34	Plant Diversity	A6K6 04	Part credit transfer
Reflexology	F1BD 34	Reflexology	D4EK 04	Full credit transfer
Reflexology: Advanced	F1BL 35	Advanced Clinical Reflexology	D3PC 04	Part credit transfer
Chinese Elements	F1B8 34	Advanced Clinical Reflexology	D3PC 04	Part credit transfer
Beauty Therapy: Remedial Massage	DN6T 35	Advanced Massage Techniques 1	D3PD 04	Part credit transfer
Soft Tissue Manipulation	F1BH 35	Advanced Massage Techniques 1	D3PD 04	Part credit transfer
Manual Lymphatic Drainage	F1BC 35	Advanced Massage Techniques 1	D3PD 04	Part credit transfer
Indian Head Massage	DN6L 34			There is no credit transfer for this Unit
Marketing Skills for the Entrepreneur	DK2L 33			
Spa Therapies: Water Therapies	DP3N 35			There is no credit transfer for this Unit

New Unit Title	New Unit Code	Old Unit Title	Old Unit Code	Credit Transfer Conditions
Stone Therapy	F1BG 33			There is no credit transfer for this Unit
Seated Massage Therapy	F1BE 35			There is no credit transfer for this Unit
Introduction of Self Employment and Small Business	A6HD 34	Introduction of Self Employment and Small Business	A6HD 34	Full credit transfer

Suggested sequence of delivery of Units

Suggested sequence of delivery of Units

HNC Complementary Therapies (G8G1 15)

Aromatherapy Specialism/Cluster

Mandatory Units		
Delivery maybe integrated		but recommended prior to
Body Massage	Complementary Therapies: Anatomy and Physiology Complementary Therapies: Professional Issues in Practice Health and Safety: An Introduction Research and Methodology Perspectives of Health	Aromatherapy Aromatherapy Chemistry + HN Complementary Therapies: Graded Unit 1

Reflexology Specialism/Cluster

Mandatory Units		
Delivery maybe integrated		but recommended prior to
Reflexology	Complementary Therapies: Anatomy and Physiology Complementary Therapies: Professional Issues in Practice Health and Safety: An Introduction Research and Methodology Perspectives of Health	+ HN Complementary Therapies: Graded Unit 1

Massage Specialism/Cluster

Mandatory Units		
Maybe taught together		but recommended prior to
Body Massage	Complementary Therapies: Anatomy and Physiology Complementary Therapies: Professional Issues in Practice Health and Safety: An Introduction Research and Methodology Perspectives of Health	+ HN Complementary Therapies: Graded Unit 1

HND Complementary Therapies (G8G2 16)

Aromatherapy Specialism/Cluster

Mandatory Units		
Delivery maybe integrated		but recommended prior to
Year 1		
Body Massage	Complementary Therapies: Anatomy and Physiology Complementary Therapies: Professional Issues in Practice Health and Safety: An Introduction Research and Methodology Perspectives of Health	Aromatherapy Aromatherapy Chemistry + HN Complementary Therapies: Graded Unit 1
Year 2		
Aromatherapy: Advanced Botanical Science for Aromatherapy	Preparing and Presenting a Business Plan Stress Management Stress Management for Clients Human Pathological Processes Lifestyle Advice for Clients Complementary Therapies: Clinical Practice Complementary Therapies: Integration in the Health Care Service	 + HN Complementary Therapies: Graded Unit 2

Reflexology Specialism/Cluster

Mandatory Units		
Delivery maybe integrated		but recommended prior to
Year 1		
Reflexology	Complementary Therapies: Anatomy and Physiology Complementary Therapies: Professional Issues in Practice Health and Safety: An Introduction Research and Methodology Perspectives of Health	+ HN Complementary Therapies: Graded Unit 1
Year 2		
Reflexology: Advanced Chinese Elements	Preparing and Presenting a Business Plan Stress Management Stress Management for Clients Human Pathological Processes Lifestyle Advice For Clients Complementary Therapies: Clinical Practice Complementary Therapies: Integration in the Health Care Service	+ HN Complementary Therapies: Graded Unit 2

Massage Specialism/Cluster

Mandatory Units		
Delivery maybe integrated		but recommended prior to
Year 1		
Body Massage	Complementary Therapies: Anatomy and Physiology Complementary Therapies: Professional Issues in Practice Health and Safety: An Introduction Research and Methodology Perspectives of Health	+ HN Complementary Therapies: Graded Unit 1
Massage Year 2		
Beauty Therapy: Remedial Massage Soft Skin Manipulation Manual Lymphatic Drainage	Preparing and Presenting a Business Plan Stress Management Stress Management for Clients Human Pathological Processes Lifestyle Advice For Clients Complementary Therapies: Clinical Practice Complementary Therapies: Integration in the Health Care Service	+ HN Complementary Therapies: Graded Unit 2